

# Startsheet

## Cardiff 100 Miles RCC

Start Number	Start Time	Rider	Club	Gender	Category
1	09:01:00	Robert Jones	Cardiff 100 Miles RCC	Male	Vet
2	09:02:00	David Singleton	Acme Whs (Rhondda) CC	Male	Vet
3	09:03:00	Alan Cooper	Avonlea/Treasure RT	Male	Vet
4	09:04:00	Philip Burgin	Newbury RC	Male	Vet
5	09:05:00	Chris Fishbourne	Team Backstedt Bike Performance	Male	Vet
6	09:06:00	Mike Amery	VC Sevale (Malvern)	Male	Vet
7	09:07:00	Martin Stanley	Worcester St. Johns CC	Male	Vet
8	09:08:00	Clare Greenwood	Bush Healthcare CRT	Female	Vet
9	09:09:00	David Davies	Cwmcarn Paragon Road Club	Male	Vet
10	09:10:00	Darren Yarwood	Vive Le Velo	Male	Vet
11	09:11:00	Christopher Owram	Severn Valley Cycles	Male	Senior
12	09:12:00	Dean Prosser	Hereford & Dist Whs CC	Male	Vet
13	09:13:00	Susan Shook	Bush Healthcare CRT	Female	Vet
14	09:14:00	David Steel	Hereford & Dist Whs CC	Male	Vet
15	09:15:00	Thomas Shuker	Walsall Roads Cycling Club	Male	Senior
16	09:16:00	Carlo Toledo	Gloucester City Cycling Club	Male	Vet
17	09:17:00	Vincent Douglas	Gloucester City Cycling Club	Male	Vet
18	09:18:00	John Aspell	Forza RT	Male	Vet
19	09:19:00	Roger Wakeling	Antelope Racing Team	Male	Vet
20	09:20:00	Luke Cornish	Cwmcarn Paragon Road Club	Male	Senior
21	09:21:00	Martin Osman	CC Giro	Male	Vet
22	09:22:00	Simon Witts	Gloucester City Cycling Club	Male	Vet
23	09:23:00	Rikky Hughes	Worcester St. Johns CC	Male	Senior
24	09:24:00	Ali Charles	Gloucester City Cycling Club	Female	Vet
25	09:25:00	Neil Poulton	Abergavenny RC	Male	Senior
26	09:26:00	Chris Goulden	Merthyr CC	Male	Vet
27	09:27:00	Garry Shuker	Walsall Roads Cycling Club	Male	Vet
28	09:28:00	Michael Williams	Hereford & Dist Whs CC	Male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
29	09:29:00	Matthew Stevens	Gloucester City Cycling Club	Male	Senior
30	09:30:00	Dean Ware	Team Backstedt Bike Performance	Male	Senior
31	09:31:00	Steffan Roberts	Ystwyth CC	Male	Senior
32	09:32:00	Digby Rusling	Royal Dean Forest Cycle Club	Male	Vet
33	09:33:00	Brad Davies	Bynea Cycling Club	Male	Vet
34	09:34:00	Ed Hadley	Hereford & Dist Whs CC	Male	Vet
35	09:35:00	Paul Hayward	Pontypool Road Cycling Club	Male	Vet
36	09:36:00	Owen Burgess	Newport Phoenix CC	Male	Senior
37	09:37:00	Terry Anthony	Ogmore Valley Wheelers	Male	Vet
38	09:38:00	Paul Mulready	Stourbridge Velo	Male	Vet
39	09:39:00	Kevin Grant	Frome and District Wheelers	Male	Vet
40	09:40:00	Christopher Gibbard	Bynea Cycling Club	Male	Senior
41	09:41:00	Richard Coleman	Stourbridge Velo	Male	Vet
42	09:42:00	Jon Wiggins	Frome and District Wheelers	Male	Senior
43	09:43:00	Deborah Sheridan	Warwickshire Road Club	Female	Vet
44	09:44:00	Peter Murrieri	NFTO CC	Male	Vet
45	09:45:00	Steven Powell	Team Backstedt Bike Performance	Male	Vet
46	09:46:00	Andrew Derrick	Portishead Cycling Club	Male	Vet
47	09:47:00	John J Murphy	Gloucester City Cycling Club	Male	Vet
48	09:48:00	John Shehan	Bynea Cycling Club	Male	Vet
49	09:49:00	Patrick Jerome	Ride Bike Wales	Male	Vet
50	09:50:00	Chris Massey	Team Backstedt Bike Performance	Male	Vet
51	09:51:00	Gareth Jones	Clevedon & District Road Club	Male	Vet
52	09:52:00	Stu Hammond	Team Backstedt Bike Performance	Male	Vet
53	09:53:00	Michelle Fishbourne	Team Backstedt Bike Performance	Female	Vet
54	09:54:00	Russell Boon	Avonlea/Treasure RT	Male	Vet
55	09:55:00	Carwyn Davies	Cwmcarn Paragon Road Club	Male	Vet
56	09:56:00	Rob Jones	Cardiff Ajax CC	Male	Vet

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

<b>Start Number</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>	<b>Gender</b>	<b>Category</b>
57	09:57:00	Marco Marletta	Cardiff Jif	Male	Vet
58	09:58:00	Adrian Osborn	Stratford Cycling Club	Male	Vet
59	09:59:00	Derek Morgan	Gannet CC	Male	Vet
60	10:00:00	Dean Robson	Northover VT / Rudy Project / SCS	Male	Senior
61	10:01:00	Simon Adcook	Worcester St. Johns CC	Male	Vet
62	10:02:00	Owain Roberts	Team Backstedt Bike Performance	Male	Senior
63	10:03:00	Robert Smith		Male	Vet
64	10:04:00	Hollie Labunsky	Port Talbot Whs CC	Female	Senior
65	10:05:00	Simon Garrett	Worcester St. Johns CC	Male	Vet
66	10:06:00	Martin Millington	Stratford Cycling Club	Male	Vet
67	10:07:00	Andy Kelly	Bristol South Cycling Club	Male	Vet
68	10:08:00	Roger Wood	Pontypool Road Cycling Club	Male	Vet
69	10:09:00	Barry Williams	Cardiff 100 Miles RCC	Male	Vet
70	10:10:00	Harry Tanfield	Cleveland Wheelers CC	Male	Senior
71	10:11:00	Phill Sykes	Velo Club St Raphael	Male	Vet
72	10:12:00	Jim Beales	Dursley Road Club	Male	Vet
73	10:13:00	Mike Parry	Hereford Triathlon Club	Male	Vet