



Hounslow and District Wheelers present The Ron Brown Memorial 100:

Promoted for and on behalf of Cycling Time Trials Limited under their Rules and Regulations.

Timekeeper Mrs K Collard Berry a3crg

Assistant Timekeeper Mrs M Golden a3crg

Event Secretary Mr B McMichael 07503251549

Sunday 26th May 2019 First Rider **07:01** Course **H100/88** Farnham

HQ address: Bentley Memorial Hall Alton Rd, Bentley GU10 5NB

Awards

Fastest £100

+ The Ron Brown Salver to hold for 1 year

+ Engraved Hounslow Medal

2nd Fastest £50

3rd Fastest £30

4th Fastest £20

Fastest Woman £100

+ The Rolph Brambleby Trophy to hold for 1 year

+ Engraved Hounslow Medal

2nd Fastest Woman £50

1st Vet on Standard £100

2nd Vet on Standard £50

3rd Vet on Standard £30.

Fastest Team of Three (each) £50

Ride safely, we wish you all a pleasant morning's sport.

A handwritten signature in cursive script that reads "Bruce McMichael".

Bruce McMichael Event Secretary: 205 London Road Twickenham Middlesex TW1 1EJ
(T) 02088916066 (M) 07503251549 (E) mcmichael.205@gmail.com,



Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019

First Rider **07:01**

Course **H100/88** Farnham

Course Details : H100/88 : A31 Froyle, Farnham, Chawton .

Start at a point adjacent to TP39 next to a telephone box situated in the slip road from Upper Froyle just east of the 'Hen and Chickens Inn' public house. Proceed eastwards for 135 yards to the junction with the A31. Join the A.31 (M1) (great care) and proceed via the Bentley by-pass to the Coxbridge roundabout at the junction with the A325. (M2) **(1st turn)** 5.127 miles. - Circle the roundabout (M3, M4) (Check) and take the fourth exit to rejoin the A31 south- westwards. Proceed via the Bentley by-pass, past the start point on the north side to the Holybourne roundabout keeping to the left-hand side (M5) 12.240 miles. - Continue on the A31 to the Chawton roundabout at the junction of the A32 (Great Care) (M6) **(2nd turn)** 15.182 miles. - Circle the roundabout (M7, M8) (Check) and take the fourth exit (M9) to rejoin the A31 north-eastwards to the Holybourne roundabout (M10) (LP20) 18.228 miles. - Avoid the first exit left. Take the second exit (M11) and still on the A31 to go past the 'Hen and Chickens Inn to complete the 1st circuit. 20.181 miles

*Proceed as follows to begin **START OF SECOND CIRCUIT.** Keep on the A31 to the Coxbridge roundabout at the junction with the A325. **(3rd turn)** 25.308 miles. Circle the roundabout and take the fourth exit to rejoin the A31 south- westwards. Proceed via the Bentley by-pass, past the start point on the north side to the Holybourne roundabout keeping to the left-hand side. 32.421 miles. Continue on the A31 to the Chawton roundabout at the junction of the A32 (Great Care) **(4th turn)** 35.363 miles. - Circle the roundabout and take the fourth exit to rejoin the A31 north-eastwards to the Holybourne roundabout 38.409 miles. Avoid the first exit left. Take the second exit and still on the A31 to go past the 'Hen and Chickens Inn to complete the 2nd circuit. 40.362 miles*

*Begin **START OF THIRD CIRCUIT.** Repeat the instructions as above for **SECOND CIRCUIT** incorporating the **(5th turn)** 45.489 miles and the **(6th turn)** 55.544 miles to then go past the 'Hen and Chickens Inn to complete the 3rd circuit at 60.543 miles.*

*Begin **START OF FORTH CIRCUIT.** Repeat the instructions as above for **SECOND CIRCUIT** incorporating the **(7th turn)** 65.670 miles and the **(8th turn)** 75.725 miles to then go past the 'Hen and Chickens Inn to complete the 4th circuit at 80.724 miles.*

*Proceed as follows to begin **START OF FIFTH CIRCUIT.** Keep on the A31 to the Coxbridge roundabout at the junction with the A325. **(9th turn)** 85.851 miles. Circle the roundabout and take the fourth exit to rejoin the A31 south- westwards. Proceed via the Bentley by-pass, past the start point on the north side to the Holybourne roundabout keeping to the left-hand side. 92.964 miles. - Continue on the A31 to the Chawton roundabout at the junction of the A32 (Great Care) **(10th turn)** 95.906 miles. - Circle the roundabout and take the fourth exit to rejoin the A31 north-eastwards to the Holybourne roundabout 98.952 miles. Avoid the first exit left. Take the second exit and still on the A31 to go to the centre of the second (smaller) overhead power lines across the A.31 opposite the entrance to the Veolia site entrance. 100.00 miles **Finish***

Promoted for and on behalf of Cycling Time Trials Limited under their Rules and Regulations.

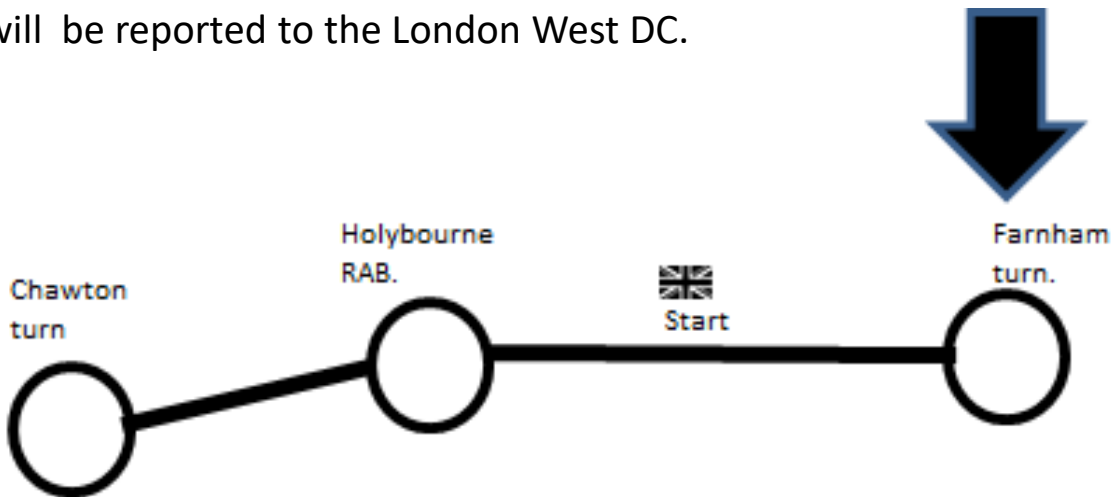


Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019 First Rider **07:01** Course **H100/88** Froyle, Farnham, Chawton

LOCAL REGULATIONS applicable to the H100/88 course.

- **Shoulder numbers** must be prominently displayed on the **LEFT ARM**.
- **Any rider seen crossing the central reservation**, before, during or after the event, except at one of the specific breaks in the reservation made for that purpose may be disqualified and will be reported to the London West DC.
- **Any rider seen steering using their tribars**, when entering, navigating and exiting any part of the Coxbridge (Farnham) roundabout may be disqualified, and will be reported to the London West DC.



- **In the interests of your safety** you must use the **widest part** of your handlebars.
- Cycling Time Trials Limited and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard.
- It is also recommended that a working rear light, either flashing, or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.



Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019 First Rider **07:01** Course **H100/88 Froyle, Farnham, Chawton**

Safety Notice.

The (A31) road surface **approaching** Coxbridge roundabout **from the West** is in a very poor state of repair.

A rider fell here in an event in May 2016, with no other vehicles involved.

Take extra care, and under no circumstances attempt to enter the roundabout whilst steering with your triathlon bars.

You must use the widest part of your handlebar. This is a D.C. Regulation.

Change of Finish Line.

The finish line is now **250 yards further on** from where it used to be, under the large pylons.

It is now under the smaller pylons and opposite the Veolia site entrance on the south side of the road.

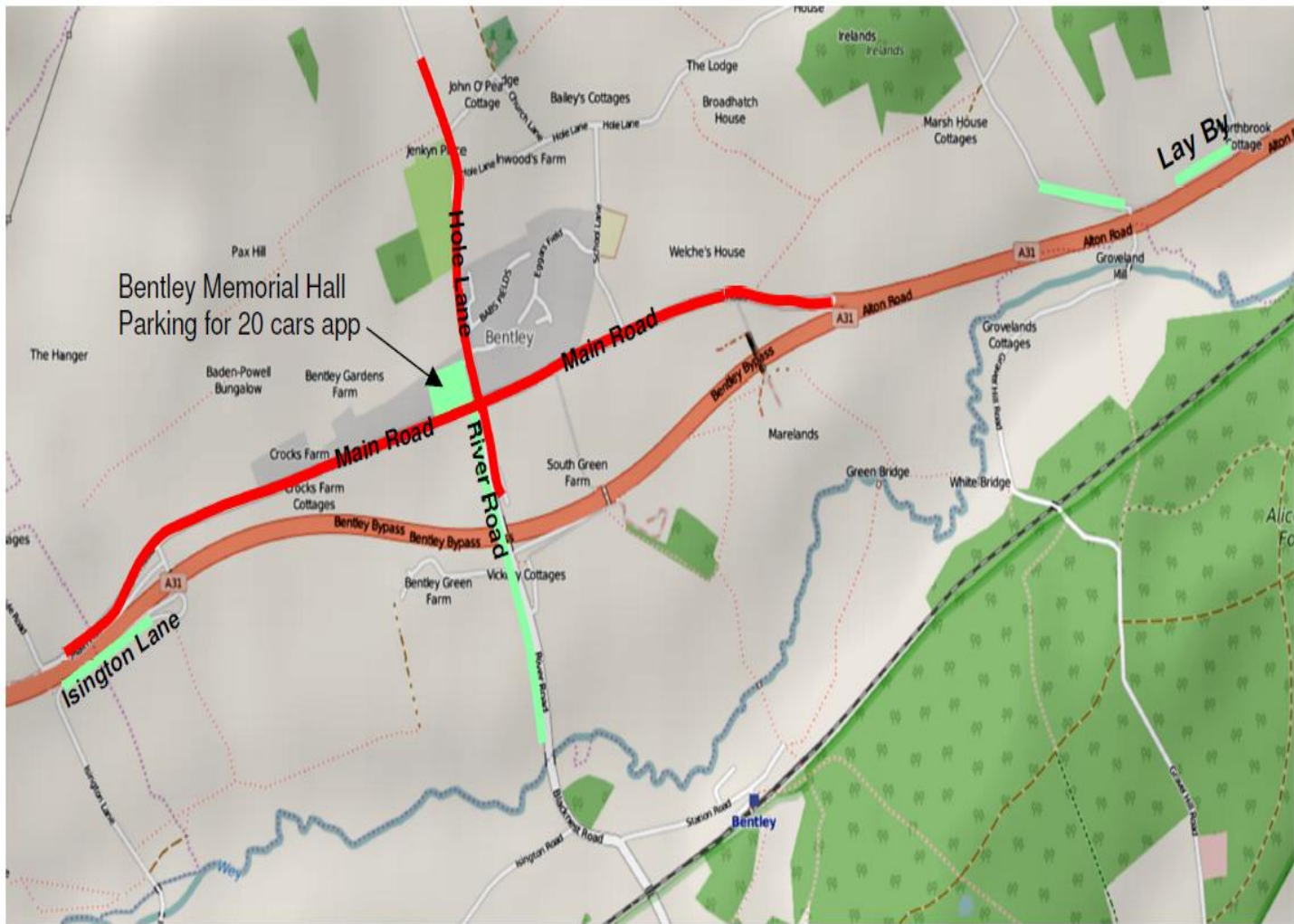


Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019 First Rider **07:01** Course **H100/88 Froyle, Farnham, Chawton**

LONDON WEST DC EVENT PARKING

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerately and not to obstruct footpaths especially on River Road where you should **NOT PARK** on the Eastern side between Main Rd and the new estate

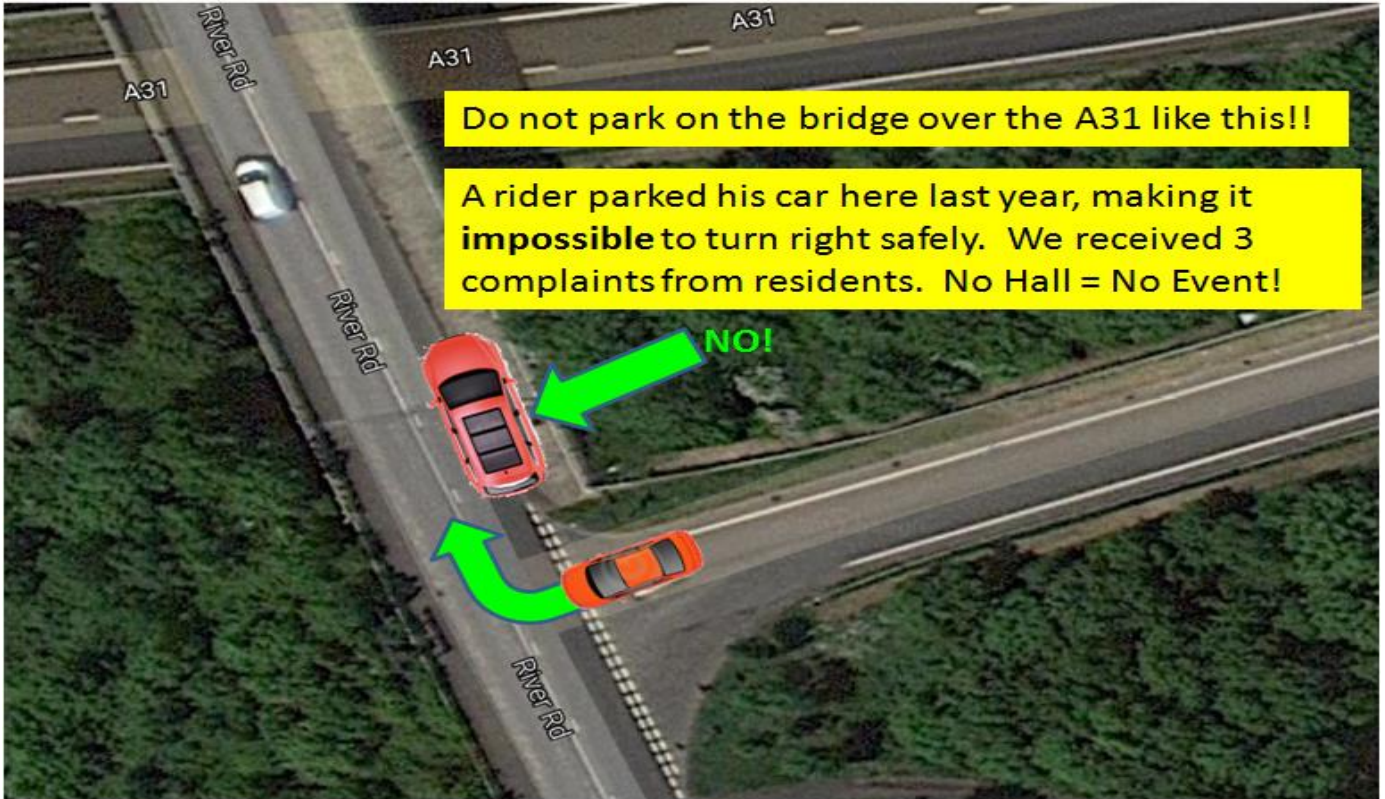




Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019 First Rider 07:01 Course H100/88 Froyle, Farnham, Chawton

2020 ? No HQ = No Event



Headquarters: **GU10 5NB** Bentley Memorial Hall.

- **No bicycles** to be taken into the Hall.
- Only leather or soft rubber soled shoes may be worn in the hall. No cleated cycling shoes (even if recessed 'SPD') to be worn in the hall **If you are not sure, just wear your socks!**
- **NO turbo-training in the car park** You must be at least 50 metres **SOUTH** of the crossroads.
- Numbers and signing on will be **at the Headquarters.**
- **Allow 15 minutes to reach the start area.**



Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019 First Rider 07:01 Course H100/88 Froyle, Farnham, Chawton

I see you forgot to **sign out** today!



It is your responsibility to **sign out**!

Please bring your race numbers back to HQ and sign out.

Did not sign out = D.N.F.



Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019 First Rider 07:01 Course H100/88 Froyle, Farnham, Chawton

This event may be subject to a Doping Control

It is your responsibility to check

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

**Remember, it is up to you to check and ensure that
you comply**

If required you must report to Doping Control after finishing without delay





Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019

First Rider **07:01**

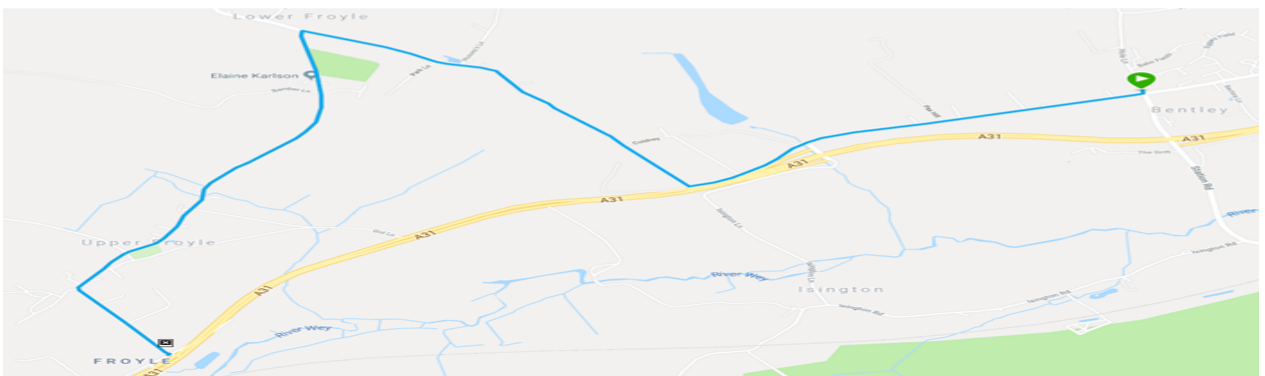
Course **H100/88** Farnham

Getting to the start is a hilly 3.29 Miles + 174 feet of climbing (Allow 15 minutes riding time):

The start is a few yards from the Hen and Chickens P.H. the post code of which is **GU34 4JH**.

Note this is **not** the post code of the HQ

1. From the HQ hall: Turn right at at the cross-roads in south westerly direction.
2. Go past Islington Lane (0.6 miles). Do not go to the start, or warm up, on the A31, as this may obstruct any earlier riders. You will also be on the Wrong side of the A31 from the start.
3. (0.91 miles) Follow the road up hill to the right into Lower Froyle, past the Anchor Inn (1.3 miles)
4. Continue as far as a red brick house with a thatched roof and turn left (1.85 miles).
5. Long brick wall + new housing estate then sharp left turn at 2.98 miles. Down hill to the start 3.29 miles.



Change of Finish Line.

The finish line is now **250 yards further on** from where it used to be, under the large pylons.

It is now under the smaller pylons and opposite the Veolia site entrance on the south side of the road. Please ask if you are not sure. Thank you.



Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019 First Rider **07:01** Course **H100/88 Froyle, Farnham, Chawton**

No.	Start	Rider		Club or Team	Category	Std
1	07:01	Tim	Bayley	Arctic Tacx RT (Tandem)	Veteran	04:35:20
		Adam	Broyad	Arctic Tacx RT (Tandem)	Veteran	
4	07:04	Ryan	Holleywood	Farnborough & Camberley CC	Senior	
5	07:05	Kevin	Munt	Farnham RC	Veteran	05:04:54
6	07:06	Tim	Davies	Banjo Cycles.	Veteran	04:44:11
7	07:07	Harry	Cowley	Chester RC	Veteran	05:22:40
8	07:08	Philippa	Johnson (W)	Somer Valley Cycling Club	Veteran	05:24:40
9	07:09	Amanda	Durrant (W)	Crawley Wheelers	Veteran	05:18:06
10	07:10	Jill	Bartlett (W)	Hounslow & District Whs	Veteran	05:28:27
11	07:11	Anthony	Atkin	Didcot Phoenix CC	Senior	
12	07:12	Martin	Shoesmith	Crawley Wheelers	Veteran	04:56:55
13	07:13	Robbie	Richardson	Chippenham & District Whs	Veteran	04:58:59
14	07:14	Richard	Clarke	Derby Triathlon Club	Veteran	04:49:18
15	07:15	Pip	Jenkins (W)	Southborough & Dist. Whs	Senior	
16	07:16	Richard	Parrotte	Shaftesbury CC	Veteran	04:56:55
17	07:17	Rob	Milnes	Thanet RC	Senior	
18	07:18	Alexander	Kew	Kingston Phoenix RC	Veteran	04:51:12
19	07:19	Ralph	Dadswell (T)	Antelope Racing Team	Veteran	05:34:31
20	07:20	Tony	Reeves	GS Stella	Veteran	04:50:15
21	07:21	Jamie	Richardson Paige	Chippenham & District Whs	Senior	
22	07:22	Andy	Tucker	Banjo Cycles.com	Veteran	04:50:15
23	07:23	Adrian	Watkins	Tornado Road Cycling Club	Veteran	04:54:00
24	07:24	Gary	Lock	New Forest CC	Veteran	04:44:11
25	07:25	Tony	Truepenny-phillipson	Bec CC	Senior	
26	07:26	Matthew	Winn-smith	Pure Motion Cycling Club	Senior	
27	07:27	Christopher	Hall	JAM C.R.T	Senior	
28	07:28	Jp	Pretorius	Vive Le Velo	Senior	
29	07:29	Mark	Gidney	Southborough & Dist. Whs	Veteran	05:00:04
30	07:30	Adrian	Blacker	C and N Cycles RT	Veteran	04:57:56
31	07:31	Simon	Trehearn	Kingston Phoenix RC	Veteran	04:48:20
32	07:32	Gary	Martin	Westerley Cycling Club	Veteran	05:03:36
33	07:33	Ian	Hayden	Tornado Road Cycling Club	Veteran	04:57:56
34	07:34	Philip	Jones	Peterborough CC	Veteran	05:03:36
35	07:35	William	Grainger	Andover Wheelers	Veteran	04:46:19
36	07:36	Richard	Payn	34 Nomads CC	Veteran	04:57:56
37	07:37	Richard	Wyeth	Tornado Road Cycling Club	Veteran	04:47:21
38	07:38	Gavin	Hughes	Kingston Phoenix RC	Veteran	04:54:58
39	07:39	John	Isard	Hampshire Road Club	Veteran	05:14:17
40	07:40	Vicky	Gill (W)	DRAG2ZERO	Senior	



Hounslow and District Wheelers' Ron Brown Memorial 100:

Sunday 26th May 2019 First Rider **07:01** Course **H100/88 Froyle, Farnham, Chawton**

No.	Start	Rider		Club or Team	Category	Std
41	07:41	Dominic	Hill	Bec CC	Veteran	04:48:20
42	07:42	Antony	Green	New Forest CC	Veteran	04:56:55
43	07:43	Pasquale	Chionchio	Westerley Cycling Club	Veteran	04:47:21
44	07:44	Paul	Winchcombe	Chippenham & District Whs	Veteran	05:02:23
45	07:45	Ben	Stowe	Hemel Hempstead CC	Senior	
46	07:46	Andrew	Rivett	Velo Club St Raphael	Veteran	04:50:15
47	07:47	Steve	Burrows	Vive Le Velo	Veteran	05:02:23
48	07:48	Roger	Sheridan	NOPINZ	Veteran	05:01:12
49	07:49	Peter	Richards	Icknield RC	Veteran	04:57:56
50	07:50	Henrik	Persson	Kingston Wheelers CC	Senior	
51	07:51	Peter	Hooper	Eastbourne Rovers CC	Senior	
52	07:52	Alastair	Luxford	Full Gas Racing Team	Senior	
53	07:53	Leon	Marshall	Royal Navy & Royal Marines CA	Senior	
54	07:54	Martin	Jeffery	North Hampshire RC	Veteran	04:50:15
55	07:55	James	Hedley-smith	Verulam CC	Senior	
56	07:56	Duncan	Emery	Twickenham CC	Veteran	04:48:20
57	07:57	Ed	Neilson	Vive Le Velo	Veteran	04:45:16
58	07:58	Edward	Renwick	Oxford City RC	Veteran	04:44:11
59	07:59	Toby	Williams	Velotik Racing Team	Senior	
60	08:00	Richard	Gildea	Didcot Phoenix CC	Senior	
61	08:01	Neil	Palmer	Spalding CC	Veteran	04:51:12
62	08:02	Dale	Lush	Kingston Phoenix RC	Veteran	04:43:02
63	08:03	Harry	Boscawen	Serpentine Running Club	Senior	
64	08:04	Dan	Small	Teesdale CRC	Senior	
65	08:05	Jonathan	Shubert	Arctic Tacx RT	Senior	
66	08:06	Jon	Elliott	Maidenhead & District CC	Senior	
67	08:07	Mark	Bashford	East Grinstead CC	Senior	
68	08:08	Henry	Farrell	Full Gas Racing Team	Senior	
69	08:09	Neil	Allonby	Icknield RC	Veteran	04:51:12
70	08:10	Mark	Smith	Crawley Wheelers	Veteran	04:48:20
71	08:11	Nick	Clarke	Arctic Tacx RT	Senior	
72	08:12	Mark	Sanders	Mid Devon CC	Veteran	05:03:36
73	08:13	Chris	Tye	Plomesgate CC	Veteran	04:54:58
74	08:14	Ian	Lindsay	Royal Navy & Royal Marines CA	Veteran	04:48:20
75	08:15	Stephen	Williamson	...a3crg	Veteran	04:51:12
76	08:16	Lawrence	Wintergold	Hounslow & District Whs	Veteran	04:56:55
77	08:17	Josh	Crow-stewart	Arctic Tacx RT	Senior	
78	08:18	John	Bradbury	CC Sudbury	Veteran	04:51:12
79	08:19	Jon	Saunders	Charlotteville Cycling Club	Senior	
80	08:20	Stuart	Travis	Team Bottrill	Senior	