

Border City Whs CC

Border City Wheelers 25mile TT – Incorporating Emergency Services National Championship. The Mappin & Webb handicap Trophy for BCW riders

09/07/2023 09:00

L2511

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



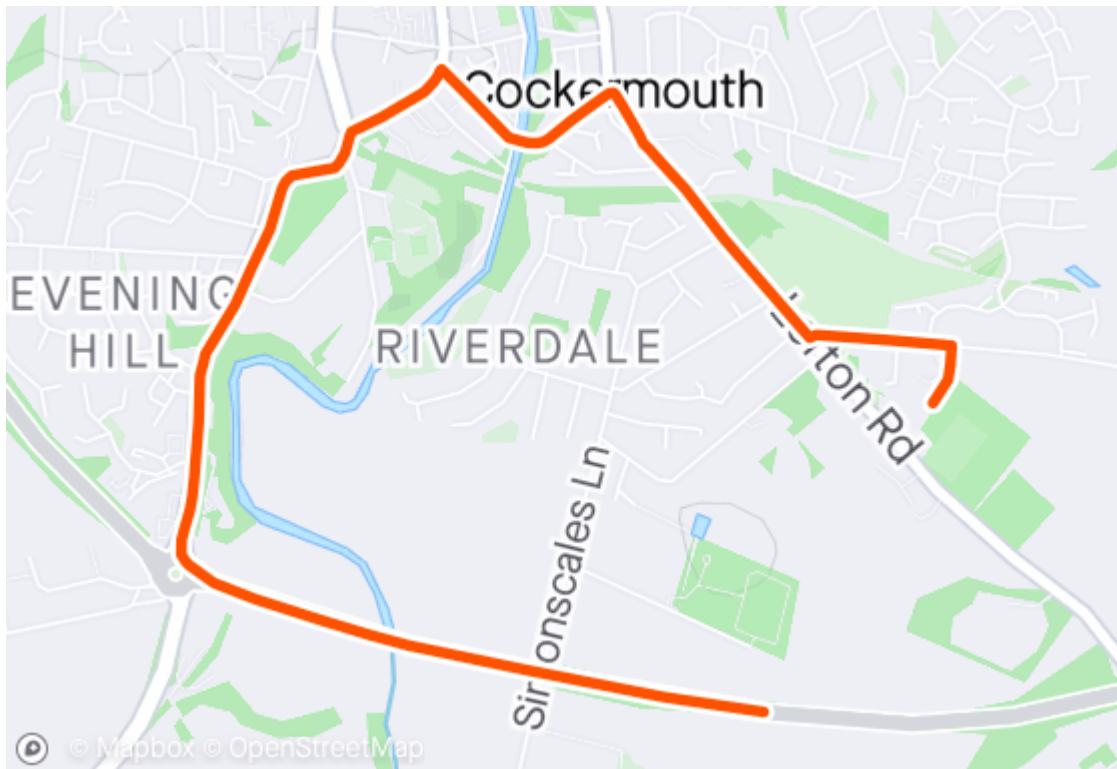
Headquarters

Cockermouth Rugby Club Strawberry How Business Centre, Cockermouth CA13 9XQ

Carpark, toilets and changing facilities available only.

Please be aware there will be no refreshments available due to lack of facilities.

Route from HQ to start



To The Start: -

Turn Left out of the rugby Club road and then right on to B2592, down to the traffic lights (approx 1 mile). At the traffic lights turn left on to Station Rd at the next set of traffic lights turn left on to A5086 (Lamplugh Rd) this takes you upto the roundabout on A66 (approx 2 miles). At A66 roundabout take first left start is 1/2 mile along

Course details

START at painted mark on kerb against drain at east end of the first lay-by to the east of Simonscales Bridge over the A66. This lay-by is 0.75 miles from the roundabout junction with the A5086 Cockermouth/Egremont road. Proceed from the start along the A66 in an easterly direction to the A591 Keswick/Bothel roundabout junction (12.1 miles). Encircle roundabout and retrace along the A66 to the roundabout at the Cockermouth/Egremont junction(24.8 miles) where turn left taking the A5086 Egremont road to FINISH beyond entrance to The Sheep

Centre at painted mark in line with large A5086 sign (25 miles).

Local regulations

Cycling Time Trials – North D.C. 2023- A66 Courses

The following Local Regulations have been approved by the National Committee in accordance with Regulation 38 Any breaches may lead to disciplinary action being taken.

CTT Regulation 14 Competitors Machine – FRONT WHITE LIGHT & REAR RED LIGHT.

NO COMPETITOR shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the front of their machine **A WORKING FRONT WHITE LIGHT**, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **A WORKING REAR RED LIGHT** must be affixed to the rear of the machine, that is illuminated and in a position that is clearly visible to other road users.

CTT Regulation 17: Signing-on Sheet and Signing-Out Sheet:

- a. The Competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- b. In Type A events a competitor must return to the events HQ either during the event or within a reasonable time after the last rider has finished the even and must (i) return their number and (ii) sign the official Signing–Out Sheet

Local Reg No 5

For the duration of the event, competitors must not ride past the timekeepers, except when actually competing.

Local Reg No 6

Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local Reg No 9

No parking on the A66 except in a designated lay-by. No competitor parking in the Start/Finish lay-by on any A66 course.

Local Reg No 15

Riders must keep to the left-hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

Local Reg No 17

On the L1010, competitors must not access the Start Lay-By via the carriageway break and ride West bound on the East bound carriageway. This will lead to disqualification from the event.

IN ADDITION TO THE ABOVE:

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations).

Riders must NOT ride with their heads down.

Helmets:

All competitors **MUST** wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15).

NOTE - ALL of the above MUST be included on the start sheet for the rider's information.

The following local regulations / recommendations / information applies to the event promoters.

Local Reg No 7

The start sheet must include the designated point for the completion of the Signing on and Signing-Out sheet, receiving any further instructions and the collection of numbers [see Regulation No 27(e)(xi) and 27(h)(i)]

Local Reg No 11

For all events in the North District at least 50% of the entry fees (less levies) must be allocated to awards.

In Addition to the above

A copy of the warning sign 'Head Down' should be displayed at event H.Q. or start.

Safety: In the interests of safety, marshals should wear fluorescent clothing.

Risk Assessment: The event must comply with the Risk Assessment relevant to the course being used, also any instructions/warnings etc. for the rider on the Risk Assessment must be included on the start sheet.

'Event Safety Form' to be completed and returned to the Asst Sec for Open Events with the copy of the result sheet.

Course: The course details on Police Forms and Start Sheets must be identical to the details as enclosed.

Event Officials: A competent person must be appointed as the "Start Line Official" who will "manage" the start line and assist the timekeeper

Sheep Centre, Cockermouth, permission must be obtained from the staff to use the car park for the headquarters for events on L2511 and L505.

The following recommendations should also be adopted by event promoters

- 1 All timekeepers be offered a fee of not less than £20.00.
- 2 The first rider off should be a member of the promoting club.

Note – Regulation 27 refers to the Duties of Event Secretaries a General Guide is also given on page 43 of the current handbook, a copy and checklist is enclosed.

Although you should have studied and generally understood C.T.T. Rules and Regulations, in particular the following are brought to your attention-

Rule 1 Disciplinary Action and Appeals by Promoting Clubs.

Regulation 14 Competitors Machine (Working Front and Rear Lights)

Regulation 15 Protective Helmets.

Regulation 42 Reporting Accidents.

The current standard entry form is dated May 2018 or the Cycling Time Trials internet entry system.

Organiser contact details

Bryan Pool
13 The Square Dalston Carlisle

01228 711823
bryedd.pool@gmail.com

Time keepers/officials

Mr Keith Biclkey - At the start

Mrs Tracey Moore - At the finish

Course records

Solo Male

00:48:31

Liam Beaty

07-Aug-22 | Border City Whs CC (NLTTA Championship)

Solo Female

00:55:11

Erica Booth

27-Jun-21 | Velo Club Cumbria (NLTTA Championship)

Solo Male (Junior)

00:54:01

Jude Davison

28-Aug-22 | Velo Club Cumbria

Awards/prizes

Category	Overall	W	V40	V50	V60+
1 st	£30	£30	£25	£25	£25
2 nd	£20	£20	£15	£15	£15
3 rd	£15	£15	£10	£10	£10
4 th	£10	£10			

One Rider one Prize

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Border City Whs CC

Start Number	Start Time	Rider	Club	Gender	Category
5	09:05:00	David J Gibson	Border City Whs CC	male	Vet
6	09:06:00	Paul Russell	Springfield Financial Racing Team	male	Vet
7	09:07:00	Mike Westmorland	Border City Whs CC	male	Vet
8	09:08:00	Clifford Degraff	Velo Club Cumbria	male	Vet
9	09:09:00	John Aitken	London Fire Brigade Triathlon Club	male	Vet
10	09:10:00	Sandy Waller	Edinburgh Road Club	male	Senior
11	09:11:00	Paul Blackburn	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	male	Vet
12	09:12:00	Graham Jones	Edinburgh Road Club	male	Vet
13	09:13:00	Peter Harridge	Tyneside Vagabonds CC	male	Vet
14	09:14:00	Timothy Nuttall		male	Vet
15	09:15:00	Matt Hill	Zurbaran Racing	male	Vet
16	09:16:00	Malcolm Steer	Darlington Cycling Club	male	Vet
17	09:17:00	Matthew Kayley	Pendle Forest CC	male	Vet
18	09:18:00	Peter MacKlam	Yorkshire Road Club	male	Vet
19	09:19:00	Brian Moore	The Tricycle Association - North Western Region	male	Vet
20	09:20:00	Derek Parkinson	Springfield Financial Racing Team	male	Vet
21	09:21:00	Paul Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	male	Vet
22	09:22:00	Ian Sim	GTR - Return To Life p/b Streamline	male	Vet
23	09:23:00	Scott Taylor	Springfield Financial Racing Team	male	Vet
24	09:24:00	Robert Griffiths	Cleveland Police Cycle Section	male	Senior
25	09:25:00	Rob Graham	GTR - Return To Life p/b Streamline	male	Senior
26	09:26:00	Peter Greenwood	Clayton Velo	male	Vet
27	09:27:00	Mick Braithwaite	Springfield Financial Racing Team	male	Vet
28	09:28:00	Rachael Maxwell	Border City Whs CC	female	Vet
29	09:29:00	Nicola Clements	Sleaford Wheelers Cycling Club	female	Vet
30	09:30:00	Alastair McNicol	Dooleys RT	male	Senior

Start Number	Start Time	Rider	Club	Gender	Category
31	09:31:00	Ray Wilson	GTR - Return To Life p/b Streamline	male	Vet
32	09:32:00	Richard Tyson	Rock to Roll CC	male	Vet
33	09:33:00	Bob Atkinson	Barrow Central Wheelers	male	Vet
34	09:34:00	Kath Finn	Kendal Cycle Club	female	Vet
35	09:35:00	Terry Wilkinson	GTR - Return To Life p/b Streamline	male	Senior
36	09:36:00	James Meadows	Cleveland Wheelers CC	male	Senior
37	09:37:00	Randle Shenton	Border City Whs CC	male	Vet
38	09:38:00	Theresa Taylor	Springfield Financial Racing Team	female	Vet
39	09:39:00	John Leach	Rosendale RC	male	Vet
40	09:40:00	Richard Nesfield	Giant-Kendal-Sidas.uk	male	Senior
41	09:41:00	Kevin Blades	360cycling	male	Vet
42	09:42:00	Martin Welsh	Pendle Forest CC	male	Vet
43	09:43:00	David Hilditch	Springfield Financial Racing Team	male	Vet
44	09:44:00	Esther Hamill	Dumfries CC	female	Vet
45	09:45:00	Basil Monks	Edinburgh Road Club	male	Senior
46	09:46:00	Jon Sturman	Blumilk.com	male	Vet
47	09:47:00	Duncan Park	North Lancashire Road Club	male	Vet
48	09:48:00	Nick Higginson	Cleveleys Road Club	male	Vet
49	09:49:00	Alan Shuttleworth	Weaver Valley CC	male	Vet
50	09:50:00	Marc Anderson	GTR - Return To Life p/b Streamline	male	Vet
51	09:51:00	Darren Harvey	Pendle Forest CC	male	Vet
52	09:52:00	Luke Greenwood	Pendle Forest CC	male	Senior
53	09:53:00	Richard Durham	Settle Wheelers	male	Vet
54	09:54:00	Rachel Orton	Tri Preston	female	Vet
55	09:55:00	Mark Parsons	Team ASL-Bolton	male	Vet
56	09:56:00	Joe Hands	GTR - Return To Life p/b Streamline	male	Vet
57	09:57:00	Graeme Carter	Stockton Wheelers CC	male	Vet
58	09:58:00	Kevin Crawley	Border City Whs CC	male	Vet
59	09:59:00	Paul Saunders	PSSA Cycling Club	male	Vet
60	10:00:00	Marcel Schubert	Darlington Cycling Club	male	Vet
61	10:01:00	David Hill	Giant-Kendal-Sidas.uk	male	Senior
62	10:02:00	Gregory Speakman	Thames Valley Police	male	Senior
63	10:03:00	Sue Cheetham	North Lancashire Road Club	female	Vet
64	10:04:00	Craig Wilson	Pendle Forest CC	male	Vet
65	10:05:00	Paul Braithwaite	Pendle Forest CC	male	Vet
66	10:06:00	Mike Dalton	Stockton Wheelers CC	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
67	10:07:00	Neil Cooper	Liverpool Century RC	male	Vet
68	10:08:00	Cara Rawlinson	Cleveleys Road Club	female	Senior
69	10:09:00	Harry Cowley	Chester RC	male	Vet
70	10:10:00	Douglas Watson	GTR - Return To Life p/b Streamline	male	Vet
71	10:11:00	Dan Kendall	Rock to Roll CC	male	Senior
72	10:12:00	David Linsley	Tyne & Wear Fire & Rescue Service CC	male	Vet
73	10:13:00	Sammie Stuart	Chorley Cycling Club	female	Senior
74	10:14:00	Sean Quinn	Law Wheelers	male	Vet
75	10:15:00	Anthony Snow	City RC (Hull)	male	Vet
76	10:16:00	Jake Turner	Mersey Tri	male	Senior
77	10:17:00	James Gibney	West Midlands Police CC	male	Senior
78	10:18:00	Stephen Wilkinson	VTTA North Lancs and Lakes Group	male	Vet
79	10:19:00	David Wright	Warrington Road Club/Horton Light Engineering	male	Vet
80	10:20:00	Chris Smart	GTR - Return To Life p/b Streamline	male	Vet