

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations.



Spalding Cycling Club

Sponsored by Gibbons Cycles & Sports / Sharetec /
Specialized Distribution (Spalding Ltd)

Present the

18 Mile Hilly Time Trial

Sunday 9th April 2017 9:00am

Course:	CS/5
Event HQ:	Edenham Village Hall, Edenham, Lincs, PE10 0LS (behind Church on A151)
Event Secretary:	Claire Thomas, 48 West Elloe Avenue, Spalding, Lincs PE11 2BH Mob. 07966 174837
Timekeeper:	Sharon Fensom (Spalding CC)

Prizes - One prize per person, except for team event.

Fastest on Scratch	1 st £40	2 nd £30	3 rd £20
Vet (Std)	1 st £10		
Team	1 st £5 Each	(fastest three riders)	
Groups (A, B, C, D, E)	1 st £10		

Course description: CS/5

Start in Edenham village opposite the bus shelter outside the church. On the A151 proceed through Edenham to Grimsthorpe (1 miles) where 1:8 hill. Continue on A151 through Corby Glen (5.3 miles) and to the mini roundabout just short of the A1 (9.10 miles) (**give way to traffic from the right**). Take the third exit (to go back eastwardly down the same road), return on the A151 to Corby Glen and Grimsthorpe and proceed to Edenham to **finish** at the bus shelter outside the church.

Record Holder: New course in 2017 **Course Record:** N/A

Numbers and signing on will be at headquarters.

Please remember to return numbers at the end of your ride and sign out. **It is a new requirement that all riders sign out of the event. It confirms that you have returned safely to the event HQ and should still be completed whether or not you finished the event.**

Safety Instructions for riders: In the interests of your own safety –

- Cycling Time Trials and the event promoters strongly advise the wearing of a hard shell helmet that meets an internationally accepted safety standard.
- Cycling Time Trials recommend that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.
- Riders must give way to pedestrians on the Zebra crossing opposite the school in Corby Glen.
- Riders to give way to traffic from the right at the turn roundabout.
- Riders to take care negotiating the sharp bend at the foot of Grimsthorpe Hill.
- Riders to take care in Edenham village as traffic joins their route from side roads, whilst riding to and from the HQ, as well as on the course. Riders must not warm up past the start area. No 'U' Turns are to be performed on the A151 within the start and finish area.
- If the HQ car park is full, please park carefully as the road outside of the hall is narrow.

PLEASE NOTE: There are a less pot holes on the new course this year. There are two on the racing line which have yet to be filled. The first is at approx. 2.6 miles, after passing through Grimsthorpe village. There is a large shallow pot hole just before the left turn to Swinstead. The second is on the return leg just before the descent of Grimsthorpe Hill.

Safety is the priority so please keep your heads up, but have a safe and pleasant ride.

No.	Title	Name	Club	Category	Group	Vet Std Time	Start Time
1							09:01
2							09:02
3							09:03
4							09:04
5	Mr	Antony Gough	Velo-One Cycling Team(Staples Vegetables/Neil Palmer Electrical)	V	A		09:05
6	Mr	Andrew Gilbert	Fenland Clarion CC		B		09:06
7	Mr	Bryn Richards	Bourne Wheelers	Juv	C		09:07
8	Mr	Frazer Wallis	Spalding CC	V	D		09:08
9	Miss	Tilly Gurney	BowlPhish Racing	WJ	E		09:09
10	Mr	John Pilgrim	Witham Wheelers		A		09:10
11	Mr	Paul Blease	Alford Whs	V	B		09:11
12	Mr	Simon Wright	Spalding CC	V	C		09:12
13	Mr	Gareth Richards	Bourne Wheelers	V	D		09:13
14	Mr	William Gurney	Spalding CC	J	E		09:14
15	Mr	Colin Parkinson	South Western Road Club/Evans Cycles	V	A		09:15
16	Mr	Anthony Hardenberg	Witham Wheelers	V	B		09:16
17	Mr	Andrew Gurney	Spalding CC	V	C		09:17
18	Mr	Gareth Smith	St Neots CC		D		09:18
19	Mr	Chris Bettinson	Spalding CC	V	E		09:19
20	Mr	James Gelsthorpe	Peterborough CC		A		09:20
21	Mr	John Royle	Fenland Clarion CC	V	B		09:21
22	Mr	Ross McGivern	Spalding CC		C		09:22
23	Mr	Paul Breeze	Peterborough CC	V	D		09:23
24	Mr	John Scott	Witham Wheelers	V	E		09:24
25	Mr	Neil Palmer	Velo-One Cycling Team(Staples Vegetables/Neil Palmer Electrical)	V	A		09:25
26	Mr	Mark Booth	Kettering CC	V	B		09:26
27	Mr	Joshua Wallis	Velo-One Cycling Team(Staples Vegetables/Neil Palmer Electrical)		C		09:27
28	Mr	Ed Holliday	Spalding CC	V	D		09:28
29	Mr	John Burton	Alford Whs	V	E		09:29
30	Mr	Julian Ramsbottom	Pedal Pushers	V	A		09:30
31	Mr	Michael Smalley	Witham Wheelers	V	B		09:31
32	Mr	Richard Lamb	Peterborough CC		C		09:32
33	Mr	Mark Hills	Spalding CC		D		09:33
34	Mr	Chris Shaw	Fenland Clarion CC	V	E		09:34
35	Mr	Brett Harwood	Team Bottrill / HSS Hire	V	A		09:35
36	Mr	Nicholas Hitchens	Peterborough CC	V	B		09:36

Please note the VTTA website is currently unavailable which means we cannot provide the vet standard times for this course distance. Assuming this is rectified before Sunday they will be added to the results board and a prize awarded.