

Bec CC (50% Priority To Females)(entries close 17/05/24)

25/05/2024 14:00

G10/42

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Route from HQ to start

Course details

<u>OS</u>	<u>REF</u>	<u>REF</u>	<u>DETAILS</u>
<u>DISTANCES</u>			

167469			<u>START</u> in Spook Hill, North Holmwood at PO Telephone Inspection Cover 30
0.00	0.00		

yards from junction with A24

Proceed to A24 where LEFT into acceleration lane to join A24. Proceed south

177428			to Beare Green RBT (roundabout)
2.67	2.67		

171397			2nd exit and follow Capel by-pass to Clark`s Green RBT where <u>TURN</u> (CHECK)
2.24	4.91		

177428			5th exit to retrace on A24 to Beare Green RBT
2.24	7.15		

Straight on 2nd exit and follow A24 to FINISH at drain at north end of penultimate

166472			crash barrier 634 yards before North Holmwood RBT
2.85	10.00		

COURSE NOTES

Location 8 revised 0704; Locations 27/28 and GRA revised 10.05; District Reg. revised 05/07 (CR/LSDC/0198)

GENERAL NOTES to be included on start Sheets

London South District Regulation: No vehicles, except those of the timekeepers and event officials , shall be parked in the

vicinity of the start and finish areas.

SAFETY INSTRUCTIONS TO BE INCLUDED ON Start Sheets

Competitors are requested not to warm up on the course after the first competitor has started. Details of any Additional

Hazards not listed on the Start Sheet will be displayed at the Signing On Point. All Competitors must read these details when they sign on.

Competitors must exercise extra care when joining the A24 just after start and at all roundabouts.

No times will be given at the Finish

After finishing Competitors MUST continue to North Holmwood RBT taking the appropriate exit to return to Event HQ.

GUIDANCE NOTES for Event Promoters

Promoters should refer to the GENERIC Risk Assessment and check that all measure to reduce risk have been covered.

Promoters should also complete a SPECIFIC Risk Assessment to identify any additional risks shortly before the event. Contacting

the Highways Authority and briefing Competitors at the Signing On Point if necessary. On the day after the event, the Specific

Risk Assessment Sheet/s must be posted to the London South Assistant Secretary (Courses) - see details in CTT Handbook.

Promoters should also be familiar with CTT Regulations and,in particular , the sections "Duties of Promoting Secretaries"

and "Abandonment or Postponement of Events" as published in the current CTT Handbook.

Promoters should keep the Entry Forms, Signing On Sheets and Check Cards for one year after the event if there has been no

incident in connection with the event and for three years if there has been an incident.

COURSE DETAILS for submission on the Police Notification Form

The Course Details given below are in a format suitable for the Police Notification Form:-

G10/42 Start in Spook Hill, North Holmwood, 30 yards from junction with A24. Proceed to A24 where LEFT into acceleration lane to join A24. Proceed south to Beare Green RBT. 2nd exit and follow A24 to TURN at Clark's Green RBT.

Retrace on A24 via Beare Green RBT to FINISH at drain at north end of penultimate crash barrier 634 yards before North

Holmwood RBT.

&a

Local regulations

Organiser contact details

Tony Truepenny-Phillipson
Flat 33 Norwich House 11 Streatham High Road London
07512356505

fac19ttp@gmail.com

Time keepers/officials

Course records

Solo Open

00:17:53

Christopher Fennell

31-Jul-21 | Addiscombe CC (50% priority to women)

Solo Female

00:21:16

Anneleen Bosma

31-Jul-21 | Addiscombe CC (50% priority to women)

Solo Open (Junior)

00:19:20

Mattie Dodd

14-May-22 | Southern Counties CU

Solo Female (Junior)

00:23:34

Eva Callinan

01-Aug-20 | South Eastern RC (preference to veterans)(SCCU BAR)

Tandem

00:20:12

Jonathan Pontin, Simon Pontin

03-Oct-20 | Kingston Phoenix RC (Tandems)(fee per rider)

Awards/prizes

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

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Start Number	Start Time	Rider	Club	Gender	Category
4	14:04:00	Shaun Kennedy	Bec CC	Open	Vet
5	14:05:00	Dee Rutter	Anerley BC	Female	Vet
6	14:06:00	Mona Chammas	PDQ Cycle Coaching	Female	Vet
7	14:07:00	James Hughes	Bec CC	Open	Vet
8	14:08:00	Mark Read	Dulwich Paragon CC	Open	Vet
9	14:09:00	Vic Haines	Old Portlians CC	Open	Vet
10	14:10:00	Keith Lea	Paceline RT	Open	Vet
11	14:11:00	David Clark	Eastbourne Rovers CC	Open	Vet
12	14:12:00	Avinash Mahandru	Parlay CC	Open	Senior
13	14:13:00	Jim Ford	Dorking Cycling Club	Open	Vet
14	14:14:00	Jacqui Lane	Eastbourne Rovers CC	Female	Vet
15	14:15:00	Richard Llewellyn	Imperial Racing Team	Open	Vet
16	14:16:00	Mark Jones	GS Stella	Open	Vet
17	14:17:00	Carl Bond	Kenton RC	Open	Vet
18	14:18:00	Daniel Loveday	Charlotteville Cycling Club	Open	Vet
19	14:19:00	Simon English	Dulwich Paragon CC	Open	Vet
20	14:20:00	Simon McNamara	Sigma Sports Race Team	Open	Vet
21	14:21:00	Peter Main	34 Nomads CC	Open	Vet
22	14:22:00	Martin Brown	7Oaks Tri Club	Open	Vet
23	14:23:00	Jon Hooper	Dorking Cycling Club	Open	Vet
24	14:24:00	Rachel Dumbrell	CC London	Female	Senior
25	14:25:00	Ben Elliott	Paceline RT	Open	Vet
26	14:26:00	Jonathan Besly	Dorking Cycling Club	Open	Vet
27	14:27:00	Richard Keevil	GS Stella	Open	Vet
28	14:28:00	Martin Simmons	CC Breckland	Open	Para-cyclist
29	14:29:00	Peter Horsfield	Redmon CC	Open	Vet
30	14:30:00	Paul Burton	Paceline RT	Open	Vet