

BIO  **RACER** **EVENT 3**
KUDOS SERIES

MBC

OPEN 10 MILE TIME TRIAL

05 APRIL 2021

J10/1

HQ: BUXWORTH PRIMARY SCHOOL | DERBYSHIRE
MEN'S RECORD HELD BY SCOTT DAVIES 19:15
WOMEN'S RECORD HELD BY ALEX DECK 23:01





Thank you for entering the Manchester Bicycle Club Open 10 mile TT, event 3 of the Bioracer Kudos Series. It is highly recommended riders familiarise themselves with the HQ, additional parking, toilet facilities and the start location.

EVENT SECRETARY

Alexander Royle

14 Blackbrook Drive, Chinley, High Peak,
Derbyshire, SK23 6BF

Mobile: **07734447523**

Email: alexander.royle@outlook.com

RESERVES

Please send apologies either by e-mail or phone to the event secretary at the earliest opportunity if you are unable to ride in the event. This will enable early allocation of reserve slots to help the organiser and reserve riders plan better.

EVENT HQ - OPEN 7:00am

BUXWORTH PRIMARY SCHOOL

Station Road, Buxworth
High Peak, Derbyshire

SK23 7NJ

- Limited parking available at HQ
- Limited toilet facilities available at HQ
- No Changing facilities available at the event HQ
- No refreshments are available from the event HQ

ADDITIONAL TOILETS: Tesco Superstore also has toilet facilities and is open from 8:00am (Bridgemont, Whaley Bridge, High Peak, SK23 7PB). **Do not urinate in public spaces.**

Do not park on the main road (B6062) in Buxworth village outside the HQ.

Riders must park safely and remain courteous to residents, road users and other members of the public at all times.

ADDITIONAL PARKING

NAVIGATION INN

Brookside, Buxworth
High Peak, Derbyshire
SK23 7NE

Continue along road named **Brookside** and turn first left.
Carpark marshal will be located at the entrance to guide competitors. **Riders must obey any parking steward instruction.**

FREE PUBLIC CARPARK

Canal Street
Whaley Bridge
High Peak, Derbyshire
SK23 7LX

WHALEY BRIDGE

Limited public parking with access to the start of the course is also available in Whaley Bridge along the A5004 and around the Bridgemont area.



TO THE START - HQ TO START (APPROX 3.6 MILES)

- Turn left from the HQ on the B6062 towards the A6
- Turn left on the A6 towards Bridgemont roundabout
- Take first exit (straight over) onto the A6 By-Pass (Dual Carriageway)
- Arrive at Start layby (Green Chapel en-le Frith sign)

Riders should be aware that once you have entered the course on the A6 By-Pass there is nowhere to turn around. Please ensure that you plan your arrival to the start accordingly, riders must maintain social distancing when waiting to start in the lay-by.

START (Grid Ref. SK 047818)	0.00 m
at a green "Chapel-en-le-Frith sign near the end of the layby approximately 1 mile west of Boden Lane traffic island on the A6	
BOWDEN LANE ISLAND (SK 062815)	0.96 m
Take the fourth exit along the A6 towards Stockport to	
BRIDGEMONT ISLAND (SK 014824)	4.16 m
Take the 3rd exit along the A6 towards Buxton and return past the start	
THROUGH START (Grid Ref. SK 047818)	6.39 m
Return past the start	
BOWDEN LANE ISLAND	7.35 m
Take the fourth exit along the A6 towards Stockport	
FINISH (SK 024820)	10.000 m
At the mid-point under the road bridge over the A6 near Bugsworth Basin.	

- Riders must ride clear of the finish (No Stopping) and retrace the route back to the HQ
- Riders must take particular care when approaching the Bridgemont roundabout after the finish - riders should take the first exit and remain in the left-hand lane; during the event riders may be encircling
- Riders must find a safe and suitable place to turn around in order to return the HQ (Tesco carpark/mini roundabout offers a suitable location)



TIMEKEEPERS - TONY MILLINGTON ROBERT NORTON

NO.	START TIME	NAME	CLUB	CAT.	AGE	VTTA STD.
1	09:01:00	Evie Turner	Holmfirth C C	Juvenile	13	
2	09:02:00	Lydia Turan	Holmfirth C C	Juvenile	13	
3	09:03:00	Imogen Wolff	Holmfirth C C	Juvenile	15	
4	09:04:00	Amy Loftus	East Bradford CC	Juvenile	15	
5	09:05:00	Lola Ellis	JRC Shutt Ridley RT	Juvenile	15	
6	09:06:00	Nicholas Smith	Westmead Team 88	Juvenile	13	
7	09:07:00	Archie Fletcher	Innovation Racing	Juvenile	15	
8	09:08:00	Evan Schofield	Holmfirth C C	Juvenile	14	
9	09:09:00	Oliver Akers	Garden Shed UK-Scott-Verge Sport	Juvenile	15	
10	09:10:00	Patrick Casey	Team Lifting Gear Products/Cycles In Motion	Juvenile	15	
11	09:11:00	Erin Avill	Storey Racing	Junior	17	
12	09:12:00	Darcey Ellis	JRC Shutt Ridley RT	Junior	17	
13	09:13:00	Emma Jeffers	JRC Shutt Ridley RT	Junior	16	
14	09:14:00	Maddie Leech	PH-MAS Cycling	Junior	17	
15	09:15:00	Ross Hooley	Innovation Racing	Junior	17	
16	09:16:00	Oliver Smyth	Macclesfield Wheelers	Junior	17	
17	09:17:00	Alex Foster	Innovation Racing	Junior	16	
18	09:18:00	Timothy Lane	JRC Shutt Ridley RT	Junior	16	
19	09:19:00	Max Jones	Innovation Racing	Junior	17	
20	09:20:00	Xavier Teece-Round	Innovation Racing	Junior	16	
21	09:21:00	Josh Marsden	Innovation Racing	Junior	16	
22	09:22:00	Harry Jordan	Team Backstedt Bike Performance	Junior	16	
23	09:23:00	Syd Brown	FTP (Fulfil The Potential) Racing	Junior	18	
24	09:24:00	Janet Wyles	Total Tri Training	Veteran	54	29:27
25	09:25:00	Maureen Wilkins	3C Test Team	Veteran	56	29:38
26	09:26:00	Hayley Winder	Salford Cycling Club	Veteran	45	28:42
27	09:27:00	Tracy Gregory	Buxton CC/Sett Valley Cycles	Veteran	55	29:32
28	09:28:00	Katie Toft	Storey Racing	C1	28	

NO.	START TIME	NAME	CLUB	CAT.	AGE	VTTA STD.
29	09:29:00	Amanda Skeldon	Stockport Tri Club	Veteran	45	28:42
30	09:30:00	Niamh Coulter	East Lancashire RC	Espoir	18	
31	09:31:00	Annie Barsoum	Total Tri Training	Senior	29	
32	09:32:00	Gaynor Beckett	Total Tri Training	Veteran	48	28:56
33	09:33:00	Tracey Coldwell	Holmfirth C C	Veteran	54	29:27
34	09:34:00	Alice Taylor	Congleton CC	Senior	30	
35	09:35:00	Melanie Brooks	Total Tri Training	Veteran	43	28:31
36	09:36:00	Liz Batt	Buxton CC/Sett Valley Cycles	Veteran	56	29:38
37	09:37:00	Diana Bite	The Racing Chance Foundation	Senior	25	
38	09:38:00	Michelle Fairclough	Salford Cycling Club	Veteran	45	28:42
39	09:39:00	Lynsey Astles	Congleton CC	Veteran	44	28:36
40	09:40:00	Eluned King	Liv CC Halo Cycles	Espoir	18	
41	09:41:00	Joanna Cebrat	Bury Clarion CC	Veteran	41	28:20
42	09:42:00	Emily Martin	Weaver Valley CC	Senior	31	
43	09:43:00	Anna Weaver	East Lancashire RC	Senior	36	
44	09:44:00	Frances Owen	Fibrax Wrexham RC	Senior	29	
45	09:45:00	Keri Parton	Pro Vision RC	Senior	32	
46	09:46:00	Sarah Storey	Storey Racing	Veteran	43	28:31
47	09:47:00	Abi Smith	Team Breeze	Espoir	19	
48	09:48:00	Scott Burns	Manchester Bicycle Club	Senior	39	
49	09:49:00	Derek Hodgins	Stockport Clarion CC	Veteran	87	34:27
50	09:50:00	Andrew Bradbury	Paceline RT	Senior	33	
51	09:51:00	Lee Watson	Army Cycling	Senior	35	
52	09:52:00	Chris Quin	Onimpex Bioracer RT	Veteran	47	26:36
53	09:53:00	Graham Howell	Element Cycling Team	Senior	30	
54	09:54:00	David Nunnerley	Directions racing	Senior	39	
55	09:55:00	Max Rushby	Team Inspired	Espoir	20	
56	09:56:00	Chris Southworth	Manchester Bicycle Club	Veteran	44	26:22
57	09:57:00	Andy Gray	Congleton CC	Veteran	45	26:27
58	09:58:00	Chris Humphries	Onimpex Bioracer RT	Senior	37	
59	09:59:00	Daniel Capper	Manchester Bicycle Club	Senior	38	
60	10:00:00	Tom Thornely	Buxton CC/Sett Valley Cycles	Senior	38	
61	10:01:00	Tarn Fynn	Manchester Bicycle Club	Senior	27	
62	10:02:00	Nigel Modlinsky	Element Cycling Team	Veteran	48	26:40

NO.	START TIME	NAME	CLUB	CAT.	AGE	VTTA STD.
63	10:03:00	Dane Stanley	Total Tri Training	Veteran	43	26:17
64	10:04:00	William Ackers	Innovation Racing	Veteran	49	26:45
65	10:05:00	Alastair Ribbands	Manchester Wheelers	Senior	37	
66	10:06:00	Sam Taylor	Weaver Valley CC	Senior	30	
67	10:07:00	Daniel Chesters	Preston CC	Veteran	44	26:22
68	10:08:00	Paul Warrener	Rossendale RC	Veteran	54	27:07
69	10:09:00	Chris Spencer	Element Cycling Team	Senior	36	
70	10:10:00	David Griffiths	Vanelli-Project GO	Senior	29	
71	10:11:00	Rhys Britton	Team Inspired	Espoir	21	
72	10:12:00	Nicholas Latimer	Team Lifting Gear Products/Cycles In Motion	Senior	39	
73	10:13:00	Matthew Wales	Pirate juice cc	Senior	32	
74	10:14:00	Aaron Shepherd	Manchester Bicycle Club	Espoir	21	
75	10:15:00	Patrick Hickey	Rossendale RC	Senior	29	
76	10:16:00	Robert Donaldson	Team Inspired	Espoir	18	
77	10:17:00	John Cripps	Warrington Road Club/Horton Light Engineering	Veteran	40	26:02
78	10:18:00	Matthew Last	Manchester Bicycle Club	Senior	36	
79	10:19:00	Dave Robinson	Manchester Bicycle Club	Veteran	66	28:21
80	10:20:00	Nicholas Trbovic	Cheshire Maverick Cycle Club	Senior	29	
81	10:21:00	Joe Simons	Albarosa CC	Senior	37	
82	10:22:00	Adrian Hughes	Seamons CC	Veteran	53	27:03
83	10:23:00	Adam Darby	Velotik Racing Team	Senior	36	
84	10:24:00	Paul Armstrong	Team Lifting Gear Products/Cycles In Motion	Senior	35	
85	10:25:00	David Crawley	Velotik Racing Team	Veteran	45	26:27
86	10:26:00	Sam Watson	Team Inspired	Espoir	19	
87	10:27:00	Alfie George	Team Inspired	Espoir	20	
88	10:28:00	Alistair Rutherford	Manchester Bicycle Club	Senior	39	
89	10:29:00	Ben Huddart	Lancashire RC	Senior	22	
90	10:30:00	Mat Ivings	Buxton CC/Sett Valley Cycles	Veteran	47	26:36
91	10:31:00	Gavin McCloskey-Lambert	Manchester Wheelers	Senior	32	
92	10:32:00	Robin Hennessy	North Wirral Velo	Senior	35	
93	10:33:00	Richard Evans	Birkenhead North End CC	Senior	24	
94	10:34:00	Ben Norton	Directions racing	Veteran	40	26:02
95	10:35:00	Kieran Morris	Oswestry Paragon CC	Espoir	20	
96	10:36:00	Toby Williams	Velotik Racing Team	Senior	27	

NO.	START TIME	NAME	CLUB	CAT.	AGE	VTTA STD.
97	10:37:00	Joel Ackers	Loughborough Students Cycling Club	Espoir	18	
98	10:38:00	Michael Greaney	Stockport Clarion CC	Veteran	47	26:36
99	10:39:00	Paul Whittaker	Stockport Clarion CC	Veteran	50	26:49
100	10:40:00	Sean Mullen	Port Sunlight Wheelers	Senior	24	
101	10:41:00	Alan Chorley	Seamons CC	Veteran	49	26:45
102	10:42:00	Phil Ellison	Thatto Cycles Racing Team	Veteran	42	26:12
103	10:43:00	Stephen Feeney	Tactic Sport UK Race Team	Veteran	48	26:40
104	10:44:00	Steffan North	SKCC	Veteran	44	26:22
105	10:45:00	Jonny Wale	Team HUUB	Senior	29	
106	10:46:00	Jack Rootkin-Gray	Team Inspired	Espoir	18	
107	10:47:00	Ben Lloyd	Fibrax Wrexham RC	Senior	29	
108	10:48:00	James Foggensteiner	Team PB Performance	Espoir	21	
109	10:49:00	Peter Howarth	Stretford Wheelers CC	Veteran	60	27:39
110	10:50:00	Oscar Nilsson-Julien	Team Inspired	Espoir	19	
111	10:51:00	Oliver Stockwell	Welwyn Whs	Espoir	18	
112	10:52:00	Aiden Heyworth	Directions racing	Senior	34	
113	10:53:00	Liam Bromiley	Team Lifting Gear Products/Cycles In Motion	Senior	28	
114	10:54:00	Jack Smith	Durham University Cycling Club	Espoir	20	
115	10:55:00	William Tidball	Team Inspired	Espoir	20	
116	10:56:00	David Ashton	Army Cycling	Senior	33	
117	10:57:00	Adam MacHan	Sheffrec CC	Veteran	40	26:02
118	10:58:00	James Duffy	Bury Clarion CC	Senior	38	
119	10:59:00	Derek Schofield	Rossendale RC	Veteran	67	28:30
120	11:00:00	Simon Wilson	Ribble Weldtite Pro Cycling	Veteran	40	26:02
121	Reserve	Joseph Molyneaux	Congleton CC	Senior	27	
122	Reserve	George Higgins	Birkenhead North End CC	Espoir	20	
123	Reserve	Anthony Lock	Manchester Wheelers	Senior	28	
124	Reserve	Chris Standidge	Total Tri Training	Veteran	41	26:07
125	Reserve	James Brayford	Lyme Racing Club	Senior	23	
126	Reserve	Chris Mann	Velotik Racing Team	Espoir	20	
127	Reserve	Phillip Tyas	Barnsley Road Club	Senior	39	
128	Reserve	Tobias Edwards	Team Lifting Gear Products/Cycles In Motion	Espoir	21	
129	Reserve	Simon Phillips	Stockport Tri Club	Veteran	60	27:39
130	Reserve	Ronan O'Cualain	Seamons CC	Veteran	44	26:22



The ratified event results will be published online as soon as possible.

1 rider, 1 prize, not including team competition - prize money will be posted.

POS	MEN TT - BIKE	MEN - ROAD BIKE
1st	£25	£25
2nd	£20	£20
3rd	£15	£15

POS	WOMEN - TT BIKE	WOMEN - ROAD BIKE
1st	£25	£25
2nd	£20	£20
3rd	£15	£15

POS	VET ON STANDARD - TT BIKE	VET ON STANDARD - ROAD BIKE
1st	£25	£25
2nd	£20	£20
3rd	£15	£15

POS	JUNIOR - TT BIKE	JUNIOR - ROAD BIKE
1st	£25	£25
2nd	£20	£20
3rd	£15	£15

POS	JUVENILE - TT BIKE	JUVENILE - ROAD BIKE
1st	£25	£25
2nd	£20	£20
3rd	£15	£15

POS	TEAM 1 - 3 fastest riders to count
1st	£20

J10/1 RISK ASSESSMENT

LOCATION	DETAILS OF HAZARD	MEASURES TO REDUCE RISK	RISK H/M/L
1 Before the start	Riders leaving the headquarters and riding to the Start.	Warning signs on all roads Clear instruction on Start Sheet giving route to the start.	L
2 Start at the lay-by approx. 1 mile west of Boden Lane island. SK 047818	Riders starting and entering the traffic flow.	Warning sign on approach to lay by. Marshal required.	M
3 Boden Lane island (0.96 miles) SK 062815	Vehicles encircling island. Riders turn and take A6 towards Stockport.	Warning signs on all approach roads. Marshals required.	M
4 Bridgemont traffic island (4.16 miles) SK 014824	Vehicles encircling island. Riders turn and take A6 towards Buxton	Warning signs on all approach roads. Marshals required	M
5 Passing the start (6.39 miles) SK 047818	Riders may be coming onto the A6 after starting.	Warning on Start sheet to look out for riders starting.	M
6 Boden Lane island (7.35 miles) SK 062815	Vehicles encircling island. Riders turn and take A6 towards Stockport.	Warning signs on all approach roads. Marshals required.	M
7 Finish where Brookside road bridge crosses the dual carriageway (10 miles) SK 024820	Riders finishing.	Chequered flag denoting the finish. Marshal required (off the road) Warning on start sheet telling riders not to stop.	M
8 After the finish	Riders returning to the headquarters	Warning signs at Bridgemont island with marshals still in place. Clear directions for route back to be included on the Start Sheet.	L



IMPORTANT CTT REGULATIONS AND RIDERS' NOTES

- 1** - No 'Warming up' by competitors is allowed on the course once the event has started. The only riding permitted by competitors on the course once the event has begun is to the Start.

- 2** - No "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

- 3** - Riders body numbers will be available at the event HQ and must be personally signed for and returned immediately after each rider has finished. The body number must be returned to the event HQ and every rider must personally sign out of the event (Failure to do this will result in a DNF allocation for the offending rider). Riders must attach their body number on the lower part of the back in a clear and legible position.

- 4** - Riders must not drop litter as it is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.

- 5** - Riders must negotiate both islands in a safe and sensible manner in accordance with CTT reg.20 and the rules of the road. Riders must be able to brake and stop at the islands if traffic conditions require this. Riders must not approach the islands using tri- bars. Remember traffic in the islands will have priority over traffic entering the islands (including riders).

- 6** - IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD-SHELL SAFETY HELMET that meets an internationally accepted safety standard. ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

- 7** - Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. NO LIGHT – NO RIDE.

DOPING CONTROL

The event may be subject to Doping Control.

COVID-19 EVENT REGULATIONS

**IF YOU ARE NOT WELL OR ARE SHOWING SYMPTOMS OF COVID-19
THEN PLEASE DO NOT COME TO THIS EVENT.**

CTT has issued two PDF documents, a Covid-19 Risk Assessment and “Putting on a Cycling Time Trials Event during COVID19. Riders must ensure that they have read and fully understood the COVID-19 documents and regulations.

www.cyclingtimetrials.org.uk/documents/index/covid-19

Any rider not following adhering to the below protocol is liable to disqualification from the event and further disciplinary action;

- 1** - Riders must always maintain social distancing (2 metres)
- 2** - A face-covering must be worn when signing on/out and when using the toilet facilities
- 3** - Riders must bring own pen to sign on – none will be provided
- 4** - No pins will be provided – Please bring your own
- 5** - Do not gather/congregate and please leave promptly after you have signed out
- 6** - Static warm-ups are permitted provided that social distancing (2 metres) is continuously maintained
- 7** - If you choose to warm-up on the road do not ride in groups or pairs
- 8** - Competitors will be expected to self-start individually with one foot on the ground (No Push start)
- 9** - Overtaking: If you catch up with another rider during your race, pass as quickly as possible and under no circumstances ride close behind so as to take shelter from the wind

Stay safe and have a strong ride!