



# East Sussex Cycling Association

2021 President Peter Moon – Eastbourne Rovers CC



## ESCA 50m Time Trial – Sunday 13th June 2021 – G50/90

Held for and on behalf of **Cycling Time Trials** under its rules and regulations

## Start Sheet

### Event Secretary

**Bob Harber** (Brighton Excelsior CC)

51 Church Lane Upper Beeding STEYNING BN44 3HP

Telephone: 01903 879598 Email: [harberbike@gmail.com](mailto:harberbike@gmail.com)

Mobile: 07979 836259

### Timekeeper

**Su Balcombe** (Brighton Excelsior CC)

### Recorder

**Wendy Harman** (Brighton Mitre)

## General Information

Please take note of the following COVID 19 Guidance. Social Distance Rules apply to all Riders, Helpers, Marshalls and Time Keepers. Please be respectful and keep us all safe.

Please do not attend the event if you or any member of your support crew or family shows symptoms of COVID 19 or feel unwell.

### Event HQ

East Hoathly Sports Pavilion, London Road East Hoathly, East Sussex BN8 6QE – Open from 5:15am. Heading north on the A22, turn right at The Shaw Roundabout into London Road. The HQ is on the right, just before the village.

The sports pavilion is **only open for access to the toilets in the home changing rooms.**

### Car Parking

There is limited parking in the Sports Pavilion car park, when full please park sensibly on London Road.

**Please show respect to local residents in the village with no shouting within earshot of houses, no spitting (this is after complaints at a previous event) and no Turbo Trainers to be used East of the carpark entrance on London Road within 50 metres of a domestic property.**

### Additional Hazards

#### **The new Owlsbury roundabout**

Take care in negotiating the new roundabout between Copwood RBT and Little Horsted RBT.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

### Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

## Prize List

### Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00
Fourth	£15.00
Fifth	£10.00

### Fastest Lady

First	£30.00
Second	£25.00
Third	£20.00

### Fastest Jun / Juv

First	£20.00
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### Fastest Age Category

not winning another individual prize

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

### Fastest Team of 3

First	£15.00 each
Second	£10.00 each

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### Start

The start is less than a mile from the Sports Pavilion. Proceed out of the car park turn right and continue to South Street.

### Riders Be Aware

Generally the road is in good repair. However there are some sections where care must be taken with heads up to look out for pot holes and some cracks that could cause impact punctures if hit hard.

### Signing Out

Please note that all competitors are now required personally to sign the signing-out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

## Course Details

### G50/90 – East Hoathly - Lower Dicker - Maresfield - Boship - Batts Bridge - East Hoathly - A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

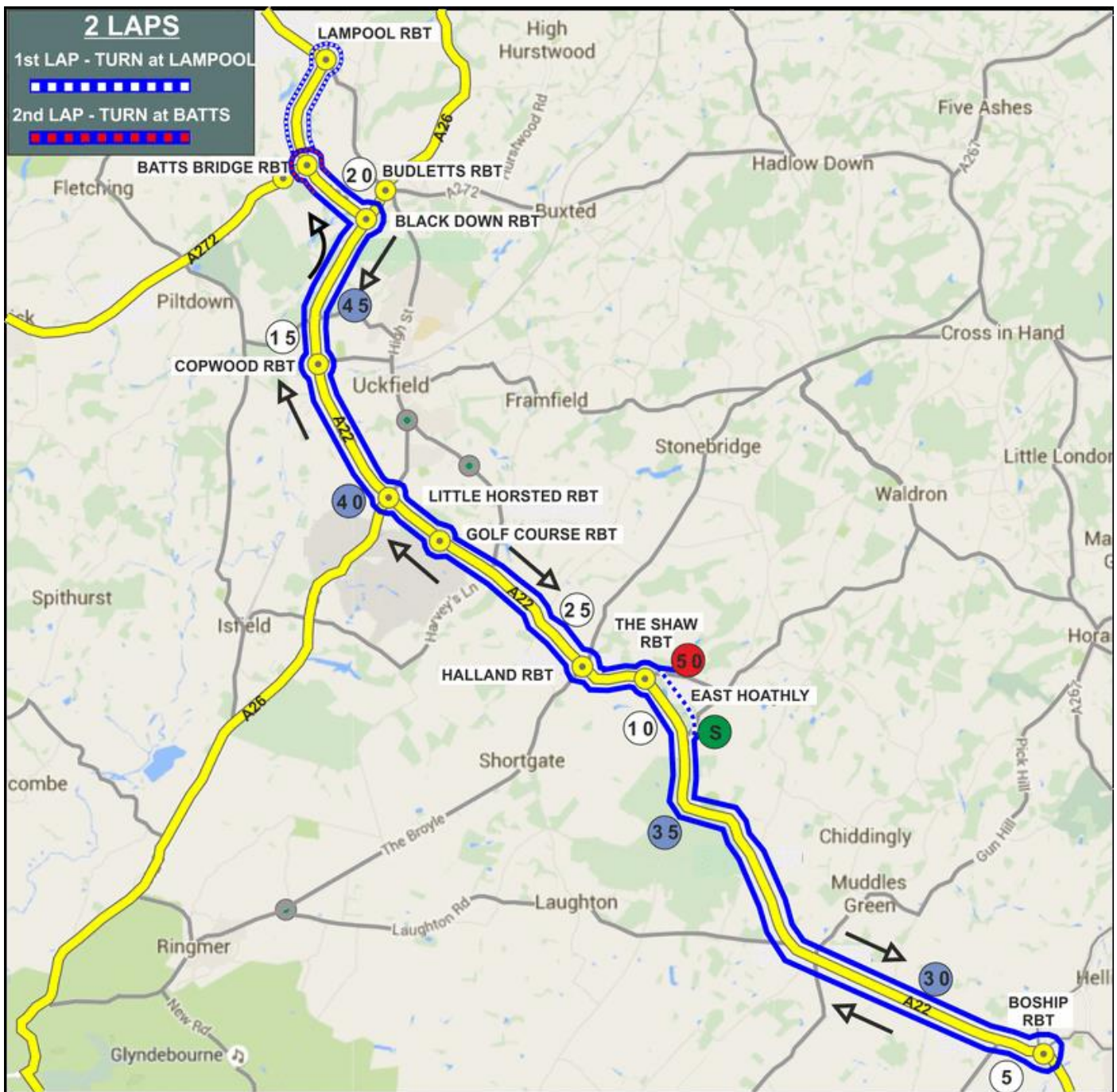
These course details can be viewed or downloaded from the Sussex CA website

<https://www.sussexca.org.uk/g5090.html>

OS Ref	Course G50/90	Distance
TQ517156	<b>START</b> in South Street, East Hoathly, at red paint mark at drain 28 yards before T junction with A22 East Hoathly by-pass.	00.00m
TQ572112	<b>LEFT</b> and follow A22 through Whitesmith and Golden Cross to Boship RBT where <b>TURN</b> (Check)	04.90m
TQ511165	<b>4th exit</b> to retrace through Golden Cross and Whitesmith to The Shaw RBT	10.45m
TQ468231	<b>LEFT 1st exit</b> and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. <b>Straight on 2nd exit</b> and follow A22 via <i>the new Owlsbury RBT</i> and Copwood RBT to Black Down RBT	16.22m
TQ462253	<b>LEFT 1st exit</b> and follow Maresfield by-pass via Batts Bridge RBT to Lampool RBT where <b>TURN</b> (Check)	18.03m
TQ471235	<b>3rd exit</b> to retrace via Batts Bridge RBT to Black Down RBT. <b>RIGHT 2nd exit</b> and follow A22 via Copwood, <i>the new Owlsbury RBT</i> , Little Horsted, Golf Course and Halland RBTs to The Shaw	25.63m
TQ572112	<b>RIGHT 2nd exit</b> and continue on A22 via Whitesmith and Golden Cross to Boship RBT where <b>TURN</b> (Check)	31.19m
TQ511165	<b>4th exit</b> to retrace on A22 to The Shaw RBT	36.74m
TQ459238	<b>LEFT 1st exit</b> and follow A22 via Halland, Golf Course, Little Horsted, the new Owlsbury RBT, Copwood and Black Down RBTs to Batts Bridge RBT where <b>TURN</b> (Check)	43.30m
TQ510165	<b>4th exit</b> to retrace on A22 to The Shaw RBT. <b>LEFT 1st exit</b> for 176 yards to <b>FINISH</b> at red paint mark on curb opposite power pole and two drains on south side of road	50.00m

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N.B. The new Owlsbury roundabout between Copwood RBT and Little Horsted RBT is not yet shown on the map.

### Additional Safety Instructions

- Competitors must not cross the A22 at the start and finish points and should exercise extra care when negotiating roundabouts.

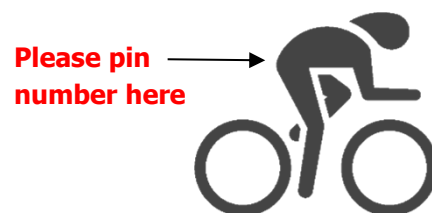
### Please pay attention to the following CTT regulations/recommendations

- Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

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- **Parental Consent Forms** Under 18 age entries must download, complete and have a signed parental consent in order to compete. The completed form must be brought along to the signing on along with your helmet. No helmet, no parental consent, no ride.
- **Lights** CTT Regulation 14 now requires that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



## CTT COVID-19 INSTRUCTIONS:

- 1) Do not attend if you/your family members feel ill.
- 2) Park with social distancing in mind.
- 3) HQ not open other than for toilets; 1 in, 1 out.
- 4) Please bring your own pen to sign on outside HQ and, if needed, safety pins.
- 5) Take with you a compulsory working rear light, a spare/tyre/tub and a mobile phone.
- 6) Please note you have to make your own way back in event of trouble – no collections offered.
- 7) No more than 5 riders, each 2m apart, to wait at the start.
- 8) No changing facilities at the HQ. Please attend dressed "ready to race".
- 9) No items to be left at the start or with the timekeeper.
- 10) No push-off.
- 11) After racing, leave your number in the bucket that contains soapy water when reporting to sign out.
- 12) No social, no drinks, no food and no prize presentation – sorry!
- 13) No result board – times will be available online via a link sent with the covering email, on ESCA Facebook page asap, and then on CTT web site.
- 14) Please leave the car park in a timely fashion.

## Keep up to date with what's going on with time trialling in Sussex ...

<b>East Sussex CA</b>	Website	<a href="http://www.eastsussexca.org.uk/">www.eastsussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/EastSussexCA/">www.facebook.com/groups/EastSussexCA/</a>
<b>Sussex CA</b>	Website	<a href="http://www.sussexca.org.uk/">www.sussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/SussexCA/">www.facebook.com/groups/SussexCA/</a>



## Order of Start

Race No.	Start Time	Rider	Rider	Club	Gen	Cat	Result
1	6.01	Chris	Parker	Hastings & St. Leonards CC	M	V	
2	6.02	Brian	Jones	Morden CRC	M	V	
3	6.03	Nicole	Patterson-Lett	Worthing Excelsior CC	F	V	
4	6.04	Vernon	Thomas	VC Elan - Harry Perry Cycles	M	V	
5	6.05	Clive	Patterson-Lett	Worthing Excelsior CC	M	V	
6	6.06	Anita	Turner	Eastbourne Rovers CC	F	V	
7	6.07	Adrian	Stead	Thanet RC	M	V	
8	6.08	Kate	Parrish	Lewes Wanderers CC	F	S	
9	6.09	David	Drake	South London Harriers	M	S	
10	6.10	Robert	Royle-Evatt	Addiscombe CC	M	V	
11	6.11	Peter	Bulman	VTTA (Surrey/ Sussex)	M	V	
12	6.12	Peter	Horsfield	Redmon CC	M	V	
13	6.13	Jamie	Freeland	South London Harriers	M	V	
14	6.14	Peter	Davies	Brighton Mitre CC	M	V	
15	6.15	Ivan	Johnson	Hastings & St. Leonards CC	M	V	
16	6.16	Edd	Saunders	Neighbourhood Brighton CC	M	S	
17	6.17	Daniel	Drake	South London Harriers	M	S	
18	6.18	Tracey	Williams	Brighton Excelsior CC	F	V	
19	6.19	Adam	Rogers	Eastbourne Rovers CC	M	V	
20	6.20	Martin	Kober	Abellio - SFA Racing Team	M	S	
21	6.21	Cris	Coxon	Brighton Mitre CC	M	V	
22	6.22	Mike	Hannay	Lewes Wanderers CC	M	V	
23	6.23	Peter	Owen	Norwood Paragon CC	M	V	
24	6.24	Roland	Kitson	Horsham Cycling	M	V	
25	6.25	Ben	Cumpstone	Brighton Mitre CC	M	V	
26	6.26	Gunter	Eifler	Mid Sussex Triathlon Club	M	V	
27	6.27	Paul	Thatcher	Brighton Mitre CC	M	V	
28	6.28	Paul	Fletcher	trainSharp	M	V	
29	6.29	Lawrence	Daley	Veloclub Anglais d'Annecy	M	S	
30	6.30	Nathan	Russell	trainSharp	M	S	
31	6.31	James	Ryan	Team TMC	M	V	
32	6.32	Paul	Newsome	Project 51	M	S	
33	6.33	Jonathan	Pontin	Addiscombe CC	M	S	
34	6.34	Peter	Madarasz	Brighton Triathlon Club	M	V	
35	6.35	James	Harris	Catford CC Ltd	M	V	
36	6.36	Joe	Benians	Lewes Wanderers CC	M	S	
37	6.37	Peter	Baker	Lewes Wanderers CC	M	V	
38	6.38	Richard	Tully	Elite Cycling	M	V	
39	6.39	Matthew	Woods	Eastbourne Rovers CC	M	V	
40	6.40	Ian	Leeding	Norwood Paragon CC	M	V	
41	6.41	David	Clark	Eastbourne Rovers CC	M	V	
42	6.42	James	Stone	Brighton Excelsior CC	M	V	
43	6.43	David	Clements	Eastbourne Rovers CC	M	V	
44	6.44	Ian	Bray	Addiscombe CC	M	S	
45	6.45	Ian	Cheesman	Worthing Excelsior CC	M	V	
46	6.46	Jim	Burdett	Addiscombe CC	M	V	

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47	6.47	Pip	Jenkins	Southborough & Dist. Whs	F	S
48	6.48	Sally	Turner	trainSharp	F	V
49	6.49	Kevin	Nelson	Crawley Wheelers	M	S
50	6.50	Matthew	Smith	Team TMC	M	S
51	6.51	Robert	Drake	Addiscombe CC	M	S
52	6.52	Henrik	Persson	Kingston Wheelers CC	M	S
53	6.53	Howard	Shaw	trainSharp	M	S
54	6.54	Christopher	McNamara	Nuun-Sigma Sport-London RT	M	V