RTTC TEAM TIME TRIAL NATIONAL CHAMPIONSHIP

SUNDAY 20th JUNE 2021







RTTC TEAM TIME TRIAL NATIONAL CHAMPIONSHIP

A CTT representive will be in attendance



CHAMPIONSHIP AWARDS



MEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

WOMEN

1st Gilt RTTC Medallion, Championship Trophy, Jersey & Cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion



Due to the Covid-19 restrictions, no presentation will take place after the event, all awards will be posted out as soon as possible.

RTTC National Team Time Trial Ayr Roads/Harry Fairbairn Cycling Club 20th June 2021 Race Manual

Ayr Roads are delighted to welcome you to the RTTC National Team TT Championships for 2021 presented by CTT.

Many of you may know that this is the first time which the championships have been held north of the border, and we welcome you all to our local area.

Ayr Roads submitted a proposal to host the race over a 31.5 mile course in the Ayrshire region. This course utilises the Irvine by-pass (A78) making it conducive to fast racing and consists of almost 2 full loops of an extended Eglinton course. The unknown quantity will be the wind direction on the day with a light northerly wind favourable to quick times

Members of the Club have come together to put on this event, and we would like to thank all members for their help and support in bringing our idea to fruition.

Social distancing must be observed.

We hope you enjoy your visit to Ayrshire and wish you all the very best for your race.

Scott Knox, Michael Curran, Charlotte Robb ARCC







Race HQ

Eglinton Country Park, Irvine KA12 8TA

Organiser – Scott Knox

CTT Representative – Dawn Sherrin

HQ Emergency Number - 07788274917

Email – sknox44@gmail.com

Travel Advice

For those competitors who are travelling to Ayrshire from farther afield, below are some pointers for help getting to the area.

From the South

Heading north on the M74, at J4 follow signs for M74 (Glasgow Airport M8).

Follow signage for M77, Kilmarnock.

Exit the A77 at the Bellfield Interchange. Signposted for Irvine, A71.

Proceed on the A71 until the Warrix Interchange (approx 7 miles).

Turn right at the roundabout, follow signs for Ardrossan A78. You are now joining the course.

Proceed North on the A78, follow signs for Eglinton Country Park.

From the North

Cross the Clyde via the Erskine Bridge
Exit at Glasgow Airport, following signs for the A737
Stay on the A737 all the way to Kilwinning
In Kilwinning, follow signs for Irvine.
Eglinton Park is signposted as 'Country Park' just as you leave the town.

From the East/North East

Join the M77 from the M8. Instructions as above for travel from the South.

*Note that the Eastbound A71 will be closed on race day which may impact on your return journey





Eglinton Park Layout

Getting there

Entrance to and from the park will be via Irvine Road / A737, as shown by the green and amber lines. Please ensure you familiarise yourself with the map below.



Parking

On the map below parking is indicated in Yellow with the Tournament Café outlined in purple.

No parking is permitted outside the "bus shelter" (red circle) on the left-hand side next to HQ.

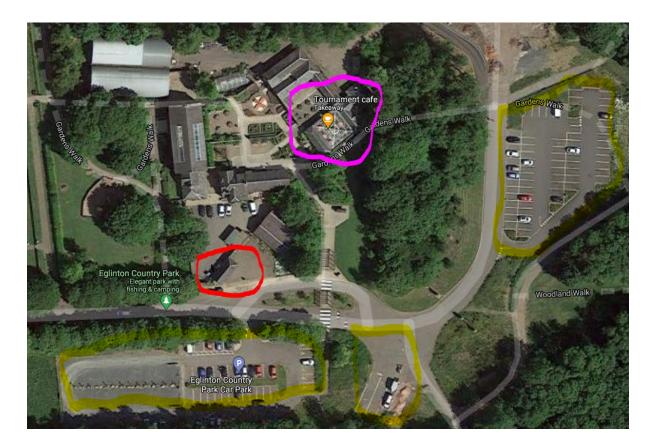
Eglinton Park Staff have asked that riders do not park vehicles on the grass alongside the road throughout the park. Please use the main and overflow car parks which are a few meters further along on the right. Between these three areas there's plenty of parking for everyone. Please follow all instructions within the park with regard to social distancing and COVID-19 policy.

Facilities

Due to ongoing Covid-19 restrictions, there will be no facilities available for changing or showers. Sign on will be conducted in the car park area. The café in the park will be open from 9.30am. Toilet facilities are available in the café from 8.45am. These are the only toilet facilities available in the park.







The Course

Start at lamppost No.R5 opposite entrance to Eglinton Country Park. Proceed onto the Eglinton Interchange roundabout and take the 1st exit towards the A78. Stay right on the slip road onto the A78.

Follow A78 southbound, under two interchanges and straight through the Meadowhead roundabout (Dundonald Camp) at the papermill and continue south on A78. Take next exit slip road to Corraith Rd roundabout. Turn right at roundabout to go under A78 then turn left onto B746 then left again signed A78 Irvine Greenock back onto the A78. Proceed north on A78 straight through the Meadowhead roundabout and under two interchanges before taking northbound exit slip road to Eglinton Interchange. Carry out turn around interchange and retrace south to Corraith then north along A78 to finishing at the northbound lay-by approximately 500m before the exit slip road to Eglington Interchange. Approx 31.5 miles. Between the Corraith Road roundabout and re-joining the A78 Northbound riders should be aware the road surface is rough.







Fig 1. - Start/Finish. Green is the Start Line. Red is the Finish line.

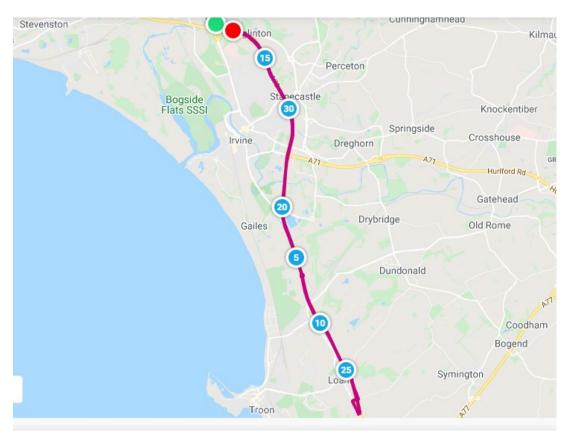




Fig 2. - Course and Elevation – 2 laps of course





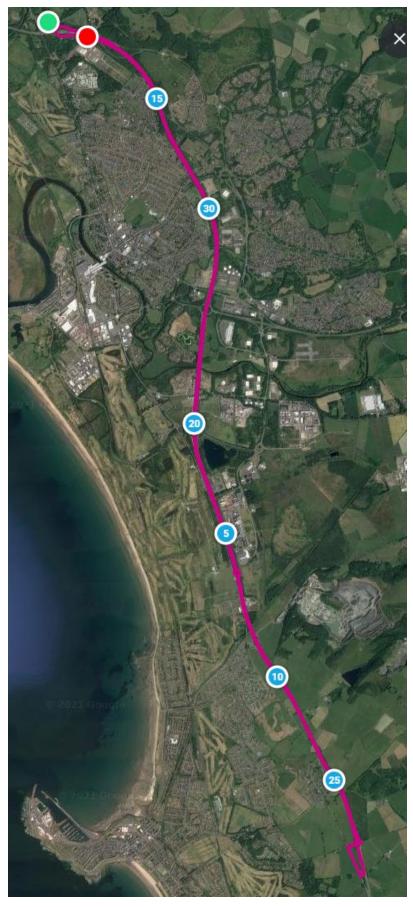


Fig 3. - Full Course = 2 laps







Fig 4. - The Turn – Take the exit slip off the southbound A78, a right turn at the roundabout, left turn onto the Loans road and a left turn back onto the A78 northbound.





Guidance

Rider Formation at start line – Riders will be held on the park entrance road prior to being called to the start line. Please follow instructions of marshal's and the start team.

At approximately mile 3, riders must move safely to the middle lane of the A78. The inside lane becomes the slip road to the A71 and is not part of the route. Check over your shoulder in plenty of time and move out only when the lane is clear. Marshals will be present to indicate the lane change. Marshals cannot direct or stop traffic – normal rules of the road apply, and you are responsible for your own safety.

When re-joining the A78 northbound from the turn at Corraith on both laps you will have to move from the slip road out into A78 and fast flowing traffic. Again, check over your shoulder in plenty of time, and only move out when the lane is clear. Your safety is priority.

Once finished please proceed up the slip road to the Eglinton Interchange roundabout without delay and keep left being mindful of teams completing their first lap! Please be aware or traffic joining from the left and proceed with caution after your effort.

It is recommended that all riders familiarise themselves with the course prior to the race.

Safety Notices

Please make sure your bike is in good condition and ready to be ridden at speed.

Do not ride with your head down at any point.

KEEP YOUR HEAD UP AT ALL TIMES - KEEP ALIVE

Please remember to obey the highway code at all times

Sign On

Sign on opens at 08:00 and will take place at the bus shelter opposite the main car park.

Please don't try to sign on before the allocated time. You will be turned away until the team are operational.

Officials

CTT Elected representative: Dawn Sherrin

Timekeepers: Blair Wylie, Geoff Smith, Linda Smith, Jim Smith, Martin Knox, Janette Hazlett, Mhairi Laffoley,

Sign-On and the Marshal team for both days are members of the host club and are complimented by the wider Ayrshire cycling community.

First Aid is being provided by EFAR Scotland - http://www.efarscotland.co.uk/index.htm





*** Remember Strava doesn't know best, and we have fully qualified officials to give you your correct race time**** ©

Timetable

Sunday 20 th June	
08:00	Sign on Opens - all competitors
08:30	Marshal Briefing
09:03	Race Start
11:06	Last team starts

Catering

We have spoken to the staff at the Tournament Café at the park and they will be open from 9.30am for us on the day of competition. In here you will find a range of soups, hot food, speciality coffees and home baking. The café can be accessed through the courtyard to the right of the main carpark. Please adhere to social distancing requirements and wear a face mask in the café.

Prizegiving

Due to Covid restrictions there will be no scoreboard or prize giving on the day of the race. Results will be announced online and prizes posted out or sent via bank transfer. Please ensure at least one member of your team provides a contact email address or phone number when signing in

There are prizes for the first three teams in the Men's and Women's races:

1st - £300

2nd - £200

3rd - £150

1st Men's Scottish team outside top 3 - £100

1st Women's Scottish team outside top 3 - £100

Composite teams are not eligible for prizes.

Please observe social distancing at the end of the race and disperse safely from the park, being mindful of other teams starting/on the course.

Partners

Ayr Roads are indebted to our partners for helping us put on this fantastic event. As soon as we spoke to each of the organisations below, they were delighted to help in any way they could.

North Ayrshire Council - https://www.north-ayrshire.gov.uk/home.aspx

Eglinton Country Park - https://www.north-ayrshire.gov.uk/leisure-parks-and-events/eglinton/eglinton-home.aspx

Harry Fairbairn Irvine BMW - https://www.harryfairbairnirvinebmw.co.uk/

Police Scotland Ayrshire Division - http://www.scotland.police.uk/your-community/ayrshire/





Scotland Transerv - http://www.scotlandtranserv.co.uk/

Transport Scotland https://www.transport.gov.scot/

Glenmavis Traffic Management Group http://www.glenmavis.co/

CTT Scottish District - https://www.cyclingtimetrials.org.uk/district-details/22

Ayr Roads Cycling Club - http://ayrroadscc.co.uk/



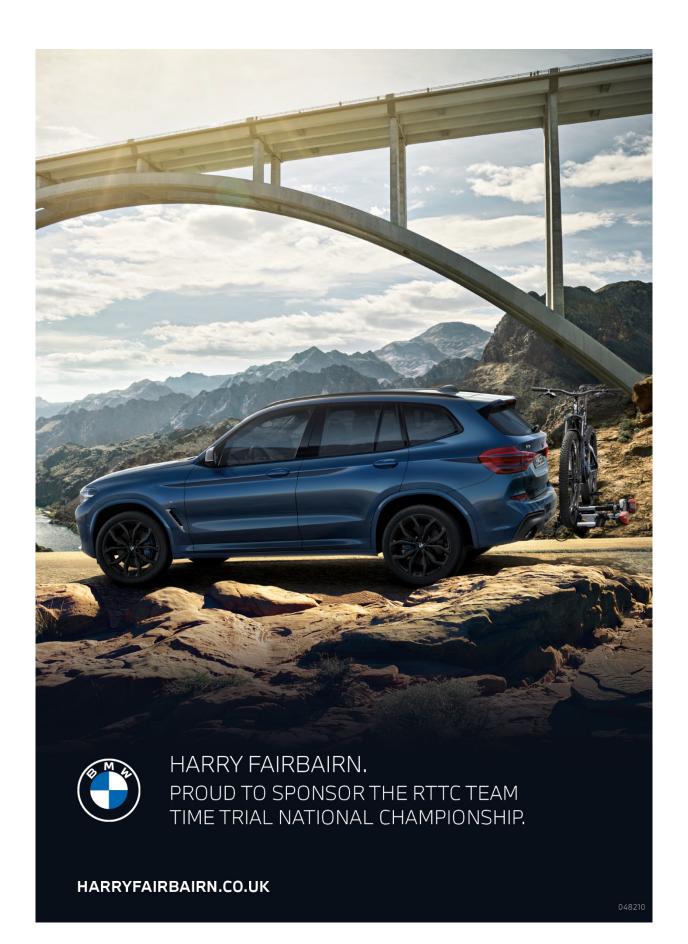


Number	Start Time	Name	Club/Team	Gender
1	9:03:00	Tom Roper	Inflite-Dynamic Rides Race Team	Male
2	9:03:00	Josh Diesel	trainSharp	Male
3	9:03:00	Harvey Stroh	Inflite-Dynamic Rides Race Team	Male
130	Reserve	William Abbott	Innovation Racing	Male
4	9:06:00	Ken Thomson	Dunfermline CC	Male
5	9:06:00	Hamish Creber	Ryan's Bike Surgery - Thomson Homes	Male
6	9:06:00	Christopher Hordon	Ryan's Bike Surgery - Thomson Homes	Male
7	9:09:00	Neil Griffiths	Torvelo Racing	Male
8	9:09:00	Luke Maguire	Torvelo Racing	Male
9	9:09:00	Nico Anelli	Dundee Thistle	Male
10	9:12:00	Chris Hunter	Glasgow Ivy CC	Male
11	9:12:00	Paul Hornby	Glasgow Ivy CC	Male
12	9:12:00	Glen Hornby	Glasgow Ivy CC	Male
13	9:15:00	Calum McVie	Torvelo Racing	Male
14	9:15:00	Murray Soutter	Torvelo Racing	Male
15	9:15:00	Ryan Bunyan	Torvelo Racing	Male
16	9:18:00	Robert Kelly	Ayr Roads CC	Male
17	9:18:00	Ross Milvenan	Ayr Roads CC	Male
18	9:18:00	Jody Gerrard	Ayr Roads CC	Male
131	Reserve	lain Fisher	Ayr Roads CC	Male
19	9:21:00	Richard Tyson	Rock to Roll CC	Male
20	9:21:00	Joseph Wright	Rock to Roll CC	Male
21	9:21:00	Jamie Robinson	Rock to Roll CC	Male
22	9:24:00	David Ritchie	Torvelo Racing	Male
23	9:24:00	Murray Ferguson	Torvelo Racing	Male
24	9:24:00	Alan Clark	Torvelo Racing	Male
25	9:27:00	Michael Curran	Ayr Roads CC	Male
26	9:27:00	Scott MacLean	Ayr Roads CC	Male
27	9:27:00	Graham MacLeod	Ayr Roads CC	Male
132	Reserve	Robert Kelly	Ayr Roads CC	Male
28	9:30:00	Andrew Smith	VC Glasgow South	Male
29	9:30:00	David Mylett	VC Glasgow South	Male
30	9:30:00	Jim Barr	VC Glasgow South	Male
31	9:33:00	Craig Duncan	Team Andrew Allan Architecture	Male
32	9:33:00	David MacNeil	Team Andrew Allan Architecture	Male
33	9:33:00	Scott Patterson	Team Andrew Allan Architecture	Male
34	9:36:00	Lucie Hrnickova	Vanelli-Project GO	Female
35	9:36:00	Lucy Ritchie	Vanelli-Project GO	Female
36	9:36:00	Hilary Holding	Vanelli-Project GO	Female
37	9:39:00	Aileen Fisher	Ayr Roads CC	Female
38	9:39:00	Charlotte Stevens	Ayr Roads CC	Female
39	9:39:00	Fiona Davidson	Ayr Roads CC	Female
40	9:42:00	Frances Butler	Vanelli-Project GO	Female
41	9:42:00	Fleur Stoops	Vanelli-Project GO	Female
42	9:42:00	Hazel Smyth	Vanelli-Project GO	Female

43	9:45:00	Imani Pereira James	Brother Uk - Team OnForm	Female
44	9:45:00	Daisy Barnes	Brother Uk - Team OnForm	Female
45	9:45:00	Becky Storrie	Brother Uk - Team OnForm	Female
133	Reserve	Rebecca Richardson	Team Brother UK	Female
46	9:48:00	Carrie Brookes	Blaydon CC	Female
47	9:48:00	Gemma Hutchins	Blaydon CC	Female
48	9:48:00	Angela McGurk	Blaydon CC	Female
49	9:51:00	Zosia Martin	Torvelo Racing	Female
50	9:51:00	Catriona Lockie	Torvelo Racing	Female
51	9:51:00	Lynne McIntosh	Torvelo Racing	Female
134	Reserve	Fiona Cockburn	Torvelo Racing	Female
52	9:54:00	Alexandra Ligeti	Vanelli-Project GO	Female
53	9:54:00	Alexandra Hayden	Vanelli-Project GO	Female
54	9:54:00	Gemma Penman	Vanelli-Project GO	Female
135	Reserve	Eilidh Thomson	Vanelli-Project GO	Female
55	9:57:00	Christina Murray	Army Cycling	Female
56	9:57:00	Jenny Hill	Army Cycling	Female
57	9:57:00	Rebecca Graves	Army Cycling	Female
58	10:00:00	Hayley Simmonds	CAMS Racing	Female
59	10:00:00	Natalie Grinczer	CAMS Racing	Female
60	10:00:00	Jessica Finney	CAMS Racing	Female
136	Reserve	Megan Barker	CAMS Racing	Female
61	10:03:00	Andy Auld	Team Andrew Allan Architecture	Male
62	10:03:00	Craig Adams	Team Andrew Allan Architecture	Male
63	10:03:00	Andrew Hale	Team Andrew Allan Architecture	Male
64	10:06:00	Zeb Kyffin	Ribble Weldtite Pro Cycling	Male
65	10:06:00	Joe Wilson	Ribble Weldtite Pro Cycling	Male
66	10:06:00	Matt Gibson	Ribble Weldtite Pro Cycling	Male
137	Reserve	Jacob Tipper	Ribble Weldtite Pro Cycling	Male
67	10:09:00	Thomas Fraser	Royal Navy & Royal Marines CA	Male
68	10:09:00	Ben Dixon	Royal Navy & Royal Marines CA	Male
69	10:09:00	Alexander Miles	Royal Navy & Royal Marines CA	Male
138	Reserve	Stephen Thomson	Royal Navy & Royal Marines CA	Male
70	10:12:00	Mark Skilling	Studio Velo	Male
71	10:12:00	Gavin Shirley	Studio Velo	Male
72	10:12:00	Gavin Church	Studio Velo	Male
139	Reserve	Lewis Martin	Studio Velo	Male
73	10:15:00	Stephen Bradbury	Saint Piran	Male
74	10:15:00	Joseph Evans	Saint Piran	Male
75	10:15:00	Ross Holland	Saint Piran	Male
76	10:18:00	Corin Halliday	Torvelo Racing	Male
77	10:18:00	Sandy Taylor	Torvelo Racing	Male
78	10:18:00	Gavin Dempster	Torvelo Racing	Male
79	10:21:00	Angus Wilson	Team Andrew Allan Architecture	Male
80	10:21:00	Stuart MacCallum	Team Andrew Allan Architecture	Male
81	10:21:00	Stewart Burke	Team Andrew Allan Architecture	Male

82	10:24:00	Jamie Davidson	Kelpie Racing	Male
83	10:24:00	lain MacLeod	Kelpie Racing	Male
84	10:24:00	Thomas Gelati	Kelpie Racing	Male
140	Reserve	Martin Reynolds	Kelpie Racing	Male
85	10:27:00	Alan Dean	Edinburgh Road Club	Male
86	10:27:00	Rory Downie	Edinburgh Road Club	Male
87	10:27:00	Sandy Waller	Edinburgh Road Club	Male
88	10:30:00	Alexander Royle	Manchester Bicycle Club	Male
89	10:30:00	Alistair Rutherford	Manchester Bicycle Club	Male
90	10:30:00	Scott Burns	Manchester Bicycle Club	Male
141	Reserve	Chris Southworth	Manchester Bicycle Club	Male
91	10:33:00	Garry Latimer	Vanelli-Project GO	Male
92	10:33:00	Graham Smith	Vanelli-Project GO	Male
93	10:33:00	Oliver Murray	Vanelli-Project GO	Male
94	10:36:00	Marc Anderson	GTR - Return To Life	Male
95	10:36:00	William Bonar	GTR - Return To Life	Male
96	10:36:00	Jamie Kennedy	GTR - Return To Life	Male
97	10:39:00	Aidan Quinn	Dooleys RT	Male
98	10:39:00	Michael Nicolson	Dooleys RT	Male
99	10:39:00	Alastair McNicol	Dooleys RT	Male
100	10:42:00	Jason Roberts	Vanelli-Project GO	Male
101	10:42:00	Richard McDonald	Vanelli-Project GO	Male
102	10:42:00	Robert Friel	Vanelli-Project GO	Male
103	10:45:00	Adam Wild	GS Metro	Male
104	10:45:00	Tommy Murray	GS Metro	Male
105	10:45:00	Ross Walton	GS Metro	Male
142	Reserve	Andrew Hall	GS Metro	Male
106	10:48:00	Jack Levick	Rose Race Team	Male
107	10:48:00	Billy Jarish	Rose Race Team	Male
108	10:48:00	George Thompson	Rose Race Team	Male
109	10:51:00	Andrew Underwood	Ryan's Bike Surgery - Thomson Homes	Male
110	10:51:00	Ray Wilson	Ryan's Bike Surgery - Thomson Homes	Male
111	10:51:00	Silas Goldsworthy	Ryan's Bike Surgery - Thomson Homes	Male
143	Reserve	Hamish Creber	Ryan's Bike Surgery - Thomson Homes	Male
112	10:54:00	Tom Ward	AeroLab Ward WheelZ	Male
113	10:54:00	William Perrett	AeroLab Ward WheelZ	Male
114	10:54:00	Sebastian Dickson	AeroLab Ward WheelZ	Male
144	Reserve	Rob Walker	AeroLab Ward WheelZ	Male
115	10:57:00	Chris Smart	GTR - Return To Life	Male
116	10:57:00	Douglas Watson	GTR - Return To Life	Male
117	10:57:00	Daniel Cain	GTR - Return To Life	Male
145	Reserve	William Bonar	GTR - Return To Life	Male
118	11:00:00	Matti Dobbins	RT 23	Male
119	11:00:00	Cameron Richardson	RT 23	Male
120	11:00:00	Kyle Gordon	RT 23	Male
121	11:03:00	Tom Hutchinson	Team Bottrill	Male

122	11:03:00	George Evans	Team Bottrill	Male
123	11:03:00	Phil Williams	Team Bottrill	Male
124	11:06:00	James Shaw	Ribble Weldtite Pro Cycling	Male
125	11:06:00	Dan Bigham	Ribble Weldtite Pro Cycling	Male
126	11:06:00	Simon Wilson	Ribble Weldtite Pro Cycling	Male
146	Reserve	Jacob Tipper	Ribble Weldtite Pro Cycling	Male









www.cyclingtimetrials.org.uk







NOTES TO COMPETITORS

NUMBERS: CHAMPIONSHIP CONDITION 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

USE OF MOTOR VEHICLES

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

REGULATION 14(i)

(i) No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REGULATION 17: SIGNING-ON SHEET AND SIGNING-OUT SHEET

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

 N.B. Extenuating circumstances may be considered.

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15, all competitors under the age of 18 and/or juniors must wear protective hard shell helmets.

THIS EVENT MAY BE SUBJECT TO A DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.



Cycling Time Trials