

# **PDQ Cycle Coaching (Tandems)(fee per rider)**

**Open 10m Time Trial on the Latton Course at the Cotswold Gateway Centre**

**22/07/2023 09:00**

**U48**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## **Headquarters**

Signing On at Gateway Cafe?/Cotswold Outdoor car park (Spine Road East, GL7 5TL).  
Additional parking available just after the finish on the Latton Road.

## **Route from HQ to start**

Turn right out of the Gateway Centre car park, cross over the first mini roundabout and take the first left hand exit on the second roundabout towards Driffield. The start is approximately 1 mile from the roundabout.

## **Course details**

Starting on unclassified road (Driffield), proceed onto RAB of Spine Road (B4696) and A419/417.

Two 'laps' of Latton road turning at the end of each leg on RAB at (B4696)/A419 and RAB of A419/Marston Meysey.

Upon finishing riders are to proceed to RAB of B4696 and follow Spine Road back to Event HQ

Note: Risk Assessment needs updating even though there have been no changes to the roads

## **Local regulations**

N/A

## **Organiser contact details**

Niel Dunnage  
2 Rose Cottage, Cowley, Gloucestershire  
447967686175  
447967686175  
niel.dunnage@gmail.com

## **Time keepers/officials**

Start Timekeeper: Marianne Streater

Finish Timekeeper: Chris Borad Drake

## **Course records**

### **Solo Male**

00:20:52  
Matt Boulton  
27-Aug-22 | PDQ Cycle Coaching

### **Solo Female**

00:24:16  
Jo Spencer  
27-Aug-22 | PDQ Cycle Coaching

### **Tandem**

00:21:16  
Peter Oliver, Christopher Edginton  
27-Aug-22 | PDQ Cycle Coaching (Tandems)(fee per rider)

## **Awards/prizes**

TBD

## **NOTES TO COMPETITORS:**

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety

instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## PDQ Cycle Coaching (Tandems)(fee per rider)

<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
25	09:50:00	Chris Ward	WardPerformanceUK.com	male	Vet
25	09:50:00	Gillian Thorne	WardPerformanceUK.com	female	Vet
26	09:52:00	Bradley Gauntlett	Born to Bike - Bridgtown Cycles	male	Para-cyclist
26	09:52:00	Tim May	PDQ Cycle Coaching	male	Vet
27	09:54:00	Jon Wiggins	PDQ Cycle Coaching	male	Vet
27	09:54:00	Chris McDonald	PDQ Cycle Coaching	male	Para-cyclist