

North Tyneside Riders (Including The N&DCA 50 Mile Champs)(A VTTA (North) Event)

A long counter for the N&DCA BAR Competition

18/06/2023 07:30

M50

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Cramlington Town Football Club, Ormston Street, CRAMLINGTON, Northumberland, NE23 3BE

Route from HQ to start

Exit the Football Club car park turning right towards the A192 dual carriageway. Cross straight over onto the westbound carriageway (riders take care) and continue to the Crowhall Lane roundabout, taking the second exit to go straight on. At the Plessey Checks roundabout, take the fourth exit to rejoin the A192 eastbound carriageway to the START line which is approximately 0.24 miles east.

Course details

START at power cable pole DP14 on the A192, approximately 0.24 mile east of Plessey Checks Roundabout. Proceed to Crowhall Lane Roundabout. Continue straight on (second exit) to the Three Horseshoes Roundabout. Take the second exit onto slip road and then onto A189. Proceed North on the A189 to North Seaton/Sandy Bay roundabout, proceed straight over (third exit) and on to Woodhorn roundabout. Proceed straight over (second exit) to mini roundabout. Take first exit onto A189. At Linton roundabout, take third exit onto A1068. Continue on A1068 to the Ellington roundabout taking first exit to remain on A1068. At the Houndalee roundabout, take 2nd exit to continue on the A1068 until the Widdrington roundabout, where straight on (second exit) remaining on the A1068. Continue until encircling mini roundabout before Amble (19.75 miles) to retrace route south bound on the A1068. Follow A1068 all the way back through Widdrington to Linton roundabout. Take first exit to retrace route via A189 to Woodhorn and then North Seaton/Sandy Bay roundabouts. Continue along A189 until slip road at Three Horse Shoes roundabout/A192. Take third exit onto A192 and proceed over Crowhall Lane roundabout (second exit) and follow A192 until Plessey Checks roundabout. At roundabout take first exit onto A1068 proceeding to the Bassington roundabout. Staying right, encircle the roundabout taking third exit to return North on A1068. Continue to Plessey Checks roundabout. At the roundabout, take the 3rd exit to join A192 and the start of second shorter lap. Proceed as first lap to A189, via Crowhall Lane roundabout, to Three Horse Shoes, roundabout, taking second exit onto A189. Proceed along A189 to the second exit, marked Earth Balance. Stay in right lane to join the A1147. Continue bearing right under A189 and onto B1331. Continue around B1331 to re-join A189 Southbound. Proceed South along A189 to take the second exit onto the Three Horse Shoes Roundabout. Proceed to roundabout and take the third exit back onto the A192. Continue over Crowhall Lane roundabout and to: FINISH At small lay-by .22miles before Plessey Checks roundabout.

Local regulations

Organiser contact details

Ian Gallon
17 Springfield Gardens Wallsend
07828900383
01912950742
galnufc@msn.com

Time keepers/officials

Timekeepers: Peter & Frances Schultz

Course records

Solo Male

1:36:13

Kyle Gordon

04-Oct-20 | RTTC National 50 Mile Championship (North East DC)(Men)(Entries close 08/09/20)

Solo Female

1:47:46

Emily Meakin

04-Oct-20 | RTTC National 50 Mile Championship (North East DC)(Women)(Entries close 08/09/20)

Awards/prizes

Fastest Male and Fastest Female - N&DCA Champions.

Fastest Male and Female Veteran on Age Adjusted Time - N&DCA Champions.

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official

signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

North Tyneside Riders (Including The N&DCA 50 Mile Champs)(A VTTA (North) Event)

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|-------------------|---------------------------------|--------|----------|
| 2 | 07:32:00 | David Lavery | North Tyneside Riders CC | male | Vet |
| 3 | 07:33:00 | Steven Homer | Houghton CC | male | Vet |
| 4 | 07:34:00 | Heather Witham | Blaydon CC | female | Vet |
| 5 | 07:35:00 | Natalie Lye | Muckle Cycle Club | female | Senior |
| 6 | 07:36:00 | Angela McGurk | Blaydon CC | female | Vet |
| 7 | 07:37:00 | Lois Jarvis | Muckle Cycle Club | female | Senior |
| 8 | 07:38:00 | Adele McAleer | Team VC | female | Vet |
| 9 | 07:39:00 | Claire Cook | South Shields Velo Cycling Club | female | Vet |
| 10 | 07:40:00 | Philip Kennell | GS Metro | male | Vet |
| 11 | 07:41:00 | Howie Buckingham | Allen Valley Velo | male | Vet |
| 12 | 07:42:00 | Jonathan Cairns | Muckle Cycle Club | male | Senior |
| 13 | 07:43:00 | Andriy Volkov | Vector Racing | male | Senior |
| 14 | 07:44:00 | Ross Downie | Barnesbury CC | male | Vet |
| 15 | 07:45:00 | Elliot Sharp | Vector Racing | male | Senior |
| 16 | 07:46:00 | Stephen Boxall | Houghton CC | male | Vet |
| 17 | 07:47:00 | Noel Stoddart | Allen Valley Velo | male | Vet |
| 18 | 07:48:00 | Ian Dunn | North Shields Polytechnic Club | male | Vet |
| 19 | 07:49:00 | Andrew Tough | Coalfields Triathlon Club | male | Vet |
| 20 | 07:50:00 | Adam Smith | Team Kirkley Cycles | male | Senior |
| 21 | 07:51:00 | Zach Haigh | Barnesbury CC | male | Senior |
| 22 | 07:52:00 | Christopher Isats | Berwick Wheelers Cycling Club | male | Vet |
| 23 | 07:53:00 | Ian-James Elder | Vector Racing | male | Senior |
| 24 | 07:54:00 | Brian Gibson | Berwick Wheelers Cycling Club | male | Vet |
| 25 | 07:55:00 | Peter Stokoe | Reifen Racing | male | Senior |
| 26 | 07:56:00 | Tim Burdon | Allen Valley Velo | male | Vet |
| 27 | 07:57:00 | Lee Ridden | Reifen Racing | male | Vet |
| 28 | 07:58:00 | Peter Harridge | Tyneside Vagabonds CC | male | Vet |
| 29 | 07:59:00 | Barry Holyoak | South Shields Velo Cycling Club | male | Vet |

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|------------------------|--|--------|----------|
| 30 | 08:00:00 | Nick Badcock | Allen Valley Velo | male | Vet |
| 31 | 08:01:00 | Grant Whiteside | Harrogate Nova CC | male | Vet |
| 32 | 08:02:00 | Lee McCarron | Vector Racing | male | Senior |
| 33 | 08:03:00 | Neil Fearn | Harrogate Nova CC | male | Vet |
| 34 | 08:04:00 | Ray Bell | Derwentside CC | male | Vet |
| 35 | 08:05:00 | Kris Whitelaw | Vector Racing | male | Vet |
| 36 | 08:06:00 | Terry Wilkinson | GTR - Return To Life p/b Streamline | male | Senior |
| 37 | 08:07:00 | Damien Riley | Teesdale CRC | male | Vet |
| 38 | 08:08:00 | Mark Whaley | Blaydon CC | male | Vet |
| 39 | 08:09:00 | Michael Sloanes | Team VC | male | Senior |
| 40 | 08:10:00 | Carl Donaldson | GS Metro | male | Vet |
| 41 | 08:11:00 | Leahn Theedam Parry | SBRT – Outsider Events | male | Vet |
| 42 | 08:12:00 | Jack Smith | Vector Racing | male | Senior |
| 43 | 08:13:00 | Scott Walton | Tyne Tri | male | Senior |
| 44 | 08:14:00 | David Purvis | Sun City Tri | male | Vet |
| 45 | 08:15:00 | Jay Pitt | Team VC | male | Senior |
| 46 | 08:16:00 | Benjamin Amaira | Alnwick Cycling Club | male | Senior |
| 47 | 08:17:00 | Mark Reed | Tyneside Vagabonds CC | male | Vet |
| 48 | 08:18:00 | Keith Sibbald | Zeus CRT | male | Vet |
| 49 | 08:19:00 | Phil Cook | Team VC | male | Vet |
| 50 | 08:20:00 | Chris Smart | GTR - Return To Life p/b Streamline | male | Vet |
| 51 | 08:21:00 | Andrew Scott | Musselburgh RCC | male | Vet |
| 52 | 08:22:00 | Simon Crisp | Gosforth RC | male | Senior |
| 53 | 08:23:00 | Paul Richardson | Derwentside CC | male | Vet |
| 54 | 08:24:00 | Tom Guy | Sunderland Clarion | male | Vet |
| 55 | 08:25:00 | Rob Graham | GTR - Return To Life p/b Streamline | male | Senior |
| 56 | 08:26:00 | Adam Harrison | Barnesbury CC | male | Vet |
| 57 | 08:27:00 | Hugo Storey | Muckle Cycle Club | male | Senior |
| 58 | 08:28:00 | Paul Robson | Protech Velo | male | Vet |
| 59 | 08:29:00 | James Anderson | North Shields Polytechnic Club | male | Vet |
| 60 | 08:30:00 | Tom Hutchinson | Team Bottrill | male | Senior |