

## Open 25Mile TT Keswick – L2511

# Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Sunday 27<sup>th</sup> June 21 Event organiser: David Gleave

Tel 07736675678 email gleavedavid1@gmail.com

First rider off: 09:01hrs
Timekeeper: Mrs Tracey Moore

Assistant: Mr Tim Houghton

Event HQ Eaglesfield Paddle CE Primary Academy, Eaglesfield, Cockermouth, Cumbria, CA13 0QY. The

HQ is approximately 2 miles from the start and will be open from around 07:30.

<u>COVID-19</u> Disposable numbers will be used, no times will be available at the event, all prizes will be via

BACS or Paypal. With delay in the removal of Covid-19 restrictions access to the school facilities is not possible, a portaloo will be provided in the vicinity of sign on. All competitors to act in

accordance with the current guidance on social distancing.

#### **Course details**

START at painted mark on kerb against drain at east end of the first lay-by to the east of Simonscales Bridge over the A66. This lay-by is 0.75 miles from the roundabout junction with the A5086 Cockermouth/Egremont road. Proceed from the start along the A66 in an easterly direction to the A591 Keswick/Bothel roundabout junction (12.1 miles). Encircle roundabout and retrace along the A66 to the roundabout at the Cockermouth/Egremont junction(24.8 miles) where turn left taking the A5086 Egremont road to FINISH beyond entrance to The Sheep Centre at painted mark in line with large A5086 sign (25 miles).

The following Local Regulations have been approved by the national Committee in accordance with Regulation 38. Any breaches may lead to disciplinary action being taken.

<u>Local regulation No. 5:</u> In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

**Local regulation No. 6:** Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

<u>Local regulation No. 10:</u> Warming up on the course is not permitted during the duration of the event <u>Local regulation No. 15:</u> Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

#### In Addittion to the above

Riders must give their number at the finish and elsewhere on the course if requested. Riders must NOT STAND in the road at the start or finish. (This constitutes obstruction and is a breach of Regulations). Riders must NOT ride with their heads down.

<u>CTT Regulation 14 Competitors Machine – Rear Lights</u> No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

<u>Helmets:</u> All competitors under the age of 18 and/or JUNIORS <u>must</u> wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised Standard (See Regulation 15). The CTT state that helmets are Mandatory for all riders under the age of 18. Cycling Time Trials strongly recommends ALL competitors to wear such a helmet.



### AWARDS- one rider one prize (except team)

	1st	2nd		1st
Overall	£40	£30	Ladies	£40
Vet 40	£30	£20	Ladies Vet	£30
Vet 50	£30		ESP	£30
Vet 60	£30		Jun/Juv	£30
Vet 70	£30			
Team of 3	£30			

## Parking & sign on.

Parking and sign on will be in the carpark to the rear of the school (blue), additional parking is possible is available in the areas marked green.



I look forward to seeing you on Sunday, have a fast and safe ride

Many thanks,

David