

The 27th Teesdale Mountain Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Bishop Auckland Cycling Club - Sunday 14th April 2019 – 09:01am

Event Secretary

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Headquarters

Glaxo Sports & Social Club **HALL**
Harmire Road, Barnard Castle, DL12 8DT

Course Details – T405 Revised

Start in Harmire Road 20 yards beyond the Red Well pub at Telegraph Pole and proceed north from Barnard Castle on the B6278 towards Eggleston. Climb over Folly Top to descend to Lawson's Garage at the bottom of Folly Bank (5.15 miles). Follow the road around to the left and continue towards Middleton in Teesdale. Stay on the B6282 past the lay-by overlooking the River Tees, to **bear right** after the wooded bends at Whistle Crag (7.75 miles). Climb up Carlonin to the T-junction with the unclassified road from Middleton in Teesdale (8.30 miles) and **turn right** to descend to the Y-junction at Middle End (10.95 miles). Bear left and left again to rejoin the B6278 to climb up to the summit of Bollihope Common (13.10). **Take care on the descent especially on the S-bend below the turning to Frosterley (15.15 miles) and again on the S-bends descending Unthank Bank into Stanhope.** Over the level crossing to follow along the riverside and across the River Wear at Stanhope Bridge, proceed into Stanhope to the junction with the A688. (18.95 miles) Bear left up Weardale towards Alston to turn left after 2.25 miles onto the unclassified road to Horsley. (21.20 miles) Over the new Hag Bridge and left at the T-junction at the top of the rise, (21.50 miles) to climb up past Horsley Hall, before descending past two farms back to the junction with the B6278 at Stanhope Bridge (23.55 miles). **Straight across at the junction with care,** to retrace along the riverside and over the level crossing onto Unthank Bank (23.95 miles). Climb up Unthank Bank to retrace back over Bollihope Common, past Middle End and through Eggleston on the B6278, to turn left at the bottom of Folly Bank (35.20 miles). Climb over Folly Top to descend into Barnard Castle to **finish level with uphill gate post in entrance to Manor Farm approximately 120 yards before the start. (40.15 miles)**

Please note this new finish location

Prizes will be presented after the race in the Lounge, as quickly as possible after the event:

1 st Rider	£50	1 st Vet 40	£25	1 st Woman	£25	1 st Junior	£25
2 nd	£40	2 nd	£20	2 nd	£20		
3 rd	£30	3 rd	£15	3 rd	£15		
4 th	£25						
5 th	£20	1 st Vet 50	£25				
		2 nd	£20				
		3 rd	£15				
		1 st Vet 60+	£25				

A big Thank You to our sponsors -

Arthur Caygill Cycles, Richmond

Important Information and CTT District Guidelines

- ★ Numbers will be in the Social Club side Entrance from 08:00am. *All riders will be required to sign on, when collecting their number. A notice will be on display, adjacent to the signing on sheet, identifying any significant risks that may have been identified on the day of the event, which may affect rider's or officials safety.*

- ★ **Attention ALL competitors**

Please note that for 2019 all competitors are now required personally to sign the **signing out sheet** when returning their number.

Failure to do will result in the competitor being recorded as DNF.

- ★ The prize presentation will be asap after the race, in the Glaxo Sports & Social **HALL**
- ★ There is plenty of parking in the Glaxo Sports & Social Club Car Park and in the Teesdale Sports Centre Car Park further round. I would be grateful if riders do not fill either the Social Club Car Park or the Sports Centre Car Park, please leave some spaces for their customers. Please Note: Riders can use the showers at the Sports Centre for small charge of £2 per person.
- ★ No cars, except for the timekeepers to be parked at or near to the start or finish.
- ★ No U-turns within sight of the timekeepers.
- ★ *A rear light, working in flashing or constant mode, affixed to a competitor's cycle is recommended,*
- ★ Please take care while warming up, Harmire Road is a built up area. We allow riders to pass the timekeepers in order to warm up on the course, but please respect riders who have already started.
- **Please take care on the descents**, especially if it is wet. There will be **Red Flags** to warn you of the approach of the 2 hairpin bend descents on the way out, the first into Bollihope Bottom after the Frosterley Junction and the second on Unthank Bank.
- Please consider your choice of wheels carefully, especially if it is windy. (Deep rims are not faster if you can't control the bike at 40+mph!!)
- There are **cattle grids** at Middle End (10.95 miles) and above Unthank Bank at Stanhope (17.20 miles) on the way out. **A rider was seriously injured on this cattle grid in 2002.** You approach it downhill and on a sweeping left hand bend, please ensure you **straighten your line** before you cross the metal grid. The road surface is not in good condition after the winter. You re-cross this cattle grid on the return leg and also another above Eggleston (approx. 33 miles).
- **The Railway Level Crossing at the bottom of Unthank Bank**, Stanhope, is in reasonably good condition the rails are slightly proud as ever. Please take care oncoming traffic is in the middle of the road.
- ★ **Unthank Bank** itself is 0.65 miles of 1:6 (steeper on the inside of the hairpin) and I would suggest that you need a gear of at least 39 x 21 for the climb back up. Duncan Orme suggests that 39 x 25 is more realistic for most riders.
- ★ **In the interest of safety and due to the nature of the event, the promoting club STRONGLY RECOMMEND competitors wear a hard shell helmet, which conforms to a recognised international standard.**
- ★ **All competitors under the age of 18 years and/or juniors must wear a properly affixed helmet which should conform to a recognised standard.**
- ★ **Following Cars**
- ★ **Any car on Carlonin which can be identified with a rider may lead to the rider being disqualified.**
- ★ Can I remind everyone that under CTT rules riders are forbidden from having a following car.

- ★ **No cars should drive up or down the narrow single track Carlonin Bank (7.75 miles from the start) while the event is in progress, they seriously impede the riders.** Please take an alternative route, through Eggleston, and support the riders from one of the many safe places to pull off the road.

Past Winners

Original 38.5 miles course

1992	Andrew Corbett	Dinnington RC	1.50.23
1993	Neville Jackson	Roxby Wheelers	1.49.27
1994	Jeff Wright	North East RT	1.47.25
1995	Gethin Butler	Norwood Paragon	1.39.55 Course short, bridge collapsed
1996	Neville Jackson	Cleveland Wheelers	1.46.35 Course short, bridge collapsed
1997	Neville Jackson	Cleveland Wheelers	1.44.54
1998	Laurie Holmes	Morley CC	1.45.40
1999	Joel Wainman	Peter Read Racing	1.46.56
2000	Dave Cook	Middridge CRT	1.44.24
2001	No Event due to Foot & Mouth Disease		
2002	Gethin Butler	Preston Wheelers	1.43.26 38.5 miles Course Record

New 40.35 miles course

2003	Dave Cook	Middridge CRT	1.54.09
2004	Joel Wainman	Peter Read Racing	1.51.54
2005	Keith Murray	Scott UK	1.52.33
2006	Wayne Randle	Planet X	1.48.48 40.35 miles Course Record
2007	Dave Cook	Alpine Rootz	1.56.13
2008	Dominic Munnely	KB Cycles RT	1.50.28
2009	Dominic Munnely	KB Cycles RT	1.42.32 Course short, road closure
2010	Simon Baxter	Adept Precision RT	1.48.57
2011	Joel Wainman	Team Swift	1.51.58
2012	Jon Sturman	Blumilk.com	1.53.38
2013	Rob Carter	TS Racing Team - Vankru	1.51.04
2014	Rob Carter	TS Racing Team - Vankru	1.48.59
2015	Rob Carter	TS Racing Team – OTR	1.50.11
2016	Carl Donaldson	GS Metro	1.48.48 Equals course record set in 2006

New Revised Course T405 (New Finish Location) 40.15 miles

2017	Carl Donaldson	GS Metro	1.45.28 New Course Record (40.15 miles)
2018	James Gullen	JTL Condor	1.46.07

Please support the people who support this event...

Arthur Caygill has been our main sponsor for 27 years!!!



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Website: arthurcaygillcycles.co.uk

Facebook Page: Arthur Caygill Cycles