

Kettering Cycling Club

Are proud to present,

For and on behalf of Cycling Time Trials under its rules and regulations

The Frank & Joy Sheppard Memorial 10 Miles Time Trial

on

Saturday 25th September 2021, 2pm

Course N3/10C

Start On the Broughton / Mawsley Road at a point 21 yards west of the 2nd telegraph pole after Willows Garden Centre

Proceed Westwards passing Mawsley and Foxhill cottages to

Turn left At the junction with B756 (3.83 miles) and proceed towards Lamport where

Turn left At Manor Farm on entering Lamport (6.21 miles) and proceed towards Old where

Turn left At the junction opposite the White Horse public house (8.11 miles)

Finish In line with "CP Oil pipeline" hydrant, just before overhead cables and 319 yards short of Broughton / Mawsley junction (10 miles). After you finish CARE when you Turn RIGHT at the T junction (riders coming from the right) & back to the HQ.

Course Record:

Matt Bottrill, 20 mins 21 secs. 24th August 2013

HQ: Broughton Village Hall, Gate Lane, Broughton, Northants, NN14 1ND

HQ open from 12.30.

Please respect the facility & park courteously. The HQ is at the end of a residential area so please take care & be courteous. **Parking only at the HQ car park** please, no parking on the course except for officials. There will be other activities in progress at the HQ. Please park as directed. Please avoid parking on the narrow lane due to wide tractors using the road.

Distance from HQ to start is 2 miles. Distance from finish to HQ is 2.1 miles. Please take care on the A43.

Event Secretary:

Dave Yarham, 7 Torpel Way, Maxey, Peterborough, PE6 9EQ

Tel: (Mob): 07932 162471

Time keepers:

Janet Cafe, Richard Daniells

Safety:

Hard-shell helmets are recommended (compulsory for under 18 year olds). In the interest of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard-shell helmet that meets an internationally accepted standard. Any rider performing a "U" turn within the sight of the start or finish **will be disqualified** & reported to the district committee. A working rear red LED- type light must be fitted to each competitor's machine.

Other information:

Competitors in the solo events must ride entirely alone and unassisted and not ride in company or take shelter (commonly known as drafting) from other riders or vehicles. A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken. Clothing – Sorry, no trade jerseys (Team Sky etc.) are allowed, due to advertising / approved sponsorship etc.

Unfortunately, at previous events, some competitors have urinated in the entrance to Willows Nursey near the start. Anyone seen doing this will be instantly disqualified.

Road Bike category info:

To comply with the 'rules' to compete for the road bike awards, competitors are required to compete on a standard road bicycle (No rear disc wheel; no deep section (>60mm) wheels, no less than 12 spokes per wheel; no tri-bars & no aero (pointy) hats. Apart from that, anything goes!

Signing-on/off:

Please note that each rider must sign-on when collecting their number and sign out after completing the event. Failure to do so will result in disqualification.

Covid19.

Unfortunately, the covid19 pandemic has forced some changes to the normal procedures. The HQ will only be open to provide toilet facilities and for signing on/off. When signing on or off, please use the hand sanitiser provided before touching the pen or sheet. When signing off please just drop your number in the box provided. Sadly, there will be no refreshments provided, nor prize presentation at the end of the event. Also, there will be no pusher-off. Riders must start with one foot on the ground. There will be no result board displayed on the day. I will make every effort to ensure that times are published on the CTT web site as soon as possible after the event (hopefully by the Sunday evening). Please do not congregate in large (>6) numbers at any point, maintain your social distance (at least 1 metre) at all times. It is strongly recommended that (apart from when riding of course) a face covering is worn at all times.

Awards:

I would like to thank Frank and Joy's daughter, Karen, for her very generous sponsorship of this event.

Solo:

On actual time: 1st £40 + Sheppard Memorial Trophy
2nd £30 3rd £20

Fastest team of 3: £10 (each)

Road Bike:

On actual time: 1st £40 2nd £30 3rd £20

2-up TTT:

On actual time: 1st £40 (each) 2nd £30 (each)

Road Bikes

No	Name	Club	Category	StartTime
1	George Fox	George Fox Cycling Solutions	S	14:01
2	Graham Bickle	Kings Cliffe Flyers	V	14:02
3	Sarah Soden	Leicester Forest CC	LV	14:03
4	Richard Smith	Stoney Stanton Velo Club	V	14:04
5	Trevor Parrish	A5 Rangers CC	V	14:05
6	Karl Moseley	Bridgnorth Cycling Club	V	14:06

2-up TTT

No	Name	Club	Category	StartTime
11	Fabos Young	George Fox Cycling Solutions	V	14:11
12	Jack Patmore	George Fox Cycling Solutions	S	
13	Simon Goodwin	Bedfordshire Road CC	V	14:13
14	Alan Galloway	CC Luton	V	
15	Zoe Shepherd	Rugby Triathlon Club	LV	14:15
16	Gregory Ashley	Team Jewson - MI Racing ~Poly Pipe~McCann	V	
17	Stu Wright	QN Racing	V	14:17
18	Cath Weiss	Speedhub	LV	
19	Ann Shuttleworth	Cambridge CC	LV	14:19
20	Ian Short	Team Salesengine.co.uk	V	
21	Martin Fisher	Melton Olympic CC	V	14:21
22	Mick Stevens	Melton Olympic CC	V	

Solos

No	Name	Club	Category	StartTime
42	Emily Moore	Speedhub	LV	14:42
43	Michael Wood	Kettering CC	V	14:43
44	Gabriela MacKinnon	Coventry Triathletes	LV	14:44
45	Chris Spencer	Royal Leamington Spa Cycling Club	S	14:45
46	Jean-Sebastien Vecten	VéloElite RC	V	14:46
47	Lawrence Cox	Welland Valley CC	V	14:47
48	Simon Hunt	VéloElite RC	V	14:48
49	Sophie Lee	Team Catenary	LV	14:49
50	George Fox	George Fox Cycling Solutions	S	14:50
51	Alex Garner	VéloElite RC	V	14:51

52	Lee Heron	Banbury Star Cyclists' Club	V	14:52
53	David Tuttle	George Fox Cycling Solutions	V	14:53
54	Eddy Clutton	Kettering CC	V	14:54
55	Hugo Hocknell	Team Salesengine.co.uk	V	14:55
56	Mark Tomlinson	Peterborough CC	V	14:56
57	Loz Staples	Velo-One Cycling Team (Staples Vegetables- Great British Farmers)	V	14:57
58	Lee Thomas	Velo-One Cycling Team (Staples Vegetables- Great British Farmers)	V	14:58
59	Fabos Young	George Fox Cycling Solutions	V	14:59
60	Jack Patmore	George Fox Cycling Solutions	S	15:00