



# Shropshire Cycling Clubs Association



## Coaching Revolutions Shropshire Championship 4-Up

**Open 50km 4-Up TTT Sunday, 1<sup>st</sup> August 2021 at 10am**

Promoted for and on behalf of Cycling Time Trials under their rules & regulations

**HQ: The Lamb Inn, Edmond Nr. Newport, TF10 8HU (on B5062)**

**Park: At The Lamb Inn; and in Shrewsbury Road (adjacent to Lamb Inn) opposite Village Hall 200 yards away.**

**Timekeeper:** Dave Goring, Wrekingsport CC  
**Asst Timekeeper:** Bernard Hutson-Lumb, Nova Raiders  
**Recorder:** Dave Fletcher, Wrekingsport CC  
**Event Secretary:** Dave Fletcher, 373 Holyhead Road, Telford TF1 2HB

**Marshals:** Crudgington – Nova Raiders and SCCA Private Members  
Shawbirch – Mid Shropshire Wheelers  
Hodnet – North Shropshire Wheelers  
Harper Adams pedestrian crossing – Wrekingsport CC

<b>Course:</b>	<b>Edmond-Crudgington-Shawbirch-Hodnet-Crudgington- Edmond B5062 A442</b>
<b>Course Ref:</b>	<b>K52/50k</b>
<b>Distance:</b>	<b>50 Kilometres</b>
<b>OS map:</b>	<b>Landranger 127</b>
<b>Start point:</b>	<b>SJ723201</b>
<b>Finish point:</b>	<b>SJ720201</b>
0.00	Start at "Give Way" sign at B5062 end of Shrewsbury Road adj "The Lamb at Edmond" Inn
10.17	Proceed west along B5062 to Crudgington crossroads
15.18	Turn left to A442 and proceed south to Shawbirch roundabout
30.38	Encircle roundabout, taking 4th exit and proceed north via A442 to Hodnet (Espley) roundabout
40.57	Encircle roundabout, taking 4th exit and proceed south via A442 to Crudgington crossroads
50.43	Turn left to B5062, proceed east to FINISH level with drain cover at centre of bus shelter 1/4 mile before start

**All proceeds will be in aid of Midlands Air Ambulance, no prize money. This is a particularly important charity for cyclists who are often to be found in the back of beyond, and the ability to reach quickly is paramount.**

**4-Up HQ The Lamb at Edmond need your help. 1820 mile static bike ride from 27/7, virtual distance to Tokyo over 5 weeks until closing of Paralympics in aid of Newport Cottage Care & X-Ray Appeal. Set up in courtyard, pop along anytime to help mileage or warm up/down around 4-Up.**

**Please support The Lamb after the event for the always popular social post-race. The inn are kindly serving fish and chips from the beer garden from around 11:30am and have recently installed a bar for restorative drinks to aid your recovery...or not!**

- **IN THE INTERESTS OF YOUR OWN SAFETY** Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. Juniors **MUST** wear a hard shell helmet
  - Please make every effort to adhere to wearing clothing of a similar colour and design. This helps the timekeeper to identify riders from the same team - especially hard when two teams finish close together. Please note that Triathlon style tops are not currently permitted in 'Open' events. 'Trade team' tops are also not allowed.
  - Teams start at three minute intervals. **All teams will take a standing start.**
  - Every rider shall be responsible for their own safety and compliance with the rules of the road – please remember when turning left at Crudgington onto the A442 you have to give way to traffic from your right. **Any team reported as behaving inappropriately at this turn risks disqualification.**
  - Point out any potholes or obstacles to other riders in your team, verbally if necessary.
  - Ride in single file except when rotating within your team, with the minimum amount of echelon to allow for a clear view ahead. Don't give other road users cause to complain.
  - The time for the team is taken on the **3<sup>rd</sup> rider** over the line. Teams of three may start.
  - Cycling Time Trials recommends that you affix – and use – a fixed or flashing rear light whilst racing.
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MapMyRide of the course available here: <https://www.mapmyride.com/gb/newport-eng/k52-50k-scca-50km-4-up-open-tt-course-route-75217560>

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**Visit the SCCA website for result and race report - <https://shropshirecca.uk/>**

**Visit SCCA Twitter for pictures and rider comments - [www.twitter.com/shropshirecca](https://twitter.com/shropshirecca)**

**PLEASE NOTE THE PARKING LIMITATIONS**

Start No.	Forename	Surname	Club	Squad	Cat	Sex	Time off
1	Deb	Hutson-Lumb	Nova Raiders	Nova Mixed	WV	F	10.03
2	Marie	Llewellyn	Nova Raiders	Nova Mixed	W	F	
3	Zach	Smallbone	Nova Raiders	Nova Mixed	S	M	
4	Lauren	Turley	Nova Raiders	Nova Mixed	W	F	
5	Clare	O'Donnell	Wrekinsport CC	Wrekinsport B Women	WV	F	10.06
6	Angela	Boycott	Wrekinsport CC	Wrekinsport B Women	WV	F	
7	Hannah	Jukes-Jones	Wrekinsport CC	Wrekinsport B Women	WV	F	
8	Jo	Carswell	Wrekinsport CC	Wrekinsport B Women	WV	F	
9	George	Coombes	SCCA 1st Claim	SCCA Combined	S	M	10.09
10	Simon	Gray	SCCA 1st Claim	SCCA Combined	V	M	
11	Andrew	Coombes	SCCA 1st Claim	SCCA Combined	V	M	
12	Keith	Bate	Black Country Triathletes	SCCA Combined	V	M	
13	Simon	Owen-Jones	Nova Raiders	Let's Rock n Roll	V	M	10.12
14	Gary	Wade	Nova Raiders	Let's Rock n Roll	V	M	
15	Kath	Owen-Jones	Nova Raiders	Let's Rock n Roll	WV	F	
16	Jane	Chapman	Nova Raiders	Let's Rock n Roll	WV	F	
17	Warren	Giddins	Warrington RC	Warrington RC	V	M	10.15
18	David	Wright	Warrington RC	Warrington RC	V	M	
19	Malcolm	Horner	Warrington RC	Warrington RC	V	M	
20	Steven	Hankey	Warrington RC	Warrington RC	V	M	
21	Stuart	Wortley	Wrekinsport CC	Wrekinsport Z	V	M	10.18
22	Trevor	Beeston	Wrekinsport CC	Wrekinsport Z	V	M	
23	Rob	Garrad	Wrekinsport CC	Wrekinsport Z	V	M	
24	Steve	King	Wrekinsport CC	Wrekinsport Z	V	M	
25	Tom	Hyde	Newport Shropshire CC	Newport Youth Team	J	M	10.21
26	Tom	Jackson	Newport Shropshire CC	Newport Youth Team	J	M	
27	Ethan	Campbell	Newport Shropshire CC	Newport Youth Team	J	M	
28	Leo	Allen	Newport Shropshire CC	Newport Youth Team	J	M	
29	Clare	Cotterill	Wrekinsport CC	Wrekinsport A Women	WV	F	10.24
30	Helen	Blake	Wrekinsport CC	Wrekinsport A Women	W	F	
31	Victoria	Doran	Wrekinsport CC	Wrekinsport A Women	WV	F	
32	Bethan	Till	Wrekinsport CC	Wrekinsport A Women	W	F	

Start No.	Forename	Surname	Club	Squad	Cat	Sex	Time off
33	Martin	Cowell	Paramount CRT	Paramount CRT A	V		10.27
34	Hayley	Wells	Paramount CRT	Paramount CRT A	W		
35	Colin	Wells	Paramount CRT	Paramount CRT A	V		
36	Jason	Davis	Paramount CRT	Paramount CRT A	V		
37	Mark	Stocks	Newport Shropshire CC	Newport Team Red	V		10.30
38	Stuart	Wright	Newport Shropshire CC	Newport Team Red	V		
39	Michael	Tomkinson	Newport Shropshire CC	Newport Team Red	V		
40	Andrew	Hodgkinson	Newport Shropshire CC	Newport Team Red	V		
41	Neil	Furniss	Nova Raiders	Nova C	V		10.33
42	Greg	Robson	Nova Raiders	Nova C	V		
43	Shaun	Dourish	Nova Raiders	Nova C	V		
44	Carl	Dourish	Nova Raiders	Nova C	V		
45	David	Mole	Stourbridge Velo	Stourbridge Velo	V		10.36
46	Darren	Shaw	Stourbridge Velo	Stourbridge Velo	V		
47	Mark	Hammond	Stourbridge Velo	Stourbridge Velo	S		
48	Scott	O'Neill	Stourbridge Velo	Stourbridge Velo	V		
49	Graeme	Donnell	Nova Raiders	Nova B	V		10.39
50	Ben	Gilpin	Nova Raiders	Nova B	S		
51	Rob	Jones	Nova Raiders	Nova B	V		
52	Nick	Long	Nova Raiders	Nova B	S		
53	Simon	Romei	Paramount CRT	Paramount CRT B	V		10.42
54	Eddie	Emblen	Paramount CRT	Paramount CRT B	V		
55	Rob	McGregor	Paramount CRT	Paramount CRT B	S		
56	Chris	Riley	Paramount CRT	Paramount CRT B	V		
57	Alexander	Capstick	Newport Shropshire CC	Newport Team Blue	V		10.45
58	Sean	Lacey	Newport Shropshire CC	Newport Team Blue	V		
59	Andrew	Hulland	Newport Shropshire CC	Newport Team Blue	V		
60	Steve	Grice	Newport Shropshire CC	Newport Team Blue	V		
61	Allan	Henderson	Wrekinsport CC	Wrekinsport B	S		10.48
62	Rich	Smith	Wrekinsport CC	Wrekinsport B	V		
63	Adam	Mumford	Wrekinsport CC	Wrekinsport B	S		
64	Rob	Jackson	Wrekinsport CC	Wrekinsport B	V		

Start No.	Forename	Surname	Club	Squad	Cat	Sex	Time off
65	Jenny	Newton	Nova Raiders	Only Fools and Jenny	WV	F	10.51
66	Andy	Hazell	Nova Raiders	Only Fools and Jenny	V	M	
67	Steve	Chapman	Nova Raiders	Only Fools and Jenny	V	M	
68	John	Robertson	Mid Shropshire Wheelers	Only Fools and Jenny	V	M	
69	Elliott	Wills	Wrekinsport CC	Wrekinsport C	S	M	10.54
70	Ben	Wood	Wrekinsport CC	Wrekinsport C	S	M	
71	Michael	Bigwood	Wrekinsport CC	Wrekinsport C	S	M	
72	Dave	Moore	Wrekinsport CC	Wrekinsport C	V	M	
73	Richard	Goddard	Newport Shropshire CC	Newport Team White	V	M	10.57
74	Alan	Sims	Newport Shropshire CC	Newport Team White	V	M	
75	Martin	Roberts	Newport Shropshire CC	Newport Team White	S	M	
76	Tom	Page	Newport Shropshire CC	Newport Team White	S	M	
77	Tomos	Hales	Wrekinsport CC	Wrekinsport A	S	M	11.00
78	Andrew	Hellowell	Wrekinsport CC	Wrekinsport A	V	M	
79	Phil	Roberts	Wrekinsport CC	Wrekinsport A	S	M	
80	Ian	Bond	Wrekinsport CC	Wrekinsport A	S	M	
81	Abdel Kader	Allouni	Poco Loco Cycling RT	Poco Loco Cycling RT	V	M	11.03
82	Lyndon	Gommersall	Poco Loco Cycling RT	Poco Loco Cycling RT	V	M	
83	Nick	Giles	Poco Loco Cycling RT	Poco Loco Cycling RT	V	M	
84	John	Sammut	Poco Loco Cycling RT	Poco Loco Cycling RT	V	M	
85	Dean	Callister	Nova Raiders	Nova A	S	M	11.06
86	Andy	Rose	Nova Raiders	Nova A	V	M	
87	Mark	Pritchard	Nova Raiders	Nova A	S	M	
88	Andrew	Lacon	Nova Raiders	Nova A	S	M	
89	Rebecca	Holland	Chester RC	Total Tri Training Combined	WV	F	11.09
90	Emma-Jane	Bradfield	Warrington Triathlon Club	Total Tri Training Combined	WV	F	
91	Laura	Gray	Total Tri Training	Total Tri Training Combined	W	F	
92	Leonie	Keeling	Oswestry Paragon CC	Total Tri Training Combined	WV	F	

**Reserve riders take the number of the rider they are replacing**

R	Alan	Price	Newport Shropshire CC	Any Newport Shropshire CC	V	M	
R	Tim	Evans	Newport Shropshire CC	Any Newport Shropshire CC	V	M	