

DIDCOT PHOENIX CC

Saturday 17th August 2019

Open 10 Mile Time Trial

H10/17r

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event HQ - Kingston Bagpuize with Southmoor Village Hall, Draycott Road, Southmoor, Oxon, OX13 5HX
(open from 2PM)

Event secretary - Richard Gildea, 82 Greenwood Way, Didcot, OX11 6GD

Phone: 07900578233

Email: timetrials@didcotphoenix.co.uk

Timekeepers

Ron Smith

Robert Briggs

DPCC

DPCC

Course records

	Rider	Club	Date	Time
Male	Stuart Travis	Team Bottrill / Vanguard	14 July 2018	18:48
Female	Rachael Elliott	Newbury RC	28th August 2016	21:04

Prizes

Men TT bike		Women TT bike		Men road bike		Women road bike	
First	£20	First	£20	First	£20	First	£20
Second	£15	Second	£15	Second	£15	Second	£15
Third	£10	Third	£10	Third	£10	Third	£10
Men team of 3 (TT)		Women team of 2 (TT)		Men team of 3 (RB)		Women team of 2 (RB)	
First	£45	First	£30	First	£45	First	£30
Second	£30			Second	£30		
Third	£15			Third	£15		
Vets (on standard)		Course record		Vets (on standard)			
First	£15	Men	£20	First	£15		
Second	£10	Women	£20	Second	£10		
Third	£5			Third	£5		

Note: One prize per rider, excluding team and course record prizes

Road bike competition

Rules are as follows, and bikes will be checked on the start line:

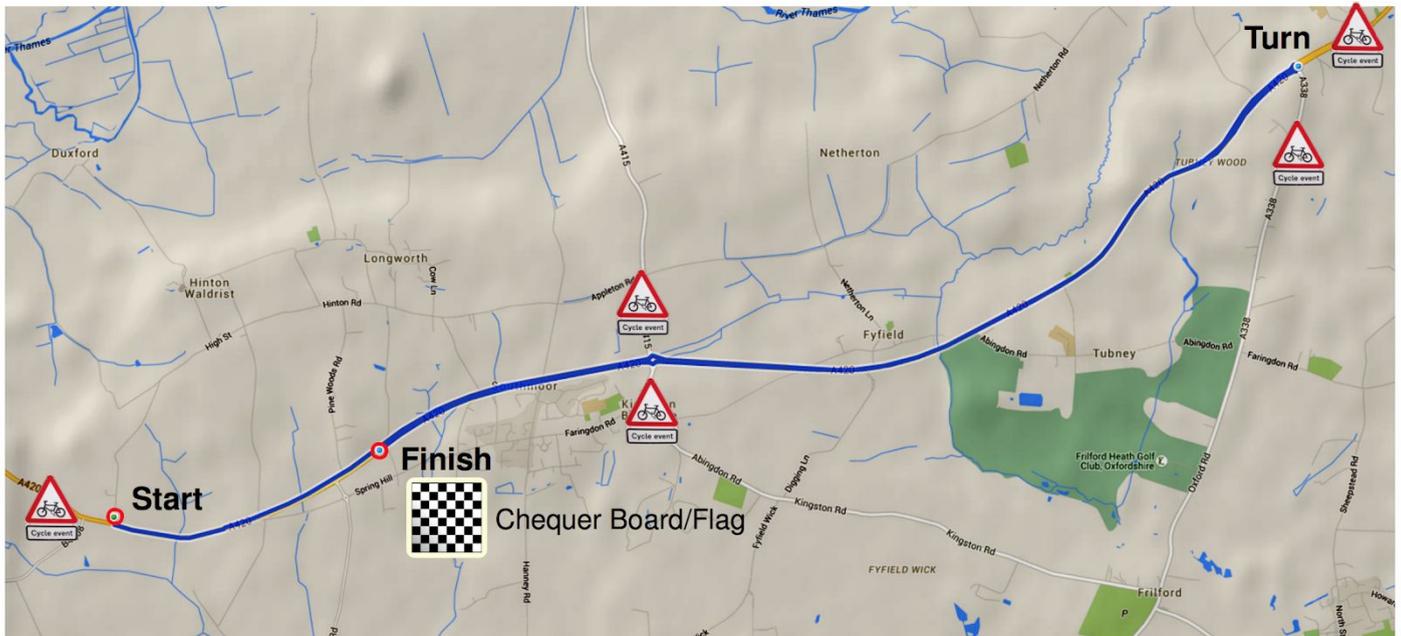
1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (i.e. not with forearms resting on the handlebar)
3. Legs must only be covered to mid calf
4. Wheels may have no more than 90mm depth and must have at least 12 spokes
5. Helmets must have no visor
6. Ears must not be covered by the helmet. In addition, the use of a Giro Aerohead helmet will not be permitted.

There may be spotters out on course to enforce rule 2.

ORRL Rules

The road bike event will also incorporate an Oxfordshire Road Race League event. To be eligible for the ORRL competition all riders must be a first claim club member with a Category 3/4 British Cycling Licence for Men or 2/3/4 licence for Ladies. Please be prepared to present your licence for inspection at sign-on. Riders are requested to race in club colours.

Course map



<https://www.londonwestdc.co.uk/h10-17r>

Course Description

Start at the corner of the lane from Hinton Waldrist, about 5 yards south of the “Give Way” signs and in line with the north edge of a metal manhole cover in the centre of the lane. Bear left along the slip road to join the A420 eastbound. (Great care when joining A420 and give way to traffic from the right.)

Proceed eastwards along A420 onto the dual carriageway by-pass and continue to the roundabout with the A415, (Care of traffic crossing on A415) Take the second exit to continue straight on along A420 towards the next dual carriageway section in Tubney Wood.

On approaching the Tubney Wood roundabout with the A338 look behind, signal and move into the outside lane (Care) to turn around the roundabout and take the third exit to return westwards on A420 (M, Check).

Continue to the Kingston Bagpuize by-pass and on to the roundabout with the A415 (Care of crossing traffic) and take the second exit to remain on the A420.

Finish, still on the A420 dual carriageway by-pass, beside the first drain in the lay-by, 29 yards west of and beyond the large sign at the extreme eastern end for the crossroads to Charney Basset and Longworth, 70 yards east of the footpath steps in the middle of the lay-by and 537 yards short of the crossroads.

Risk assessment:

<https://www.londonwestdc.co.uk/h10-17rra>

Strava segment:

<https://www.strava.com/segments/7186031>

myWindsock forecast:

<https://mywindsock.com/segment/7186031/#forecast=1566050400>

In the interests of your own safety, Cycling Time Trials and the Event Promoter advise you to wear a hard shell helmet that meets an internationally accepted safety standard.

It is also recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

Local Regulations applicable to this event:

LWDC 1 Reporting of breaches of Local Regulations

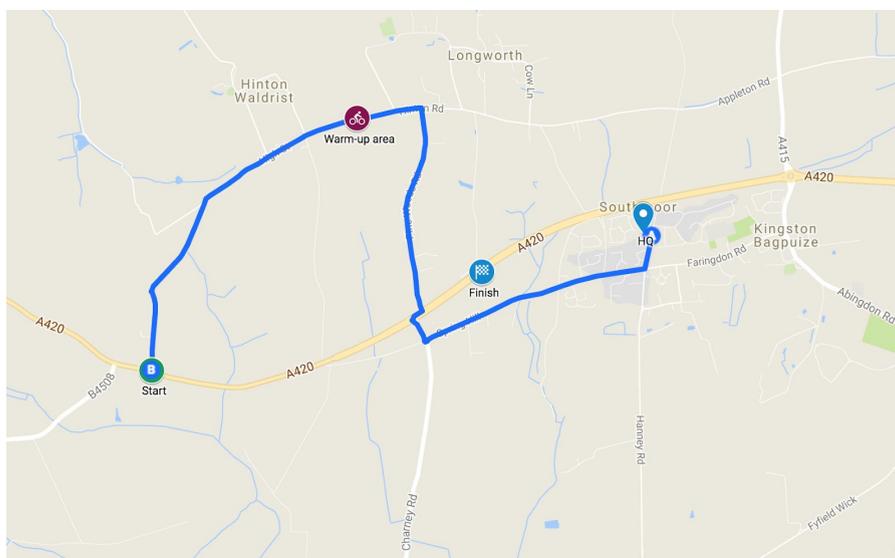
All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

LWDC 2 Parking Restrictions

No vehicles, except those of the timekeeper (s) and other event officials, shall be parked in the vicinity of the start and finish points.

The shortest distance from the HQ to the start is **3.3 miles** via Pine Woods Road/Hinton Road, or **2.1 miles** via the A420. **Leave at least 10-15 minutes:**

- From the hall, turn right onto Draycott Road, and then at the T-junction turn right again onto Faringdon road and continue for approximately 1 mile.
- At the roundabout turn right (3rd exit) towards the A420.
- EITHER cross the A420 diagonally to the right (*take care*) and then continue up Pine Woods Road to a T-junction with Hinton Road. Turn left and continue through the village of Hinton Waldrist until you reach the start at the T-junction with the A420.
- OR turn left onto the A420 and continue for approximately 1 mile to the start on the right.



Returning from the finish take the first left after the finish layby, and immediately take the first exit to retrace your steps towards the HQ.

Numbers, refreshments and toilets will be available at the HQ.

Competitors must sign on before taking their number which can be exchanged later for a free drink

REMEMBER THAT YOU MUST SIGN OUT AT HQ AFTER COMPLETING YOUR RIDE OR ELSE YOU MAY BE RECORDED AS DNF

Tandem event

No.	Start time	Rider	Club	Gender	Category
6	15:06	Peter Oliver	Fairly United Cycling Team	Male	Veteran
		Christopher Edginton	Fairly United Cycling Team	Male	Veteran

Road bike event

No.	Start time	Rider	Club	Gender	Category
7	15:07	Rose Mcgovern	Cowley Road Condors CC	Female	Senior
8	15:08	Matthew Boswell	Didcot Phoenix CC	Male	Senior
9	15:09	Leigh Blackford	Vector Cycling Race Team	Male	Senior
10	15:10	Aimee Jones	Cowley Road Condors CC	Female	Senior
11	15:11	Matthew Smith	Mickey Cranks Cycling Club	Male	Veteran
12	15:12	Greg Simmonds	Abingdon Race Team	Male	Senior
13	15:13	James Harvey	Didcot Phoenix CC	Male	Senior
14	15:14	Dominic Spalding	Mickey Cranks Cycling Club	Male	Veteran
15	15:15	Mark Sealy	Didcot Phoenix CC	Male	Senior
16	15:16	Jonathan Hitch	Abingdon Race Team	Male	Senior
17	15:17	Hilary Walker	Serpentine Running Club	Female	Veteran
18	15:18	Sam Boulton	Didcot Phoenix CC	Male	Veteran
19	15:19	Jo Edwards	Abingdon Race Team	Female	Veteran
20	15:20	Gareth Simpson	Oxonian CC	Male	Veteran
21	15:21	John Pinfold	Cheltenham & County Cycling Club	Male	Veteran
22	15:22	Peter Fry	Cowley Road Condors CC	Male	Senior
23	15:23	Susan Brant	Mickey Cranks Cycling Club	Female	Veteran
24	15:24	Kristen Lovelock	Cowley Road Condors CC	Female	Veteran
25	15:25	Jason Southgate	Didcot Phoenix CC	Male	Veteran
26	15:26	Paul Whitehorne	Reading CC	Male	Veteran
27	15:27	Alexandra Chart	G.S. Henley	Female	Senior
28	15:28	Stewart House	Arctic Aircon RT	Male	Veteran
29	15:29	Gary Smith	Swindon Wheelers	Male	Veteran
30	15:30	Darren Milligan	Abingdon Race Team	Male	Senior
31	15:31	Simon Collins	Vector Cycling Race Team	Male	Veteran
32	15:32	Anthony Atkin	Didcot Phoenix CC	Male	Senior
33	15:33	Michael Wise	Mickey Cranks Cycling Club	Male	Senior
34	15:34	George Edwards	Cowley Road Condors CC	Male	Senior
35	15:35	Kyle Bateman	Vector Cycling Race Team	Male	Veteran
36	15:36	James Pittard	University of Bristol Cycling Club (UOBCC)	Male	Espoir
37	15:37	Kate Bradley	Born to Bike - Bridgtown Cycles	Female	Veteran
38	15:38	Paul Allday	Fairly United Cycling Team	Male	Veteran
39	15:39	Martyn Morris	Vector Cycling Race Team	Male	Veteran
42	15:40	Paul Renshaw	Vector Cycling Race Team	Male	Veteran
41	15:41	Harry Cook	Mickey Cranks Cycling Club	Male	Senior
40	15:42	Andrew Pollard	Cowley Road Condors CC	Male	Senior
43	15:43	Peter Fifield	Cowley Road Condors CC	Male	Senior

44	15:44	Greg Fitzek	ZeroBC Race Team	Male	Espoir
45	15:45	Nick Muir	Cowley Road Condors CC	Male	Espoir
46	15:46	Nicholas Owen	Abingdon Race Team	Male	Veteran
47	15:47	Ben Farrer	Vector Cycling Race Team	Male	Senior
48	15:48	Martin Stanley	Didcot Phoenix CC	Male	Veteran
49	15:49	Finn Walshe	Abingdon Race Team	Male	Junior
50	15:50	Katie Greves	Cowley Road Condors CC	Female	Senior
51	15:51	David Beesley	Vector Cycling Race Team	Male	Senior
52	15:52	David Holland	Cowley Road Condors CC	Male	Senior
53	15:53	Steve Sandles	Vector Cycling Race Team	Male	Senior
54	15:54	Alex Bradley	Cowley Road Condors CC	Male	Senior
55	15:55	Victoria Lawson	Didcot Phoenix CC	Female	Senior
56	15:56	Anthony Turner	Mickey Cranks Cycling Club	Male	Veteran
57	15:57	Darrell Harris	Abingdon Race Team	Male	Senior
58	15:58	Richard Gildea	Didcot Phoenix CC	Male	Senior
59	15:59	Peter Smith	Cowley Road Condors CC	Male	Senior
60	16:00	Harri James	Didcot Phoenix CC	Male	Senior

TT bike event

62	16:02	Angus Macinnes	Royal Air Force Cycling Association	Male	Veteran
63	16:03	Rossllyn Young	Serpentine Running Club	Female	Veteran
64	16:04	Dave May	Bicester Millennium CC	Male	Veteran
65	16:05	Nick James	Mickey Cranks Cycling Club	Male	Veteran
66	16:06	Helen Roby	Spirit Bikes CC	Female	Veteran
67	16:07	Jan Farmer	Serpentine Running Club	Female	Veteran
68	16:08	Ben Parker	Swindon Wheelers	Male	Veteran
69	16:09	Peter White	VC 10	Male	Veteran
70	16:10	Dan Dolan	Mid Devon CC	Male	Veteran
71	16:11	Bob Brabbins	Somerset Road Club	Male	Veteran
72	16:12	Andrew Payne	Maidenhead & District CC	Male	Veteran
73	16:13	Colin Mcalpine	Didcot Phoenix CC	Male	Veteran
74	16:14	Philip Isham	Baines Racing	Male	Senior
75	16:15	Les Gardner	Maidenhead & District CC	Male	Veteran
76	16:16	Caer Timothy	Royal Air Force Cycling Association	Male	Senior
77	16:17	Duncan Martin	Cowley Road Condors CC	Male	Veteran
78	16:18	Stuart Gourley	Radeon-Cycology RT	Male	Senior
79	16:19	Lorna Rowland	Twickenham CC	Female	Veteran
80	16:20	Hans Nilsson	London Phoenix CC	Male	Veteran
81	16:21	Sam Wootton	Banbury Star Cyclists' Club	Male	Senior
82	16:22	Tom Burnley	Thames Velo	Male	Senior
83	16:23	Sam Boulton	Didcot Phoenix CC	Male	Veteran
84	16:24	Carlo Toledo	Gloucester City Cycling Club	Male	Veteran
85	16:25	Andrew Grant	Chelmer CC	Male	Veteran
86	16:26	Anthony Atkin	Didcot Phoenix CC	Male	Senior
87	16:27	Jamie Garrett	Mickey Cranks Cycling Club	Male	Senior

88	16:28	Melanie Sneddon	TORQ Performance	Female	Veteran
89	16:29	Leanne James	Didcot Phoenix CC	Female	Senior
90	16:30	Matt Boulton	Minuteman CC	Male	Senior
91	16:31	Janet Birkmyre	TORQ Performance	Female	Veteran
92	16:32	Marcus Edwards	Kingston Phoenix RC	Male	Veteran
93	16:33	James Bark	Mickey Cranks Cycling Club	Male	Senior
94	16:34	Alan Allcock	Didcot Phoenix CC	Male	Veteran
95	16:35	Jonathan Whitear	Oxford City RC	Male	Veteran
96	16:36	Tony Costello	Team Swindon Cycles	Male	Veteran
97	16:37	Tom Woollard	Northover VT / Rudy Project / SCS	Male	Veteran
98	16:38	Martin Attwood	Cowley Road Condors CC	Male	Senior
99	16:39	Nicholas Cosgreave	Farnborough & Camberley CC	Male	Veteran
100	16:40	Tony Ball	Team Swift	Male	Veteran
101	16:41	Arja Scarsbrook	Bush Healthcare CRT	Female	Veteran
102	16:42	Simon Bull	Banbury Star Cyclists' Club	Male	Veteran
103	16:43	Lydia Watts	Cycle Team Onform	Female	Espoir
104	16:44	Arthur Boulton	Vision Innovative Leisure Racing Team	Male	Junior
105	16:45	Ian Radburn	Oxonian CC	Male	Veteran
106	16:46	William Grainger	Andover Wheelers	Male	Veteran
107	16:47	Jen Magill	Reading CC	Female	Veteran
108	16:48	Rob Vessey	Didcot Phoenix CC	Male	Veteran
109	16:49	Albert Stepien	Banbury Star Cyclists' Club	Male	Veteran
110	16:50	Jon Saunders	Charlotteville Cycling Club	Male	Senior
111	16:51	Oliver Gummery	Mickey Cranks Cycling Club	Male	Senior
112	16:52	Graham Winstone	Oxonian CC	Male	Veteran
113	16:53	Collis King	Mickey Cranks Cycling Club	Male	Senior
114	16:54	Peter Garnett	Swindon Road Club	Male	Veteran
115	16:55	Michael Hicks	Banbury Star Cyclists' Club	Male	Veteran
116	16:56	Mark Woolford	Team Swindon Cycles	Male	Veteran
117	16:57	Robin Smith	North Hampshire RC	Male	Veteran
118	16:58	Andy Court	Bicester Millennium CC	Male	Veteran
119	16:59	James Foster	High Wycombe CC	Male	Veteran
120	17:00	Michael Bennett	Bicester Millennium CC	Male	Veteran
121	17:01	Simon Evans	Didcot Phoenix CC	Male	Veteran
122	17:02	Tim Beaven	Bicester Millennium CC	Male	Veteran
123	17:03	Rhys Williams	Mickey Cranks Cycling Club	Male	Veteran
124	17:04	Malcolm Rose	Oxonian CC	Male	Veteran
125	17:05	Tom Cosgrove	VTTA (London & Home Counties)	Male	Veteran
126	17:06	Richard Harrison	DRAG2ZERO	Male	Veteran
127	17:07	Adrian Feek	Bath Road Club	Male	Veteran
128	17:08	Robert West	AeroCoach	Male	Veteran
129	17:09	Mark Glendinning	Cowley Road Condors CC	Male	Veteran
130	17:10	Chris Boddy	AeroCoach	Male	Senior