GS Metro

Rolling 26 mile sporting course - start and finish in Belsay

01/05/2021 10:00

M26

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

Headquarters

Sign on will be conducted from the lay by at the start. You are asked to arrive no earlier than 60 mins before your start time. No parking in the start area though you may pull in to sign on. Why not tide up to the event?

Route from HQ to start

Course details

START at Belsay on minor road 200 metres north of the junction with the A696 and B6524. Proceed north on minor road via Bolam Lake to junction with the B6343 (6.4 miles). Turn right on the B6343 through Hartburn to Dyke Neuk. Turn left on minor road and continue to T-junction. Turn left on minor road to Rothley Crossroads. Turn left on minor road to Scots Gap. Turn left in Scots Gap on the B6343, then first right on minor road in the direction of Belsay to FINISH opposite the start.

Local regulations

There are two tight hand corners on this course at the T junction of Scots Gap on the way out and the way back to Belsay. Cutting these corners will result in a DQ from the event

Organiser contact details

ben Lane
1 High Ridge View PRUDHOE
07720 054210

benhlane@hotmail.com

Time keepers/officials

Time Keepers - Sharon Dyson, Peter and Frances Schulz

Marshalls from GS Metro

Course records

Solo Male
57:55
Thomas Hutchinson
27-Jul-19 | GS Metro

Solo Female
1:08:17
Gemma Frost
27-Jul-19 | GS Metro

Solo Male (Junior)
1:05:33
Daniel Dixon
22-Jul-17 | gs metro

Awards/prizes

TBC

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

GS Metro

Start Number	Start Time	Rider	Club	Gender	Category
1	10:01:00	Joshua Hodgson	GS Metro	male	Senior
2	10:02:00	Joe Applegarth	Durham Triathlon Club	male	Vet
3	10:03:00	Clive Horton	Barnesbury CC	male	Vet
4	10:04:00	Richard Cleathero	North Racing	male	Vet
5	10:05:00	Nicholas Stevenson	Wearside Triathlon	male	Vet
6	10:06:00	Simon Emsley	Derwentside CC	male	Vet
7	10:07:00	Graeme Wardale	South Shields Velo Cycling Club	male	Vet
8	10:08:00	David Donaldson	Derwentside CC	male	Vet
9	10:09:00	Mark Reed	Tyneside Vagabonds CC	male	Vet
10	10:10:00	Jay Pitt	Team VC	male	Senior
11	10:11:00	Dougan Collins	Zurbaran Racing	male	Vet
12	10:12:00	David Purvis	Sunderland Clarion	male	Vet
13	10:13:00	Dan Venner	North Shields Polytechnic Club	male	Vet
14	10:14:00	Howie Buckingham	Allen Valley Velo	male	Vet
15	10:15:00	Hedley Fletcher	Blaydon CC	male	Vet
16	10:16:00	Lee Ridden	Reifen Racing	male	Vet
17	10:17:00	Paul Cottrell	Sunderland Clarion	male	Vet
18	10:18:00	Matty Smith	Muckle Cycle Club	male	Senior
19	10:19:00	Mark Whaley	Blaydon CC	male	Vet
20	10:20:00	Philip Kennell	GS Metro	male	Vet
21	10:21:00	Stuart Cook	Cestria C.C.	male	Vet
22	10:22:00	James Anderson	North Shields Polytechnic Club	male	Senior
23	10:23:00	Colin Blacklock	Muckle Cycle Club	male	Vet
24	10:24:00	Iain Katz	VO2MAX Race Team	male	Senior
25	10:25:00	Wilson-Jay Brown		male	Vet
26	10:26:00	Sarah Minto	North Tyneside Riders CC	female	Senior
27	10:27:00	Sarah Wilkinson	Blaydon CC	female	Vet
28	10:28:00	Deborah Hicks	North Tyneside Riders CC	female	Vet
29	10:29:00	Helen Ballard	Tricademy	female	Vet
30	10:30:00	Jane Massey		female	Vet

Start Number	Start Time	Rider	Club	Gender	Category
31	10:31:00	Jane Aston	Blaydon CC	female	Vet
32	10:32:00	Nicola McCoy	Muckle Cycle Club	female	Vet
33	10:33:00	Heather Gould	North Shields Polytechnic Club	female	Vet
34	10:34:00	Claire Harlow	Blaydon CC	female	Senior
35	10:35:00	Tracey Sample	Alnwick & District Triathlon Club	female	Vet
36	10:36:00	Rachel Galler	Blaydon CC	female	Senior
37	10:37:00	Lois Jarvis	North Tyneside Riders CC	female	Senior
38	10:38:00	Angela McGurk	Blaydon CC	female	Vet
39	10:39:00	Jen McMahon		female	Senior
40	10:40:00	Joanne Rea	Blaydon CC	female	Senior
41	10:41:00	Shaun Brannan	Muckle Cycle Club	male	Senior
42	10:42:00	Aidan Berry	North Tyneside Riders CC	male	Vet
43	10:43:00	Michael Lynch	Derwentside CC	male	Vet
44	10:44:00	John Lillie	North Tyneside Riders CC	male	Vet
45	10:45:00	Thomas Fletcher		male	Senior
46	10:46:00	Stephen Magrath	Blaydon CC	male	Senior
47	10:47:00	Mick Chappel	North Tyneside Riders CC	male	Vet
48	10:48:00	Kieran Graham	South Shields Velo Cycling Club	male	Senior
49	10:49:00	Barry Taylor	VO2MAX Race Team	male	Vet
50	10:50:00	Julian MacBride	Team Kirkley Cycles	male	Senior
51	10:51:00	Max Gott		male	Senior
52	10:52:00	Carl Foreman	Muckle Cycle Club	male	Senior
53	10:53:00	Alessandro Marvaldi	North Tyneside Riders CC	male	Vet
54	10:54:00	Shaun Wilkinson	Muckle Cycle Club	male	Senior
55	10:55:00	Peter Stokoe	Reifen Racing	male	Senior
56	10:56:00	Daniel Kane	Muckle Cycle Club	male	Senior
57	10:57:00	Stephen Locker	VO2MAX Race Team	male	Vet
58	10:58:00	Scott Hunter	Berwick Wheelers Cycling Club	male	Senior
59	10:59:00	Ian Gallon	North Tyneside Riders CC	male	Vet
60	11:00:00	Shaun Tyson	Protech Velo	male	Vet
61	11:01:00	Tim Irwin	Team Kirkley Cycles	male	Vet
62	11:02:00	Christopher Wilcock	Muckle Cycle Club	male	Senior
63	11:03:00	Mark Herbert	Derwentside CC	male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
64	11:04:00	Simon Crisp	Gosforth RC	male	Senior
65	11:05:00	Chris Burns	Reifen Racing	male	Vet
66	11:06:00	Alex Cunningham	Vector Racing	male	Senior
67	11:07:00	Garry Greenaway	Berwick Wheelers Cycling Club	male	Vet
68	11:08:00	Jacob Anderson	South Shields Velo Cycling Club	male	Senior
69	11:09:00	Matt Ellis	North Tyneside Riders CC	male	Vet
70	11:10:00	Graham Crammond	Vector Racing	male	Senior
71	11:11:00	Peter Hawkins	Muckle Cycle Club	male	Senior
72	11:12:00	Richard Exley	Gosforth RC	male	Vet
73	11:13:00	Christopher Beaty	Allen Valley Velo	male	Senior
74	11:14:00	Tim Nichol	Blaydon CC	male	Senior
75	11:15:00	John Bowman	Muckle Cycle Club	male	Senior
76	11:16:00	Joe Dixon	Team VC	male	Junior
77	11:17:00	Benjamin Johnston	Racing Metro 15	male	Espoir
78	11:18:00	Kieron Campbell	North Tyneside Riders CC	male	Espoir
79	11:19:00	Daniel Holmes	Derwentside CC	male	Espoir
80	11:20:00	Josh Charlton		male	Espoir
81	11:21:00	Simon Gibbs	Reifen Racing	male	Vet
82	11:22:00	Daniel Moore	Muckle Cycle Club	male	Senior
83	11:23:00	Joe Leiserach	Blaydon CC	male	Senior
84	11:24:00	Keith Sibbald	Zeus CRT	male	Vet
85	11:25:00	James Hadfield	Blaydon CC	male	Senior
86	11:26:00	Chris Mather	Derwentside CC	male	Vet
87	11:27:00	Richard Nichol	Cestria C.C.	male	Vet
88	11:28:00	Philip Parsley	Muckle Cycle Club	male	Senior
89	11:29:00	Neil Payton	Barnesbury CC	male	Vet
90	11:30:00	Carl Donaldson	GS Metro	male	Vet
91	11:31:00	Colin Atkinson	Muckle Cycle Club	male	Vet
92	11:32:00	Kevin Kendall	Sun City Tri	male	Senior
93	11:33:00	Adam Harrison	Barnesbury CC	male	Senior
94	11:34:00	Noel Stoddart	Blaydon CC	male	Vet
95	11:35:00	Adam Smith	Team Kirkley Cycles	male	Senior
96	11:36:00	Mal Gray	Reifen Racing	male	Vet
97	11:37:00	Phil Cook	Team VC	male	Vet
98	11:38:00	Andy Niven	VO2MAX Race Team	male	Senior
99	11:39:00	James Gunn	Blaydon CC	male	Senior
100	11:40:00	Tommy Murray	GS Metro	male	Senior