# Lea valley CC (MM Slower than 22:40 LTS )(150 machines max)

08/07/2023 14:00

F2A/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



# Headquarters

Dry Drayton Village Hall, 23 High St, Dry Drayton, Cambridge, CB23 8BS

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Dry Drayton Village Hall - Google Maps

30 High St - Google Maps

# Route from HQ to start

See attatched document.

# Course details

START (GR367598) on old A428 eastbound, about 120 yds east of Hardwick RAB, 40 yards west of western end of Armco barrier. Proceed to Hardwick RAB where 1st exit onto A428 westbound, under Cambourne flyover junction to:- TURN (4.63 mls.) at Caxton Gibbett RAB (junction with A1198). Retrace A428 eastbound, under Cambourne flyover and Hardwick flyover to:- FINISH (GR377597) in layby, about <sup>3</sup>/<sub>4</sub> mile past Hardwick F/O, at a point 22 yards east of (past) P sign. Police Area(s) Cambridgeshire

# Local regulations

LOCAL REGULATIONS No.1 and 3 (page 13) apply.

#### SAFETY RULES AT FINISH

**DO NOT STOP** anywhere near the finish line as you are still on the dual carriageway at the finish and **IT NOT SAFE TO STOP**. Please ensure that once past the finish you **DO RIDE ON** beyond the finish along the A428 and **EXIT AT MADINGLEY ROUNDABOUT** to make you way back to the Race HQ.

## Organiser contact details

Mark Freeman 61 Lonsdale Avenue East Ham 07739214194 07739214194 markfreeman70@ymail.com

## Time keepers/officials

See attatched document.

## Course records

#### Solo Male

00:17:55 Michael Gill 24-Jul-21 | Chronos RT (cheques to David Creese)

#### Solo Female

00:21:10 Sophie Lankford 28-Jul-18 | Chronos RT (cheques to David Creese)

#### Solo Male (Junior)

00:18:25 Oscar Nilsson-Julien 25-Jul-20 | Chronos RT (Std road bikes only)(cheques to David Creese)

#### Solo Female (Junior) 00:21:49 Eva Callinan

#### 25-Jul-20 | Chronos RT (Std road bikes only)(cheques to David Creese)

#### Tandem

00:20:54 Gary Pamment, Barry Mcdonald 28-Jul-18 | Chronos RT (Tandems)(cheques to David Creese)(Fee per rider)

#### Team TT

00:19:01 Paul Pardoe, Matthew Senter 27-Jul-19 | Chronos RT (2 up TTT)(fee per rider)(Cheques to David Creese)

# Awards/prizes

#### Prizes

	Scratch		Middle Mar	kers	Tandem
	Women	Men	Women	Men	
1 <sup>st</sup>	£40	£40	£40	£40	£30
2 <sup>nd</sup>	£30	£30	£30	£30	
3rd	£20	£20	£20	£20	

#### NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

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Start Number	Start Time	Rider	Club	Gender	Category
1	14:01:00	Thomas Dean	Eagle Road Club	male	Vet
2	14:02:00	Steve Wilkinson	Regents Park Rouleurs	male	Vet
3	14:03:00	Roger Sewell	Wisbech Whs	male	Vet
4	14:04:00	Brian Davies	VC Baracchi	male	Vet
5	14:05:00	Alan Harvey	Finsbury Park CC	male	Vet
6	14:06:00	Martin Whitty	a3crg	male	Vet
7	14:07:00	Dawn Donaldson	St Neots CC	female	Vet
8	14:08:00	Adrian Briers	Chronos RT	male	Vet
9	14:09:00	John J Murphy	Gloucester City Cycling Club	male	Vet
10	14:10:00	Andrew Porter	Welwyn Whs	male	Vet
11	14:11:00	John Swanbury	VC Baracchi	male	Vet
12	14:12:00	Tony Meader	Eagle Road Club	male	Vet
13	14:13:00	Brian Martin	Ciclos Uno	male	Vet
14	14:14:00	Phil Wright	Hartlepool CC	male	Vet
15	14:15:00	Peter Walton	Hertfordshire Whs	male	Vet
16	14:16:00	Eva Zsigoova	VeloRefined Rule 5	female	Senior
17	14:17:00	Linda Hones	Newmarket Cycling & Triathlon Club	female	Vet
18	14:18:00	David Yarham	Peterborough CC	male	Vet
19	14:19:00	Martin Simmons	CC Breckland	male	Para-cyclist
20	14:20:00	Paul Breeze	Peterborough CC	male	Vet
21	14:21:00	Steve Cornish	St Ives CC	male	Vet
22	14:22:00	Nick Hickman	Team Salesengine.co.uk	male	Vet
23	14:23:00	Carl Bond	Kenton RC	male	Vet
24	14:24:00	Timothy Holmes	Lea Valley CC	male	Senior
25	14:25:00	Steve Skinner	Southdown Velo	male	Vet
26	14:26:00	Martin Wright	Eat Plants Not Pigs CC	male	Vet
27	14:27:00	Paul Williamson	St Neots CC	male	Vet
28	14:28:00	Kevin Hickman	API/Anglia Sport	male	Vet
29	14:29:00	Damien Foy	6AM Cycling	male	Vet
30	14:30:00	Anthony Bye	Wisbech Whs	male	Vet
31	14:31:00	David Hodsman	Dulwich Paragon CC	male	Senior

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Start Number	Start Time	Rider	Club	Gender	Category
32	14:32:00	Dominic Whitehead	Cambridge CC	male	Vet
33	14:33:00	Richard Moule	Bossard Whs	male	Vet
34	14:34:00	Phil Laing	Lea Valley CC	male	Vet
35	114.32.00	Roger Hutchings	VC Merlin	male	Vet
36	14:36:00	Susan Triplow	CC Sudbury	female	Vet
37	14:37:00	lan Aunger	Fenland Clarion CC	male	Vet
38	14:38:00	Julia Freeman	Easterley Road Club	female	Vet
39	14:39:00	Richard Hutt	Harp RC	male	Vet
40	14:40:00	Peter Noble	Epsom CC	male	Vet