

Border City Whs CC(Hilly) (NLTTA Spoco)(Lazonby Circuit)

20 mile cycle time trial

26/03/2023 10:00

L202

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Lazonby Village Hall, Lazonby, Penrith, Cumbria CA10 1AQ

Please park responsibly, the road outside the hall is narrow and on a steep hill so please be considerate and park a little way from the hall if possible.

HQ open from 9am

Route from HQ to start

Turn left out of the hall, up the hill and then turn right. The start is approximately three quarters of a mile from the HQ.

Course details

Lazonby 2-lap circuit Start west of entrance to highways depot on unclassified road (Lazonby – Calthwaite) one mile from centre of Lazonby. Follow this road for 3.4 miles west (care required on descent to low plains 0.5 miles before A6) to junction with A6. Left (give way) on to A6 and continue south for 2.5 miles to Plumpton, where left at junction with B6413. Follow B6413 east for 3.5 miles to junction with unclassified road (Lazonby – Calthwaite) where left (care – sharp corner, possible parked cars) and follow north then west for 0.6 miles to commence second lap – details as foregoing. Finish at high point on the road, 200 yds short of highways depot on left after completing two laps.

Local regulations

Local regulations Riders must not ride with their head down. Riders must keep to the left hand side of the road except when overtaking, failure to comply may lead to disqualification. Please consider you're own & other road users safety. Riders must call their numbers at the Finish & elsewhere on the course as requested. Riders must not stand in the road at the start or finish(this constitutes an obstruction & is a breach of regulations) Any competitor making a 'U' Turn in the vicinity of the start or finish will be disqualified from the event Helmets: The CTT state that helmets are Mandatory for all riders.Helmet must be hard/soft shell construction to a recognised standard (see regulation 15). Lights: The CTT requires that a working white front light and red rear light (either flashing or constant) are fitted to the machine in a position visible to other road users & is active while the machine is in use. Competitors, prior to starting, are not permitted to ride past the finish timekeeper for the duration of the event.

Organiser contact details

Adrian Sowerby
Hillgarth Carlisle
07496025702

adriansowerby52@gmail.com

Time keepers/officials

Time keepers Keith Bickley and Richard Abram

Course records

Solo Male

00:44:51
Tom Rigby
25-Mar-18 | border city whs cc (I&I spoco)

Solo Female

00:55:58
Claire Swoboda
25-Mar-18 | border city whs cc (I&I spoco)

Solo Male (Junior)

00:51:42
Archie Irving
26-Mar-17 | border city whs cc (I&I spoco)

Awards/prizes

Male - first three overall, plus winners of Vet 40, 50, 60 and 70 (one rider, one prize, if top 3 vet prize roles down).

Female - Winner and fist veteran (any catergory).

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

Border City Whs CC(Hilly) (NLTTA Spoco)(Lazonby Circuit)

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|------------------|-------------------------------------|--------|----------|
| 2 | 10:02:00 | Chris Edmundson | Preston Whs | male | Vet |
| 3 | 10:03:00 | Peter Rowe | Kent Valley RC | male | Vet |
| 4 | 10:04:00 | Alex Forbes | Border City Whs CC | male | Vet |
| 5 | 10:05:00 | Dan Kendall | Rock to Roll CC | male | Senior |
| 6 | 10:06:00 | Craig Horseman | Giant-Kendal-Sidas.uk | male | Vet |
| 7 | 10:07:00 | David J Gibson | Border City Whs CC | male | Vet |
| 8 | 10:08:00 | Jan Scotchford | North Lancashire Road Club | female | Vet |
| 9 | 10:09:00 | Derek Schofield | Rossendale RC | male | Vet |
| 10 | 10:10:00 | Matt Morris | Wigan Whs CC | male | Senior |
| 11 | 10:11:00 | Richard Belk | Kent Valley RC | male | Vet |
| 12 | 10:12:00 | Ted Birkbeck | Giant-Kendal-Sidas.uk | male | Junior |
| 13 | 10:13:00 | Rachael Maxwell | Border City Whs CC | female | Vet |
| 14 | 10:14:00 | Edward Moss | Giant-Kendal-Sidas.uk | male | Espoir |
| 15 | 10:15:00 | Paul Braithwaite | Pendle Forest CC | male | Vet |
| 16 | 10:16:00 | Nick Higginson | Cleveleys Road Club | male | Vet |
| 17 | 10:17:00 | Mike Westmorland | Border City Whs CC | male | Vet |
| 18 | 10:18:00 | Randle Shenton | Legato Racing Team (LRT) | male | Vet |
| 19 | 10:19:00 | Tim Burdon | Allen Valley Velo | male | Vet |
| 20 | 10:20:00 | Nick Badcock | Allen Valley Velo | male | Vet |
| 21 | 10:21:00 | Andrew Barlow | Kent Valley RC | male | Vet |
| 22 | 10:22:00 | Martin Welsh | Pendle Forest CC | male | Vet |
| 23 | 10:23:00 | Neil Withington | Beacon Wheelers | male | Vet |
| 24 | 10:24:00 | Peter Greenwood | Clayton Velo | male | Vet |
| 25 | 10:25:00 | Marc Anderson | GTR - Return To Life p/b Streamline | male | Vet |
| 26 | 10:26:00 | Duncan Orme | Kent Valley RC | male | Vet |
| 27 | 10:27:00 | Tony Scott | GTR - Return To Life p/b Streamline | male | Vet |
| 28 | 10:28:00 | Daniel McParland | Tri Preston | male | Vet |
| 29 | 10:29:00 | Simon Horsley | Legato Racing Team (LRT) | male | Vet |
| 30 | 10:30:00 | Richard Nesfield | Giant-Kendal-Sidas.uk | male | Senior |
| 31 | 10:31:00 | Bryan Pool | Border City Whs CC | male | Vet |
| 32 | 10:32:00 | Matthew Atkinson | Beacon Wheelers | male | Senior |

| Start Number | Start Time | Rider | Club | Gender | Category |
|---------------------|-------------------|----------------|-----------------------|---------------|-----------------|
| 33 | 10:33:00 | Darren Harvey | Pendle Forest CC | male | Vet |
| 34 | 10:34:00 | David Hill | Giant-Kendal-Sidas.uk | male | Senior |
| 35 | 10:35:00 | Richard Bideau | Pendle Forest CC | male | Vet |