



Promoted for and on behalf of Cycling Time Trials (CTT) under their Rules and Regulations

Bedfordshire Road Cycling Club (BRCC) - Charity Open 25 mile Time Trial
Course: F1b/25

Sunday 2nd August 2020 - 06.30 hrs

All proceeds will be split evenly between two charities:

Sue Ryder St John's Hospice, Moggerhanger & 'Beads of Courage' Children with Cancer Uk

Event HQ: Stuart Memorial Hall Car Park, Church Street, Tempsford, Sandy, SG19 2AW. Car park will be open from 6:00am.

This event will adhere to the new CTT rules and regulations regarding COVID19. For the latest rules and risk assessments please visit the CTT website.

Please read and adhere to the following points:

If you feel unwell OR are subject to local lockdown restrictions then please do not race.

- This event will be run from the car park of the Stuart Memorial Hall in Tempsford with **NO** access to the hall or the toilets.
- There will be two portaloos set up in the car park. Please use them if necessary, **not the surrounding grounds or within the village**. If anyone is caught going to the toilet in the grounds of the hall or the village and not using the portaloos, they will be dismissed from the event without exception. It's a full field so expect a queue and give yourself enough time.
- Do not congregate in groups and keep a social distance of at least 2m where possible.
- Race numbers will have been cleaned prior to the event and will be handed out individually. Do not pick up your number yourself. Return numbers to the bucket provided after the event.
- We encourage you to bring your own pen to sign in/out and to use your own pins if possible, however pens, pins and sanitiser gel will be provided.
- Please adhere to the social distancing rules when queuing for the toilet and when signing in/out.
- No Static warmups (turbo/rollers).

- You must sign out when returning your number. Failure to do so will result in disqualification.
- No more than 3 riders at the start line at any one time.
- There will be no pusher-off.
- All riders must have a working rear red light. No light, no ride, no exception.
- No refreshments will be provided and there will be no results board. All results will be posted on the CTT website in due course following the event.
- Do not approach or distract the time-keeper for your time.

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We appreciate that some of these rules are an inconvenience, but they must be followed so we can continue to race during these difficult times.

This is a charity event and so no prize money is on offer.

Directions to the start-line:

- Follow Church Street away from HQ and ride out of the village up the hill.
- Take the first left at the RAB and cross over the A1.
- Take the first left at the next RAB and continue alongside the A1.
- Continue on this road for approximately a mile and the start is on the right-hand side.
- Give yourself 10-15 mins to reach the start from HQ.

Route

START (GR163538) on B1043, 250 yards south of Station Rd., Tempsford; 26yards south of lamp-post B9 and 38 yards north of 1st. drain south of lamp-post B9.

Proceed south, straight on at 1st. RAB to join A1 (CARE) and continue over Sandy, North Biggleswade (Warden Lane) and South Biggleswade RABs to:- TURN (12.51 miles) by bearing left onto slip road at commencement of A1(M) approx. 2miles north of Baldock. Encircle RAB beneath motorway (junction with A507) and up slip road to rejoin A1 northbound carriageway.

Retrace outward route over all RABs to:- FINISH (GR162537) on A1, approx 500 yards north of Tempsford Village Hall and 200yards south of footbridge over A1, at the railings on south side of entry to Anglia Water building.

Police Area(s) Bedfordshire

Directions from the finish line:

- After passing the finish line on the A1, turn-round safely at the layby just past the pedestrian fly-over and ride back along the pathway. This will lead you back to the car park at HQ.

If you are unable to attend then please do let me know so that a reserve may be notified to take you place. This event was heavily oversubscribed and there are plenty of reserves on standby.

Have a good race and stay safe - BRCC

Ian McDonnell

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