



# **London North Millennium Round 8 of 8 Hosted by Team Milton Keynes**

**This event will take place over two laps of the ever popular  
Astwood F5v course...**

**12/05/2024 10:00**

**F5V/20**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

The HQ will be at The BikeBus is along the Astwood Road between Cranfield and Astwood.  
(What3Words: cleans.starts.beaks)

## **Route from HQ to start**

The Start will be adjacent to the BikeBus HQ

## **Course details**

A two lap course starting at the BikeBus café on the Astwood Road (Horseshoe Farm), Bourne End, Cranfield. Riders set off toward Astwood. Left turn in village and then a left turn onto the A422 toward Chicheley. Just beyond Chicheley, left turn into Chicheley Road toward North Crawley, in North Crawley turn Left toward Cranfield onto Crawley Road at T-Junction. Just past the Cranfield Airport/University right turn, turn left toward Bourne End on the Astwood Road and the BikeBus café. Pass the BikeBus and commence lap two. Course complete at the end of the second lap at the BikeBus. The BikeBus will act as the Event HQ

## Local regulations

None

## Organiser contact details

Jim Eastment  
85 Milton Drive Newport Pagnell  
07789 771931

timetrial@teammk.com

## Time keepers/officials

Alun Duncan-Jones

## Course records

### Solo Open

00:40:57

Ashley Cox

09-May-21 | Team Milton Keynes (London North Millennium 8 of 9)

### Solo Female

00:53:51

Linda Dewhurst

24-Apr-22 | Team Milton Keynes (London North Millennium 6 of 9)

### Solo Open (Junior)

00:49:07

Harry Weedon

24-Apr-22 | Team Milton Keynes (London North Millennium 6 of 9)

## Awards/prizes

To Be Advised

## NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety

instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## London North Millennium Round 8 of 8 Hosted by Team Milton Keynes

Start Number	Start Time	Rider	Club	Gender	Category
1	10:01:00	Jim Lawrence	Team Milton Keynes	Open	Vet
2	10:02:00	Stefan Rares Fabian	Team Milton Keynes	Open	Senior
3	10:03:00	Zoe Shepherd	Team Enable - M.I. Racing	Female	Vet
4	10:04:00	Malcolm Moore	Ambion Racing Team	Open	Vet
5	10:05:00	Lee Kerner	Team Milton Keynes	Open	Vet
6	10:06:00	Leigh Schwartz	PDQ Cycle Coaching	Open	Senior
7	10:07:00	James Richardson	North Bucks RC	Open	Senior
8	10:08:00	Stephen Taylor	Team Milton Keynes	Open	Vet
9	10:09:00	Chris Manko	Otley CC	Open	Vet
10	10:10:00	Lizzy Archer	RIDE REVOLUTION COACHING	Female	Senior
11	10:11:00	Oscar Heslop	Team Milton Keynes	Open	Espoir
12	10:12:00	Trevor Hook	Team Milton Keynes	Open	Vet
13	10:13:00	Rob Riekie	Team Milton Keynes	Open	Vet
14	10:14:00	James Heslop	Team Milton Keynes	Open	Vet
15	10:15:00	Patrick Miles	Verulam CC	Open	Vet
16	10:16:00	Chris Bradbury	Team Milton Keynes	Open	Senior
17	10:17:00	Lynne Scofield	Rockingham Forest Wheelers	Female	Vet
18	10:18:00	Paul Buckland	CC Ashwell	Open	Vet
19	10:19:00	Andrew Porter	Welwyn Whs	Open	Vet
20	10:20:00	Alan Crane	Chronos RT	Open	Vet
21	10:21:00	Cian Leveridge	Team PB Performance	Open	Senior
22	10:22:00	Leigh Smith	Equipe Velo	Open	Vet
23	10:23:00	Benjamin Cousins	Verulam Really Moving	Open	Youth
24	10:24:00	Duncan Godfrey	Team Trident	Open	Vet
25	10:25:00	Gregory Ashley	Team Enable - M.I. Racing	Open	Vet
26	10:26:00	Nicholas Coe	Verulam Really Moving	Open	Vet
27	10:27:00	Philip Wilkinson	Rockingham Forest Wheelers	Open	Vet
28	10:28:00	Oswin Grady	Bedfordshire Road RT	Open	Vet

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<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
29	10:29:00	Matthew Rowe	Hitchin Nomads CC	Open	Senior
30	10:30:00	Mike Debney	Verulam Really Moving	Open	Vet
31	10:31:00	Chris Sidney	Coalville Whs	Open	Vet
32	10:32:00	James Wooldridge	Team Milton Keynes	Open	Vet
33	10:33:00	Mike Bridge	Verulam CC	Open	Vet
34	10:34:00	Peter Noble	Ely & District CC/B&T Motor Repairs	Open	Vet
35	10:35:00	James Conolly	Stevenage CC	Open	Senior
36	10:36:00	John Jones	Verulam Really Moving	Open	Vet
37	10:37:00	Simon Law	Team Enable - M.I. Racing	Open	Vet
38	10:38:00	Ryan Witchell	Royal Leamington Spa Cycling Club	Open	Senior
39	10:39:00	David Mead	Team Enable - M.I. Racing	Open	Vet
40	10:40:00	Luke Marshall	Elysium Kalas Race Team	Open	Espoir
41	10:41:00	Ben Farrer	Bedfordshire Road CC	Open	Senior