# Hounslow and District Wheelers present The $52^{\text {nd }}$ Ron Brown Memorial 100: 

Promoted for and on behalf of Cycling Time Trials Limited under their Rules and Regulations.
Timekeeper Mrs K Collard Berry a3crg
Assistant Timekeeper Mrs M Golden a3crg
Event Secretary Mr B McMichael 07503251549
Sunday $1^{\text {st }}$ August 2021 First Rider 07:14 Course H100/88 Froyle
HQ address: Bentley Memorial Hall Alton Rd, Bentley GU10 5NB
Awards
Fastest ..... £100

+ The Ron Brown Salver to hold for 1 year
+ Engraved Hounslow Medal
$2^{\text {nd }}$ Fastest ..... £50
$3^{\text {rd }}$ Fastest ..... £30
Fastest Woman ..... £100
+ The Rolph Brambleby Trophy to hold for 1 year
+ Engraved Hounslow Medal
$2^{\text {nd }}$ Fastest Woman ..... £50
$1^{\text {st }}$ Vet on Standard ..... £100
+ The Ron Richardson Cup to hold for 1 year $2^{\text {nd }}$ Vet on Standard ..... $£ 50$
Fastest Team of Two(each) $£ 50$
+ Engraved Hounslow Medal
New award 'Souvenir Trevor Gilbert'. ..... £38
Rider's time the closest to 4-18-30.
Trevor died in August last year, having promoted 38 editions of this race alone, andcountless other club 10's and 25's over sixty years. He was also (as he loved tomention) a half decent tester himself. His 100 mile PB is 4-18-30.

As Trevor liked to say, we wish you all a pleasant morning's sport.

Bruce McMichael Event Secretary: 205 London Road Twickenham Middlesex TW1 1EJ (T) 02088916066 (M) 07503251549 (E) mcmichael.205@gmail.com

| No. | Start | Rider |  | Club or Team | Cat | Standard |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 14 | 07.14 | Ian | Greenstreet | Newbury Velo (Tandem) | V | 4.51.04 |
| 14 |  | Rachael | Elliott (W) | Newbury Velo (Tandem) | V |  |
| 15 | 07.15 | Neil | Langley | Hampshire Road Club | $\checkmark$ | 4.45 .05 |
| 16 | 07.16 | Gary | Martin | Westerley Cycling Club | V | 5.04.55 |
| 17 | 07.17 | John | Isard | Hampshire Road Club | V | 5.18.39 |
| 18 | 07.18 | Paul | Walker | Phoenix Triathlon | V | 4.49.04 |
| 19 | 07.19 | Dave | Grant | Crystal Palace Triathletes | S |  |
| 20 | 07.20 | Lee | Heron | Banbury Star Cyclists' Club | V | 4.44.10 |
| 21 | 07.21 | Alexander | Kew | Kingston Phoenix RC | V | 4.49 .04 |
| 22 | 07.22 | Pete | Christensen | Alton CC/Owens Cycles | V | 4.39 .47 |
| 23 | 07.23 | Ian | Neville | Hart Evolution Race Team | V | 5.00.14 |
| 24 | 07.24 | Nick | Burton | Newark Castle C C | V | 4.44.10 |
| 25 | 07.25 | Luhan | Bely | Walden Tri | E |  |
| 26 | 07.26 | Gareth | Wood | Hart Veloce | V | 4.51.15 |
| 27 | 07.27 | Mael | Bely | Walden Tri | E |  |
| 28 | 07.28 | Jay | Hookins | BJ cycling | S |  |
| 29 | 07.29 | Peter | Horsfield | Redmon CC | V | 5.23 .29 |
| 30 | 07.30 | Billy | Dyer | BJ cycling | V | 4.50 .08 |
| 31 | 07.31 | Richard | Pinder | Hillingdon Triathletes | V | 4.45.05 |
| 32 | 07.32 | Richard | Mellor | Team Bottrill | V | 4.51.15 |
| 33 | 07.33 | Lee | Walters | Sotonia CC | V | 4.46 .02 |
| 34 | 07.34 | Gordon | Hobbs | Verulam CC | V | 4.50 .08 |
| 35 | 07.35 | Benoit | Bely | Walden Tri | V | 4.45.05 |
| 36 | 07.36 | Alan | Grant | VTTA (London \& H/C) | V | 4.53.34 |
| 37 | 07.37 | Craig | Nilsson | Rye \& District Whs CC | S |  |
| 38 | 07.38 | Louisa | Cooper (W) | Bournemouth Jubilee Whs | S |  |
| 39 | 07.39 | Paul | Couldridge | Phoenix Triathlon | V | 4.46 .02 |
| 40 | 07.40 | Marianne | Holt (W) | Fareham Wheelers CC | V | 5.06.04 (W) |
| 41 | 07.41 | Edward | Renwick | Oxford City RC | V | 4.43 .15 |
| 42 | 07.42 | Kevin | Baker | Velo Club St Raphael | V | 4.39 .47 |
| 43 | 07.43 | Adrian | Blacker | VTTA (Surrey/ Sussex) | V | 4.57 .25 |
| 44 | 07.44 | Julian | Lockwood | Primera-Teamjobs | V | 4.56 .05 |
| 45 | 07.45 | Colin | Parkinson | South Western Road Club | V | 5.00.14 |
| 46 | 07.46 | Liam | Somerville | Bike Jockey CC | S |  |
| 47 | 07.47 | Mark | Styles | 1485 Tri Club | S |  |
| 48 | 07.48 | Duncan | Emery | Twickenham CC | V | 4.47.01 |
| 49 | 07.49 | George | Turner | VTTA (London \& H/C) | V | 4.41 .29 |
| 50 | 07.50 | Alice | Lethbridge (W) | DRAG2ZERO | S |  |
| 51 | 07.51 | Alexander | Donger | Oxonian CC | S |  |
| 52 | 07.52 | Eddie | Allen | Redmon CC | S |  |
| 53 | 07.53 | Paul | Winchcombe | Chippenham \& District Whs | V | 5.03.17 |
| 54 | 07.54 | Mark | Bradley | Bristol South Cycling Club | V | 4.56 .05 |
| 55 | 07.55 | Daniel | Ryan | North Road CC | S |  |
| 56 | 07.56 | Edward | Hales | London Dynamo | V | 4.41 .29 |
| 57 | 07.57 | Phil | Wilks | Sotonia CC | S |  |
| 58 | 07.58 | Jon | Heaney | Maidenhead \& District CC | S |  |
| 59 | 07.59 | Gary | Lock | New Forest CC | V | 4.42 .22 |
| 60 | 08.00 | Mark | Smith | Crawley Wheelers | V | 4.46.02 |

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# Hounslow and District Wheelers' Ron Brown Memorial 100: 

## Sunday $1^{\text {st }}$ August 2021 First Rider 07:14 Course H100/88 Froyle

Course Details : H100/88 : A31 Froyle, Farnham, Chawton .

Start at a point adjacent to TP39 next to a telephone box situated in the slip road from Upper Froyle just east of the 'Hen and Chickens Inn' public house. Proceed eastwards for 135 yards to the junction with the A31. Join the A. 31 (M1) (great care) and proceed via the Bentley by-pass to the Coxbridge roundabout at the junction with the A325. (M2) (1st turn) 5.127 miles. - Circle the roundabout (M3, M4) (Check) and take the fourth exit to rejoin the A31 south-westwards. Proceed via the Bentley by-pass, past the start point on the north side to the Holybourne roundabout keeping to the left-hand side (M5) 12.240 miles. - Continue on the A31 to the Chawton roundabout at the junction of the A32 (Great Care) (M6) (2nd turn) 15.182 miles. Circle the roundabout (M7, M8) (Check) and take the fourth exit (M9) to rejoin the A31 northeastwards to the Holybourne roundabout (M10) (LP20) 18.228 miles. - Avoid the first exit left. Take the second exit (M11) and still on the A31 to go past the 'Hen and Chickens Inn to complete the 1st circuit. 20.181 miles

Proceed as follows to begin START OF SECOND CIRCUIT. Keep on the A31 to the Coxbridge roundabout at the junction with the A325. (3rd turn) 25.308 miles. Circle the roundabout and take the fourth exit to rejoin the A31 south- westwards. Proceed via the Bentley by-pass, past the start point on the north side to the Holybourne roundabout keeping to the left-hand side. 32.421 miles. Continue on the A31 to the Chawton roundabout at the junction of the A32 (Great Care) ( $4^{\text {th }}$ turn) 35.363 miles. - Circle the roundabout and take the fourth exit to rejoin the A31 northeastwards to the Holybourne roundabout 38.409 miles. Avoid the first exit left. Take the second exit and still on the A31 to go past the 'Hen and Chickens Inn to complete the 2 nd circuit. 40.362 miles

Begin START OF THIRD CIRCUIT. Repeat the instructions as above for SECOND CIRCUIT incorporating the ( $5^{\text {th }}$ turn) 45.489 miles and the ( $6^{\text {th }}$ turn) 55.544 miles to then go past the "Hen and Chickens Inn to complete the $3^{\text {rd }}$ circuit at 60.543 miles.

## Begin START OF FORTH CIRCUIT. Repeat the instructions as above for SECOND CIRCUIT

 incorporating the ( $7^{\text {th }}$ turn) 65.670 miles and the ( $8^{\text {th }}$ turn) 75.725 miles to then go past the 'Hen and Chickens Inn to complete the $4^{\text {th }}$ circuit at 80.724 miles.Proceed as follows to begin START OF FIFTH CIRCUIT. Keep on the A31 to the Coxbridge roundabout at the junction with the A325. (9th turn) 85.851 miles. Circle the roundabout and take the fourth exit to rejoin the A31 south- westwards. Proceed via the Bentley by-pass, past the start point on the north side to the Holybourne roundabout keeping to the left-hand side. 92.964 miles. - Continue on the A31 to the Chawton roundabout at the junction of the A32 (Great Care) ( $10^{\text {th }}$ turn) 95.906 miles. - Circle the roundabout and take the fourth exit to rejoin the A31 northeastwards to the Holybourne roundabout 98.952 miles. Avoid the first exit left. Take the second exit and still on the A31 to go to the centre of the second (smaller) overhead power lines across the A31 opposite the entrance to the Veolia site entrance. 100.00 miles Finish

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## LOCAL REGULATIONS applicable to the H100/88 course.

- Shoulder numbers must be prominently displayed on the LEFT ARM.
- Any rider seen crossing the central reservation, before, during or after the event, except at one of the specific breaks in the reservation made for that purpose may be disqualified and will reported to the London West DC.
- Any rider seen steering using their tribars, when entering, navigating and exiting any part of the Coxbridge (Farnham) roundabout may be disqualified, and will be reported to the London West DC.

-In the interests of your safety you must use the widest part of your handlebars.
- Cycling Time Trials Limited and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.
- It is also recommended that a working rear light, either flashing, or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Registration Form for a vehicle to assist with a competitors reasonable feeding and other requirements as provided for in the Regulations.

Title of Event:

## Hounslow 100

Date of Event: ___ Sunday $1^{\text {st }}$ August 2021
Name of Competitor: $\qquad$
Competitor's Club: $\qquad$
Competitor's Number: $\qquad$
A motor vehicle, make, model number and colour: $\qquad$

Registration Number:
Will be used to assist the above named competitor while taking part in the event as described above.

The name(s) of the driver(s) of the vehicle will be as follows:-
Driver(s): $\qquad$

## NOTE

THE COMPLETION OF THIS FORM DOES NOT PERMIT YOUR HELPERS TO FOLLOW YOU ALONG THE COURSE.

THEY MAY PASS AT INTERVALS OF NOT LESS THAN 10 MILES

Completed forms must be lodged with the Event Secretary not later than the start time of the competitor.

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## LONDON WEST DC <br> EVENT PARKING

We have received complaints from the residents of Bentley about inconsiderate car parking by cyclists taking part in Time Trials. In order to avoid these escalating we urge all riders to park considerately and not to obstruct footpaths especially on River Road where you should NOT PARK on the Eastern side between Main Rd and the new estate


# 2022 ? No HQ = No Event 



Headquarters: GU10 5NB Bentley Memorial Hall.

- Due to the Delta Variant Pandemic there will be no access to the Hall, except for use of the Toilets.
-Please arrive dressed ready to race. Allow 15 minutes to the start area.
- NO turbo-training in the car park You must be at least 50 metres SOUTH of the crossroads.
- Numbers and signing on will be at the Headquarters. Sunday $1^{\text {st }}$ August 2021 First Rider 07:14 Course H100/88 Froyle


# This event may be subject to a Doping Control It is your responsibility to check 

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

Remember, it is up to you to check and ensure that you comply

If required you must report to Doping Control after finishing without delay


Getting to the start is a hilly 3.29 Miles +174 feet of climbing (Allow 15 minutes riding time):
The start is a few yards from the Hen and Chickens P.H.
the post code of which is GU344JH.
Note this is not the post code of the HQ

1. From the HQ hall: Turn right at at the cross-roads in south westerly direction.
2. Go past Islington Lane ( 0.6 miles).

Do not go to the start, or warm up, on the A31, as this may obstruct any earlier riders. You will also be on the Wrong side of the A31 from the start.
3. ( 0.91 miles) Follow the road up hill to the right into Lower Froyle, past the Anchor Inn (1.3 miles)
4. Continue as far as a red brick house with a thatched roof and turn left ( 1.85 miles).
5. Long brick wall + new housing estate then sharp left turn at 2.98 miles. Down hill to the start 3.29 miles.

## Change of Finish Line.

The finish line is now $\mathbf{2 5 0}$ yards further on from where it used to be, under the large pylons.

It is now under the smaller pylons and opposite the Veolia site entrance on the south side of the road. Please ask if you are not sure. Thank you.

