

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

START SHEET



**CHELMER CYCLING CLUB
GP DE GENTLEMEN (AND WOMEN) 15 MILE TT**

**SUNDAY 24TH OCTOBER 2021 // COURSE E91/15 // START TIME 10:00AM
HQ - Leaden Roding Village Hall, Stortford Road, CM6 1QX
Timekeepers - John Cottee & Peter Smith**

Course Details: E91/15 (NB. change of course from originally advertised E83/16)

START on B184 by Leaden Roding 30 mph sign opposite E91/10 start in school lay by. Proceed to roundabout and join A1060 (TAKE CARE - you may need to give way to traffic here). Continue to roundabout at Lordship Road, Writtle (TAKE CARE - this can be a busy mini-roundabout and you may need to give way here) where turn and retrace to Leaden Roding where keep left at roundabout (TAKE CARE - you may need to give way here) and continue to FINISH 55 yards short of left turn sign at Rectory Corner 15 miles.

The designated lead rider must lead until the last mile. At the 1 mile to go marker, the accompanied/protected rider can be let loose to complete the course solo or ahead of their teammate. Their time will be the counting time for the pair.

Prizes will be awarded to the top finishers in each of the categories TT bike and Road bike for:

- Men's/Women's team scratch
- Mixed team scratch
- Vets on standard

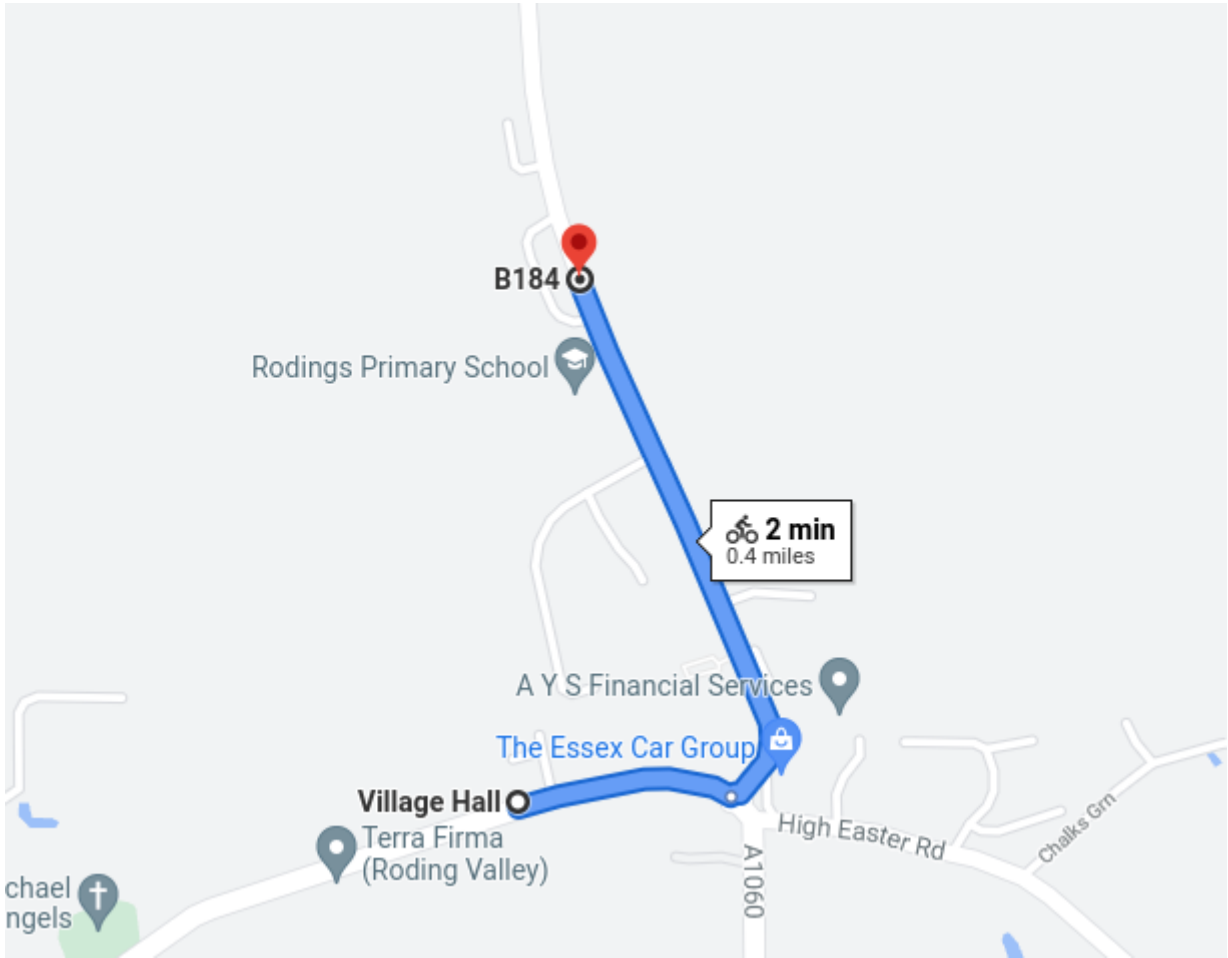
IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIMETRIALS AND THE EVENT ORGANISERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL SAFETY HELMET THAT MEETS INTERNATIONALLY ACCEPTED SAFETY STANDARDS AND INSIST THAT YOU MUST HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.

NOTES TO RIDERS - The following local regulations must be adhered to:

- No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.
- NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous maneuver are liable for disqualification from the event and further disciplinary action by the CTT District Committee.
- Numbers will be situated in the HQ; these can be exchanged for a hot or cold drink after the event. NO cars to stop or park at the start or finish areas, the finish is a clearway.
- No warming-up by competitors is allowed along any part of the designated course, after the event has started. NOTE: NO Riders allowed in the start area more than 5 minutes before starting.
- Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.
- Riders are required to both sign on and off. Failure to do so will result in a rider being disqualified from the results

ADDITIONAL NOTES TO RIDERS:

- No parking at either the start or finish, other than timekeepers.
- There should be ample parking at the village hall itself which is less than 0.5 miles from the start. The route to the start will not necessarily be signposted - please refer to the map overleaf.
- Please be aware when warming up on the road, that the return leg and finish line of the course passes the HQ, so warming up is not permitted westbound on Stortford Road after the event has started.
- **Covid 19 - Covid 19 has not gone away. Please follow CTT website guidance where possible and respect others even though we can now offer teas and cake. Masks, whilst optional are still advised. Due to Covid, there will be no pusher-off for this event.**



START LIST

<u>No</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Vets Standard</u>	<u>Start Time</u>
1	Emma Haxell	Athlon CC	30	-	10:02
2	Natalie Shepherd	Athlon CC	45	0:43:36	10:02
3	Kevin Ellis	Athlon CC	63	0:42:32	10:04
4	Sharon Skidmore	Athlon CC	52	0:44:34	10:04
5	Oliver Pidgeon	Southend Wheelers	42	0:39:31	10:06
6	Jeremy Parker	Metropolitan Police Cycle Club	53	0:40:50	10:06
7	Grzegorz Jaworski	Hart Performance Coaching	34	-	10:08
8	James Moss	North Road	44	0:39:44	10:08
9	James Wicks	Essex Roads CC	15	-	10:10
10	Dan Jenkins	Southend Wheelers	54	0:40:59	10:10
11	Graham Seeley	Athlon CC	71	0:44:29	10:12
12	Nina Woollard	Athlon CC	36	-	10:12
13	Andrew Merchant	Southend Wheelers	56	0:41:17	10:14
14	Helen Barrell	Hart Performance Coaching	32	-	10:14
15	Louis Digance	Essex Roads CC	28	-	10:16
16	John Kidd	Hart Performance Coaching	46	0:39:57	10:16
17	Nick Knight	Hart Performance Coaching	46	0:39:57	10:18
18	Louise Robinson	Essex Roads CC	45	0:43:36	10:18
19	Matthew Grant	London Phoenix CC	34	-	10:20
20	Andrew Grant	Cambridge CC	68	0:43:40	10:20
21	Henry Farrell	Full Gas Racing Team	31	-	10:22
22	David Farrell	Full Gas Racing Team	54	0:40:59	10:22
23	Paul Turton	Team Vision Racing - Silverhook	49	0:40:18	10:24
24	Leah Brook	Lea Valley CC	43	0:43:21	10:24
25	David Pennington	Southend Wheelers	33	-	10:26

26	Jennie Page	Southend Wheelers	42	0:43:14	10:26
27	Nick Boyle	Chelmer CC	46	0:39:57	10:28
28	Ian Cardy	Chelmer CC	57	0:41:26	10:28
29	Paul Hart	Hart Performance Coaching	42	0:39:31	10:30
30	Sam Thienel	Shaftesbury CC	27	-	10:30
31	Mark Fogg	Maldon and District CC	49	0:40:18	10:32
32	Vic Haines	Pro Vision RC	72	0:44:46	10:32
33	Stuart Crawford	Chorley Cycling Club	47	0:40:18	10:34
34	Paulina Mozal	Chelmer CC	36	-	10:34
35	James Sherwood	Orwell Velo	29	-	10:36
36	Dave Clark	Orwell Velo	44	0:39:44	10:36
37	Peter Harding	Chelmer CC	40	0:39:18	10:38
38	Jeremy Perks	Athlon CC	44	0:39:44	10:38
39	Tom Platts	Aspire Velo Racing Team	33	-	10:40
40	Peter Tibbitts	Ford CC	69	0:43:55	10:40