#### Under the Rules and Regulations of Cycling Time Trials

# Cleveland Wheelers Cycling Club 25 Mile Time Trial Sunday 16th June 2019

OrganiserTimekeepersRichard LillekerBill Millen25 Linshiels GroveSherry BinksIngleby BarwickHandicapperTS17 0WFHandicapperSteve Binks

#### **Event HQ**

Bishopton Village Hall, Bishopton (Nearest Post Code: TS21 1HB). Event HQ will be open for sign-on from **approx. 08:45am**.

#### **Course Description**

Start at Entrance (North Side)- Woogra Farm, Bishopton, Stockton on Tees to Great Stainton: Tee Junction (mls). Turn left at junction and proceed towards Sadberge, taking second lane on the left and continuing in a southerly direction to top of hill in Sadberge Village, where left (Darlington Road) and then left again onto the C51 (Norton Road / Norton Back Lane / Darlington Back Lane). Continue along lane (towards norton) and take second road junction on the left, signposted Redmarshall (mls). Proceed to Redmarshall Village and turn left at crossroads (Readmarshall Road), sign posted Bishopton. Pass through Bishopton Village to pass start, repeat 1st lap Great Stainton: Tee Junction (mls). Turn left at junction and proceed towards Sadberge, taking second lane on the left and continuing in a southerly direction to top of hill in Sadberge Village, where left (Darlington Road) and then left again onto the C51 (Norton Road / Norton Back Lane / Darlington Back Lane). Continue along lane (towards norton) and take second road junction on the left, signposted Redmarshall (mls). Proceed to Redmarshall Village and turn left at crossroads (Readmarshall Road), sign posted Bishopton, taking first left junction (as road bears right to Bishopton), proceed in a southerly direction to finish at entrance to Stony Flat Farm (25.0mls).

## Please could all riders take extra care when approaching and passing junctions.

#### **Prize List**

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>
Scratch	£30	£20	£15	£10	£5
Handicap	£10	£5			
Lady	£20	£10			
Junior / Espoir	£10				
Juvenile	£5				
Team (Fastest 3 riders)	£5 each				
Fastest Road Bike (Male)	£10				
Fastest Road Bike (Female)	£10				
V40-49	£10				
V50-59	£10				
V60+	£10				

The highest placed Teesside rider will receive the Ron Longmire Trophy.

One rider, one prize (except team prize).

#### **Riders Notes**

- i. All numbers are available at the Event HQ and not at start. All riders will be required to sign on when collecting their number and identify if they are using a road bike. A notice will be on display, adjacent to the signing on sheet, identifying any significant risks that may have been identified on the day of the event, which may affect rider's or officials safety.
- ii. All riders must remember to **return their number and sign out** at the event HQ after completing the course. **Failure to sign out will result in disqualification**.
- iii. No cars other than the Event Officials are to be parked at the start or finish
- iv. No U turns are to be undertaken within sight of the start or finish
- v. Riders are not to warm up on any part of the course, whilst an event is being held.
- vi. No turbo trainers are to be used for warming up within 100 metres of inhabited properties.
- vii. In the interest of your own safety, hard shell helmet use is recommended for all competitors. Regulation 15, in the current CTT Handbook, states that All competitors under the age of 18 years and/or Juniors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as: SNELL B95, ANSI Z90.4, AUS/NZ/2063.96, DIN 33-954, CPSC or EN 1078.
- viii. A rear light, working in flashing or constant mode, affixed to a competitor's cycle is recommended.
- ix. Please be considerate to residents of Bishopton when parking in the village.
- x. Refreshments available at the event HQ after the race.
- xi. Please take extra care on the left-hand turn towards Redmarshall. This is a particularly tight bend and may require you to slow down to an appropriate speed. **RIDERS CAUGHT CROSSING THE WHITE LINE WILL BE DISQUALIFIED**.

#### **Road Bike Event**

The road bike category is new for 2019. The startsheet indicates riders who have entered the road bike specific event. Any other riders who are using a road bike should identify this on the sign-on sheet and adhere to the following rules.

#### The rider:

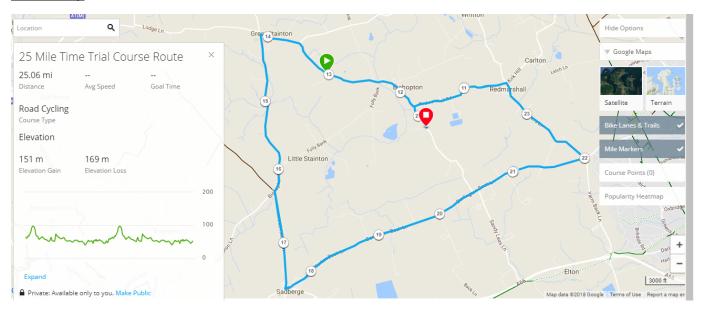
- No time trial style pointy helmets (including Kask Bambino), or helmets with built-in visors should be worn.
- Use of skinsuits is permitted.
- No riding with elbows or forearms on the handlebars. If witnessed, the competitor will be disqualified.

#### The cycle:

- The frame should be constructed in the traditional pattern, i.e. built around a main triangle.
- No time trial style or triathlon forward extension bars with or without elbow pads should be present.
- Wheels should be of a spoken construction, with a minimum of 12 spokes and a maximum rim depth of 60mm.

Please apply the spirit of the road bike competition in your equipment choices. Timekeepers at the start will be checking to ensure riders and cycles conform to the above rules.

## **Course Map**



# **Full Start Sheet**

No.	Start Time	Name		Club / Team	M/F	Category	Handicap Time
1	10:01	Lois	Muir	Cleveland Wheelers CC	Female	Senior	00:21:30
2	10:02	Doug	Harris	Cleveland Wheelers CC	Male	V60+	00:31:00
3	10:03	Anthony	Moy	Cleveland Wheelers CC	Male	V50-59	00:16:30
4	10:04	Emel	Bagdatlioglu	Manilla Cycling	Female	Senior	00:21:30
5	10:05	Howard	Heighton	Ferryhill Whs	Male	V40-49	00:07:45
6	10:06	Shaun	Wakes	Ferryhill Whs	Male	V50-59	00:11:40
7	10:07	Robert	Murdoch	Teesdale CRC	Male	V60+	00:14:00
8	10:08	Mike	Cole	Cleveland Wheelers CC	Male	V60+	00:32:20
9	10:09	Paul	Williams	Cleveland Wheelers CC	Male	V40-49	00:17:50
10	10:10	Stephen	Adamson	Manilla Cycling	Male	V40-49	00:12:30
11	10:11	Neal	Archer	Cleveland Wheelers CC	Male	V60+	00:14:00
12	10:12	Nikki	Metcalfe	Team Boompods	Female	V40-49	00:21:30
13	10:13	Caroline	Heighton	Stockton Wheelers CC	Female	V40-49	00:37:35
14	10:14	Sam	White	Cleveland Wheelers CC	Male	Juvenile	00:31:35
15	10:15	Richard	Lilleker	Cleveland Wheelers CC	Male	Senior	00:06:25
16	10:16	Sophie	Heighton	Stockton Wheelers CC	Female	Juvenile	00:29:45
17	10:17	Caroline	Ratcliff	Ferryhill Whs	Female	V50-59	00:25:05
18	10:18	Thomas	Heighton	Stockton Wheelers CC	Male	Juvenile	00:25:00
19	10:19	Angela	Ackerley	Cleveland Wheelers CC	Female	V40-49	00:22:10
20	10:20	Pete	Muir	Cleveland Wheelers CC	Male	Senior	00:16:30
21	10:21	Terry	Parvin	Ferryhill Whs	Male	V50-59	00:18:10
22	10:22	John	Main	Cleveland Wheelers CC	Male	V60+	00:18:00
23	10:23	Hilton	Armstrong	Fietsen Tempo	Male	V60+	00:17:05
24	10:24	Neil	Johnson	Stockton Wheelers CC	Male	V60+	00:17:00
25	10:25	Louise	Hamilton	Mountain Goat Coaching	Female	V40-49	00:16:10
26	10:26	Rohan	Rayner-smith	Team Bikestop Tyrekey	Male	Espoir	00:15:35
27	10:27	Paul	Tyler	Ferryhill Whs	Male	V60+	00:15:05
28	10:28	Robert	Noble	Prima Team Racing	Male	V40-49	00:13:15
29	10:29	Jost	Mullenheim	Cleveland Wheelers CC	Male	V50-59	00:12:15
30	10:30	Stephen	Belbin	AIMS Cycling	Male	V40-49	00:11:50
31	10:31	Paul	Felce	Adept Cycling	Male	V40-49	00:10:50
32	10:32	Peter	Guy	Adept Cycling	Male	V50-59	00:10:30
33	10:33	Jamie	Corcoran	Stockton Wheelers CC	Male	V40-49	00:10:30
34	10:34	Paul	Fountain	Hartlepool CC	Male	V50-59	00:09:00
35	10:35	Marcel	Schubert	Darlington Cycling Club	Male	Senior	00:06:50
36	10:36	Sam	Murray	DRAG2ZERO	Male	Junior	00:06:30
37	10:37	Harry	Tanfield	Team Katusha Alpecin	Male	Senior	Scratch