

Startsheet

Port Talbot Whs (4-up ttt) (fee per rider)

Start Number	Start Time	Rider	Club	Gender	Category
Reserve	--	Stuart Edgar	Cardiff Triathletes	Male	Senior
Reserve	--	Harry Lewis	London Dynamo	Male	Senior
Reserve	--	Carson Pryce	Cardiff Triathletes	Male	Senior
Reserve	--	David Mort	Cardiff Triathletes	Male	Senior
1	18:03:00	David Triggs	Port Talbot Whs CC	Male	Vet
2	18:03:00	Alan Jones	Port Talbot Whs CC	Male	Vet
3	18:03:00	Gareth Davies	Port Talbot Whs CC	Male	Vet
4	18:03:00	Andrew Rees	Port Talbot Whs CC	Male	Vet
5	18:06:00	Nigel Pitt	Bynea Cycling Club	Male	Vet
6	18:06:00	Wayne Evans	Bynea Cycling Club	Male	Vet
7	18:06:00	Andrew Grist	Bynea Cycling Club	Male	Vet
8	18:06:00	Brad Davies	Bynea Cycling Club	Male	Vet
9	18:09:00	Katherine Brace	Tenby Aces CC	Female	Senior
10	18:09:00	Anto Ohara	Tenby Aces CC	Female	Vet
11	18:09:00	Stephanie Waring	Tenby Aces CC	Female	Vet
12	18:09:00	Julie Andrasko	Tenby Aces CC	Female	Vet
13	18:12:00	Matt Broadhurst	Pembrokeshire Velo	Male	Vet
14	18:12:00	Andrew Rees	Narberth Dynamos Cycling Club	Male	Vet
15	18:12:00	Jon Williams	Team NBCC	Male	Senior
16	18:12:00	Tim Brace	Team NBCC	Male	Vet
17	18:15:00	Jamie Silvester	Tenby Aces CC	Male	Senior
18	18:15:00	Huw Bridges	Tenby Aces CC	Male	Vet
19	18:15:00	Carlton Coates	Tenby Aces CC	Male	Vet
20	18:15:00	David Poole	Tenby Aces CC	Male	Vet
21	18:18:00	Michael Bevan	Bynea Cycling Club	Male	Vet
22	18:18:00	Anthony Evans	Bynea Cycling Club	Male	Vet
23	18:18:00	David Greenway	Bynea Cycling Club	Male	Vet
24	18:18:00	Paul Rees	Bynea Cycling Club	Male	Vet
25	18:21:00	Colin Barrett	Tenby Aces CC	Male	Vet
26	18:21:00	Paul Slack	Tenby Aces CC	Male	Vet
27	18:21:00	David Lewis	Tenby Aces CC	Male	Vet
28	18:21:00	Edward Clements	Tenby Aces CC	Male	Senior
29	18:24:00	Oliver Rowlands	Newport Phoenix CC	Male	Espoir

Start Number	Start Time	Rider	Club	Gender	Category
30	18:24:00	Andy Williams	Newport Phoenix CC	Male	Vet
31	18:24:00	Owen Burgess	Newport Phoenix CC	Male	Senior
32	18:24:00	Philip Sims	Newport Phoenix CC	Male	Vet
Reserve	--	Robbie Morgan	Newport Phoenix CC	Male	Junior
33	18:27:00	Julian Brock	Port Talbot Whs CC	Male	Vet
34	18:27:00	Shirley Howell	Port Talbot Whs CC	Female	Vet
35	18:27:00	Emma Davies	Port Talbot Whs CC	Female	Vet
36	18:27:00	John Thomas	Port Talbot Whs CC	Male	Vet
Reserve	--	Phil Lewis	Port Talbot Whs CC	Male	Vet
37	18:30:00	Gareth Thomas	Cardiff Triathletes	Male	Senior
38	18:30:00	Simon Marks	Cardiff Triathletes	Male	Senior
39	18:30:00	Matt Colley	Cardiff Triathletes	Male	Senior
40	18:30:00	Morgan Meaney	Cardiff Triathletes	Male	Senior
41	18:33:00	Amanda Davies	Bynea Cycling Club	Female	Vet
42	18:33:00	Elena Shaw	Cardiff Ajax CC	Female	Espoir
43	18:33:00	Diane Wilson-Evans	Bynea Cycling Club	Female	Vet
44	18:33:00	Katie Bowler	Bynea Cycling Club	Female	Senior
45	18:36:00	Heath Williams	Port Talbot Whs CC	Male	Vet
46	18:36:00	Karl Rees	Port Talbot Whs CC	Male	Senior
47	18:36:00	Darren Edwards	Port Talbot Whs CC	Male	Vet
48	18:36:00	Mike Hall	Port Talbot Whs CC	Male	Vet
Reserve	--	Robert Lucas	Port Talbot Whs CC	Male	Vet
49	18:39:00	Danielle Parker	Backstedt/Hotchillee	Female	Junior
50	18:39:00	Isabel Ellis	Backstedt/Hotchillee	Female	Espoir
51	18:39:00	Zoe Backstedt	Backstedt/Hotchillee	Female	Junior
52	18:39:00	Elynor Backstedt	Backstedt/Hotchillee	Female	Espoir
53	18:42:00	Bill Gannon	Port Talbot Whs CC	Male	Vet
54	18:42:00	Ross Morgan	Port Talbot Whs CC	Male	Senior
55	18:42:00	Mark Hillier	Port Talbot Whs CC	Male	Vet
56	18:42:00	Andrew Lewis	Port Talbot Whs CC	Male	Vet
Reserve	--	Chris Jones	Port Talbot Whs CC	Male	Vet
57	18:45:00	Mark Pope	Ogmore Valley Wheelers	Male	Vet
58	18:45:00	Chris Reed	Ogmore Valley Wheelers	Male	Vet
59	18:45:00	Paul Nicholas	Ogmore Valley Wheelers	Male	Vet
60	18:45:00	Nick Langley	Ogmore Valley Wheelers	Male	Senior
61	18:48:00	Liam Rowlands	Pembrokeshire Velo	Male	Senior
62	18:48:00	David Astins	Pembrokeshire Velo	Male	Vet
63	18:48:00	Roscoe Howell	Pembrokeshire Velo	Male	Senior
64	18:48:00	Shane Davies	Pembrokeshire Velo	Male	Senior
65	18:51:00	Gaynor Hughes	Bynea Cycling Club	Female	Vet
66	18:51:00	David Hendry	Port Talbot Whs CC	Male	Vet

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

Start Number	Start Time	Rider	Club	Gender	Category
67	18:51:00	Antony Howell	Port Talbot Whs CC	Male	Vet
68	18:51:00	Hollie Labunsky	Port Talbot Whs CC	Female	Senior
69	18:54:00	Dan Devine	Milford Tritons Cycling Club	Male	Senior
70	18:54:00	Jason Cole	Milford Tritons Cycling Club	Male	Senior
71	18:54:00	James Phillips	Milford Tritons Cycling Club	Male	Vet
72	18:54:00	Tom Arnold	Milford Tritons Cycling Club	Male	Senior
73	18:57:00	Ryan Semper	Tenby Aces CC	Male	Espoir
74	18:57:00	Dylan Lawrence	Tenby Aces CC	Male	Vet
75	18:57:00	Steven Amos	Tenby Aces CC	Male	Vet
76	18:57:00	Gareth Rees	Tenby Aces CC	Male	Vet
77	19:00:00	Anthony Hayward	Milford Tritons Cycling Club	Male	Senior
78	19:00:00	Simon Davies	Milford Tritons Cycling Club	Male	Vet
79	19:00:00	Mark Whitby	Milford Tritons Cycling Club	Male	Vet
80	19:00:00	Jeff Arnold	Milford Tritons Cycling Club	Male	Vet
81	19:03:00	David Nicholas	Merthyr CC	Male	Vet
82	19:03:00	Blaine Phelps	Merthyr CC	Male	Vet
83	19:03:00	Jack Lee	Cwmcarn Paragon Road Club	Male	Espoir
84	19:03:00	Chris Lee	Merthyr CC	Male	Vet
85	19:06:00	Tim Wood	Team Echelon	Male	Vet
86	19:06:00	Jon Howard	Team Echelon	Male	Vet
87	19:06:00	David Dickerson	Team Echelon	Male	Vet
88	19:06:00	Jeremy Pile	Team Echelon	Male	Vet
89	19:09:00	Mike Evans	Rhondda Triathlon Club	Male	Vet
90	19:09:00	Mark Thomas	Rhondda Triathlon Club	Male	Vet
91	19:09:00	Darren Bowden	Rhondda Triathlon Club	Male	Vet
92	19:09:00	Robert Hughes	Rhondda Triathlon Club	Male	Vet
93	19:12:00	Zach Minto	Cardiff Jif	Male	Vet
94	19:12:00	Andy Hoskins	Cardiff Jif	Male	Senior
95	19:12:00	Luke Dix	Cardiff Jif	Male	Senior
96	19:12:00	Andy Davies	Cardiff Jif	Male	Senior
97	19:15:00	David Kerr	Bynea Cycling Club	Male	Senior
98	19:15:00	Guto Morgans	Cycle Specific	Male	Senior
99	19:15:00	Jack Tremlett	Bynea Cycling Club	Male	Senior
100	19:15:00	Jamie Best	Bynea Cycling Club	Male	Vet
Reserve	--	Dale Bowler	Bynea Cycling Club	Male	Senior
Reserve	--	Mel Best	Bynea Cycling Club	Female	Senior
101	19:18:00	Chris Massey	Team Backstedt Bike Performance	Male	Vet
102	19:18:00	Steven Powell	Team Backstedt Bike Performance	Male	Vet
103	19:18:00	Michiel Vaal	Team Backstedt Bike Performance	Male	Vet

Start Number	Start Time	Rider	Club	Gender	Category
104	19:18:00	Lee Thomas	Team Backstedt Bike Performance	Male	Vet
105	19:21:00	Darrel Williams	Bynea Cycling Club	Male	Vet
106	19:21:00	David Wilson-Evans	Bynea Cycling Club	Male	Vet
107	19:21:00	Jonathan Hopkins	Bynea Cycling Club	Male	Vet
108	19:21:00	Yeung Ng	Bynea Cycling Club	Male	Vet
109	19:24:00	Grant Arnold	Pembrokeshire Velo	Male	Senior
110	19:24:00	Ross McNally	Pembrokeshire Velo	Male	Senior
111	19:24:00	Daniel Colman	Pembrokeshire Velo	Male	Senior
112	19:24:00	Rob Dyde	Pembrokeshire Velo	Male	Senior
113	19:27:00	Tristian Manning	ATAC - Ammanford Triathlon And Cycling	Male	Senior
114	19:27:00	Jason Murphy	ATAC - Ammanford Triathlon And Cycling	Male	Vet
115	19:27:00	Mark Williams	ATAC - Ammanford Triathlon And Cycling	Male	Vet
116	19:27:00	Dean Williams	ATAC - Ammanford Triathlon And Cycling	Male	Senior
117	19:30:00	Arwel Davies		Male	Vet
118	19:30:00	Alexander Jenkins		Male	Vet
119	19:30:00	Phil Willoughby		Male	Senior
120	19:30:00	Emyr Griffiths		Male	Vet
121	19:33:00	Paul Colman	Pembrokeshire Velo	Male	Vet
122	19:33:00	Scott Nash	Pembrokeshire Velo	Male	Vet
123	19:33:00	Daryl John	Pembrokeshire Velo	Male	Vet
124	19:33:00	Robert Smith	Pembrokeshire Velo	Male	Vet
125	19:36:00	Chris Smith	Cwmcarn Paragon Road Club	Male	Senior
126	19:36:00	Luke Cornish	Cwmcarn Paragon Road Club	Male	Senior
127	19:36:00	David Povall	Cwmcarn Paragon Road Club	Male	Vet
128	19:36:00	Carwyn Davies	Cwmcarn Paragon Road Club	Male	Vet
129	19:39:00	Nigel Williams	Ogmore Valley Wheelers	Male	Vet
130	19:39:00	Anthony Mansell	Ogmore Valley Wheelers	Male	Vet
131	19:39:00	Reece Adams	Ogmore Valley Wheelers	Male	Vet
132	19:39:00	Steven Madeley	Ogmore Valley Wheelers	Male	Vet
133	19:42:00	Christopher Gibbard	Bynea Cycling Club	Male	Senior
134	19:42:00	Craig Seaman	Bynea Cycling Club	Male	Senior
135	19:42:00	Stephen Evans	Bynea Cycling Club	Male	Senior
136	19:42:00	Matthew Hanford	Bynea Cycling Club	Male	Espoir

Start Number	Start Time	Rider	Club	Gender	Category
137	19:45:00	Terry Anthony	Ogmore Valley Wheelers	Male	Vet
138	19:45:00	Mark Rosser	Ogmore Valley Wheelers	Male	Vet
139	19:45:00	Mark Bryant	Ogmore Valley Wheelers	Male	Vet
140	19:45:00	Steve Curry	Ogmore Valley Wheelers	Male	Vet
141	19:48:00	Anthony Jones		Male	Vet
142	19:48:00	Philip Tucker	Cycle Specific	Male	Senior
143	19:48:00	Dylan Morris	Cycle Specific	Male	Vet
144	19:48:00	Lee Perrott	Cycle Specific	Male	Senior
145	19:51:00	Rod Hicks	Port Talbot Whs CC	Male	Vet
146	19:51:00	Andrew Martin	Port Talbot Whs CC	Male	Vet
147	19:51:00	Neil Seaward	Port Talbot Whs CC	Male	Senior
148	19:51:00	Owain Roberts	Port Talbot Whs CC	Male	Senior
149	19:54:00	Dean Ware	Team Backstedt Bike Performance	Male	Senior
150	19:54:00	Joshua Sandman	Team Backstedt Bike Performance	Male	Espoir
151	19:54:00	Richard Gambling	Team Backstedt Bike Performance	Male	Vet
152	19:54:00	Joshua Tarling	West Wales Cycle Racing Team	Male	Junior
153	19:57:00	Michael Portlock	Merthyr CC	Male	Vet
154	19:57:00	Colin Wallace	Merthyr CC	Male	Vet
155	19:57:00	Rich Long	Merthyr CC	Male	Senior
156	19:57:00	Mark Prosser	Merthyr CC	Male	Senior
157	20:00:00	Matthew Rowe	VELOFLOW CC	Male	Senior
158	20:00:00	Andy Turner	SwiftCarbon Pro Cycling	Male	Senior
159	20:00:00	Will Bjergfelt	AeroCoach	Male	Senior
160	20:00:00	Ioan Smallwood	Cardiff Ajax CC	Male	Senior