

Start Sheet for the

# Northampton & District Cycling Association

## 18.7-mile Time Trial (TT Series Event 1 of 8)



FOUNDED 1935

PRESIDENT:  
Trevor Randall

### Saturday 30<sup>th</sup> March 2019 starting at 2 pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

A counting event of the N&DCA Time Trial Series Championships; Overall, Ladies, Junior, Masters and Team Categories

**Headquarters:** Rockingham Forest Wheelers Clubhouse, 11 Ashley Road, Middleton, Leicestershire, LE16 8YP

The HQ will be open from 12:45 pm for signing-on, number collection and changing area. Refreshments will be on sale from 1 pm. A free cup of tea or coffee will be available for competitors on return of your race number. All competitors must return to the HQ after completing the event to sign-out and be available for Doping Control.

All **Parking** must be in the field below the clubhouse & not elsewhere in the village. If the field is waterlogged there will be a sign on the gate & parking will be on The Hill (see map). Please do not park in Main Street or Ashley Road.

**Timekeepers:** Richard Daniells and Michael Church    **CTT Observers:** Arthur Bourlet and Nigel Cook

The **Woodbine Haylock Salver** will be awarded to the Fastest Association Club Member in this event

Prize Values	Fastest	Ladies	Junior / Juvenile	Masters X (50-59)	Masters Y (60-69)	Masters Z (70 & over)	Team of 3
1st	£15	£9	£9	£9	£9	£9	£18
2nd	£12	£7	£7	£7	£7	£7	£15
3rd	£10	£6	£6	£6	£6	£6	-
4th	£9	-	-	-	-	-	-
5th	£8	-	-	-	-	-	-
6th	£7	-	-	-	-	-	-

**Please familiarise yourself with the course details. Take extreme care** passing through the villages; around bends and parked vehicles beware of oncoming or emerging traffic and pedestrians.

**Do not cut the blind right-hand bends in Drayton or Ashley;** any rider observed crossing the white line and cutting these bends MAY BE DISQUALIFIED and face further disciplinary action by the district committee. Observers will be in place on the day.

**Northampton & Leicestershire Police** stress that all competitors are made aware of the need for good behaviour and consideration towards other road users and local residents. These may include **horse riders** on the course.

**Hard-shell Helmets** are recommended (Compulsory for under 18 year olds). In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard-shell Helmet that meets an internationally accepted standard and strongly recommends that riders use a rear light, either flashing or constant, visible to following road users and active while the machine is in use.

**U-turns will not be permitted** while the race is in progress. Any rider performing a "U" turn within sight of the start or finish may be disqualified.

**You must observe the Highway Code, and ride in a manner that is safe for you and all others.**

### Course Details: NC14 (18.7 miles) Course Record: David Langlands 40-18

- START** At grid reference SP844915. In line with a gateway approximately 10 yards before a bridge over a dismantled railway on the unclassified road between Cottingham and Bringhurst.
- PROCEED** North through Bringhurst to the T junction just outside the village (Extreme Care) where
- TURN LEFT** and proceed through Drayton (Taking care re Parked Cars and Bends etc.) to Medbourne on to join the B664 (Take care) to keep
- BEARING LEFT** on the B664 ignoring all junctions from the right, before
- BEARING LEFT** (leaving the B664) to Ashley (Taking extreme care re Parked Cars and Bends etc.). Continue through village and continue to Middleton (passing the Rockingham Forest Wheelers Clubhouse on the right hand side of the road) to
- TURN LEFT** at the T-junction to join the B670. Proceed through Middleton (Taking care re Parked Cars etc.) and at the Y junction in Cottingham leave the B670 and
- BEAR LEFT** towards Bringhurst to
- COMPLETE** The First Lap. Continue to repeat the above to T junction at Bringhurst, Junction with B664, Medbourne, Leave B664 at Ashley to
- FINISH** In line with the 30mph sign before the village of Middleton. (At the end of the 2<sup>nd</sup> Lap)

\*\*\*\*\* **ALLOW 10 MINUTES TO RIDE TO START** \*\*\*\*\*

**Event Secretary:** Peter Nix, 45 Main Street, Drayton, Market Harborough LE16 8SD. Tel: 01858 565646, Mobile 07875717785