

Results

PDQ Cycle Coaching

PDQ Cycle 10m Time Trial at the Gilberteen Kitchen

06/06/2021 09:00

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Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

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Many thanks to the Gilberteen Kitchen for the Venue and Ride 24/7 Cirencester for the raffle prizes.

Timekeepers

Chris Broad Drake

Marianne Streather

Marshals

Niel Dunnage

Tim May

Danny Googin

Ian White

Awards

1st Male Luke Norris £30

2nd Male Tony Turner £20

3rd Male Nick Livermore £10

1st Female (joint same time) Liffey Daniels and Jayme Fraioli £30

3rd Female Lauren Booth £10

1st Male Road Bike Fraser Joyce £30

1st Female Road Bike Jo Spenser £30

1st Team of three Swindon Wheelers Matt Boulton, Fraser Joyce and Ben Parker £30

1st Mixed Team Swindon Wheelers, Matt Boulton and Jo Spenser £30

1st Male V40 Ben Parker £20

1st Male V50 David Bolton (2nd) £20

1st Male V60 Stephen Parfitt £20

1st Female V40 Caroline Flshlock £20

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Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	Luke	Norris	Male	Senior	Banbury Star Cyclists' Club	00:20:14	29.654 Mph
2	Anthony	Turner	Male	Vet	Mickey Cranks Cycling Club	00:20:58	28.617 Mph
3	Nick	Livermore	Male	Senior	Bristol South Cycling Club	00:20:59	28.594 Mph
4	Rory	Gilling	Male	Senior	RE VO LTN	00:21:05	28.458 Mph
5	Matt	Boulton	Male	Vet	Swindon Wheelers	00:21:11	28.324 Mph
6	William	Lewis	Male	Senior	RE VO LTN	00:21:28	27.95 Mph
7	Fraser	Joyce	Male	Senior	Swindon Wheelers	00:21:44	27.607 Mph
8	Matt	Hermon	Male	Vet	Mickey Cranks Cycling Club	00:21:56	27.356 Mph
8	Ben	Parker	Male	Vet	Swindon Wheelers	00:21:56	27.356 Mph
10	David	Bolton	Male	Vet	Bristol South Cycling Club	00:22:04	27.19 Mph
11	Ben	Jones	Male	Senior	Portishead Cycling Club	00:22:06	27.149 Mph
12	Ollie	Hanks	Male	Espoir	Ride 24/7	00:22:13	27.007 Mph
13	Gary	Paddon	Male	Senior	Swindon Wheelers	00:22:17	26.926 Mph
14	Tony	Costello	Male	Vet	Team Swindon Cycles	00:22:24	26.786 Mph
15	Frank	Kilsby	Male	Senior	Velo Club St Raphael	00:22:25	26.766 Mph
16	Jordan	Wintle	Male	Senior	Cheltenham & County Cycling Club	00:22:31	26.647 Mph
17	Jeff	Lawrence	Male	Vet	FTP (Fulfil The Potential) Racing	00:22:37	26.529 Mph
17	Kevin	Garland	Male	Vet	PDQ Cycle Coaching	00:22:37	26.529 Mph
19	Luke	Smith	Male	Vet	Bristol South Cycling Club	00:22:50	26.277 Mph
20	Matthew	Russell	Male	Senior	Team Swindon Cycles	00:22:53	26.22 Mph
21	Roy	Carless	Male	Vet	Swindon Road Club	00:22:59	26.106 Mph
22	Matt	Norris	Male	Vet	Banbury Star Cyclists' Club	00:23:01	26.068 Mph
23	Nick	James	Male	Vet	Mickey Cranks Cycling Club	00:23:12	25.862 Mph
23	Jon	Wiggins	Male	Vet	PDQ Cycle Coaching	00:23:12	25.862 Mph
25	Ross	Mahoney	Male	Senior	Swindon Road Club	00:23:20	25.714 Mph
26	Christian	Norris	Male		Mercedes AMG Petronas CC	00:23:23	25.659 Mph

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Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
27	Dave	Roper	Male	Senior	Ride 24/7	00:23:28	25.568 Mph
28	Peter	Garnett	Male	Vet	Swindon Road Club	00:23:37	25.406 Mph
29	Trevor	Hodges	Male	Vet	Corinium Cycle Club	00:24:22	24.624 Mph
30	Tim	Strong	Male	Vet	Team Swindon Cycles	00:24:32	24.457 Mph
31	Stephen	Parfitt	Male	Vet	Oxonian CC	00:24:34	24.423 Mph
32	Mike	Anderson	Male	Vet	CC Moncontour	00:24:36	24.39 Mph
32	Adrian	Rowley	Male	Vet	Gloucester City Cycling Club	00:24:36	24.39 Mph
34	Daniel	Andres	Male		FTP (Fulfil The Potential) Racing	00:24:41	24.308 Mph
35	Andy	Kelly	Male	Vet	Bristol South Cycling Club	00:24:53	24.113 Mph
36	Maris	Brugis	Male	Senior	Bristol Road Club	00:24:54	24.096 Mph
37	Paul	Rogoll	Male	Vet	Salt and Sham Cycle Club	00:25:12	23.81 Mph
38	Edric	Hobbs	Male	Vet	VTTA West Group	00:25:16	23.747 Mph
39	Rob	Merrison	Male	Vet	360VRT	00:25:19	23.7 Mph
40	Mark	Evans	Male	Vet	Chippenham & District Wheelers	00:25:32	23.499 Mph
41	Chris	Lowe	Male	Vet	Swindon Road Club	00:25:38	23.407 Mph
42	Michael	Spencer	Male	Senior	Swindon Wheelers	00:25:54	23.166 Mph
43	Jeffrey	Rees	Male	Vet	Virtual Cycling Club	00:26:08	22.959 Mph
44	Marc	Allen	Male	Vet	Swindon Road Club	00:26:16	22.843 Mph
45	Steven	Buckley	Male	Vet	Ride 24/7	00:26:25	22.713 Mph
46	Liffey	Daniels	Female	Senior	360VRT	00:26:46	22.416 Mph
46	Jayme	Fraiola	Female	Senior	Salt and Sham Cycle Club	00:26:46	22.416 Mph
48	Robert	Tucker	Male	Vet	PDQ Cycle Coaching	00:27:10	22.086 Mph
49	Lauren	Booth	Female	Espoir	PDQ Cycle Coaching	00:27:17	21.991 Mph
50	Bob	Symons	Male	Vet	PDQ Cycle Coaching	00:28:03	21.39 Mph
51	Jo	Spencer	Female	Senior	Swindon Wheelers	00:28:04	21.378 Mph
52	Caroline	Fishlock	Female	Vet	Swindon Wheelers	00:28:10	21.302 Mph

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Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
53	Graham	Hewson	Male	Vet	PDQ Cycle Coaching	00:29:22	20.431 Mph
54	Adrian	Brooks	Male	Vet	PDQ Cycle Coaching	00:31:33	19.017 Mph
DNS(A)	Clare	Good	Female	Senior	PDQ Cycle Coaching		
DNS(A)	Jason	Costello	Male	Vet	Team Swindon Cycles		
DNS(A)	Becky	Evans	Female	Senior	PDQ Cycle Coaching		
DNS(A)	Steven	Cottingham	Male	Vet	Bath Cycling Club		
DNS(A)	Adriano	Dos Santos	Male	Vet	Team Swindon Cycles		
DNS	Simon	Davis	Male	Vet	VTTA (Midlands)		
DNS	Lee	Davies	Male	Senior	London Dynamo		
DNS	Richard	Brook	Male	Vet	PDQ Cycle Coaching		
DNS	Charlotte	Fisher	Female	Vet	Swindon Road Club		
DNS	Gerry	Bowditch	Male	Vet	Pontypool Road Cycling Club		
DNS	Darrell	Russell	Male	Vet	PDQ Cycle Coaching		
DNS	Pete	Scott	Male	Vet	Swindon Road Club		
DNS	Tony	Russell	Male		FTP (Fulfil The Potential) Racing		
DNS	Mark	Nash	Male	Vet	Salt and Sham Cycle Club		