## AYR ROADS CC

On behalf of Scotland DC
Present:

## RTTC TEAM TIME TRIAL NATIONAL CHAMPIONSHIP

## SUNDAY 20th JUNE 2021

## RTTC TEAM TIME TRIAL NATIONAL CHAMPIONSHIP

A CTT representive will be in attendance


## CHAMPIONSHIP AWARDS

## MEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey \& Cap
2nd Silver RTTC Medallion
3rd Bronze RTTC Medallion

## WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey \& Cap
2nd Silver RTTC Medallion
3rd Bronze RTTC Medallion


Due to the Covid-19 restrictions, no presentation will take place after the event, all awards will be posted out as soon as possible.

# RTTC National Team Time Trial <br> Ayr Roads/Harry Fairbairn Cycling Club $20^{\text {th }}$ June 2021 Race Manual 

Ayr Roads are delighted to welcome you to the RTTC National Team TT Championships for 2021 presented by CTT.

Many of you may know that this is the first time which the championships have been held north of the border, and we welcome you all to our local area.

Ayr Roads submitted a proposal to host the race over a 31.5 mile course in the Ayrshire region. This course utilises the Irvine by-pass (A78) making it conducive to fast racing and consists of almost 2 full loops of an extended Eglinton course. The unknown quantity will be the wind direction on the day with a light northerly wind favourable to quick times

Members of the Club have come together to put on this event, and we would like to thank all members for their help and support in bringing our idea to fruition.

Social distancing must be observed.
We hope you enjoy your visit to Ayrshire and wish you all the very best for your race.
Scott Knox, Michael Curran, Charlotte Robb
ARCC


## Race HQ

Eglinton Country Park, Irvine KA12 8TA
Organiser - Scott Knox
CTT Representative - Dawn Sherrin
HQ Emergency Number - 07788274917
Email - sknox44@gmail.com

## Travel Advice

For those competitors who are travelling to Ayrshire from farther afield, below are some pointers for help getting to the area.

## From the South

Heading north on the M74, at J4 follow signs for M74 (Glasgow Airport M8).
Follow signage for M77, Kilmarnock.
Exit the A77 at the Bellfield Interchange. Signposted for Irvine, A71.
Proceed on the A71 until the Warrix Interchange (approx 7 miles).
Turn right at the roundabout, follow signs for Ardrossan A78. You are now joining the course.
Proceed North on the A78, follow signs for Eglinton Country Park.

## From the North

Cross the Clyde via the Erskine Bridge
Exit at Glasgow Airport, following signs for the A737
Stay on the A737 all the way to Kilwinning
In Kilwinning, follow signs for Irvine.
Eglinton Park is signposted as 'Country Park' just as you leave the town.

## From the East/North East

Join the M77 from the M8.
Instructions as above for travel from the South.
*Note that the Eastbound A71 will be closed on race day which may impact on your return journey

## Eglinton Park Layout

## Getting there

Entrance to and from the park will be via Irvine Road / A737, as shown by the green and amber lines. Please ensure you familiarise yourself with the map below.


## Parking

On the map below parking is indicated in Yellow with the Tournament Café outlined in purple.
No parking is permitted outside the "bus shelter" (red circle) on the left-hand side next to HQ.
Eglinton Park Staff have asked that riders do not park vehicles on the grass alongside the road throughout the park. Please use the main and overflow car parks which are a few meters further along on the right. Between these three areas there's plenty of parking for everyone. Please follow all instructions within the park with regard to social distancing and COVID-19 policy.

## Facilities

Due to ongoing Covid-19 restrictions, there will be no facilities available for changing or showers. Sign on will be conducted in the car park area. The café in the park will be open from 9.30am. Toilet facilities are available in the café from 8.45 am . These are the only toilet facilities available in the park.


## The Course

Start at lamppost No.R5 opposite entrance to Eglinton Country Park. Proceed onto the Eglinton Interchange roundabout and take the 1 st exit towards the A78. Stay right on the slip road onto the A78.

Follow A78 southbound, under two interchanges and straight through the Meadowhead roundabout (Dundonald Camp) at the papermill and continue south on A78. Take next exit slip road to Corraith Rd roundabout. Turn right at roundabout to go under A78 then turn left onto B746 then left again signed A78 Irvine Greenock back onto the A78. Proceed north on A78 straight through the Meadowhead roundabout and under two interchanges before taking northbound exit slip road to Eglinton Interchange. Carry out turn around interchange and retrace south to Corraith then north along A78 to finishing at the northbound lay-by approximately 500 m before the exit slip road to Eglington Interchange. Approx 31.5 miles. Between the Corraith Road roundabout and re-joining the A78 Northbound riders should be aware the road surface is rough.


Fig 1. - Start/Finish. Green is the Start Line. Red is the Finish line.


त ELEVATION (FT)


Fig 2. - Course and Elevation - 2 laps of course


Fig 3. - Full Course $=2$ laps


Fig 4. - The Turn - Take the exit slip off the southbound A78, a right turn at the roundabout, left turn onto the Loans road and a left turn back onto the A78 northbound.

## Guidance

Rider Formation at start line - Riders will be held on the park entrance road prior to being called to the start line. Please follow instructions of marshal's and the start team.

At approximately mile 3, riders must move safely to the middle lane of the A78. The inside lane becomes the slip road to the A71 and is not part of the route. Check over your shoulder in plenty of time and move out only when the lane is clear. Marshals will be present to indicate the lane change. Marshals cannot direct or stop traffic - normal rules of the road apply, and you are responsible for your own safety.

When re-joining the A78 northbound from the turn at Corraith on both laps you will have to move from the slip road out into A78 and fast flowing traffic. Again, check over your shoulder in plenty of time, and only move out when the lane is clear. Your safety is priority.

Once finished please proceed up the slip road to the Eglinton Interchange roundabout without delay and keep left being mindful of teams completing their first lap! Please be aware or traffic joining from the left and proceed with caution after your effort.

It is recommended that all riders familiarise themselves with the course prior to the race.

## Safety Notices

Please make sure your bike is in good condition and ready to be ridden at speed.
Do not ride with your head down at any point.
KEEP YOUR HEAD UP AT ALL TIMES - KEEP ALIVE
Please remember to obey the highway code at all times

## Sign On

Sign on opens at 08:00 and will take place at the bus shelter opposite the main car park.
Please don't try to sign on before the allocated time. You will be turned away until the team are operational.

## Officials

CTT Elected representative:
Timekeepers:

Dawn Sherrin
Blair Wylie, Geoff Smith, Linda Smith, Jim Smith, Martin Knox, Janette Hazlett, Mhairi Laffoley,

Sign-On and the Marshal team for both days are members of the host club and are complimented by the wider Ayrshire cycling community.

First Aid is being provided by EFAR Scotland - http://www.efarscotland.co.uk/index.htm
*** Remember Strava doesn't know best, and we have fully qualified officials to give you your correct race time**** ${ }^{\text {; }}$

## Timetable

| Sunday <br> 20 <br> th <br> June |  |
| :--- | :--- |
| $08: 00$ | Sign on Opens - all competitors |
| $08: 30$ | Marshal Briefing |
| $09: 03$ | Race Start |
| $11: 06$ | Last team starts |

## Catering

We have spoken to the staff at the Tournament Café at the park and they will be open from 9.30am for us on the day of competition. In here you will find a range of soups, hot food, speciality coffees and home baking. The café can be accessed through the courtyard to the right of the main carpark. Please adhere to social distancing requirements and wear a face mask in the café.

## Prizegiving

Due to Covid restrictions there will be no scoreboard or prize giving on the day of the race.
Results will be announced online and prizes posted out or sent via bank transfer. Please ensure at least one member of your team provides a contact email address or phone number when signing in.
There are prizes for the first three teams in the Men's and Women's races:
$1^{\text {st }}-£ 300$
$2^{\text {nd }}-£ 200$
$3^{\text {rd }}-£ 150$
$1^{\text {st }}$ Men's Scottish team outside top 3 - £100
$1^{\text {st }}$ Women’s Scottish team outside top $3-£ 100$
Composite teams are not eligible for prizes.
Please observe social distancing at the end of the race and disperse safely from the park, being mindful of other teams starting/on the course.

## Partners

Ayr Roads are indebted to our partners for helping us put on this fantastic event. As soon as we spoke to each of the organisations below, they were delighted to help in any way they could.

North Ayrshire Council - https://www.north-ayrshire.gov.uk/home.aspx
Eglinton Country Park - https://www.north-ayrshire.gov.uk/leisure-parks-and-events/eglinton/eglinton-home.aspx

Harry Fairbairn Irvine BMW - https://www.harryfairbairnirvinebmw.co.uk/
Police Scotland Ayrshire Division - http://www.scotland.police.uk/your-community/ayrshire/

Scotland Transerv - http://www.scotlandtranserv.co.uk/
Transport Scotland https://www.transport.gov.scot/
Glenmavis Traffic Management Group http://www.glenmavis.co/
CTT Scottish District - https://www.cyclingtimetrials.org.uk/district-details/22
Ayr Roads Cycling Club - http://ayrroadscc.co.uk/

| Number | Start Time | Name | Club/Team | Gender |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 9:03:00 | Tom Roper | Inflite-Dynamic Rides Race Team | Male |
| 2 | 9:03:00 | Josh Diesel | trainSharp | Male |
| 3 | 9:03:00 | Harvey Stroh | Inflite-Dynamic Rides Race Team | Male |
| 130 | Reserve | William Abbott | Innovation Racing | Male |
| 4 | 9:06:00 | Ken Thomson | Dunfermline CC | Male |
| 5 | 9:06:00 | Hamish Creber | Ryan's Bike Surgery - Thomson Homes | Male |
| 6 | 9:06:00 | Christopher Hordon | Ryan's Bike Surgery - Thomson Homes | Male |
| 7 | 9:09:00 | Neil Griffiths | Torvelo Racing | Male |
| 8 | 9:09:00 | Luke Maguire | Torvelo Racing | Male |
| 9 | 9:09:00 | Nico Anelli | Dundee Thistle | Male |
| 10 | 9:12:00 | Chris Hunter | Glasgow Ivy CC | Male |
| 11 | 9:12:00 | Paul Hornby | Glasgow Ivy CC | Male |
| 12 | 9:12:00 | Glen Hornby | Glasgow Ivy CC | Male |
| 13 | 9:15:00 | Calum McVie | Torvelo Racing | Male |
| 14 | 9:15:00 | Murray Soutter | Torvelo Racing | Male |
| 15 | 9:15:00 | Ryan Bunyan | Torvelo Racing | Male |
| 16 | 9:18:00 | Robert Kelly | Ayr Roads CC | Male |
| 17 | 9:18:00 | Ross Milvenan | Ayr Roads CC | Male |
| 18 | 9:18:00 | Jody Gerrard | Ayr Roads CC | Male |
| 131 | Reserve | Iain Fisher | Ayr Roads CC | Male |
| 19 | 9:21:00 | Richard Tyson | Rock to Roll CC | Male |
| 20 | 9:21:00 | Joseph Wright | Rock to Roll CC | Male |
| 21 | 9:21:00 | Jamie Robinson | Rock to Roll CC | Male |
| 22 | 9:24:00 | David Ritchie | Torvelo Racing | Male |
| 23 | 9:24:00 | Murray Ferguson | Torvelo Racing | Male |
| 24 | 9:24:00 | Alan Clark | Torvelo Racing | Male |
| 25 | 9:27:00 | Michael Curran | Ayr Roads CC | Male |
| 26 | 9:27:00 | Scott MacLean | Ayr Roads CC | Male |
| 27 | 9:27:00 | Graham MacLeod | Ayr Roads CC | Male |
| 132 | Reserve | Robert Kelly | Ayr Roads CC | Male |
| 28 | 9:30:00 | Andrew Smith | VC Glasgow South | Male |
| 29 | 9:30:00 | David Mylett | VC Glasgow South | Male |
| 30 | 9:30:00 | Jim Barr | VC Glasgow South | Male |
| 31 | 9:33:00 | Craig Duncan | Team Andrew Allan Architecture | Male |
| 32 | 9:33:00 | David MacNeil | Team Andrew Allan Architecture | Male |
| 33 | 9:33:00 | Scott Patterson | Team Andrew Allan Architecture | Male |
| 34 | 9:36:00 | Lucie Hrnickova | Vanelli-Project GO | Female |
| 35 | 9:36:00 | Lucy Ritchie | Vanelli-Project GO | Female |
| 36 | 9:36:00 | Hilary Holding | Vanelli-Project GO | Female |
| 37 | 9:39:00 | Aileen Fisher | Ayr Roads CC | Female |
| 38 | 9:39:00 | Charlotte Stevens | Ayr Roads CC | Female |
| 39 | 9:39:00 | Fiona Davidson | Ayr Roads CC | Female |
| 40 | 9:42:00 | Frances Butler | Vanelli-Project GO | Female |
| 41 | 9:42:00 | Fleur Stoops | Vanelli-Project GO | Female |
| 42 | 9:42:00 | Hazel Smyth | Vanelli-Project GO | Female |


| 43 | 9:45:00 | Imani Pereira James |
| :---: | :---: | :---: |
| 44 | 9:45:00 | Daisy Barnes |
| 45 | 9:45:00 | Becky Storrie |
| 133 | Reserve | Rebecca Richardson |
| 46 | 9:48:00 | Carrie Brookes |
| 47 | 9:48:00 | Gemma Hutchins |
| 48 | 9:48:00 | Angela McGurk |
| 49 | 9:51:00 | Zosia Martin |
| 50 | 9:51:00 | Catriona Lockie |
| 51 | 9:51:00 | Lynne McIntosh |
| 134 | Reserve | Fiona Cockburn |
| 52 | 9:54:00 | Alexandra Ligeti |
| 53 | 9:54:00 | Alexandra Hayden |
| 54 | 9:54:00 | Gemma Penman |
| 135 | Reserve | Eilidh Thomson |
| 55 | 9:57:00 | Christina Murray |
| 56 | 9:57:00 | Jenny Hill |
| 57 | 9:57:00 | Rebecca Graves |
| 58 | 10:00:00 | Hayley Simmonds |
| 59 | 10:00:00 | Natalie Grinczer |
| 60 | 10:00:00 | Jessica Finney |
| 136 | Reserve | Megan Barker |
| 61 | 10:03:00 | Andy Auld |
| 62 | 10:03:00 | Craig Adams |
| 63 | 10:03:00 | Andrew Hale |
| 64 | 10:06:00 | Zeb Kyffin |
| 65 | 10:06:00 | Joe Wilson |
| 66 | 10:06:00 | Matt Gibson |
| 137 | Reserve | Jacob Tipper |
| 67 | 10:09:00 | Thomas Fraser |
| 68 | 10:09:00 | Ben Dixon |
| 69 | 10:09:00 | Alexander Miles |
| 138 | Reserve | Stephen Thomson |
| 70 | 10:12:00 | Mark Skilling |
| 71 | 10:12:00 | Gavin Shirley |
| 72 | 10:12:00 | Gavin Church |
| 139 | Reserve | Lewis Martin |
| 73 | 10:15:00 | Stephen Bradbury |
| 74 | 10:15:00 | Joseph Evans |
| 75 | 10:15:00 | Ross Holland |
| 76 | 10:18:00 | Corin Halliday |
| 77 | 10:18:00 | Sandy Taylor |
| 78 | 10:18:00 | Gavin Dempster |
| 79 | 10:21:00 | Angus Wilson |
| 80 | 10:21:00 | Stuart MacCallum |
| 81 | 10:21:00 | Stewart Burke |


| Brother Uk - Team OnForm | Female |
| :---: | :---: |
| Brother Uk - Team OnForm | Female |
| Brother Uk - Team OnForm | Female |
| Team Brother UK | Female |
| Blaydon CC | Female |
| Blaydon CC | Female |
| Blaydon CC | Female |
| Torvelo Racing | Female |
| Torvelo Racing | Female |
| Torvelo Racing | Female |
| Torvelo Racing | Female |
| Vanelli-Project GO | Female |
| Vanelli-Project GO | Female |
| Vanelli-Project GO | Female |
| Vanelli-Project GO | Female |
| Army Cycling | Female |
| Army Cycling | Female |
| Army Cycling | Female |
| CAMS Racing | Female |
| CAMS Racing | Female |
| CAMS Racing | Female |
| CAMS Racing | Female |
| Team Andrew Allan Architecture | Male |
| Team Andrew Allan Architecture | Male |
| Team Andrew Allan Architecture | Male |
| Ribble Weldtite Pro Cycling | Male |
| Ribble Weldtite Pro Cycling | Male |
| Ribble Weldtite Pro Cycling | Male |
| Ribble Weldtite Pro Cycling | Male |
| Royal Navy \& Royal Marines CA | Male |
| Royal Navy \& Royal Marines CA | Male |
| Royal Navy \& Royal Marines CA | Male |
| Royal Navy \& Royal Marines CA | Male |
| Studio Velo | Male |
| Studio Velo | Male |
| Studio Velo | Male |
| Studio Velo | Male |
| Saint Piran | Male |
| Saint Piran | Male |
| Saint Piran | Male |
| Torvelo Racing | Male |
| Torvelo Racing | Male |
| Torvelo Racing | Male |
| Team Andrew Allan Architecture | Male |
| Team Andrew Allan Architecture | Male |
| Team Andrew Allan Architecture | Male |


| 82 | $10: 24: 00$ | Jamie Davidson | Kelpie Racing |
| :---: | :---: | :--- | :--- |
| 83 | $10: 24: 00$ | lain MacLeod | Kelpie Racing |
| 84 | $10: 24: 00$ | Thomas Gelati | Kelpie Racing |
| 140 | Reserve | Martin Reynolds | Kelpie Racing |
| 85 | $10: 27: 00$ | Alan Dean | Male |
| 86 | $10: 27: 00$ | Rory Downie | Edinburgh Road Club |
| 87 | $10: 27: 00$ | Sandy Waller | Male |
| 88 | $10: 30: 00$ | Alexander Royle | Margh Road Club |
| 89 | $10: 30: 00$ | Alistair Rutherford | Manchester Bicycle Club |
| 90 | $10: 30: 00$ | Scott Burns | Male |
| 141 | Reserve | Chris Southworth | Manchester Bicycle Club |
| 91 | $10: 33: 00$ | Garry Latimer | Manchester Bicycle Club |
| 92 | $10: 33: 00$ | Graham Smith | Vanelli-Project GO |
| 93 | $10: 33: 00$ | Oliver Murray | Vanelli-Project GO |
| 94 | $10: 36: 00$ | Marc Anderson | Vanelli-Project GO |
| 95 | $10: 36: 00$ | William Bonar | GTR - Return To Life |
| 96 | $10: 36: 00$ | Jamie Kennedy | GTR - Return To Life |
| 97 | $10: 39: 00$ | Aidan Quinn | GTR - Return To Life |
| 98 | $10: 39: 00$ | Michael Nicolson | Male |
| 99 | $10: 39: 00$ | Alastair McNicol | Rooleys RT |


| 122 | $11: 03: 00$ | George Evans | Team Bottrill | Male |
| :--- | :--- | :--- | :--- | :--- |
| 123 | $11: 03: 00$ | Phil Williams | Team Bottrill | Male |
| 124 | $11: 06: 00$ | James Shaw | Ribble Weldtite Pro Cycling | Male |
| 125 | $11: 06: 00$ | Dan Bigham | Ribble Weldtite Pro Cycling | Male |
| 126 | $11: 06: 00$ | Simon Wilson | Ribble Weldtite Pro Cycling | Male |
| 146 | Reserve | Jacob Tipper | Ribble Weldtite Pro Cycling | Male |



## KaLas



## www.cyclingtimetrials.org.uk

## NOTES TO COMPETITORS

## NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

## USE OF MOTOR VEHICLES

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

## REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type $A$ or Type $B$ event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.
N.B. Extenuating circumstances may be considered.

## IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15, all competitors under the age of 18 and/or juniors must wear protective hard shell helmets.

## THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.
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