



Sleaford Wheelers Cycling Club

Charity 10TT in aid of Kidney Research UK

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Date: Saturday 20th April

Start: 2pm

Course: C10/10

Organiser: Chris Close

Email: chris.close@lincolnshirectt.uk

Mobile: 07810 678094

Timekeepers: Sharon Fensom (Spalding CC) & Steve Walker (Lincoln Wheelers CC)

Course Records: Men, Ryan Perry, 19:32: Women, Sarah King, 23:36

Awards: As this is a charity event awards will be of the chocolate variety.

1st 2nd & 3rd Scratch Men

1st 2nd & 3rd Scratch Women

1st 2nd & 3rd Under 18 Male

1st 2nd & 3rd Under 18 Female

Thank you for entering this year's Sleaford Wheelers Cycling Club Charity 10 Time Trial!

Each year we use this event to raise funds for a charity which is close to our hearts. This year we have chosen to support Kidney Research UK, as one of our members, Karen Durnin is able to ride this event after receiving a much-needed kidney.

All of your entry fee (after levies and hall charge) will go to the charity but this isn't the only way you can support Kidney Research UK at our Charity 10. We have an amazing raffle this year, with some great prizes: A brand new Garmin 130, an autographed copy of ICON by Bradley Wiggins and vouchers for all sorts of goodies. All donations for cakes etc will also help.

Finally, we hope you have a safe and successful ride, and look forward to seeing you afterwards for some well-earned tea and cake!

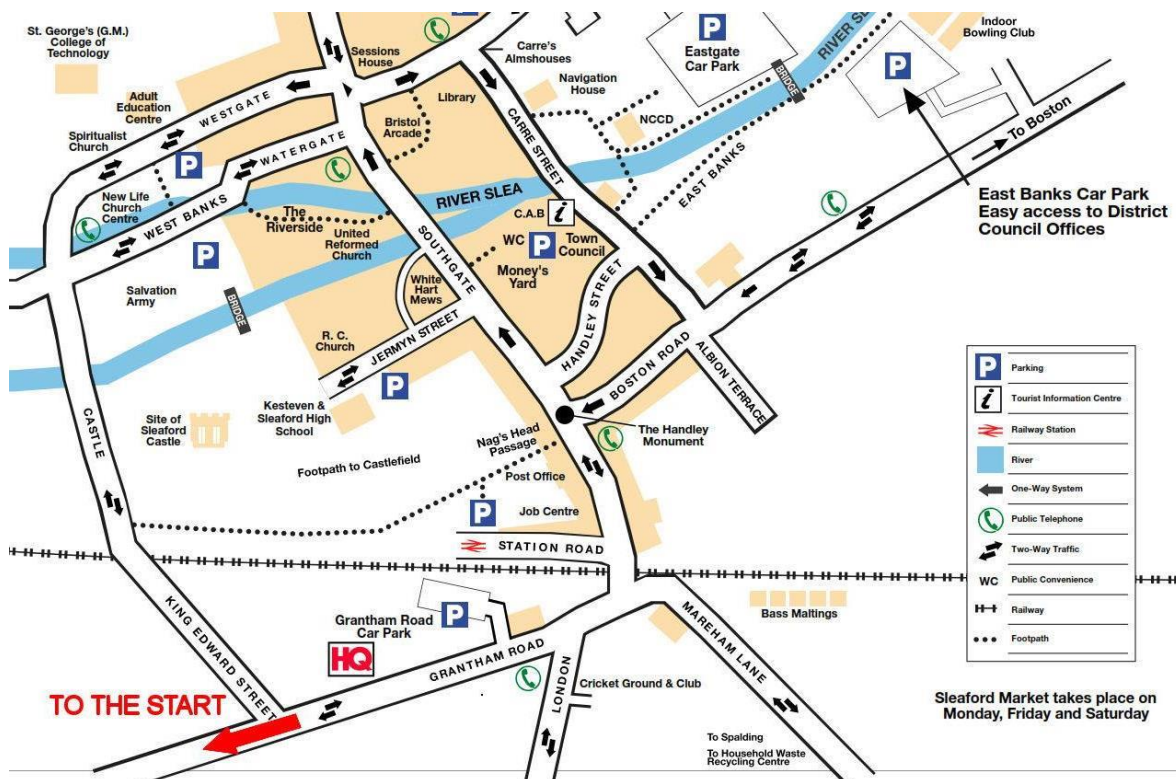
Event Information

Event HQ

The Event HQ for this event will be St Botolph's Church Hall, Grantham Road, Sleaford, NG34 7NB. The hall will be open for signing on from 1pm.

Directions: From the A15/A153 roundabout take exit to Sleaford. HQ is approximately 1 mile on the left.

Parking is available 200 yards away at around £2 per day. Please do not park outside the Event HQ due to issues with local residents.



Course Details

To get to the start from Event HQ go right towards Grantham. At Quarrington roundabout take the first exit at onto the A15. The start is approximately half a mile along on the left.

C10/10: Start on A15 Sleaford Bypass 0.25 miles South of Quarrington Roundabout (A15/A153/B1517) near field entrance with large tarmac entrance both sides of A15. Proceed South on A15 through Osbournby to Roundabout (A15/A52). Encircle Roundabout and retrace along A15 to Finish approximately 80 yards short of lay-by sign (approximately 1 mile going south) and 0.32 miles short of the Start.

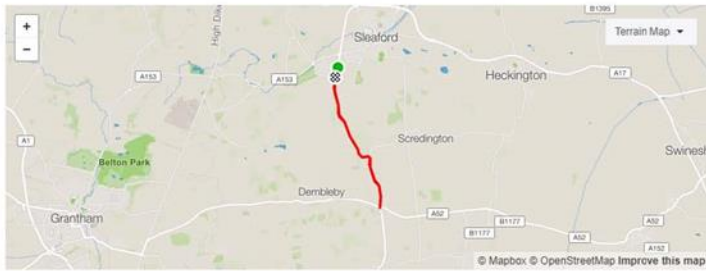
Course Profile ([Strava Segment here](#))

☆ C10/10 - Accurate (End Point Corrected)

Ride Segment Sleaford, Lincolnshire NG34, UK, England, United Kingdom

16.16km 0% 19m 35m 17m

Distance Avg Grade Lowest Elev Highest Elev Elev Difference 1,269 Attempts By 305 People



Fastest Times



George Atkins
KOM 20:17 30 Jul 2015



Sarah K.
QOM 23:36 15 Apr 2017

Compare Efforts



Numbers

These will be issued when signing on and must be returned when signing back in (Reg. 17b).

The number shall be centrally positioned below the waist so as to be clearly visible from the rear when in normal riding position.



Restrictions

There must be no warming up on the course once the event is in progress.

U turns are not permitted in the vicinity of the Start and Finish areas.

No head/earphones are permitted, except for hearing aids (Reg. 19).

Sleeveless tops are not permitted (Reg. 16).

Please call your number out upon completing your ride.

Advice to Riders

In the interests of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard-shell helmet that meets a recognized standard. All competitors under the age of 18 years and/or Juniors must wear a properly affixed helmet, as per Regulation 15.

CTT recommend that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

On completing your ride, please continue to the HQ.

Please remember to sign back in.

Head Down Riding Can Be Fatal Keep your eyes on the road

Sleaford Wheelers Cycling Club wish you all a safe and successful ride.

No	Time	Name	Club	Cat
1	14:01	Chris Close	Sleaford Whs CC	M-Vet
2	14:02	Lez Young (trike)	Lincoln Whs CC	M-Vet
3	14:03	Jessica Woollas	Sleaford Whs CC	F-Juv
4	14:04	Peter Holland	Lincoln Whs CC	M-Vet
5	14:05	Karen Durnin	Sleaford Whs CC	F-Vet
6	14:06	Wayne Hill	Bourne Whs	M-Vet
7	14:07	Carl Friskney	Sleaford Whs CC	M-Vet
8	14:08	Charlotte Ridsdale	Rutland CC	F-Vet
9	14:09	Paige Elding	Sleaford Whs CC	F-Juv
10	14:10	Andy Clark	Rutland CC	M-Vet
11	14:11	Teresa James	Sleaford Whs CC	F-Vet
12	14:12	Jonathan Francis	VTTA (Midlands)	M-Vet
13	14:13	Elise Hatton	Sleaford Whs CC	F-Jun
14	14:14	Russell Newman	Witham Whs	M-Vet
15	14:15	Georgia Lancaster	Sleaford Whs CC	F-Juv
16	14:16	Nicola Casburn	Lincoln Whs CC	F-Vet
17	14:17	James Irwin	Sleaford Whs CC	M-Sen
18	14:18	Martin Wood	Lincoln Tri Club	M-Vet
19	14:19	James Jeffries	Sleaford Whs CC	M-Vet
20	14:20	Keely McNiffe	Tri3 Sleaford	F-Sen
21	14:21	Mia Mawson	Sleaford Whs CC	F-Jun
22	14:22	Jayne Skinner	Lincoln Tri Club	F-Vet
23	14:23	Roger Mitchell	Sleaford Whs CC	M-Vet
24	14:24	Phil Galpin	Bourne Whs	M-Vet
25	14:25	Stuart Elding	Sleaford Whs CC	M-Vet
26	14:26	Andy Stevenson	Lincoln Whs CC	M-Vet
27	14:27	Kevan Woollas	Sleaford Whs CC	M-Sen
28	14:28	Carol Milne	Witham Whs	F-Vet
29	14:29	Joanne Howes	Sleaford Whs CC	F-Vet

No	Time	Name	Club	Cat
30	14:30	Lucy Andrews	Lincoln Tri Club	F-Sen
31	14:31	Paul Durnin	Sleaford Whs CC	M-Vet
32	14:32	Graham Bickle	Kings Cliffe Flyers	M-Vet
33	14:33	Carl Durnin	Sleaford Whs CC	M-Vet
34	14:34	Gary Baker	Reading CC	M-Vet
35	14:35	Tim Goddard	Sleaford Whs CC	M-Vet
36	14:36	Deborah Shaw	Melton Olympic CC	F-Vet
37	14:37	Matt Everton	Sleaford Whs CC	M-Vet
38	14:38	Tracey George	Witham Whs	F-Vet
39	14:39	Martha Wilson	Sleaford Whs CC	F-Sen
40	14:40	Alan Yost	Alford Whs	M-Vet
41	14:41	John Scott	Sleaford Whs CC	M-Vet
42	14:42	Cat Wynne	ICARUS	F-Vet
43	14:43	Mandy Jackson	Sleaford Whs CC	F-Vet
44	14:44	John Burton	Alford Whs	M-Vet
45	14:45	Lauren Pike	Sleaford Whs CC	F-Sen
46	14:46	Aly Wile	Mapperley CC	F-Vet
47	14:47	Thomas Howes	Sleaford Whs CC	M-Esp
48	14:48	Martin Lister	Witham Whs	M-Vet
49	14:49	Amie Hatton	Sleaford Whs CC	F-Juv
50	14:50	Simon Cocker	Witham Whs	M-Vet
51	14:51	Rod Oglesby	Lincoln Whs CC	M-Vet
52	14:52	Kerri Shore	Sleaford Whs CC	F-Vet
53	14:53	Philip Merritt	Fenland Clarion CC	M-Vet
54	14:54	Duncan Tittley	Sleaford Whs CC	M-Vet
55	14:55	B. J. Drew	Spalding CC	M-Vet
56	14:56	Ann Le Bek	Sleaford Whs CC	F-Vet
57	14:57	Vincent Shreeve	Bourne Whs	M-Vet
58	14:58	Ruth Wilson	Racing Team Dawson	F-Vet
59	14:59	Kathryn Smith	Sleaford Whs CC	F-Vet
60	15:00	Lord Rolbin	Bourne Whs	M-Vet
61	15:01	Steve Jackson	Sleaford Whs CC	M-Vet
62	15:02	Ashley Hill	Bourne Whs	M-Sen
63	15:03	Brendon Thomas	Alford Whs	M-Vet
64	15:04	James Westwood	Witham Whs	M-Vet
65	15:05	Dave Ashley	Sleaford Whs CC	M-Vet

No	Time	Name	Club	Cat
66	15:06	Jon Beere	Witham Whs	M-Vet
67	15:07	Shaun Brennan	Rats Cycling Team	M-Sen
68	15:08	John Orridge	Witham Whs	M-Vet
69	15:09	Loz Staples	Velo-One CT	M-Vet
70	15:10	Stuart McKellar	Sleaford Whs CC	M-Vet
71	15:11	Michael Smalley	Witham Whs	M-Vet
72	15:12	James Brama	Spalding CC	M-Vet
73	15:13	David Smith	Sleaford Whs CC	M-Vet
74	15:14	Julie Clark	Witham Whs	F-Vet
75	15:15	Mick Speight	Sleaford Whs CC	M-Vet
76	15:16	Neil Wilson	Paramount CRT	M-Vet
77	15:17	Mark Lee	Lincoln Tri Club	M-Vet
78	15:18	Richard Yates	Sleaford Whs CC	M-Vet
79	15:19	Rod Weston	Team Bottrill	M-Vet
80	15:20	Samuel Laird	Sleaford Whs CC	M-Juv
81	15:21	Tim Lister	Bourne Whs	M-Vet
82	15:22	Jed Friskney	Sleaford Whs CC	M-Sen
83	15:23	Karl Baillie	Witham Whs	M-Esp
84	15:24	Stuart White	Sleaford Whs CC	M-Vet
85	15:25	Steven Hollowood	Kiveton Park CC	M-Vet
86	15:26	Gary Poulson	Sleaford Whs CC	M-Vet
87	15:27	Paul Ripley	Alford Whs	M-Vet
88	15:28	Jensen Windsor	Velo Club Lincoln	M-Juv
89	15:29	Garry Lee	Mapperley CC	M-Vet
90	15:30	Henry Gould	Witham Whs	M-Sen
91	15:31	Glenn Ablard	Sleaford Whs CC	M-Sen
92	15:32	Tony Gilbert	Bourne Whs	M-Vet
93	15:33	Shaun Robinson	Lindsey Roads CC	M-Vet
94	15:34	Anthony Bye	Wisbech Whs	M-Vet
95	15:35	Sam Tuplin	Ellmore Factory Racing	M-Sen
96	15:36	Richard Hamblin	Sleaford Whs CC	M-Vet
97	15:37	Tom Comben	Bourne Whs	M-Vet
98	15:38	Sally Withey	Team Swift	F-Vet
99	15:39	George Thompson	Rose Race Team	M-Sen

No	Time	Name	Club	Cat
100	15:40	Alex Galpin	Bourne Whs	M-Juv
101	15:41	Eddie Humphreys	Loughborough Phoenix CC	M-Vet
102	15:42	Michael Lamb	Kiveton Park CC	M-Vet
103	15:43	Andy Thomas	Lindsey Roads CC	M-Vet
104	15:44	Matt Brian	Velo Club Lincoln	M-Vet
105	15:45	Richard Dixon	Team Swift	M-Vet
106	15:46	Martin Hall	St Ives CC	M-Vet
107	15:47	Sean Hunt	Lincoln Whs CC	M-Vet
108	15:48	Dan Galpin	Bourne Whs	M-Juv
109	15:49	Billy Jarish	Rose Race Team	M-Sen
110	15:50	James Burden	Rats Cycling Team	M-Sen
111	15:51	Neil Palmer	Spalding CC	M-Vet
112	15:52	Matt Elworthy	Velo-One CT	M-Sen
113	15:53	Keith Ainsworth	Sheffrec CC	M-Vet
114	15:54	Peter Odling	Alford Whs	M-Vet
115	15:55	Antony Gough	Velo-One CT	M-Vet
116	15:56	Chris Kettle	Bourne Whs	M-Vet
117	15:57	Ian Guilor	Mapperley CC	M-Vet

Velo-One Cycling Team (Staples Vegetables/Neil Palmer Electrical)

Velo Club Lincoln (Pygott & Crone -Allen Signs - Ringrose Law)