

FTP Racing - Hillclimb -23-10-2021-

**thank you for entering the event on the new UH16 course ,
this is our first hill climb promotion so we hope you enjoy
it**

23/10/2021 09:00

UH16

Promoted for and on behalf of Cycling Time Trials under its rules and regulations.

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Headquarters

Long Ashton Community Centre

Keedwell Hill , Long Ashton ,

Bristol BS41 9DP

please note the HQ will be open at around 8 am, there is plenty of parking on site or nearby, we have Redbull and Stimulatte Coffee (if youve been to our events before you will be very happy to hear steve is on site) NopinZ and Bomber Bikeworks will also be in attendance

Route from HQ to start

[HQ to start - Hill climb | 1.3 mi Road Cycling Route on Strava](#)

from the HQ turn right towards the main road , when you get to the junction take a left, follow the road right through where you reach the junction to the start , you will see a marshal on bank area before the left turn to the start , please wait there to be called forward to the start so we dont have riders hanging around on the road waiting to start, we can offer a pusher off, please just let them know if you dont require one

For the Finish back to the HQ we ask you continue past teh finish and turn left at the lights to retrace back to the HQ to save riders going back down the course road, its pretty much the smae distance and will make the race safer for those still out on course .many thanks [Finish to HQ - Hill climb | 3.2 mi Road Cycling Route on Strava](#)

Course details

[FTP racing Hill climb -23rd oct -2021 | 1.4 mi Road Cycling Route on Strava](#)

the new UH16 course starts at the bottom of Clarcken coombe hill in the hardstanding area just in front of the drain cover , proceeding up Clarcken Coombe hill with the finish at the weight limit sign just before the enterence for the Bristol Gramer School playing fields .

from the finish please take this route back to the HQ to save riders being on both sides of the road on the course and the distance is pretty much exatly the same as trying to go back the way you came [Finish to HQ - Hill climb | 3.2 mi Road Cycling Route on Strava](#) many thanks

Local regulations

please be mindful of traffic turning into providence hill and the golf club both on your left hand side and also after the finish cars turning into the playing fields

Organiser contact details

Billy Oliver
231 New Cheltenham Road Bristol
07487584188

ftpcyclecoaching@gmail.com

Time keepers/officials

Andy Greatwood and Dennis Davies start and finish time keepers

Course records

Brand new course so teh winners today will be crowned as course record holders also

Awards/prizes

we have a huge prizelist which will be finalised before the day , including spot prizes

NOTES TO COMPETITORS:

17. Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Startsheet

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Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Simon Davis	VTTA (Midlands)	Male	Vet
2	09:02:00	Kate MacTear	Bristol South Cycling Club	Female	Senior
3	09:03:00	William Hamilton	FTP RC	Male	Senior
4	09:04:00	Samuel Burrell	Clapham Chasers	Male	Senior
5	09:05:00	Emily Kate Walton	Bristol South Cycling Club	Female	Senior
6	09:06:00	Christopher Davis	Giant CC Halo Films	Male	Vet
7	09:07:00	Roger Sheridan	North Devon Wheelers	Male	Vet
8	09:08:00	Lizi Brooke	Socks4Watts Race Team	Female	Senior
9	09:09:00	Thomas Bowden	FTP RC	Male	Senior
10	09:10:00	Nicki Carr	FTP RC	Female	Senior
11	09:11:00	Cameron Leslie	Royal Air Force Cycling Association	Male	Senior
12	09:12:00	Alistair Roberts	University of Bristol Cycling Club (UOBCC)	Male	Senior
13	09:13:00	Stefan Hoole	Velo Club Bristol	Male	Senior
14	09:14:00	Bob Symons	PDQ Cycle Coaching	Male	Vet
15	09:15:00	David Bolton	Bristol South Cycling Club	Male	Vet
16	09:16:00	Isabella McNally	Westbury Wheelers	Female	Senior
17	09:17:00	Benjamin Alexander	University of Bristol Cycling Club (UOBCC)	Male	Senior
18	09:18:00	Paul Derrick	Sodbury Cycle Sport	Male	Senior
19	09:19:00	Tom Wall	Bristol Road Club	Male	Senior
20	09:20:00	William Scott	Bristol South Cycling Club	Male	Senior
21	09:21:00	Wayne Williams	PeaceFIT Racing	Male	Senior
22	09:22:00	Ole Bainbridge	Bristol Road Club	Male	Espoir
23	09:23:00	Ollie Smith	Paceline RT	Male	Senior
24	09:24:00	Daniel Colman	Arctic Aircon RT	Male	Senior
25	09:25:00	Matthew Skeats	University of Bristol Cycling Club (UOBCC)	Male	Senior
26	09:26:00	Lizzie Donkin	Southampton University Road Cycling Club (SURC)	Female	Senior
27	09:27:00	Josie Harcourt	Avid Sport	Female	Senior
28	09:28:00	Mark Shepherd	Stourbridge CC	Male	Vet
29	09:29:00	Steve Thomas	Bristol Road Club	Male	Vet

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Start Number	Start Time	Rider	Club	Gender	Category
30	09:30:00	Charlie Lacaille	University of Bristol Cycling Club (UOBCC)	Male	Senior
31	09:31:00	Jacob Johnson	Bristol South Cycling Club	Male	Juvenile
32	09:32:00	Daniel Eastment	1st Chard Wheelers	Male	Vet
33	09:33:00	Arion Oates	PDQ Cycle Coaching	Male	Senior
34	09:34:00	Hannah Bayes	Saint Piran	Female	Senior
35	09:35:00	Benjamin Collins	Clevedon & District Road Club	Male	Juvenile
36	09:36:00	Ben Millar	Team Tor 2000 KALAS	Male	Senior
37	09:37:00	Emily Slavin	Avid Sport	Female	Senior
38	09:38:00	Rosie Wayland	FTP RC	Female	Senior
39	09:39:00	Robert Borek	Bristol South Cycling Club	Male	Senior
40	09:40:00	Karl Norris	360VRT	Male	Vet
41	09:41:00	Glyndwr Griffiths	73 Degrees Bicycles, WestSide Coaching rt	Male	Vet
42	09:42:00	Harvey Thomas	Bristol Road Club	Male	Junior
43	09:43:00	Tom Nancarrow	NopinZ Motip Race Team	Male	Senior
44	09:44:00	Carl Jolly	73 Degrees Bicycles, WestSide Coaching rt	Male	Senior
45	09:45:00	Andrew Kirby	73 Degrees Bicycles, WestSide Coaching rt	Male	Senior
46	09:46:00	Phil Stonelake	Bristol Road Club	Male	Vet
47	09:47:00	Charlotte Davies	FTP RC	Female	Senior