



# **Bedfordshire Road Cycling Club (BRCC)**

## **Charity Open 25 mile Time Trial**

**01/08/2021 06:30**

**F1B/25**

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.



## Headquarters

**Event HQ:** Stuart Memorial Hall Car Park, Church Street, Tempsford, Sandy, SG19 2AW. Car park will be open from 6:00am.

### Event Headquarters and Sign On

Stuart Memorial Hall, Church Street, Tempsford, Sandy, SG19 2AW  
(motor access is from street through the village, not directly from A1)

- The Hall will be open from 06:00 – for toilet facilities only
- Sign on & numbers will be available outside the front of the Hall from 06:00
- No shoe plates are to be worn within the hall
- Junior competitors must present a completed Parental Consent Form at sign on (or bring a parent to fill one in).

## Route from HQ to start

### Directions to the start-line:

- Follow Church Street away from HQ and ride out of the village up the hill.
- Take the first left at the RAB and cross over the A1.
- Take the first left at the next RAB and continue alongside the A1.
- Continue on this road for approximately a mile and the start is on the right-hand side.
- Give yourself 10-15 mins to reach the start from HQ.

### Directions from the finish line:

- After passing the finish line on the A1, Pull in safely at the layby just past the pedestrian fly-over and ride back along the pathway.
- This will lead you back to the car park at HQ.

## Course details

START (GR163538) on B1043, 250 yards south of Station Rd., Tempsford; 26yards south of lamp-post B9 and 38 yards north of 1st. drain south of lamp-post B9. Proceed south, straight on at 1st. RAB to join A1 (CARE) and continue over Sandy, North Biggleswade (Warden Lane) and South Biggleswade RABs to:- TURN (12.51 miles) by bearing left onto slip road at commencement of A1(M) approx. 2miles north of Baldock. Encircle RAB beneath motorway (junction with A507) and up slip road to rejoin A1 northbound carriageway. Retrace outward route over all RABs to:- FINISH (GR162537) on A1, approx 500 yards north of Tempsford Village Hall and 200yards south of footbridge over A1, at the railings on south side of entry to Anglia Water building. Police Area(s) Bedfordshire

## Local regulations

If you feel unwell or are subject to local lockdown restrictions then please do not race.

- This event will be run from the car park of the Stuart Memorial Hall in Tempsford.
- There are toilet facilities in the Village Hall.
- Do not congregate in groups and keep a social distance of at least 2m where possible.
- Race numbers will have been cleaned prior to the event and will be handed out individually.
- Do not pick up your number yourself. Return numbers to the bucket provided after the event.
- We encourage you to bring your own pen to sign in/out and to use your own pins if possible, however pens, pins and sanitiser gel will be provided.
- Please adhere to the social distancing rules when queuing for the toilet and when signing in/out.
- You must sign out when returning your number. Failure to do so will result in disqualification.
- No more than 3 riders at the start line at any one time.
- There will be no pusher-off.
- All riders must have a working rear red light. No light, no ride, no exception.
- Refreshments will be provided in the HQ Hall.
- All results will be posted on the CTT website following the event.
- Do not approach or distract the time-keeper for your time.

We appreciate that some of these rules are an inconvenience, but they must be followed so we can continue to race during these difficult times.

## Local Regulations and Instructions

- No U turns to be made in sight of start or finish whilst on the road or anywhere on the A1.
- No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish.
- No parking south of the Wheatsheaf Pub
- Due to complaints from residents you **MUST** park away from houses.
- Absolutely no parking on any part of the course, at any time.
- **NO WARMING UP ON STATION ROAD**, Tempsford, 700 yards north of start point.
- You are reminded to ride on the Left Hand Side of the road except for safe overtaking, in accordance with CTT Regulation 20.
- Any infringement of these regulations / instructions could result in disqualification.

## IMPORTANT SAFETY NOTICE

- In the interests of your own safety, Cycling Time Trials and the event promoter strongly advise you to wear a hard-shell Helmet that meets an internationally accepted standard.
- In accordance with Regulation 15 - ALL JUNIOR competitors must wear Protective Hard-Shell Helmets.
- All riders must start with a working rear light either flashing or constant.

## Organiser contact details

If you are unable to attend then please do let me know

Have a good ride and stay safe

Ian McDonnell  
Bedfordshire Road Cycling Club (BRCC)  
07876 682890  
ian.m.mcdonnell@gmail.com

## Time keepers/officials

### Course records

#### Solo Male

48:30

Ashley Cox

02-Aug-20 | Bedfordshire Road Cycling Club

#### Solo Female

55:33

Emily Robertson

02-Jun-19 | Bossard Wheelers CC (Charity Event)(90 riders)

#### Solo Male (Junior)

53:39

Adam Charleston

02-Aug-20 | Bedfordshire Road Cycling Club

#### Solo Female (Junior)

1:01:08

Elizabeth Marvely

29-Jul-18 | verulam cc

#### Tandem

59:59

Richard May, David Shannon

02-Jun-19 | Bossard Wheelers CC (Tandems)(fee per rider)(Charity Event)

## **Awards/prizes**

This is a charity event and so no prize money is on offer.

All proceeds will go to the following charity - Sue Ryder St John's Hospice, Moggerhanger

## **NOTES TO COMPETITORS:**

### 17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

# Startsheet

## Bedfordshire Road Cycling Club (BRCC)

Start Number	Start Time	Rider	Club	Gender	Category
1	06:31:00	Issy Zimmerman	Verulam Really Moving	Male	Vet
2	06:32:00	David Heath	Bedfordshire Road CC	Male	Vet
3	06:33:00	Sophie Lee	Team Catenary	Female	Vet
4	06:34:00	Caroline Wyke	CC Sudbury	Female	Vet
5	06:35:00	Ed Stivala	Bedfordshire Road CC	Male	Vet
6	06:36:00	Norman King	St Neots CC	Male	Vet
7	06:37:00	Nicholas Preston	CC London	Male	Vet
8	06:38:00	Miriam Taylor-Carter	Bedfordshire Road CC	Female	Vet
9	06:39:00	Mark Gray	Bedfordshire Road RT	Male	Vet
10	06:40:00	Gareth Daniels	Icknield RC	Male	Senior
11	06:41:00	Mark Bicknell	CC Luton	Male	Vet
12	06:42:00	John Curtin	Hitchin Nomads CC	Male	Vet
13	06:43:00	Stephen Butterworth	St Ives CC	Male	Vet
14	06:44:00	Philip Wilkinson	Milton Keynes RC	Male	Vet
15	06:45:00	Jim Robertson	St Neots CC	Male	Vet
16	06:46:00	Charles Page	Ribble Weldtite Pro Cycling	Male	Espoir
17	06:47:00	Thomas Walker	Cambridge University CC	Male	Senior
18	06:48:00	Dominic Whitehead	Cambridge CC	Male	Vet
19	06:49:00	Philip Skinner	Welwyn Whs	Male	Vet
20	06:50:00	Paul Breeze	Peterborough CC	Male	Vet
21	06:51:00	David Yates	High Wycombe CC	Male	Vet
22	06:52:00	Graham Pepperdine	Verulam CC	Male	Vet
23	06:53:00	Stefan Hurst	Ronde Cycling Club	Male	Senior
24	06:54:00	Oswin Grady	Bedfordshire Road CC	Male	Vet
25	06:55:00	Ian Bibby	Finsbury Park CC	Male	Vet
26	06:56:00	Sean McDougall	Icknield RC	Male	Vet
27	06:57:00	Chris Symonds	North Road CC	Male	Vet
28	06:58:00	Mark Booth	Spalding CC	Male	Vet
29	06:59:00	Jon Friend	Bedfordshire Road RT	Male	Vet
30	07:00:00	Adam Quilter	High Wycombe CC	Male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
31	07:01:00	Loz Staples	Velo-One Cycling Team (Staples Vegetables-Great British Farmers)	Male	Vet
32	07:02:00	Andy King	Kettering CC	Male	Vet
33	07:03:00	David Creese	Chronos RT	Male	Vet
34	07:04:00	Stan Nwaka	Verulam CC	Male	Vet
35	07:05:00	Richard Moule	Bossard Whs	Male	Vet
36	07:06:00	Noel Toone	Kettering CC	Male	Vet
37	07:07:00	Mark Halliday	North Bucks RC	Male	Vet
38	07:08:00	Elsbeth Grace	Cambridge University CC	Female	Espoir
39	07:09:00	Anneleen Bosma	Bianchi Dama	Female	Senior
40	07:10:00	Allison Kaye	Verulam CC	Female	Vet
41	07:11:00	Robert Barker	Kettering CC	Male	Vet
42	07:12:00	Adrian Gower	Hitchin Nomads CC	Male	Vet
43	07:13:00	Steve Clarke	TMG Horizon Cycling Team	Male	Vet
44	07:14:00	Roger Sewell	Wisbech Whs	Male	Vet
45	07:15:00	Alan Crane	Chronos RT	Male	Vet
46	07:16:00	David Bagdan	Oxonian CC	Male	Senior
47	07:17:00	Richard Tully	Elite Cycling	Male	Vet
48	07:18:00	Mike Watson	Lowestoft Wheelers Cycling Club	Male	Vet
49	07:19:00	Peter Richards	Icknield RC	Male	Vet
50	07:20:00	Ben Farrer	Vector Cycling Race Team	Male	Senior
51	07:21:00	Sam Barker	Kettering CC	Male	Vet
52	07:22:00	Adrian Cox	Team Milton Keynes	Male	Vet
53	07:23:00	Dave Clark	Orwell Velo	Male	Vet
54	07:24:00	Jason Stuart	Team Salesengine.co.uk	Male	Vet
55	07:25:00	Andrew Halliday	Westerley Cycling Club	Male	Vet
56	07:26:00	Euan Tebbutt	Cambridge University CC	Male	Senior
57	07:27:00	Peter Lloyd	Lindfield Coffee Works	Male	Vet
58	07:28:00	Alex Purcell	CC Sudbury	Male	Senior
59	07:29:00	Howard Waller	Python RT	Male	Vet
60	07:30:00	Andy Sharman	Team Bottrill	Male	Vet
61	07:31:00	Steve Tooke	The Bike Loft	Male	Vet
62	07:32:00	Jack Patmore	George Fox Cycling Solutions	Male	Senior
63	07:33:00	Adam Fisher	Cambridge CC	Male	Senior
64	07:34:00	Martin Reynolds	Cambridge CC	Male	Vet
65	07:35:00	Luke Clarke	TMG Horizon Cycling Team	Male	Senior
66	07:36:00	Joshua Wallis	Spalding CC	Male	Senior
67	07:37:00	Hayley Simmonds	CAMS Racing	Female	Senior
68	07:38:00	Ian Markham	Chronos RT	Male	Vet
69	07:39:00	Dave Johnson	VC 10	Male	Vet

<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
70	07:40:00	George Fox	George Fox Cycling Solutions	Male	Senior
71	07:41:00	Fabos Young	George Fox Cycling Solutions	Male	Vet
72	07:42:00	Ross Clarke	TMG Horizon Cycling Team	Male	Senior
73	07:43:00	Ashley Cox	Team Bottrill	Male	Senior