

Results

Port Talbot Whs (4-up ttt) (fee per rider)

Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	Will	Bjergfelt	Male	C5	AeroCoach	46:49	32.04 Mph
1	Andy	Turner	Male	Senior	SwiftCarbon Pro Cycling	46:49	32.04 Mph
1	Matthew	Rowe	Male	Senior	VELOFLOW CC	46:49	32.04 Mph
2	Joshua	Tarling	Male	Junior	West Wales Cycle Racing Team	47:14	31.757 Mph
2	Richard	Gambling	Male	Vet	Team Backstedt Bike Performance	47:14	31.757 Mph
2	Joshua	Sandman	Male	Espoir	Team Backstedt Bike Performance	47:14	31.757 Mph
2	Dean	Ware	Male	Senior	Team Backstedt Bike Performance	47:14	31.757 Mph
3	Luke	Cornish	Male	Senior	Cwmcarn Paragon Road Club	47:28	31.601 Mph
3	Chris	Smith	Male	Senior	Cwmcarn Paragon Road Club	47:28	31.601 Mph
3	David	Povall	Male	Vet	Cwmcarn Paragon Road Club	47:28	31.601 Mph
3	Carwyn	Davies	Male	Vet	Cwmcarn Paragon Road Club	47:28	31.601 Mph
4	Ross	McNally	Male	Senior	Pembrokeshire Velo	48:25	30.981 Mph
4	Rob	Dyde	Male	Senior	Pembrokeshire Velo	48:25	30.981 Mph
4	Grant	Arnold	Male	Senior	Pembrokeshire Velo	48:25	30.981 Mph
4	Daniel	Colman	Male	Senior	Pembrokeshire Velo	48:25	30.981 Mph
5	Jeremy	Pile	Male	Vet	Team Echelon	49:11	30.498 Mph
5	David	Dickerson	Male	Vet	Team Echelon	49:11	30.498 Mph
5	Jon	Howard	Male	Vet	Team Echelon	49:11	30.498 Mph
5	Tim	Wood	Male	Vet	Team Echelon	49:11	30.498 Mph
6	Lee	Perrott	Male	Vet	Cycle Specific	49:22	30.385 Mph
6	Philip	Tucker	Male	Vet	Cycle Specific	49:22	30.385 Mph

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
6	Anthony	Jones	Male	Vet		49:22	30.385 Mph
6	Dylan	Morris	Male	Vet	Cycle Specific	49:22	30.385 Mph
7	Christopher	Gibbard	Male	Senior	Bynea Cycling Club	49:28	30.323 Mph
7	Craig	Seaman	Male	Senior	Bynea Cycling Club	49:28	30.323 Mph
7	Stephen	Evans	Male	Senior	Bynea Cycling Club	49:28	30.323 Mph
7	Matthew	Hanford	Male	Espoir	Bynea Cycling Club	49:28	30.323 Mph
8	Chris	Massey	Male		Team Backstedt Bike Performance	50:03	29.97 Mph
8	Steven	Powell	Male	Vet	Team Backstedt Bike Performance	50:03	29.97 Mph
8	Michiel	Vaal	Male	Vet	Team Backstedt Bike Performance	50:03	29.97 Mph
8	Lee	Thomas	Male	Vet	Team Backstedt Bike Performance	50:03	29.97 Mph
9	Emyr	Griffiths	Male	Vet		51:58	28.865 Mph
9	Phil	Willoughby	Male	Senior		51:58	28.865 Mph
9	Alexander	Jenkins	Male	Vet		51:58	28.865 Mph
9	Arwel	Davies	Male	Vet		51:58	28.865 Mph
10	Neil	Seaward	Male	Senior	Port Talbot Whs CC	52:08	28.772 Mph
10	Andrew	Martin	Male	Vet	Port Talbot Whs CC	52:08	28.772 Mph
10	Rod	Hicks	Male	Vet	Port Talbot Whs CC	52:08	28.772 Mph
11	Tristian	Manning	Male	Senior	ATAC - Ammanford Triathlon And Cycling	52:48	28.409 Mph
11	Jason	Murphy	Male	Vet	ATAC - Ammanford Triathlon And Cycling	52:48	28.409 Mph
11	Mark	Williams	Male	Vet	ATAC - Ammanford Triathlon And Cycling	52:48	28.409 Mph
11	Dean	Williams	Male	Vet	ATAC - Ammanford Triathlon And Cycling	52:48	28.409 Mph
12	Shane	Davies	Male	Senior	Pembrokeshire Velo	53:08	28.231 Mph
12	Roscoe	Howell	Male	Senior	Pembrokeshire Velo	53:08	28.231 Mph
12	David	Astins	Male	Vet	Pembrokeshire Velo	53:08	28.231 Mph
12	Liam	Rowlands	Male	Senior	Pembrokeshire Velo	53:08	28.231 Mph

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
13	Dan	Devine	Male	Senior	Milford Tritons Cycling Club	53:48	27.881 Mph
13	Jason	Cole	Male	Senior	Milford Tritons Cycling Club	53:48	27.881 Mph
13	James	Phillips	Male	Vet	Milford Tritons Cycling Club	53:48	27.881 Mph
13	Tom	Arnold	Male	Senior	Milford Tritons Cycling Club	53:48	27.881 Mph
14	Darrel	Williams	Male	Vet	Bynea Cycling Club	53:53	27.838 Mph
14	David	Wilson-Evans	Male	Vet	Bynea Cycling Club	53:53	27.838 Mph
14	Jonathan	Hopkins	Male	Vet	Bynea Cycling Club	53:53	27.838 Mph
15	Danielle	Parker	Female	Junior	Backstedt/Hotchillee	53:57	27.803 Mph
15	Zoe	Backstedt	Female	Junior	Backstedt/Hotchillee	53:57	27.803 Mph
15	Elynor	Backstedt	Female	Espoir	Backstedt/Hotchillee	53:57	27.803 Mph
16	Terry	Anthony	Male	Vet	Ogmore Valley Wheelers	54:01	27.769 Mph
16	Mark	Rosser	Male	Vet	Ogmore Valley Wheelers	54:01	27.769 Mph
16	Mark	Bryant	Male	Vet	Ogmore Valley Wheelers	54:01	27.769 Mph
16	Steve	Curry	Male	Vet	Ogmore Valley Wheelers	54:01	27.769 Mph
17	Colin	Wallace	Male	Vet	Merthyr CC	54:16	27.641 Mph
17	Mark	Prosser	Male	Vet	Merthyr CC	54:16	27.641 Mph
17	Rich	Long	Male	Senior	Merthyr CC	54:16	27.641 Mph
18	Jamie	Best	Male	Vet	Bynea Cycling Club	54:21	27.599 Mph
18	Jack	Tremlett	Male	Vet	Bynea Cycling Club	54:21	27.599 Mph
18	Guto	Morgans	Male	Senior	Cycle Specific	54:21	27.599 Mph
18	David	Kerr	Male	Senior	Bynea Cycling Club	54:21	27.599 Mph
19	David	Nicholas	Male	Vet	Merthyr CC	54:29	27.531 Mph
19	Blaine	Phelps	Male	Vet	Merthyr CC	54:29	27.531 Mph
19	Jack	Lee	Male	Espoir	Cwmcarn Paragon Road Club	54:29	27.531 Mph
19	Chris	Lee	Male	Vet	Merthyr CC	54:29	27.531 Mph

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
20	Andy	Williams	Male	Vet	Newport Phoenix CC	54:44	27.406 Mph
20	Owen	Burgess	Male	Senior	Newport Phoenix CC	54:44	27.406 Mph
20	Philip	Sims	Male	Vet	Newport Phoenix CC	54:44	27.406 Mph
20	Robbie	Morgan	Male	Junior	Newport Phoenix CC	54:44	27.406 Mph
21	Robert	Hughes	Male	Vet	Rhondda Triathlon Club	55:06	27.223 Mph
21	Mike	Evans	Male	Vet	Rhondda Triathlon Club	55:06	27.223 Mph
21	Mark	Thomas	Male	Vet	Rhondda Triathlon Club	55:06	27.223 Mph
21	Darren	Bowden	Male	Vet	Rhondda Triathlon Club	55:06	27.223 Mph
22	Edward	Clements	Male	Senior	Tenby Aces CC	55:14	27.157 Mph
22	David	Lewis	Male	Vet	Tenby Aces CC	55:14	27.157 Mph
22	Paul	Slack	Male	Vet	Tenby Aces CC	55:14	27.157 Mph
22	Colin	Barrett	Male	Vet	Tenby Aces CC	55:14	27.157 Mph
23	Scott	Nash	Male	Vet	Pembrokeshire Velo	55:15	27.149 Mph
23	Paul	Colman	Male	Vet	Pembrokeshire Velo	55:15	27.149 Mph
23	Daryl	John	Male	Vet	Pembrokeshire Velo	55:15	27.149 Mph
23	Robert	Smith	Male	Vet	Pembrokeshire Velo	55:15	27.149 Mph
24	Anthony	Hayward	Male	Senior	Milford Tritons Cycling Club	55:21	27.1 Mph
24	Mark	Whitby	Male	Vet	Milford Tritons Cycling Club	55:21	27.1 Mph
24	Jeff	Arnold	Male	Vet	Milford Tritons Cycling Club	55:21	27.1 Mph
24	Simon	Davies	Male	Vet	Milford Tritons Cycling Club	55:21	27.1 Mph
25	Morgan	Meaney	Male	Senior	Cardiff Triathletes	55:34	26.995 Mph
25	Matt	Colley	Male	Senior	Cardiff Triathletes	55:34	26.995 Mph
25	Simon	Marks	Male	Vet	Cardiff Triathletes	55:34	26.995 Mph
25	Gareth	Thomas	Male	Senior	Cardiff Triathletes	55:34	26.995 Mph
26	Nigel	Williams	Male	Vet	Ogmore Valley Wheelers	56:01	26.778 Mph
26	Anthony	Mansell	Male	Vet	Ogmore Valley Wheelers	56:01	26.778 Mph
26	Reece	Adams	Male	Vet	Ogmore Valley Wheelers	56:01	26.778 Mph

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
26	Steven	Madeley	Male	Vet	Ogmore Valley Wheelers	56:01	26.778 Mph
27	Harry	Lewis	Male	Senior	London Dynamo	56:20	26.627 Mph
27	Stuart	Edgar	Male	Senior	Cardiff Triathletes	56:20	26.627 Mph
27	David	Mort	Male	Senior	Cardiff Triathletes	56:20	26.627 Mph
27	Carson	Pryce	Male	Senior	Cardiff Triathletes	56:20	26.627 Mph
28	Tim	Brace	Male	Vet	Team NBCC	56:39	26.478 Mph
28	Matt	Broadhurst	Male	Vet	Pembrokeshire Velo	56:39	26.478 Mph
28	Andrew	Rees	Male	Vet	Narberth Dynamos Cycling Club	56:39	26.478 Mph
29	Paul	Nicholas	Male	Vet	Ogmore Valley Wheelers	57:42	25.997 Mph
29	Nick	Langley	Male	Senior	Ogmore Valley Wheelers	57:42	25.997 Mph
29	Mark	Pope	Male	Vet	Ogmore Valley Wheelers	57:42	25.997 Mph
29	Chris	Reed	Male	Vet	Ogmore Valley Wheelers	57:42	25.997 Mph
30	Ross	Morgan	Male	Senior	Port Talbot Whs CC	57:51	25.929 Mph
30	Mark	Hillier	Male	Vet	Port Talbot Whs CC	57:51	25.929 Mph
30	Andrew	Lewis	Male	Vet	Port Talbot Whs CC	57:51	25.929 Mph
30	Bill	Gannon	Male	Vet	Port Talbot Whs CC	57:51	25.929 Mph
31	Ryan	Semper	Male	Espoir	Tenby Aces CC	1:00:05	24.965 Mph
31	Dylan	Lawrence	Male	Vet	Tenby Aces CC	1:00:05	24.965 Mph
31	Steven	Amos	Male	Vet	Tenby Aces CC	1:00:05	24.965 Mph
31	Gareth	Rees	Male	Vet	Tenby Aces CC	1:00:05	24.965 Mph
32	Gaynor	Hughes	Female	Vet	Bynea Cycling Club	1:00:12	24.917 Mph
32	David	Hendry	Male	Vet	Port Talbot Whs CC	1:00:12	24.917 Mph
32	Antony	Howell	Male	Vet	Port Talbot Whs CC	1:00:12	24.917 Mph
32	Hollie	Labunsky	Female	Senior	Port Talbot Whs CC	1:00:12	24.917 Mph
33	Amanda	Davies	Female	Vet	Bynea Cycling Club	1:00:48	24.671 Mph

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
33	Elena	Shaw	Female	Espoir	Cardiff Ajax CC	1:00:48	24.671 Mph
33	Diane	Wilson-Evans	Female	Vet	Bynea Cycling Club	1:00:48	24.671 Mph
33	Katie	Bowler	Female	Senior	Bynea Cycling Club	1:00:48	24.671 Mph
34	Anto	Ohara	Female	Vet	Tenby Aces CC	1:00:49	24.664 Mph
34	Katherine	Brace	Female	Vet	Tenby Aces CC	1:00:49	24.664 Mph
34	Julie	Andrasko	Female	Vet	Tenby Aces CC	1:00:49	24.664 Mph
34	Stephanie	Waring	Female	Vet	Tenby Aces CC	1:00:49	24.664 Mph
35	Paul	Rees	Male	Vet	Bynea Cycling Club	1:00:50	24.658 Mph
35	Michael	Bevan	Male	Vet	Bynea Cycling Club	1:00:50	24.658 Mph
35	Anthony	Evans	Male	Vet	Bynea Cycling Club	1:00:50	24.658 Mph
36	Wayne	Evans	Male	Vet	Bynea Cycling Club	1:01:12	24.51 Mph
36	Nigel	Pitt	Male	Vet	Bynea Cycling Club	1:01:12	24.51 Mph
36	Brad	Davies	Male	Vet	Bynea Cycling Club	1:01:12	24.51 Mph
36	Andrew	Grist	Male	Vet	Bynea Cycling Club	1:01:12	24.51 Mph
37	Huw	Bridges	Male	Vet	Tenby Aces CC	1:05:21	22.953 Mph
37	Carlton	Coates	Male	Vet	Tenby Aces CC	1:05:21	22.953 Mph
37	David	Poole	Male	Vet	Tenby Aces CC	1:05:21	22.953 Mph
37	Jamie	Silvester	Male	Senior	Tenby Aces CC	1:05:21	22.953 Mph
38	Shirley	Howell	Female	Vet	Port Talbot Whs CC	1:07:54	22.091 Mph
38	Emma	Davies	Female	Vet	Port Talbot Whs CC	1:07:54	22.091 Mph
38	John	Thomas	Male	Vet	Port Talbot Whs CC	1:07:54	22.091 Mph
38	Julian	Brock	Male	Vet	Port Talbot Whs CC	1:07:54	22.091 Mph
39	Alan	Jones	Male	Vet	Port Talbot Whs CC	1:24:59	17.651 Mph
39	David	Triggs	Male	Vet	Port Talbot Whs CC	1:24:59	17.651 Mph
39	Gareth	Davies	Male	Vet	Port Talbot Whs CC	1:24:59	17.651 Mph

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
39	Andrew	Rees	Male	Vet	Port Talbot Whs CC	1:24:59	17.651 Mph
40	Mike	Hall	Male	Vet	Port Talbot Whs CC	56:10	26.706 Mph
40	Karl	Rees	Male	Senior	Port Talbot Whs CC	56:10	26.706 Mph
DNS	Owain	Roberts	Male	Senior	Port Talbot Whs CC		
DNS	Michael	Portlock	Male	Vet	Merthyr CC		
DNS	Zach	Minto	Male	Vet	Cardiff Jif		
DNS	Phil	Lewis	Male	Vet	Port Talbot Whs CC		
DNS	Jon	Williams	Male	Vet	Team NBCC		
DNS	David	Greenway	Male	Vet	Bynea Cycling Club		
DNS	Oliver	Rowlands	Male	Espoir	Newport Phoenix CC		
DNS	Andy	Hoskins	Male	Vet	Cardiff Jif		
DNS	Heath	Williams	Male	Vet	Port Talbot Whs CC		
DNS	Darren	Edwards	Male	Vet	Port Talbot Whs CC		
DNS	Robert	Lucas	Male	Vet	Port Talbot Whs CC		
DNS	Isabel	Ellis	Female	Espoir	Backstedt/Hotchillee		
DNS	Chris	Jones	Male	Vet	Port Talbot Whs CC		
DNS	Yeung	Ng	Male	Vet	Bynea Cycling Club		
DNS	Dale	Bowler	Male	Senior	Bynea Cycling Club		
DNS	Mel	Best	Female	Vet	Bynea Cycling Club		
DNS	Andy	Davies	Male	Senior	Cardiff Jif		
DNS	Luke	Dix	Male	Vet	Cardiff Jif		
DNS	Ioan	Smallwood	Male	Senior	Cardiff Ajax CC		