

# Mark Bell Memorial Hilly Time Trial

**05/03/2023 10:00**

**NC1A**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

### Lowick Village Hall

The Germain Rooms, 1 Drayton Road, Lowick, Northamptonshire NN14 3BH HQ will be open from 8:45am

///seatbelt.shipwreck.appoints

### Route from HQ to start

From HQ proceed to the T junction (Drayton Road) and turn right onto Main Road and continue out of the village to the A6116 (Lowick Bypass). Turn left onto A6116 (take care) and proceed to start (first layby on the left). Please allow approx 10 mins to start.

### Course details

**START** On the A6116 (Lowick Bypass) in line with drain cover at north end of lay-by, just after junction with road into Lowick. Proceed northwards towards Stanion on the A6116 to the Roundabout with A43 where

Turn Left (M) taking first exit and proceed towards Geddington, straight on through the village on A43, to Roundabout (M) taking first exit proceeding through Weekly village to

Turn Left (M) onto unclassified road to Warkton village (Care on narrow bridge) Proceed through Warkton to Grafton Underwood crossroads (M), straight on to Slipton village, and at the bottom of the hill keep right (M) (care) and proceed to junction with old A604 where

Turn Left (M) proceed towards Thrapston to Roundabout with A6116 where

Turn Left (M) taking first exit onto A6116. Proceed north to

Turn Left (M) into old road into Lowick Village (Short of Lay-by starting point) to

**FINISH** In line with North end of Brick Bridge on right hand side, just before large opening into field. (20 miles)

## **Local regulations**

### **Parking**

Riders can park outside the hall or anywhere in the village, please be courteous if using the pub car park and do not consume the parking areas as they will wish to have spaces for their customers.

Do not park too close to finish.

Drayton Road is a dead end, there is a turning point at the bottom as it turns into a gated road. At all times please be courteous to residents.

Parking at start and finish only by race officials.

### **Safety Instructions**

All issues affecting competitors as identified by the risk assessment.

### **Safety Advice**

Course note \* There are two Pelican crossings in Geddington, please be aware of them.

Course note \*\* There is a narrow bridge as you enter Warkton, please be aware of oncoming traffic as this is of a single vehicle width

Parts of the course are on unclassified roads requiring extreme caution.

Hard-shell Helmets are compulsory. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard-shell Helmet that meets an internationally accepted standard.

It is compulsory that working front and rear lights either flashing or constant, are fitted to the machine in a position visible to other road users and are active while the machine is in use. Any rider without working lights will be disqualified.

Any rider performing a 'U' turn within sight of the start or finish may be disqualified (A 'U' turn is defined as a 180-degree turn completed within the width of the carriageway whilst astride the machine. It is recommended that riders should dismount, check the road is clear in both directions then, with machine, walk across the road.)

### **Race Numbers**

Please sign in at HQ where number can be collected.

Please note that all competitors are required to personally sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as D.N.F. Return Race Number to HQ (NOT start or finish) and exchange for a drink.

## **Organiser contact details**

Andy King

14 Parklands Close Loddington Kettering

07973271541

01536710301

kcc.ttsec@gmail.com

## **Time keepers/officials**

### **Timekeepers**

Steve Clarke

Jon Thorne

### **Pusher off, Marshalls & helpers:**

Members and friends of Kettering Cycling Club

## **Course records**

### **Solo Male**

00:41:52

Matthew Bottrill

01-Mar-15 | Kettering CC

### **Solo Female**

00:54:13

Linda Hubbard

05-Mar-17 | kettering cc

### **Solo Male (Junior)**

00:52:34

Trystan Barnett

03-Mar-19 | Kettering CC

### **Solo Female (Junior)**

00:59:34

Bethany Spencer

03-Mar-19 | Kettering CC

## **Awards/prizes**

Mark Bell was a member of the Kettering Amateur C.C. and an up and coming racing man. He died tragically whilst competing in a time-trial in 1994. The impressive Mark Bell Memorial

Trophy was presented by his family.

The Mark Bell Memorial Trophy goes to :- "The fastest rider living in Northamptonshire" and receives the trophy and a complimentary ticket to the Club Dinner to collect the award

The Brian Charouneau Trophy goes to :- "The fastest rider from a Northamptonshire Club" and receives the trophy and a complimentary ticket to the Club Dinner to collect the award.

### **Prizes**

Fastest overall 1st £20, 2nd £15 & 3rd £10

Fastest in the Ladies 1st £20, 2nd £15 & 3rd £10

Fastest Junior 1st £20, 2nd £15

### **NOTES TO COMPETITORS:**

#### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Mark Bell Memorial Hilly Time Trial

Start Number	Start Time	Rider	Club	Gender	Category
2	10:02:00	Chris Kemp	Total Tri Training	male	Vet
3	10:03:00	David Tate	Arctic Aircon RT	male	Vet
4	10:04:00	Martin Patmore	VéloElite RC	male	Vet
5	10:05:00	Graeme Hall	Rockingham Forest Wheelers	male	Vet
6	10:06:00	Gary Ashwell	Welland Valley CC	male	Vet
7	10:07:00	Daniel Lamb	Cambridge University CC	male	Senior
8	10:08:00	Graeme Church	QN Racing	male	Para-cyclist
9	10:09:00	Patrick Ellerbeck	St Neots CC	male	Vet
10	10:10:00	Rob Wild	Velo Club Long Eaton	male	Vet
11	10:11:00	Stephanie Cousins	QN Racing	female	Vet
12	10:12:00	Maria Gent	Kettering CC	female	Senior
13	10:13:00	Linda Hubbard	Welland Valley CC	female	Vet
14	10:14:00	John Beckett	Rugby Velo	male	Vet
15	10:15:00	Simon Hunt	VéloElite RC	male	Vet
16	10:16:00	Karl Moseley	Droitwich Cycling Club	male	Vet
17	10:17:00	Alex Hodgkinson	Ilkeston Cycle Club	male	Senior
18	10:18:00	Edward Smith	Kettering CC	male	Vet
19	10:19:00	Matt Plews	Welland Valley CC	male	Vet
20	10:20:00	Danny Metherell	VéloElite RC	male	Vet
21	10:21:00	Philip Wilkinson	Rockingham Forest Wheelers	male	Vet
22	10:22:00	Phil Rayner	Welland Valley CC	male	Vet
23	10:23:00	Antony Brown	George Fox Cycling Solutions	male	Vet
24	10:24:00	Ryan Witchell	Team Salesengine.co.uk	male	Senior
25	10:25:00	George Fox	George Fox Cycling Solutions	male	Senior