

Results

norwich abc

Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
1	James	Trenchard	Male	Vet	Godric CC	21:15	28.235 Mph
2	Stuart	Fairweather	Male	Vet	Plomesgate CC	21:19	28.146 Mph
3	Mark	Richards	Male	Senior	VC Baracchi	21:28	27.95 Mph
4	Steve	Gorbutt	Male	Vet	Diss & District CC	21:30	27.906 Mph
5	Leon	West	Male	Vet	CC Sudbury	21:50	27.48 Mph
6	Dougal	Toms	Male	Espoir	Iceni Velo	21:53	27.417 Mph
7	Jim	Hardwicke	Male	Vet	Plomesgate CC	21:55	27.376 Mph
8	Nick	Partridge	Male	Vet	Plomesgate CC	21:56	27.355 Mph
9	Darren	Davis	Male	Vet	West Suffolk Wheelers	21:56	27.355 Mph
10	Damon	Day	Male	Vet	CC Sudbury	21:58	27.313 Mph
11	Andrew	Horner	Male	Vet	Stowmarket & District CC	22:04	27.19 Mph
12	Simon	Daw	Male	Vet	Velo Schils Interbike RT	22:05	27.169 Mph
13	Joe	Skipper	Male	Senior	Rock Estate	22:05	27.169 Mph
14	Dave	Schindler	Male	Vet	Stowmarket & District CC	22:11	27.047 Mph
15	Antony	Birt	Male	Vet	Ipswich BC	22:15	26.966 Mph
16	Paul	Rooke	Male			22:18	26.905 Mph
17	Martin	Reynolds	Male	Vet	Cambridge CC	22:20	26.865 Mph
18	Lyster	Romero	Male	Espoir	Plomesgate CC	22:24	26.785 Mph
19	Adrian	Rudd	Male	Vet	West Suffolk Wheelers	22:27	26.725 Mph
20	James	Wylie	Male	Vet	Velo Schils Interbike RT	22:31	26.646 Mph
21	Simon	Boyle	Male	Vet	Orwell Velo	22:36	26.548 Mph

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22	Nicholas	Webber	Male	Vet	Colchester Rovers CC	22:38	26.509 Mph
23	Ed	Dean	Male			22:47	26.334 Mph
24	Andy	Kennedy	Male	Vet	Ipswich BC	22:51	26.258 Mph
25	James	Rush	Male		CC Sudbury	22:52	26.238 Mph
26	John	Bradbury	Male	Vet	CC Sudbury	22:56	26.162 Mph
27	Paul	Dennington	Male	Vet	VC Baracchi	22:57	26.143 Mph
28	Lee	Garrod	Male	Vet	Sole Bay Cycle Sport	23:03	26.03 Mph
29	David	Gitsham	Male	Vet	Plomesgate CC	23:04	26.011 Mph
30	Cliff	Loveday	Male			23:06	25.973 Mph
31	Phillip	Gosling	Male	Vet	Ely & District CC/B&T Motor Repairs	23:09	25.917 Mph
32	Mike	Padfield	Male	Vet	North Norfolk Whs	23:12	25.861 Mph
33	Martin	Atkinson	Male	Vet	Kings Cliffe Flyers	23:14	25.824 Mph
34	Mark	Farrow	Male		Team PedalRevolution.co.uk	23:19	25.732 Mph
35	Patrick	Ellis	Male			23:27	25.586 Mph
36	Julian	Bosley	Male	Vet	Stowmarket & District CC	23:33	25.477 Mph
37	Jason	Corner	Male	Vet	Diss & District CC	23:37	25.405 Mph
38	Chris	Nudds	Male		CC Breckland	23:38	25.387 Mph
39	Yan	Watkins	Male	Vet	Velo Schils Interbike RT	23:39	25.369 Mph
40	Peter	Kerry	Male	Vet	Ipswich Velo	23:39	25.369 Mph
41	Chris	Roberts	Male	Vet	Anglia Velo	23:39	25.369 Mph
42	Paul	Shelley	Male	Vet	Diss & District CC	23:47	25.227 Mph
43	Graham	Dilks	Male	Vet	Norwich A B C	23:48	25.209 Mph
44	Phil	Jarvis	Male	Vet	Colchester Rovers CC	23:48	25.209 Mph
45	Jeff	Wharton	Male	Vet	Velo Schils Interbike RT	23:49	25.192 Mph
46	Gary	Smith	Male	Vet	Team Velovelocety	23:54	25.104 Mph

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47	James	Doy	Male	Vet	Sole Bay Cycle Sport	24:01	24.982 Mph
48	Neil	Stevens	Male	Vet	Team PedalRevolution.co.uk	24:04	24.93 Mph
49	Nigel	Walsh	Male	Vet	North Norfolk Whs	24:15	24.742 Mph
50	Kevin	Norman	Male	Vet	Stowmarket & District CC	24:23	24.606 Mph
51	Nigel	Hodge	Male	Vet	Tri-Anglia Triathlon Club	24:25	24.573 Mph
52	Denise	Hurren	Female	Vet	Sole Bay Cycle Sport	24:33	24.439 Mph
53	Graham	Laws	Male	Vet	Ipswich BC	24:43	24.274 Mph
54	Trevor	Caley	Male	Vet	Plomesgate CC	24:43	24.274 Mph
55	John	Hayward	Male	Vet	North Norfolk Whs	24:44	24.258 Mph
56	Gary	Pamment	Male	Vet	Velo Schils Interbike RT	24:48	24.193 Mph
57	Jennifer	Smart	Female	Vet	VC Norwich	24:55	24.08 Mph
58	Martin	Pyne	Male		Anglia Velo	24:57	24.047 Mph
59	Trevor	Figgitt	Male	Vet	Plomesgate CC	25:00	23.999 Mph
60	Mark	Fairhead	Male	Vet	CC Breckland	25:07	23.888 Mph
61	Gary	Pearce	Male	Vet	Iceni Velo	25:25	23.606 Mph
62	Michael	Fry	Male	Vet	Glendene CC	25:29	23.544 Mph
63	Len	Benton	Male	Vet	Colchester Rovers CC	25:30	23.529 Mph
64	Cliff	Matthews	Male	Vet	Wolsey RC	25:35	23.452 Mph
65	Carol	Hale	Male	Vet	West Suffolk Wheelers	25:38	23.406 Mph
66	John	Adams	Male	Vet	Stowmarket & District CC	25:42	23.346 Mph
67	Roger	Graham	Male	Vet	CC Breckland	25:43	23.331 Mph
68	Jenny	Anderson	Female	Vet	Great Yarmouth C C	25:57	23.121 Mph
69	Sophie	Lee	Female	Vet	Newmarket Cycling & Triathlon Club	26:07	22.973 Mph
70	Graham	Ricketts	Male	Vet	Verulam CC	26:10	22.929 Mph
71	Gary	Matthews	Male	Vet	Sole Bay Cycle Sport	26:12	22.9 Mph

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Position	First Name	Last Name	Gender	Category	Club	Time	Avg. Speed
72	David	Young	Male	Senior	West Suffolk Wheelers	26:15	22.857 Mph
73	Michael	Jones	Male	Vet	Performancecoaching.me	26:23	22.741 Mph
74	David	Howes	Male	Vet	West Suffolk Wheelers	26:25	22.712 Mph
75	Ron	Back	Male			26:27	22.684 Mph
76	Trevor	Roberts	Male	Vet	Wolsey RC	26:30	22.641 Mph
77	Mandy	Bunn	Female	Vet	CC Sudbury	26:47	22.401 Mph
78	Mark	Eastwood	Male			26:51	22.346 Mph
79	John	Steed	Male			27:01	22.208 Mph
80	John	Coles	Male	Vet	West Suffolk Wheelers	27:15	22.018 Mph
81	Kay	Burgess	Female	Vet	Kings Lynn CC	27:44	21.634 Mph
82	Barry	Lee	Male		CC Sudbury	29:32	20.316 Mph
83	Christine	Cooke	Female	Vet	Godric CC	29:45	20.168 Mph
84	John	Musgrave	Male	Vet	Diss & District CC	29:49	20.122 Mph
85	Derek Keith	Lusher	Male	Vet	Norwich A B C	29:58	20.022 Mph
86	Colin	Clarke	Male			30:10	19.889 Mph
87	Tony	Howard	Male		Colchester Rovers CC	30:21	19.769 Mph
88	Sarah	Senderski	Female	Senior	Phoenix Velo	30:24	19.736 Mph
89	Denese	Hallahan	Female	Vet	Wisbech Whs	31:32	19.027 Mph
90	John	Shellard	Male		Team PedalRevolution.co.uk	31:39	18.957 Mph
91	Stephen	Senderski	Male		Phoenix Velo	35:36	16.853 Mph
92	Robert	Bush	Male		CC Sudbury	36:25	16.476 Mph
DNS	Steve	Peck	Male	Vet	Newmarket Cycling & Triathlon Club		
DNS	John	Dupen	Male		Anglia Velo		
DNS	Tom	Sharpe	Male	Vet	VC Norwich		
DNS	Julia	Freeman	Female	Vet	Easterley Road Club		
DNS	Terry	Garlinge	Male	Vet	East London Velo		
DNS	Gary	Buckle	Male	Vet	Stowmarket & District CC		
DNS	Kieran	Jarvis	Male	Espoir	St Ives CC		

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DNS	Mark	Smart	Male	Vet	VC Norwich		
DNS	Alan	Smith	Male	Vet	Ipswich BC		
DNS	Daniel	Pheasant	Male	Vet	VTTA (East Anglia Group)		
DNS	David	Procter	Male	Vet	Kings Lynn CC		
DNS	Boyd	Nicholas	Male		West Suffolk Wheelers		
DNS	Jerome	Watts	Male	Vet	Team Bottrill		