

East Anglian VTTA (Preference to 50 EAVTTA members)

**The START SHEET for the East Anglia VTTA 10 mile
Individual & Tandem Time Trials – 15th June 2022 -
STARTS AT 19:01**

15/06/2022 19:00

E2/10

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



Headquarters

Westley Waterless Village Hall, CB8 0RH

Route from HQ to start

Right from Westley Waterless Village Hall to first left then right at cross roads and continue over level crossing to Six Mile Bottom. Turn left and proceed over railway again to start area on your left.

Course details

START (GR 573562) at paint mark in feeder road from West Wrating just before junction with A1304 (1 kerb joint before drain near 'Give Way' sign). Bear left onto A1304 and thence onto A11 southbound. Continue to take slip road to Four Went Ways interchange (A1307) and circle elevated roundabout (5.14m), taking fourth exit onto A11 northbound. Retrace to Six Mile Bottom, where take A1304 slip road to FINISH (GR 571560) at paint mark 5 yards past end of island between old road and slip road (at 6th kerb joint past plastic phone indicator post marked '85/0').

All dual carriageway. A bit rolling, but only one fast roundabout turn. A quick course.

Local regulations

Lights and helmets: Working front and rear lights are now compulsory, as is a cycling helmet. Without complying with these requirements, riders cannot start.

NOTES TO RIDERS - The following national and local regulations must be adhered to: -

1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.
2. Marshals placed to direct competitors off the main carriageway **MUST NOT** stand at the apex between the carriageway and slip road, but should be located at the start of the slip road.
3. NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by the CTT District Committee.
4. No warming-up by competitors is allowed along any part of the designated course, after the event has started.
5. Numbers will be situated in the HQ.

Organiser contact details

Gary Boyd
3 Blundell Close London
07792 950305
02034902110
gary@hub-velo.co.uk

Time keepers/officials

Time Keepers:

Tim Groves

Wally Groves

Course records

Solo Male

00:17:20

Alex Dowsett

30-May-14 | ECCA 10

Solo Female

00:19:31

Joanna Patterson

23-Jun-21 | East Anglian VTTA (Preference to EA VTTA members)

Solo Male (Junior)

00:18:46

Thomas Day

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Solo Female (Junior)

00:20:40

Elynor Backstedt

31-Aug-19 | RTTC National 10 mile Championship (London East DC)(Women & Juniors)(Entries close 03/08/19)

Tandem

00:18:06

Glenn Taylor, Mark Arnold

05-May-18 | lea valley cc (3 events - 180 machines)(tandems)(fee per rider)

Awards/prizes

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

East Anglian VTTA (Preference to 50 EAVTTA members)

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|-------------------------|-------------------------------------|--------|----------|
| 1 | 19:01:00 | John Shellard | VTTA (East Anglia Group) | male | Vet |
| 2 | 19:02:00 | Denese Hallahan | Wisbech Whs | female | Vet |
| 3 | 19:03:00 | Peter Horsnell | Chelmer CC | male | Vet |
| 4 | 19:04:00 | Andrew Porter | Welwyn Whs | male | Vet |
| 5 | 19:05:00 | Brian Martin | Ciclos Uno | male | Vet |
| 6 | 19:06:00 | Stewart Harrison | Kings Lynn CC | male | Vet |
| 7 | 19:07:00 | Stephen Watson | Hertfordshire Whs | male | Vet |
| 8 | 19:08:00 | Shay Giles | VC Elan - Harry Perry Cycles | male | Vet |
| 9 | 19:09:00 | Glen Clark | Ely & District CC/B&T Motor Repairs | male | Vet |
| 10 | 19:10:00 | John Royle | Fenland Clarion CC | male | Vet |
| 11 | 19:11:00 | Ann Shuttleworth | Cambridge CC | female | Vet |
| 12 | 19:12:00 | Anthony Bye | Wisbech Whs | male | Vet |
| 13 | 19:13:00 | David Hodsman | Dulwich Paragon CC | male | Senior |
| 14 | 19:14:00 | Nathan Franklin | Stowmarket & District CC | male | Senior |
| 15 | 19:15:00 | Dominic Whitehead | Cambridge CC | male | Vet |
| 16 | 19:16:00 | Graham Lawrenson | Hainault RC | male | Vet |
| 17 | 19:17:00 | Mark Vowells (Tricycle) | San Fairy Ann CC | male | Vet |
| 18 | 19:18:00 | Bob Quarton | Wolsey RC | male | Vet |
| 19 | 19:19:00 | Roger Sewell | Wisbech Whs | male | Vet |
| 20 | 19:20:00 | Susan Triplow | CC Sudbury | female | Vet |
| 21 | 19:21:00 | Adam Fisher | Cambridge CC | male | Senior |
| 22 | 19:22:00 | Paul Schofield | Ely & District CC/B&T Motor Repairs | male | Vet |
| 23 | 19:23:00 | Richard Mellor | Team Bottrill | male | Vet |
| 24 | 19:24:00 | Andrew Grant | Chelmer CC | male | Vet |
| 25 | 19:25:00 | Roy Rowland | Loose Cannon's Conditioning | male | Senior |
| 26 | 19:26:00 | Patrick Charlton | Wolsey RC | male | Vet |
| 27 | 19:27:00 | Chris Nudds | CC Breckland | male | Vet |
| 28 | 19:28:00 | John Golder | Chelmer CC | male | Vet |
| 29 | 19:29:00 | Michael Allen | Team Enable - M.I. Racing | male | Vet |

| Start Number | Start Time | Rider | Club | Gender | Category |
|--------------|------------|--------------------|-------------------------------------|--------|----------|
| 30 | 19:30:00 | Antony Stapleton | North Essex Velo | male | Vet |
| 31 | 19:31:00 | Graham Pepperdine | Verulam CC | male | Vet |
| 32 | 19:32:00 | Kevin Humphreys | Sherwood CC | male | Vet |
| 33 | 19:33:00 | Roger Porter | Verulam CC | male | Vet |
| 34 | 19:34:00 | Chris Dyason | Cambridge CC | male | Vet |
| 35 | 19:35:00 | Simon Butteriss | Ely & District CC/B&T Motor Repairs | male | Vet |
| 36 | 19:36:00 | Mark Halliday | North Bucks RC | male | Vet |
| 37 | 19:37:00 | Will Shepherd | Ely & District CC/B&T Motor Repairs | male | Vet |
| 38 | 19:38:00 | Jackie Field | CC Ashwell | female | Vet |
| 39 | 19:39:00 | Chris Tye | Plomesgate CC | male | Vet |
| 40 | 19:40:00 | Derek Ricketts | Ely & District CC/B&T Motor Repairs | male | Vet |
| 41 | 19:41:00 | Gerrard Rafferty | Bedfordshire Road CC | male | Vet |
| 42 | 19:42:00 | Karl Read | North Norfolk Whs | male | Vet |
| 43 | 19:43:00 | Gary Pamment | CC Sudbury | male | Vet |
| 44 | 19:44:00 | Michael Martin | CC Ashwell | male | Vet |
| 45 | 19:45:00 | Robert Watson | Cambridge CC | male | Vet |
| 46 | 19:46:00 | Glenn Taylor | Shorter Rochford RT | male | Vet |
| 47 | 19:47:00 | Matthew Peck | Ipswich BC | male | Vet |
| 48 | 19:48:00 | Paul Newman | Shorter Rochford RT | male | Vet |
| 49 | 19:49:00 | Iain Boardman | Dulwich Paragon CC | male | Vet |
| 50 | 19:50:00 | Ian Short | Team Salesengine.co.uk | male | Vet |
| 51 | 19:51:00 | Murat Ozdenya | Team Vision Racing - Silverhook | male | Vet |
| 52 | 19:52:00 | Jason Davies | Royal Air Force Cycling Association | male | Vet |
| 53 | 19:53:00 | Rory Havis | Ely & District CC/B&T Motor Repairs | male | Vet |
| 54 | 19:54:00 | Andrew Grant | Cambridge CC | male | Vet |
| 55 | 19:55:00 | Grant Orsborn | Bedfordshire Road RT | male | Vet |
| 56 | 19:56:00 | Terry Garlinge | Easterley Road Club | male | Vet |
| 57 | 19:57:00 | Stuart Fairweather | Loose Cannon's Conditioning | male | Vet |
| 58 | 19:58:00 | Robert Golding | Ely & District CC/B&T Motor Repairs | male | Vet |
| 59 | 19:59:00 | Max Sahota | Team Bottrill | male | Senior |
| 60 | 20:00:00 | Antony Brown | George Fox Cycling Solutions | male | Vet |
| 61 | 20:01:00 | Keith Dorling | Team Bottrill | male | Vet |

| Start Number | Start Time | Rider | Club | Gender | Category |
|---------------------|-------------------|------------------|---------------------------------|---------------|-----------------|
| 62 | 20:02:00 | Richard O'Rourke | Team Vision Racing - Silverhook | male | Vet |
| 63 | 20:03:00 | Mark Ellis | Mercedes AMG Petronas CC | male | Vet |
| 64 | 20:04:00 | Martin Reynolds | Cambridge CC | male | Vet |
| 65 | 20:05:00 | Richard Harrison | DRAG2ZERO | male | Vet |
| 66 | 20:06:00 | Alan Chorley | Seamons CC | male | Vet |
| 67 | 20:07:00 | Paul Jay | DRAG2ZERO | male | Vet |
| 68 | 20:08:00 | Matt O'Brien | Loose Cannon's Conditioning | male | Vet |
| 69 | 20:09:00 | Kevin Tye | VeloRefined Rule 5 | male | Vet |
| 70 | 20:10:00 | Mark Jones | DRAG2ZERO | male | Vet |
| 71 | 20:11:00 | Sam Brown | 6AM Cycling | male | Senior |
| 72 | 20:12:00 | Alan Murchison | HUUB WattShop | male | Vet |
| 73 | 20:13:00 | Richard Oakes | Team Ohten Aveas | male | Vet |