



Seacroft Wheelers

Est. 1975 cycling for over 40 years



Seacroft Wheelers Open 10 Mile TT Bubwith Sports Centre

Sunday 11th October, 2020, 9:30 am Onwards

HQ: Bubwith Sports Centre (Car Park),
Main St, Bubwith, Selby YO8 6LX
Tel: 01757 288299

Venue has parking spaces

Promoting Club: Seacroft Wheelers CC, Leeds

Organiser: Ian Brown 07988 472679

Time Keepers: Geoff Backshall, Mike Penrice

First Rider Off: 11:01

Course Record: 19m15sec

IMPORTANT: You must sign In/Out using your own pen and return your Race Number before leaving the Event.

Riders must wear a helmet and use a rear red flashing bicycle light for safety

Organised Under CO-VID Restrictions

- Competitors should not attend if they feel ill in ANY way or if family members have any symptoms or are in a local lockdown.
- An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.
- Where any local lockdowns are in place that prevent travel or organised sport from taking place, as a competitor you should not start the event and inform the organiser (me) that you are not attending.
- Observe Social-Distancing Rules at all times
- No Toilet Facilities at HQ (Personal Urinal Recepticals are available on Ebay and bring personal Hand-Sanitiser)
- Bring a Pen to sign on
- Wear a mask when signing on
- If using Car Park observe one car space between Vehicles
- NO TURBO Warmups at HQ
- No U-Turns on approach to the START
- Observe Social Distancing Rules when waiting to be called to Start Line
- No Loitering around the START by third parties
- No Prize Reception at HQ and Competitors will be informed via email of winning
- A bucket of water with disinfectant will be at the table for returned competitor numbers at the end of the event
- Competitors will be instructed to leave once they have returned their race number



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Course Info: Flat, long straight roads with minor potholes and obstructions

START on south side of A163, approx. half mile west of Derwent Bridge (Bubwith), at western side of driveway to Derwent Cottage Farm (paint mark on road). PROCEED west, via North Duffield, South Duffield crossroads (2.04 mls) to Traffic Island at junction with A19 (Barlby north) – 4.24 mls. TURN LEFT (1st exit) and proceed south on A19 to Barlby South Traffic Island (junc. A63) – 5.15 mls. ENCIRCLE ISLAND (CARE!!) and retrace north on A19 to Barlby North T.I. – 6.16 mls. TURN RIGHT (2nd exit) on to A163, and proceed via South Duffield crossroads (8.40 mls), and North Duffield, to FINISH at mile stone "Selby 6, Weighton 12" on north side of A163, 580 yds before entrance to Duffield Carrs car park – 10.00 mls

