

# Startsheet

## Port Talbot Whs (2up TTT)(fee per rider)

Start Number	Start Time	Rider	Club	Gender	Category
1	10:02:00	Emma Davies	Port Talbot Whs CC	Female	Vet
2	10:02:00	Shirley Howell	Port Talbot Whs CC	Female	Vet
3	10:04:00	Robert Saunders	North Bucks RC	Male	Vet
4	10:04:00	Gerard Oram	Bynea Cycling Club	Male	Vet
5	10:06:00	Ella Barnwell	Towy Riders Cycle Club	Female	Espoir
6	10:06:00	Anthony Jones	Towy Riders Cycle Club	Male	Vet
7	10:08:00	Andrew Rees	Narberth Dynamos Cycling Club	Male	Vet
8	10:08:00	Huw Morgan	Narberth Dynamos Cycling Club	Male	Vet
9	10:10:00	Robert Hall	Cycle Specific	Male	Senior
10	10:10:00	James Manson	Cardiff Triathletes	Male	Vet
11	10:12:00	Lee Summers	ATAC - Ammanford Triathlon And Cycling	Male	Vet
12	10:12:00	Darren Davies	ATAC - Ammanford Triathlon And Cycling	Male	Senior
13	10:14:00	Diccon Hill	Cardiff 100 Miles RCC	Male	Vet
14	10:14:00	Robert Jones	Cardiff 100 Miles RCC	Male	Vet
15	10:16:00	Craig Burrows	Pedalcover Insurance	Male	Senior
16	10:16:00	James Grandfield	Pedalcover Insurance	Male	Senior
17	10:18:00	Ian Liddiatt	Cardiff Triathletes	Male	Vet
18	10:18:00	Tej Quine	Cardiff Triathletes	Female	Vet
19	10:20:00	Tristian Manning	ATAC - Ammanford Triathlon And Cycling	Male	Senior
20	10:20:00	Jason Murphy	ATAC - Ammanford Triathlon And Cycling	Male	Vet
21	10:22:00	Iago Williams	Towy Riders Cycle Club	Male	Junior
22	10:22:00	Emyr Griffiths	Towy Riders Cycle Club	Male	Vet
23	10:24:00	Julian Brock	Port Talbot Whs CC	Male	Vet
24	10:24:00	Ross Morgan	Port Talbot Whs CC	Male	Senior
25	10:26:00	Gareth Jehu	Merthyr CC	Male	Vet
26	10:26:00	Blaine Phelps	Merthyr CC	Male	Vet
27	10:28:00	Gareth Rees	Tenby Aces CC	Male	Vet
28	10:28:00	Nick Logan	Tenby Aces CC	Male	Vet
29	10:30:00	Karl Randell	Swansea Wheelers/CS Abertawe	Male	Senior

Start Number	Start Time	Rider	Club	Gender	Category
30	10:30:00	Trevor Lloyd	Swansea Wheelers/CS Abertawe	Male	Vet
31	10:32:00	Nicholas Forbes	Bynea Cycling Club	Male	Vet
32	10:32:00	Caryl Williams-Ford	Bynea Cycling Club	Female	Vet
33	10:34:00	Paul John	ATAC - Ammanford Triathlon And Cycling	Male	Vet
34	10:34:00	Richard Jones	ATAC - Ammanford Triathlon And Cycling	Male	Senior
35	10:36:00	Richard Lloyd	Pontypool Road Cycling Club	Male	Vet
36	10:36:00	Wayne Thomas	Pontypool Road Cycling Club	Male	Vet
37	10:38:00	Hollie Labunsky	Port Talbot Whs CC	Female	Senior
38	10:38:00	David Hendry	Port Talbot Whs CC	Male	Vet
39	10:40:00	Gareth Pymm	Team Bottrill	Male	Senior
40	10:40:00	Stephanie Post	Team Bottrill	Female	Senior
41	10:42:00	Rhys Jones	Rhondda Triathlon Club	Male	Senior
42	10:42:00	Stuart Howe	Rhondda Triathlon Club	Male	Vet
43	10:44:00	John Thomas	ATAC - Ammanford Triathlon And Cycling	Male	Vet
44	10:44:00	Meurig Griffiths	ATAC - Ammanford Triathlon And Cycling	Male	Vet
45	10:46:00	Steven Madeley	Ogmore Valley Wheelers	Male	Vet
46	10:46:00	Terry Anthony	Ogmore Valley Wheelers	Male	Vet
47	10:48:00	Dave Williams	Cycle Specific	Male	Vet
48	10:48:00	Greg Williams	Cycle Specific	Male	Senior
49	10:50:00	Chris Massey	CES Sport	Male	Vet
50	10:50:00	Michiel Vaal	CES Sport	Male	Vet
51	10:52:00	John Jones	ATAC - Ammanford Triathlon And Cycling	Male	Vet
52	10:52:00	Mark Thomas	ATAC - Ammanford Triathlon And Cycling	Male	Vet
53	10:54:00	Paul Rees	Bynea Cycling Club	Male	Vet
54	10:54:00	Brad Davies	Bynea Cycling Club	Male	Vet
55	10:56:00	Will Bevan	Ross on Wye & Dist CC	Male	Senior
56	10:56:00	Paul Stephens	Ross on Wye & Dist CC	Male	Vet
57	10:58:00	Alex Picton	Cardiff Triathletes	Male	Senior
58	10:58:00	Huw Neale	Cardiff Triathletes	Male	Senior
59	11:00:00	Ben Jones	Cycle Specific	Male	Senior
60	11:00:00	Christopher Davies	Cycle Specific	Male	Senior

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
61	11:02:00	Mark Williams	ATAC - Ammanford Triathlon And Cycling	Male	Vet
62	11:02:00	Sion Slyman	ATAC - Ammanford Triathlon And Cycling	Male	Senior
63	11:04:00	Amanda Davies	Bynea Cycling Club	Female	Vet
64	11:04:00	Elizabeth John	Bynea Cycling Club	Female	Vet
65	11:06:00	Dean Ware	Team Backstedt Bike Performance	Male	Senior
66	11:06:00	Lee Gaughan	Team Backstedt Bike Performance	Male	Vet
67	11:08:00	Vinal Patel	ATAC - Ammanford Triathlon And Cycling	Male	Senior
68	11:08:00	Dewi Slyman	ATAC - Ammanford Triathlon And Cycling	Male	Senior
69	11:10:00	Andy Davies	Cardiff Jif	Male	Senior
70	11:10:00	Andy Hoskins	Cardiff Jif	Male	Senior
71	11:12:00	Gavin Lewis	ATAC - Ammanford Triathlon And Cycling	Male	Senior
72	11:12:00	Stephen Griffiths	Merthyr CC	Male	Vet
73	11:14:00	Amanda Lane	Bynea Cycling Club	Female	Senior
74	11:14:00	Darrel Williams	Bynea Cycling Club	Male	Vet
75	11:16:00	David Hawkins	Cardiff Triathletes	Male	Senior
76	11:16:00	Lars Luckoff	Cardiff Triathletes	Male	Senior
77	11:18:00	Philip Thomas	Rhondda Triathlon Club	Male	Senior
78	11:18:00	Carol Bridge	Rhondda Triathlon Club	Female	Senior
79	11:20:00	Lee Perrott	Cycle Specific	Male	Vet
80	11:20:00	Philip Tucker	Cycle Specific	Male	Senior