



Congleton Cycling Club

www.congletoncyclingclub.org.uk



Open 50 Mile Time Trial. Saturday, 20th July 2019 - Start 15.01 hrs.

BBAR Qualifier and Counting Event Cheshire Points Series 2019

(Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations)

Event HQ: Cranage Village Hall, CW4 8EQ (open from 14.00 hrs)
on the A50 approx. 1 mile north of Holmes Chapel. PARKING AVAILABLE.
PLEASE – NO SHOEPLATES IN THE HALL and make sure no oil drops on the floor.

Course: J 4/9

Timekeepers: Graham Lawrence (Start) Phil Heaton (Finish)

Awards: One rider one prize except for "Team Prize".

	First	Second	Third	Fourth	Fifth
Fastest	£40	£30	£20	£15	£10
Fastest Female	£40	£30	£20		
Fastest Team (aggregate 3 riders) – each	£20				
Fastest Veteran on Std.	£30	£20	£10		
Fastest Female veteran on std.	£30				

Riders Notes.

- 1. DO NOT PARK** near the Start/Finish area – there is plenty of parking at the HQ
- 2. RIDERS MUST SIGN ON** - Numbers available at HQ.
- 1. RIDERS MUST SIGN OFF after the event.**
- No U-Turns on the course or at the start or finish areas.
- Head up riding at all times, Observers are being used during this event. Dangerous riding is endangering the future of our sport.
- Results will be displayed at the HQ, do not bother the timekeeper.
- Riders must exercise care at all road junctions. Any competitor who's riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification from the event and may be reported to the District Committee for further disciplinary action.
- A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. This practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as contravention of Regulation 47(i), (iii) & (v).
- Cycling Time Trials** strongly advise you to wear a **HARD-SHELL HELMET** that meets an internationally accepted safety standard. In accordance with Regulation 15 but **ALL JUNIOR** competitors must wear Protective Hard Shell Helmets.
- It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use. Congleton Cycling Club also recommend a flashing front light.
- Thank you to all riders for supporting our event; we hope you will have a safe and successful ride.
- 10. This event may be subject to a Doping Control It is your responsibility to check** As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control
Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board
If your number is displayed you should report immediately to Doping Control which will be nearby
Remember, it is up to you to check and ensure that you comply
If required you must report to Doping Control after finishing without delay

Refreshments: courtesy of Congleton CC Team, will be available in the Headquarters. Exchange your number for a cup of tea. Please give a minimum £1 donation for cakes / sandwiches.

Numbers - will be at the HQ. **Body numbers** must be placed low down on the back and **arm numbers** on the left shoulder.

Numbers Stewards – Georgina Norton, George Brockbank and David Kane (Cheshire Roads Club)

Event Secretary Bob Norton 52 Vicarage Lane, Elworth, Sandbach, Cheshire CW11 3BU.

Phone 01270-765510 or 07584839254. E mail, nortonbob4@gmail.com

Course J4/9 - (Was J50E) - 50 miles (August 2013)

	Inter Miles	Total Miles
Start in Byley Lane, Cranage, at 10th fence post east of yellow "Underground Cable" marker, on east side of M6 bridge, outside Cranrose Equestrian Centre & Rose Bank Farm. Proceed east to		
Cranage (CARE at junction): Left along A50 to	0.478	0.478
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	1.404
Rudheath (CARE at junction): Left along the A556 to	4.186	5.590
King Street Island : Left along the the A530/B5309 to traffic lights at junction with	0.145	5.735
Centurion Way : Filter left at the traffic lights via an un-named traffic island to	3.615	9.350
Byley Road Corner (Kinderton) : Left along the B5801 to	0.562	9.912
Byley Cross Roads : RIGHT WITH CARE into Moss Lane/Byley Lane to	1.813	11.725
Cranage (CARE at junction): Left along A50 to commence a 2nd lap to	2.097	13.822
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	14.748
Rudheath (CARE at junction): Left along the A556 to	4.186	18.934
King Street Island : Left along the the A530/B5309 to traffic lights at junction with	0.145	19.079
Centurion Way : Filter left at the traffic lights via an un-named traffic island to	3.615	22.694
Byley Road Corner (Kinderton) : Left along the B5801 to	0.562	23.256
Byley Cross Roads : RIGHT WITH CARE into Moss Lane/Byley Lane to	1.813	25.069
Cranage (CARE at junction): Left along A50 to commence a 3rd lap to	2.097	27.166
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	28.092
Rudheath (CARE at junction): Left along the A556 to	4.186	32.278
King Street Island : Left along the the A530/B5309 to traffic lights at junction with	0.145	32.423
Centurion Way : Filter left at the traffic lights via an un-named traffic island to	3.615	36.038
Byley Road Corner (Kinderton) : Left along the B5801 to	0.562	36.600
Byley Cross Roads : RIGHT WITH CARE into Moss Lane/Byley Lane to	1.813	38.413
Cranage (CARE at junction): Left along A50 to commence a 4th lap to	2.097	40.510
Woodside Northwich Road (Pennys Lane): Left along the B5082 Northwich Road to join A556 at	0.926	41.436
Rudheath (CARE at junction): Left along the A556 to	4.186	45.622
King Street Island : Left along the the A530/B5309 to traffic lights at junction with	0.145	45.767
Centurion Way : Filter left at the traffic lights via an un-named traffic island to	3.615	49.382
Byley Road Corner (Kinderton) : Left along the B5801 to	0.562	49.944
Finish on B5081, at first grid on left, after entrance to Kinderton Hall	0.056	50.000

Directions to the Start:

From HQ, turn Left onto A50, then first Left into Byley Lane. Start line is approx. 0.5 mile along Byley Lane.

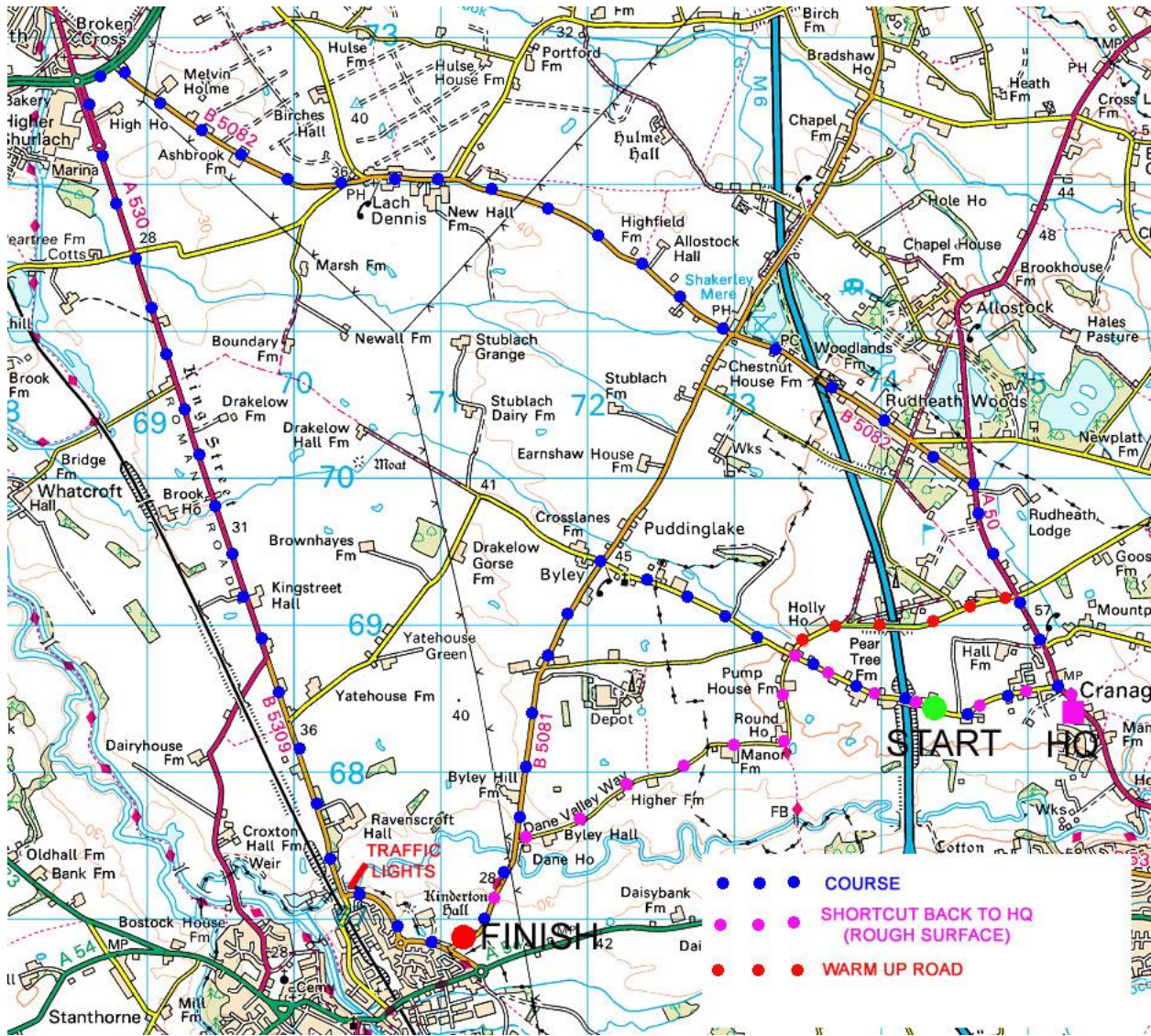
Directions from Finish to HQ:

Continue on course or turn right 0.3 mile after Finish, into Byley Lane (rough) which goes right at cross roads, re-joining course, to A50 at Cranage, where right to the HQ.

Warm-Up Zone

For minimum disruption and pleasant conditions, please use Middlewich Road (Byley Lane to A50).

Map of Course.



bib	Start time	firstname	lastname	club	gender	category	Age	VTTA Std
4	15:04	Kerry	Gleave	Congleton CC	Female	Veteran	55	02:33:40
5	15:05	Vic	Trigger	Crewe Clarion Whs	Male	Veteran	73	02:34:00
6		Kate	Mccaffrey	Stafford Triathlon Club	Female	Veteran	49	02:30:54
7		Kemmel	Atkinson	Total Tri Training	Male	Veteran	60	02:23:57
8		Jamie	Platt	Manchester Triathlon Club	Male	Senior	36	
9		Richard	Tennant	Manchester Triathlon Club	Male	Senior	24	
10	15:10	David	Wright	Warrington Road Club	Male	Veteran	60	02:23:57
11		Simon	Higgins	Liverpool Century RC	Male	Veteran	59	02:23:25
12		Ian	Peacock	Leek CC - Den Engel Belgian Bar	Male	Veteran	67	02:28:26
13		Richard	Coates	Leek CC - Den Engel Belgian Bar	Male	Veteran	54	02:21:06
14		Lynne	Skellern	Macclesfield Wheelers	Female	Veteran	52	02:32:16
15	15:15	Adam	Darby	Transition Race Team	Male	Senior	34	
16		Jonathan	Lloyd	Westmead Team 88	Male	Veteran	51	02:19:51
17		Robbie	Harcourt	VTTA (Manchester & NW Group)	Male	Veteran	56	02:21:59
18		Jan	Scotchford	North Lancashire Road Club	Female	Veteran	53	02:32:43
19		Lesley	Norbury	Congleton CC	Female	Veteran	63	02:38:16
20	15:20	Rod	Mason	Stockport Clarion CC	Male	Veteran	43	02:16:32
21		Phil	Robinson	Janus Road Club	Male	Veteran	50	02:19:27
22		Andy	Milligan	Weaver Valley CC	Male	Veteran	52	02:20:15
23		Richard	Shaw	Seamons CC	Male	Veteran	50	02:19:27
24		Ben	Beachell	Rhos-on-Sea CC	Male	Veteran	49	02:19:03
25	15:25	Scott	Gurnett	Minehead Cycling Club	Male	Senior	23	
26		Tim	Marshall	Seamons CC	Male	Veteran	43	02:16:32
27		Sarah	Grant	Pro Vision Cycle Clothing	Female	Senior	35	
28		Leigh	Jones	Graham Weigh Racing-Deeside Olympic	Male	Senior	26	
29		Colin	Carthy	Weaver Valley CC	Male	Veteran	52	02:20:15
30	15:30	Mark	Donnelly	Birkenhead North End CC	Male	Veteran	43	02:16:32
31		Steve	Hall	Thatto Cycles Racing Team	Male	Veteran	40	02:15:07
32		Stephen	Sladin	Congleton CC	Male	Veteran	52	02:20:15
33		Mark	Turner	St Helens Tri	Male	Senior	28	
34		Michelle	Fairclough	Salford Cycling Club	Female	Veteran	43	02:28:07
35	15:35	Will	Pegg	Stone Wheelers CC	Male	Veteran	45	02:17:24
36		Jayne	Dickens	Pro Vision Cycle Clothing	Female	Veteran	50	02:31:21
37		Matthew	Last	Trinity Cycling Team	Male	Senior	34	
38		Michael	Summers	Glossop Kinder Velo Cycling Club	Male	Veteran	45	02:17:24
39		Lynne	Ewington	Velo Karbona	Female	Veteran	55	02:33:40
40	15:40	Philip	Brown	Walsall Roads Cycling Club	Male	Veteran	67	02:28:26
41		Ian	Casson	Birkenhead Victoria CC	Male	Veteran	66	02:27:41
42		Jamie	Humphries	Westmead Team 88	Male	Veteran	44	02:16:59
43		Dan	Harbidge	Warrington Triathlon Club	Male	Senior	25	
44		Andy	Whitehead	Seamons CC	Male	Veteran	56	02:21:59
45	15:45	Martin	Wiggan	Seamons CC	Male	Veteran	46	02:17:49
46		Mat	Stephenson	Congleton CC	Male	Veteran	51	02:19:51
47		Alex	Taylor	Manchester Triathlon Club	Male	Veteran	40	02:15:07
48		Wayne	Simmons	Total Tri Training	Male	Senior	28	
49		Damian	Ellis	Leek CC - Den Engel Belgian Bar	Male	Veteran	51	02:19:51
50	15:50	Alistair	Stanway	Weaver Valley CC	Male	Veteran	51	02:19:51
51		John	Spearman	Seamons CC	Male	Veteran	46	02:17:49

52		Peter	Rogers	Chorlton Velo	Male	Veteran	53	02:20:40
53		Gavin	Lynch	Glossop Kinder Velo Cycling Club	Male	Veteran	41	02:15:36
54		Paul	Harbidge	Warrington Triathlon Club	Male	Veteran	58	02:22:55
55	15:55	Ben	Norbury	Congleton CC	Male	Senior	35	
56		Paul	Basson	ABC Centreville	Male	Veteran	47	02:18:14
57		Claire	Harrison	Pro Vision Cycle Clothing	Female	Veteran	45	02:29:05
58		John	Lowe	Withington Wheelers	Male	Veteran	50	02:19:27
59		Alison	Dockney	Market Drayton Cycling Club	Female	Senior	33	
60	16:00	Daniel	Shackleton	ABC Centreville	Male	Veteran	48	02:18:38
61		Ronan	O'cualain	Seamons CC	Male	Veteran	42	02:16:05
62		Sam	Shepherd	Total Tri Training	Male	Senior	33	
63		Kirk	Yearsley	Salford Cycling Club	Male	Senior	34	
64		Dan	Robson	Weaver Valley CC	Male	Veteran	52	02:20:15
65	16:05	Adrian	Hughes	Seamons CC	Male	Veteran	52	02:20:15
66		Christopher	Dursley	Coveryourcar.co.uk RT	Male	Veteran	49	02:19:03
67		Simon	Horsley	Kendal Cycle Club	Male	Veteran	55	02:21:32
68		Paul	Dean	Macclesfield Wheelers	Male	Veteran	57	02:22:27
69		Kenneth	Trigger	Crewe Clarion Whs	Male	Veteran	68	02:29:14
70	16:10	Philip	Gleave	Congleton CC	Male	Senior	24	
71		Gary	Tye	Preston CC	Male	Veteran	50	02:19:27
72		James	Willetts	Team JMC	Male	Senior	35	
73		Paul	Mannion	Manchester Triathlon Club	Male	Veteran	55	02:21:32
74		John	Cripps	Leigh Premier Road Club	Male	Senior	39	
75	16:15	Alan	Chorley	Seamons CC	Male	Veteran	48	02:18:38

Sponsored Clubs (Where not on Start list)

Warrington Road Club/Horton Light Engineering/RS Cyclesport
Coveryourcar.co.uk RT - Fitted and Tailored Car Covers