



## **Bec Cycling Club**

Open Hill Climb, Sunday 11<sup>th</sup> October 2020

Course: White Lane, Titsey (nearest post code TN16 2JT)

### **Instructions to riders**

This year's event is being run "behind closed doors" to ensure compliance with CTT Covid-19 regulations. Riders are required to adhere to these instructions and whilst race marshals will be there to help you it is incumbent on all riders to behave responsibly.

#### **Before the Event**

You should not attend the event if you feel ill in any way, especially if you or a family member have any symptoms.

#### **Car Parking**

There is a considerable amount of parking on the grass verges of the B2024 and in the lane to Tatsfield. PLEASE BE AWARE OF FAST TRAFFIC ON THIS ROAD AT ALL TIMES; it is a main road with a 60mph speed limit. Please park your car considerately and side by side rather than nose to tail, where the verges allow. Please also ensure social distancing between yourself and other riders.

#### **Warming up**

All riders should maintain at least 2 metres distance from others whilst warming up. As usual for the Bec Hill Climb, no riders will be allowed to warm up on the hill after the first rider has started. An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind, and you should DNS and leave immediately and not go to the start line if you feel this is the case.

#### **Signing on, signing out and race numbers**

A signing on table will be located at the top of the hill, from where you can collect your number, which will be pre-washed. Please bring your own pins if you need them. Hand sanitizer will be available to use before you sign on and collect your number. Please keep 2m apart from other riders if queuing and bring your own pen to sign on. Race numbers are to be returned into a bucket alongside the sign on table where you should also sign out.

#### **At the Start**

Ride alone to the start via Titsey Hill and do not arrive more than 6-7 minutes before your start time to ensure riders maintain 2m separation at all times. In accordance with CTT regulations there will be no pusher, but we will provide a stand so you can clip in before starting. Don't forget that the working rear light regulation applies to all riders and helmets are compulsory for all riders under 18. We will check both points and non-compliance will result in a DNS.



### **Timekeepers**

Do not approach the timekeeper at the start or finish to ensure they are able to maintain 2m separation from all riders. In particular, do not attempt to check your time at the finish. All times will be posted on the CTT website as soon as possible after the event.

### **After your ride**

Competitors on finishing should not stop at the finish and should not loiter in the parking area. Upon completion of their ride all competitors should sign out promptly and having done so then pack away and leave immediately.

### **Spectators**

In accordance with CTT regulations spectators will not be allowed for this year's event. Accordingly, no refreshments will be available at the race.

### **Results**

No results will be given on site and there will be no prize presentation. We are aiming to stream all times online during the event and details will be provided on the day.

If you have any questions please contact Keith Butler on 07889 545919