



EAST DISTRICT
CYCLING ASSOCIATION

EAST DISTRICT CYCLING ASSOCIATION 10 MILE TIME TRIAL CHAMPIONSHIP
B10/37R, SATURDAY 5th June 2021

(PROMOTED FOR AND ON BEHALF OF **CYCLING TIME TRIALS** UNDER THEIR RULES AND REGULATIONS)

EVENT SECRETARY: Daniel Bloy, 22 Nightingale Walk, Denver, PE38 0DS daniel_bloy@hotmail.com 07786 085 257

TIMEKEEPERS: Start: Peter Church, Bruce Williams; Finish: Andy Moore, Naomi Lucas

HELPERS: Abby Marshall, Amelia Bloy, David Bethell, Ellie Marshall, Tim Spencer

Many thanks to all the helpers who made this event happen. I am very grateful for your assistance and without you, this event would not have happened.

It was lovely to have such a pleasant day for a bicycle race and see so many people enjoying themselves. A special shout out to Denese and Kevin from Wisbech Wheelers; it was lovely to see you at the event.

In the ladies category Hannah O'Brien of Loose Cannon's Conditioning took victory and the EDCA Ladies Championship from Cindy Beynon of Epic Orange race Team. Rounding off the podium in the ladies even was the legendary Sally Withey of Swift Racing.

In the men's event, Zachary Herrod of AeroLab Ward Wheelz set a blistering pace to take the win ahead of Lloyd Chapman of Loose Cannon's Conditioning with Ben Stancombe completing the podium a few seconds back. Lloyd takes the EDCA Men's Championship with Mark Richards of D A P Cycling Club in second and Nick Partridge of VC Baracchi in third. Well done to all of you.

Congratulations also to the winning team, Loose Cannon's Conditioning, composed of Lloyd Chapman, James Potter and Robert Staines. You have thoroughly established yourselves as the current team to beat in the Eastern District.

Stay safe,
Sincerely

Daniel Bloy

PRIZES:

East District Cycling Association Medals. Only riders riding for an East District affiliated club are eligible for district medals.

Pictures:

Out on the course today we had the legendary Ming Lo who has taken photos. Ming has created and added his photos to the "2021 EDCA 10Mile TT Championship (B10/37R)" album in the Kings Lynn Cycling clubs Facebook page. I have also shared the album from my Facebook page.

Juveniles

| Position | Number | Name | Club | District | Time |
|----------|--------|------------------|--------------------|--------------|----------|
| 1 | 14 | William Horspool | Boston Wheelers CC | Lincolnshire | 00:24:24 |

Ladies

| Position | Number | Name | Club | District | Time |
|----------|--------|----------------|-----------------------------|-----------|----------|
| 1 | 29 | Hannah O'Brien | Loose Cannon's Conditioning | East | 00:23:28 |
| 2 | 24 | Cindy Beynon | Epic Orange Race Team | East | 00:23:51 |
| 3 | 15 | Sally Withey | Swift Racing | Yorkshire | 00:26:15 |

Men

| Position | Number | Name | Club | District | Time |
|----------|--------|----------------|------------------------------------|---------------------|----------|
| 1 | 57 | Zachary Herrod | AeroLab Ward WheelZ | Midland | 00:19:50 |
| 2 | 59 | Lloyd Chapman | Loose Cannon's Conditioning | East | 00:20:02 |
| 3 | 60 | Ben Stancombe | Peterborough CC | South East Midlands | 00:20:06 |
| 4 | 58 | Mark Richards | D A P Cycling Club | East | 00:20:11 |
| 5 | 54 | Ben Beynon | ROTOR Race Team | Midland | 00:20:13 |
| 6 | 56 | Nick Partridge | VC Baracchi | East | 00:20:55 |
| 7 | 48 | Elliot Hibell | Kings Lynn CC | East | 00:21:09 |
| 8 | 49 | James Potter | Loose Cannon's Conditioning | East | 00:21:13 |
| =9 | 50 | David Halliday | Newmarket Cycling & Triathlon Club | East | 00:21:24 |
| =9 | 53 | Dan Blackburn | Epic Orange Race Team | East | 00:21:24 |
| 11 | 47 | John Bradbury | CC Sudbury | East | 00:21:31 |
| 12 | 55 | Keith Dorling | Team Bottrill | Central | 00:21:32 |
| 13 | 52 | Glenn Taylor | Shorter Rochford RT | London North | 00:21:40 |
| 14 | 51 | Thomas Carroll | CC Breckland | East | 00:21:51 |
| 15 | 45 | Jamie Sparrow | Kings Lynn CC | East | 00:21:52 |
| 16 | 33 | Stuart Supple | VC Baracchi | East | 00:22:11 |

| Position | Number | Name | Club | District | Time |
|----------|--------|------------------|-------------------------------------|---------------------|----------|
| 17 | 42 | Paul Hayward | VC Baracchi | East | 00:22:25 |
| 18 | 39 | Derek Ricketts | Ely & District CC/B&T Motor Repairs | East | 00:22:37 |
| 19 | 41 | John Manlow | Ely & District CC/B&T Motor Repairs | East | 00:22:44 |
| =20 | 32 | Antony Stapleton | North Essex Velo | London East | 00:22:55 |
| =20 | 40 | Philip Watkins | North Norfolk Whs | East | 00:22:55 |
| 22 | 43 | Neil Empson | Wisbech Whs | East | 00:23:08 |
| 23 | 38 | Martin Atkinson | Peterborough CC | South East Midlands | 00:23:20 |
| 24 | 34 | Justin Gyton | Kings Lynn CC | East | 00:23:36 |
| 25 | 21 | Adrian McHale | Peterborough CC | South East Midlands | 00:23:40 |
| 26 | 27 | Philip Merritt | Fenland Clarion CC | South East Midlands | 00:23:46 |
| 27 | 17 | Graham Horspool | Wisbech Whs | East | 00:23:51 |
| 28 | 23 | Aaron Bates | West Suffolk Wheelers | East | 00:23:52 |
| 29 | 16 | Stuart Howlett | Velouse Flyers | East | 00:23:56 |
| 30 | 37 | Will Shepherd | Ely & District CC/B&T Motor Repairs | East | 00:23:57 |
| 31 | 19 | Simon Hardy | Kings Lynn CC | East | 00:24:14 |
| 32 | 44 | Michael Martin | CC Ashwell | London North | 00:24:16 |
| 33 | 31 | Phil Lee | Wisbech Whs | East | 00:24:17 |
| 34 | 20 | Paul Moss | Stowmarket & District CC | East | 00:24:27 |
| 35 | 26 | Mark Fairhead | CC Breckland | East | 00:24:54 |
| 36 | 35 | Chris Nudds | CC Breckland | East | 00:25:28 |
| 37 | 25 | Mark Ready | Diss & District CC | East | 00:25:30 |
| 38 | 11 | Rob Goult | Ely & District CC/B&T Motor Repairs | East | 00:25:36 |
| 39 | 12 | David Young | West Suffolk Wheelers | East | 00:25:45 |
| 40 | 10 | Mark Eastwood | West Suffolk Wheelers | East | 00:26:14 |
| 41 | 9 | Wayne Hill | Bourne Wheelers | Lincolnshire | 00:26:24 |
| 42 | 5 | David Broadbent | Moda Racing Team | Central | 00:26:45 |
| 43 | 8 | John Steed | West Suffolk Wheelers | East | 00:26:58 |
| 44 | 30 | Patrick Charlton | Wolsey RC | East | 00:27:05 |
| 45 | 13 | David Fenn | CC Sudbury | East | 00:28:44 |
| 46 | 3 | Gerry Barton | West Suffolk Wheelers | East | 00:30:35 |
| 47 | 4 | Paul Johnson | Kings Lynn CC | East | 00:31:23 |
| 48 | 36 | Mike Watson | Lowestoft Wheelers Cycling Club | East | DNF |
| 49 | 28 | Jason Turner | Norwich A B C | East | DNS* |

* Mechanical issue

Veterans

| Position | Number | Name | Club | District | +/- Vet |
|----------|--------|------------------|-------------------------------------|---------------------|-----------|
| 1 | 55 | Keith Dorling | Team Bottrill | Central | 00:06:34 |
| 2 | 52 | Glenn Taylor | Shorter Rochford RT | London North | 00:05:27 |
| =3 | 29 | Hannah O'Brien | Loose Cannon's Conditioning | East | 00:05:24 |
| =3 | 56 | Nick Partridge | VC Baracchi | East | 00:05:24 |
| 5 | 47 | John Bradbury | CC Sudbury | East | 00:05:20 |
| 6 | 39 | Derek Ricketts | Ely & District CC/B&T Motor Repairs | East | 00:05:00 |
| 7 | 53 | Dan Blackburn | Epic Orange Race Team | East | 00:04:55 |
| 8 | 49 | James Potter | Loose Cannon's Conditioning | East | 00:04:53 |
| 9 | 40 | Philip Watkins | North Norfolk Whs | East | 00:04:42 |
| 10 | 45 | Jamie Sparrow | Kings Lynn CC | East | 00:04:40 |
| 11 | 32 | Antony Stapleton | North Essex Velo | London East | 00:04:23 |
| 12 | 41 | John Manlow | Ely & District CC/B&T Motor Repairs | East | 00:04:17 |
| 13 | 33 | Stuart Supple | VC Baracchi | East | 00:04:16 |
| 14 | 51 | Thomas Carroll | CC Breckland | East | 00:04:15 |
| 15 | 35 | Chris Nudds | CC Breckland | East | 00:04:14 |
| 16 | 27 | Philip Merritt | Fenland Clarion CC | South East Midlands | 00:03:58 |
| 17 | 42 | Paul Hayward | VC Baracchi | East | 00:03:49 |
| 18 | 16 | Stuart Howlett | Velouse Flyers | East | 00:03:22 |
| 19 | 15 | Sally Withey | Swift Racing | Yorkshire | 00:03:20 |
| 20 | 44 | Michael Martin | CC Ashwell | London North | 00:03:08 |
| 21 | 38 | Martin Atkinson | Peterborough CC | South East Midlands | 00:03:03 |
| =22 | 19 | Simon Hardy | Kings Lynn CC | East | 00:02:47 |
| =22 | 34 | Justin Gyton | Kings Lynn CC | East | 00:02:47 |
| =22 | 21 | Adrian McHale | Peterborough CC | South East Midlands | 00:02:47 |
| =25 | 8 | John Steed | West Suffolk Wheelers | East | 00:02:44 |
| =25 | 31 | Phil Lee | Wisbech Whs | East | 00:02:44 |
| =27 | 20 | Paul Moss | Stowmarket & District CC | East | 00:02:40 |
| =27 | 23 | Aaron Bates | West Suffolk Wheelers | East | 00:02:40 |
| 29 | 37 | Will Shepherd | Ely & District CC/B&T Motor Repairs | East | 00:02:39 |
| 30 | 26 | Mark Fairhead | CC Breckland | East | 00:02:36 |
| 31 | 17 | Graham Horspool | Wisbech Whs | East | 00:02:32 |
| 32 | 25 | Mark Ready | Diss & District CC | East | 00:02:21 |
| 33 | 11 | Rob Goult | Ely & District CC/B&T Motor Repairs | East | 00:01:42 |
| 34 | 5 | David Broadbent | Moda Racing Team | Central | 00:01:21 |
| 35 | 10 | Mark Eastwood | West Suffolk Wheelers | East | 00:01:10 |
| 36 | 30 | Patrick Charlton | Wolsey RC | East | 00:01:08 |
| 37 | 9 | Wayne Hill | Bourne Wheelers | Lincolnshire | 00:00:48 |
| 38 | 13 | David Fenn | CC Sudbury | East | 00:00:46 |
| 39 | 3 | Gerry Barton | West Suffolk Wheelers | East | -00:01:05 |
| 40 | 4 | Paul Johnson | Kings Lynn CC | East | -00:04:16 |

Scratch

| Position | Number | Category | Name | Club | Time |
|----------|--------|----------|------------------|-------------------------------------|----------|
| 1 | 57 | Men | Zachary Herrod | AeroLab Ward WheelZ | 00:19:50 |
| 2 | 59 | Men | Lloyd Chapman | Loose Cannon's Conditioning | 00:20:02 |
| 3 | 60 | Men | Ben Stancombe | Peterborough CC | 00:20:06 |
| 4 | 58 | Men | Mark Richards | D A P Cycling Club | 00:20:11 |
| 5 | 54 | Men | Ben Beynon | ROTOR Race Team | 00:20:13 |
| 6 | 56 | Men | Nick Partridge | VC Baracchi | 00:20:55 |
| 7 | 48 | Men | Elliot Hibell | Kings Lynn CC | 00:21:09 |
| 8 | 49 | Men | James Potter | Loose Cannon's Conditioning | 00:21:13 |
| 9 | 46 | Espoir | Robert Staines | Loose Cannon's Conditioning | 00:21:19 |
| =10 | 50 | Men | David Halliday | Newmarket Cycling & Triathlon Club | |
| =10 | 53 | Men | Dan Blackburn | Epic Orange Race Team | |
| 12 | 47 | Men | John Bradbury | CC Sudbury | 00:21:31 |
| 13 | 55 | Men | Keith Dorling | Team Bottrill | 00:21:32 |
| 14 | 52 | Men | Glenn Taylor | Shorter Rochford RT | 00:21:40 |
| 15 | 51 | Men | Thomas Carroll | CC Breckland | 00:21:51 |
| 16 | 45 | Men | Jamie Sparrow | Kings Lynn CC | 00:21:52 |
| 17 | 33 | Men | Stuart Supple | VC Baracchi | 00:22:11 |
| 18 | 42 | Men | Paul Hayward | VC Baracchi | 00:22:25 |
| 19 | 39 | Men | Derek Ricketts | Ely & District CC/B&T Motor Repairs | 00:22:37 |
| 20 | 41 | Men | John Manlow | Ely & District CC/B&T Motor Repairs | 00:22:44 |
| =21 | 32 | Men | Antony Stapleton | North Essex Velo | |
| =21 | 40 | Men | Philip Watkins | North Norfolk Whs | |
| 23 | 43 | Men | Neil Empson | Wisbech Whs | 00:23:08 |
| 24 | 38 | Men | Martin Atkinson | Peterborough CC | 00:23:20 |
| 25 | 18 | Espoir | Jolyon Glynn | Cambridge CC | 00:23:24 |
| 26 | 29 | Ladies | Hannah O'Brien | Loose Cannon's Conditioning | 00:23:28 |
| 27 | 34 | Men | Justin Gyton | Kings Lynn CC | 00:23:36 |
| 28 | 21 | Men | Adrian McHale | Peterborough CC | 00:23:40 |
| 29 | 27 | Men | Philip Merritt | Fenland Clarion CC | 00:23:46 |
| =30 | 17 | Men | Graham Horspool | Wisbech Whs | |
| =30 | 24 | Ladies | Cindy Beynon | Epic Orange Race Team | |
| 32 | 23 | Men | Aaron Bates | West Suffolk Wheelers | 00:23:52 |
| 33 | 16 | Men | Stuart Howlett | Velouse Flyers | 00:23:56 |
| 34 | 37 | Men | Will Shepherd | Ely & District CC/B&T Motor Repairs | 00:23:57 |
| 35 | 19 | Men | Simon Hardy | Kings Lynn CC | 00:24:14 |
| 36 | 44 | Men | Michael Martin | CC Ashwell | 00:24:16 |
| 37 | 31 | Men | Phil Lee | Wisbech Whs | 00:24:17 |
| 38 | 14 | Juvenile | William Horspool | Boston Wheelers CC | 00:24:24 |
| 39 | 20 | Men | Paul Moss | Stowmarket & District CC | 00:24:27 |
| 40 | 26 | Men | Mark Fairhead | CC Breckland | 00:24:54 |
| 41 | 35 | Men | Chris Nudds | CC Breckland | 00:25:28 |
| 42 | 25 | Men | Mark Ready | Diss & District CC | 00:25:30 |
| 43 | 11 | Men | Rob Goult | Ely & District CC/B&T Motor Repairs | 00:25:36 |
| 44 | 12 | Men | David Young | West Suffolk Wheelers | 00:25:45 |
| 45 | 10 | Men | Mark Eastwood | West Suffolk Wheelers | 00:26:14 |
| 46 | 15 | Ladies | Sally Withey | Swift Racing | 00:26:15 |
| 47 | 9 | Men | Wayne Hill | Bourne Wheelers | 00:26:24 |
| 48 | 5 | Men | David Broadbent | Moda Racing Team | 00:26:45 |

| Position | Number | Category | Name | Club | Time |
|----------|--------|----------|------------------|-----------------------|----------|
| 49 | 8 | Men | John Steed | West Suffolk Wheelers | 00:26:58 |
| 50 | 30 | Men | Patrick Charlton | Wolsey RC | 00:27:05 |
| 51 | 13 | Men | David Fenn | CC Sudbury | 00:28:44 |
| 52 | 3 | Men | Gerry Barton | West Suffolk Wheelers | 00:30:35 |
| 53 | 4 | Men | Paul Johnson | Kings Lynn CC | 00:31:23 |

DNS

6 - Catrin Brown, Cycle Specific

7 - Trevor Roberts, Wolsey RC

22 - Thomas Dean, Royal Air Force Cycling Association