



## **Gosforth Road Club 12 Mile Open Time Trial**

**Sunday 1st August 2021 10.00 am**

**Event promoted for and on behalf of Cycling Time Trials under their  
Rules and Regulations**

*Northumberland & Durham Cycling Association Best All Rounder 2021*

*This event is a counting event in the N&DCA BAR for 2021. In order to be eligible for BAR points and awards your club or team or you as an individual must have affiliated to the N&DCA before the day of the race. For information on how to do this, visit <http://nanddca.org.uk/>*

**Organiser / Event Secretary :**

Richard Exley, 82 Lodore Road, High West Jesmond, Newcastle NE2 3NR  
[richexley211@btinternet.com](mailto:richexley211@btinternet.com) 07712 183201

**Timekeepers: Peter Schultz and Frances Schultz**

## **HQ: Stamfordham Sports Pavilion**

The Pavilion is at the Cricket Club to the south of the village on the B6309. Maps and details are given on the website:

<http://www.stamfordhamvillagehall.co.uk>

- HQ will be opened at 8.30 am and sign on and numbers will be available from 9.00 am. **Please bring your own Pen for sign on/off.**
- Disposable numbers will be provided. **Riders must supply their own safety pins if needed.**
- Competitors under the age of 18 **must** provide a signed Parental Consent Form at Sign on. Link below to forms:

<https://www.cyclingtimetrials.org.uk/documents/download/3743>

- Road bike category riders must state this at sign on.
- **Competitors must sign off at the HQ after finishing in order to be counted as a finisher.**
- There are toilet facilities in the HQ.

## **Parking**

Parking (up to 40 cars) is available at the HQ, and in the layby opposite the start (do not obstruct the start line vicinity).

Further parking is available in the laybys near the Bay Horse pub in the village.

Please park considerately in the Village. Stamfordham is used to hosting cycle events and all riders are asked to help maintain the sport's cordial relationship with the residents.

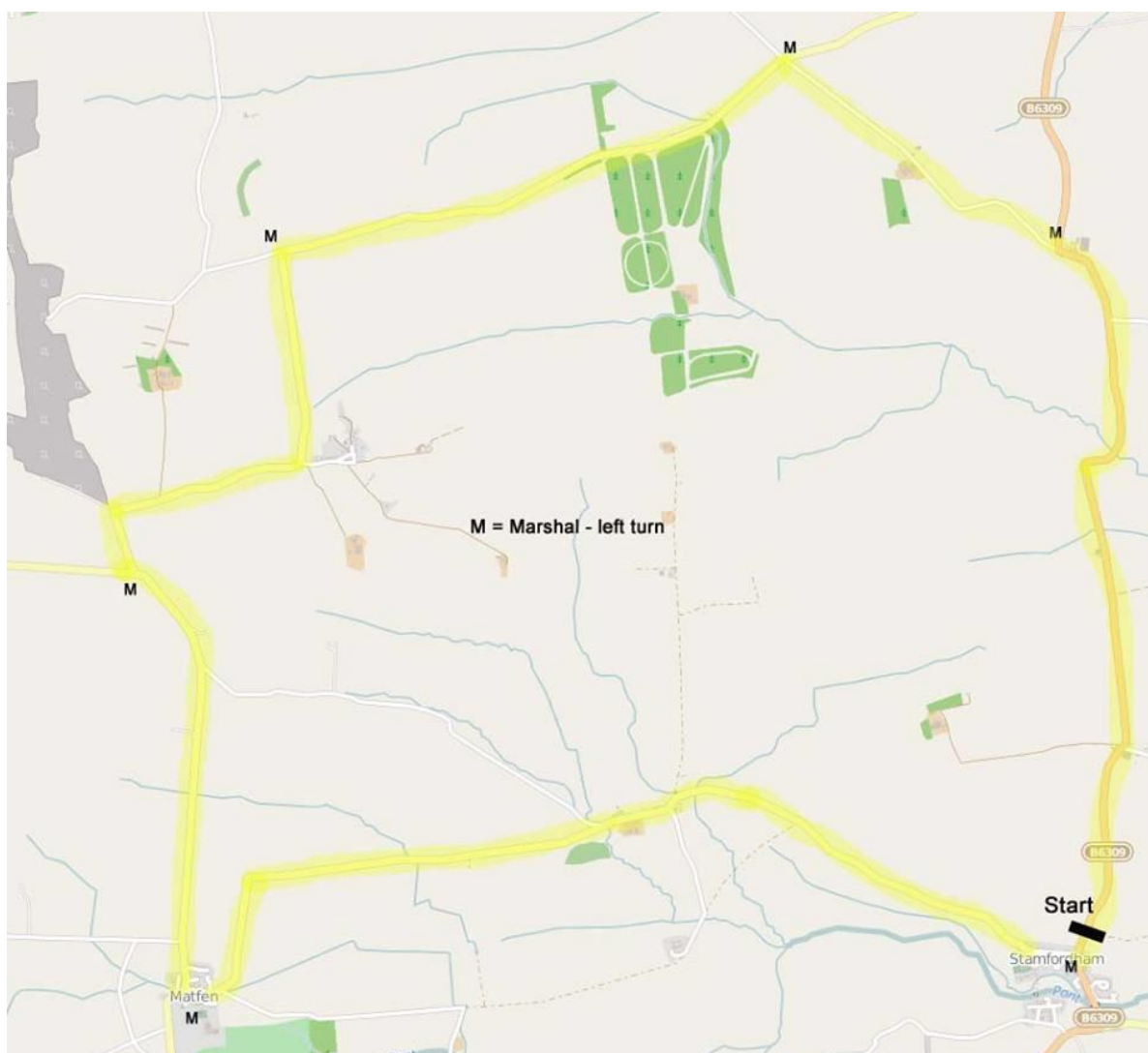
**Do NOT** Park on North and South Side residential roads either side of the village green. There are lay-bys next to the First School **THOUGH THESE MAY BE BUSY.**

**DO NOT** park on the grass of the Village Green.

## Description of Course M12S

### **Stamfordham - Black Heddon - Ingoe - Matfen – Stamfordham 25 Miles**

Start at road race finish line on hill top ½ mile north of Stamfordham on the B6309. Proceed north to Black Heddon (2.3m & 14.9m), and bear left to crossroads Belsay-Wallridge. Turn left to Wallridge, left (5.5m & 18.1m) towards Ingoe left to Matfen (8.7m & 21.3m), left to Stamfordham to finish just before the 20 mph Limit signs just outside the village.



## **Safety notes:**

- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.

## **Riders:**

- Take extra care at road junctions, on descents, and when passing through villages.
- In wet conditions, descents and sharp bends can be particularly hazardous and should be negotiated with extreme care.
- Keep to the left at all times, and especially so on narrow roads with right hand bends.
- No U-turns to be made in the vicinity of the timekeeper.
- No dismounting in the finishing area and riders to proceed carefully into village observing the speed limit on crossing the finishing line.

## **IN THE INTERESTS OF YOUR OWN SAFETY:**

**Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR & JUVENILE competitors must wear Protective Hard Shell Helmets.**

**It is mandatory that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use. This will be checked before start – no light, no ride.**

- You must obey the rules of the road and obey all traffic signs, signage and direction indicators
- It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times
- You must look ahead and not ride with your head down and should be aware of hazards
- You must not take pace or shelter from any other vehicle or competitor (no drafting)
- Failure to comply with the above may lead to disciplinary action being taken
- No warming up on the course once the race has started

## **Road surface conditions should be taken into consideration by riders:**

1. From the Start until Black Heddon, the road surface is consistently POOR with loose and broken sections and one large Pothole at approximately 1 mile on the racing line.

2. From Matfen towards Stamfordham, immediately after right hand bend approximately 800 metres from Matfen village, the surface is also poor in parts but has been recently patch repaired on the racing line.

## Prize Fund

**One rider, one prize, except for Team. NB Prizes will be distributed after the event as no post-race presentation is planned.**

### Overall

1st	£20
2nd	£10

### Female

1st	£20
2nd	£10

### Age related

1st Junior/Juvenile	£15
1st Veteran Overall	£20
1st Veteran woman	£20
1st Veteran on standard	£15

### Team of 3

1st	£20
2nd	£12

### Road Bike

1st Male	£20
2nd Male	£10
1st Female	£20
2nd Female	£10