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# SOUTHERN COUNTIES CYCLING UNION

1898-2020

PRESIDENT – JAN SOMMERFELD

## 28th Weekend of Sporting Events

**Promoted for and of behalf of Cycling Time Trials under its rules and regulations**

**Open 10 Miles Time Trial Saturday 21st March 2020**

### Course G10/46

***Qualifying event for SPOCO South East (but register prior to event) and Sussex CA SPOCO***

**Open 25 Miles Time Trial Sunday 22nd March 2020**

### Course G25/43

***Qualifying event for Sussex CA SPOCO***

**Event secretary – Robin Johnson (Brighton Mitre CC), 7 Gorselands, Billingshurst, *West Sussex, RH14 9TT, 01403 783368 07733 132043 on day of event.***

**Email: mr\_rjohnson@outlook.com**

## **HQ**

**Oakwood Hill Village Hall**

**Honeywood Lane**

**Oakwoodhill**

Surrey,

**RH5 5PY**

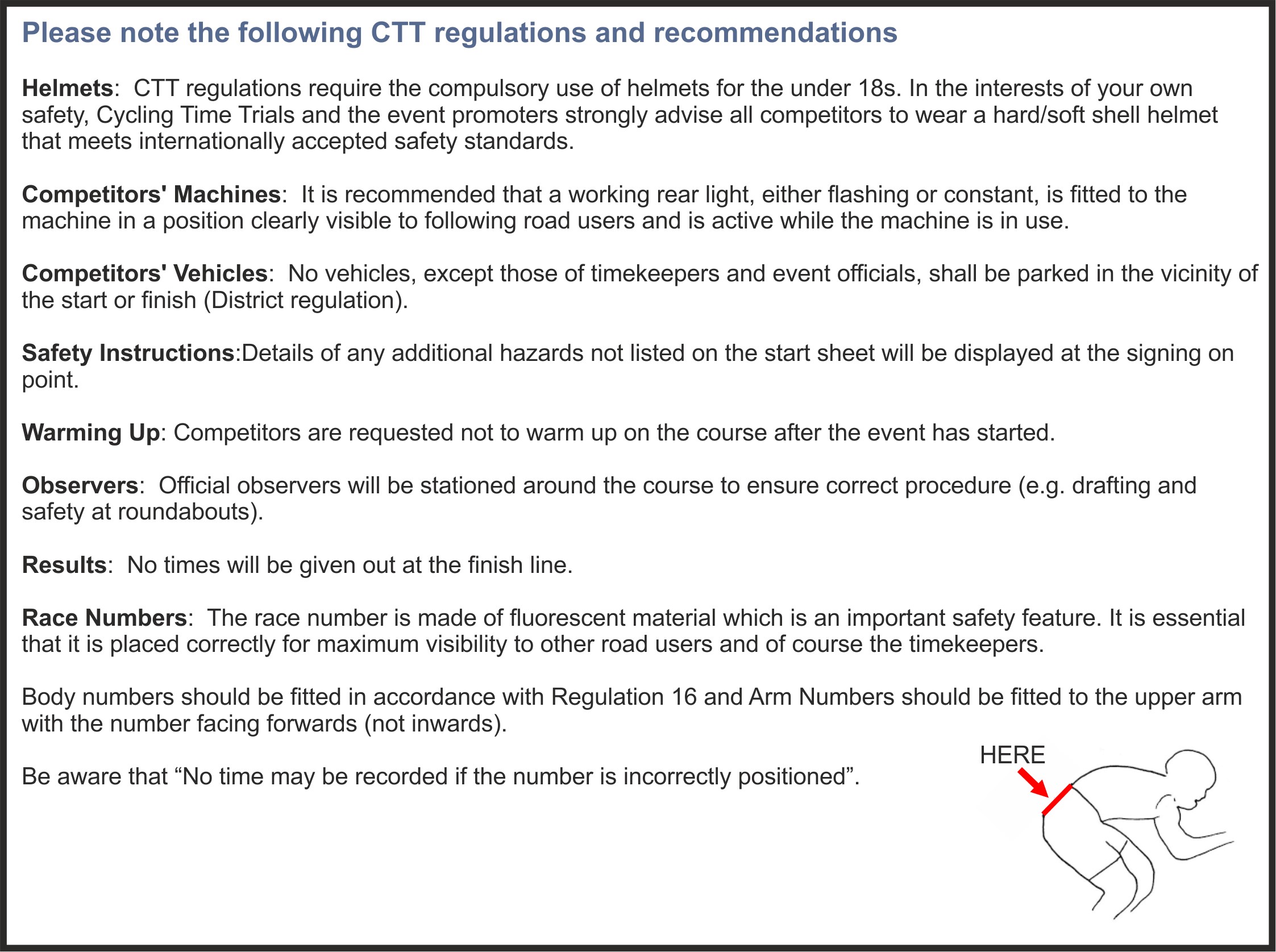
**Parking is limited at the village hall. Then use ONLY the East side of the road, South of the Village Hall with all the wheels off the road. Please ensure that your vehicle is OFF the road – it might be YOU that gets baulked on the initial circuit.**

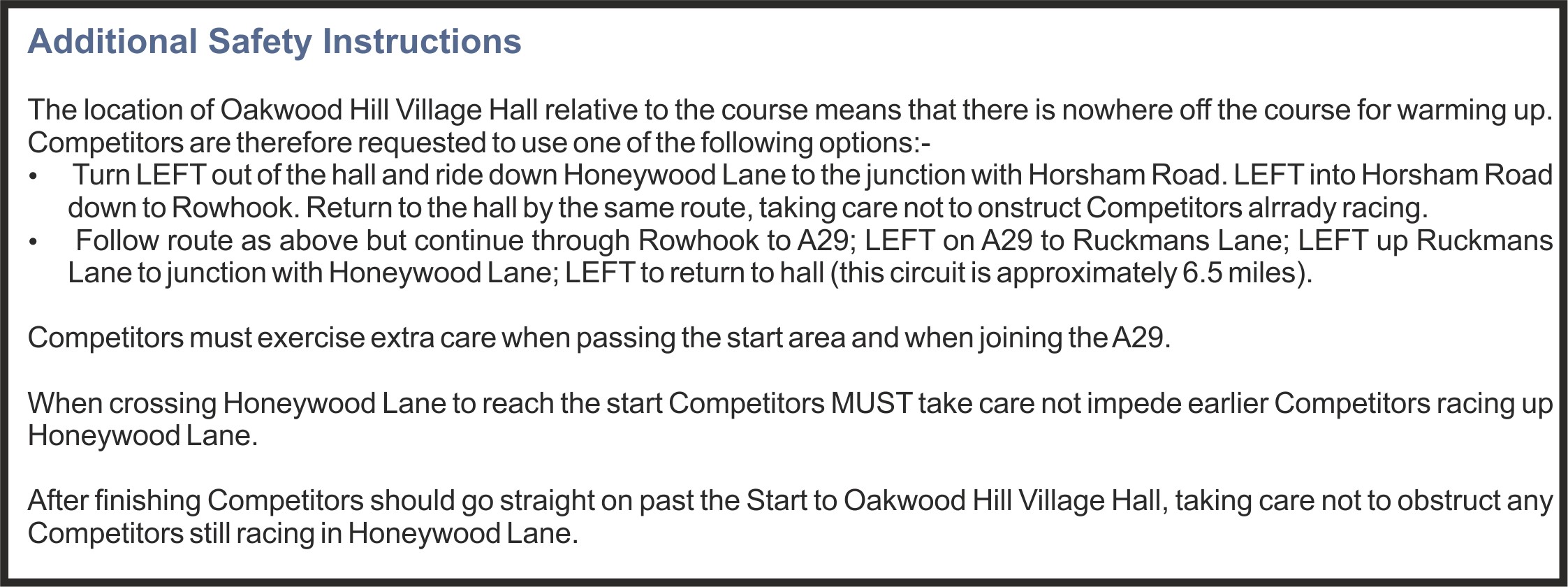
**Thank you in advance for not wearing cycling shoes or CLEATS in the Village hall.**

**Numbers at HQ ONLY.**

**After the event, please remember to return to the HQ with your number to sign out after your ride. You can exchange your number for a FREE drink.**

**10 Miles Event – HQ to start 0.04 miles, and 0.46 miles from the finish 25 Miles Event – HQ to start 0.04 miles, and 0.38 miles from the finish.**





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### O p e n 1 0 m i l e s T i m e T r i a l S a t u r d a y 21stM a r c h 2020

Course G10/46

**TIMEKEEPERS**

Start: Paul Tunnell Addiscombe CC

Finish :Kathy Collard-Berry A3crg

|  |  |  |  |
| --- | --- | --- | --- |
|  | ***Course Records – “10”*** | |  |
| Scratch: | 21:28 | Elliott Porter | 2014 |
| Vets | 22:11 | Pete Tadros | 2014 |
| Ladies: | 24:42 | Suzetta Guerrini | 2014 |
|  |  |  |  |
|  |  | ***Prizes*** |  |

1st Man £30 + Champagne (value £30) 1st Veteran (40-44) Wine (value £5)

2nd Man £20 + Wine (value £5) 1st Veteran (45-49) Wine (value £5)

3rd Man £15+ Wine (value £5) 1st Veteran (50-54) Wine (value £5)

4th Man £10 + Wine (value £5) 1st Veteran (55-59) Wine (value £5)

5th Man Wine (value £5) 1st Veteran (60-64) Wine (value £5)

1st Veteran (65-69)

Wine (value £5)

1st Veteran (70-74)

Wine (value £5)

1st Veteran (75-79)

Wine (value £5) BOTH SEXES ELIGIBLE.

1st  Woman £15 + Wine (value £5)

2nd  Woman £10 + Wine (value £5)

3rd  Woman £7 + Wine (value £5)

BOTH SEXES ELIGIBLE:

Fastest Road Bike Wine (value £5)

(no tri-bars)

1st Team £10 + Wine (value £5) each

2nd Team Wine (value £5) each

1st 20 min ride on this course £20

|  |  |
| --- | --- |
|  |  |
| ***Prize Presentation*** | To be held as soon as possible after the event. |
|  | Please stay to receive your awards and/or applaud the recipients. |
| ***Lottery Prizes*** | A bottle of wine, value £5, to each of the first three names drawn. |
|  | To be eligible, be present at the prize presentation and be a finisher |
|  |  |

### O p e n 1 0 m i l e s T i m e T r i a l S a t u r d a y 21stM a r c h 2020

Course G10/46

ALL COMPETITORS – PLEASE BE AWARE OF CTT REGULATION 14(i):

NO COMPETITOR SHALL BE PERMITTED TO START EITHER A TYPE A OR TYPE B EVENT UNLESS SUCH COMPETITOR HAS AFFIXED TO THE REAR OF THEIR MACHINE A WORKING REAR RED LIGHT, EITHER FLASHING OR CONSTANT, THAT IS ILLUMINATED AND IN A POSITION THAT IS CLEARLY VISIBLE TO OTHER ROAD USERS.

…………………………………………NO REAR LIGHT = NO RIDE……………………………………..

COMPETITORS MUST NOT USE ANY AUDIO EQUIPMENT EXCEPT PRESCRIBED HEARING AIDS.

Nb. A COMPETITOR IN BREACH OF THIS REGULSTION SHALL BE DISQUALIFIED.

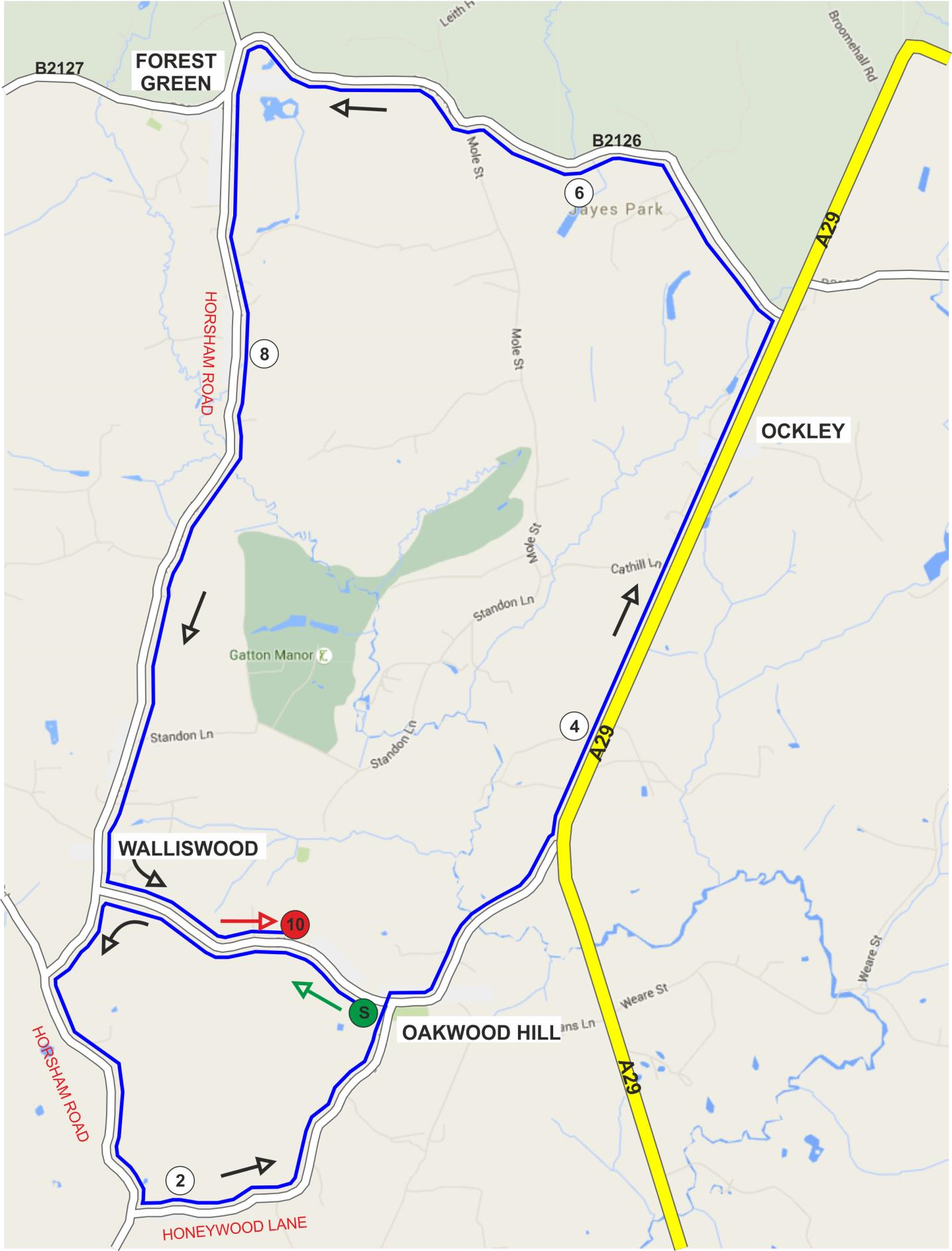
Nb. COMPETITORS MUST NOT USE A MOBILE PHONE WHILE MOUNTED ON THEIR MACHINES.

UNDER 18 AGE ENTRIES MUST DOWNLOAD PARENTAL CONSENT FORMS IN ORDER TO COMPLETE ON-LINE ENTRY.

PLEASE BRING THE COMPLETED FORM WITH YOUR HELMET AND PRESENT THESE BEFORE SIGNING-ON.

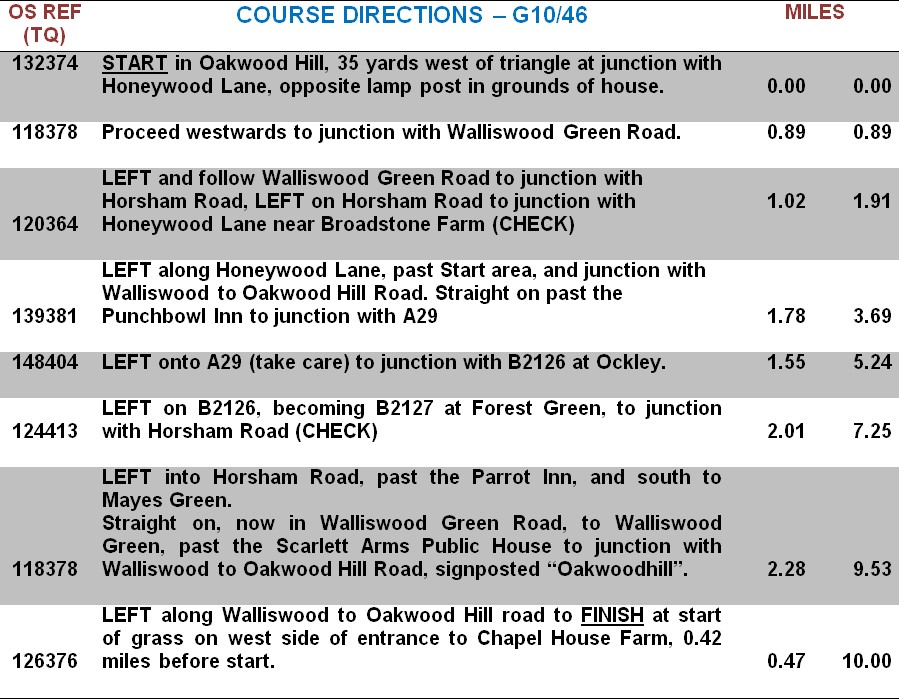
NO HELMET AND NO PARENTAL CONSENT FORM = NO RIDE………………………………………….

WOMEN – S.C.C.U. trophies: YOUR RIDES IN THE SPORTING EVENTS COUNT TOWARDS THESE TROPHIES.



***O p e n 1 0 m i l e s T i m e T r i a l S a t u r d a y 21st M a r c h 2020***

Course G10/46



***Mileage Signs*** at 5, 4, 3, 2, 1 mile(s) to go.

**BOTH EVENTS – PLEASE REMEMBER TO SIGN ON FOR YOUR NUMBER.**

**AFTER FINISHING, SIGN BACK IN WHEN RETURNING YOUR NUMBER………………………….**

ALL COMPETITORS – PLEASE BE AWARE OF CTT REGULATION 14(i): NO COMPETITOR SHALL BE PERMITTED TO START EITHER A TYPE A OR TYPE B EVENT UNLESS SUCH COMPETITOR HAS AFFIXED TO THE REAR OF THEIR MACHINE A WORKING REAR RED LIGHT, EITHER FLASHING OR CONSTANT, THAT IS ILLUMINATED AND IN A POSITION THAT IS CLEARLY VISIBLE TO OTHER ROAD USERS.………………………………………… NO REAR LIGHT = NO RIDE…………………………………….. COMPETITORS MUST NOT USE ANY AUDIO EQUIPMENT EXCEPT PRESCRIBED HEARING AIDS. Nb. A COMPETITOR IN BREACH OF THIS REGULATION SHALL BE DISQUALIFIED. Nb. COMPETITORS MUST NOT USE A MOBILE PHONE WHILE MOUNTED ON THEIR MACHINES. UNDER 18 AGE ENTRIES MUST DOWNLOAD PARENTAL CONSENT FORMS IN ORDER TO COMPLETE ON-LINE ENTRY PLEASE BRING THE COMPLETED FORM WITH YOUR HELMET AND PRESENT THESE BEFORE SIGNING-ON. NO HELMET AND NO PARENTAL CONSENT FORM = NO RIDE………………………………………….

#### G25/43 Course Records – “25”

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | |  | |  |  |
| Scratch: | | 55:04 | | Pat Wright | 2017 |
| Vets | | 58:21 | | Mark Smith | 2017 |
| Ladies: | | 1:08:46 | | Michelle Arthurs | 2017 |
| Trike | | 1:20:35 | Lez Young 2017 | | |
| TIMEKEEPERS: Start | | Clive Walton, Redmon CC | Finish: Kathy Collard-Berry, A3crg. | | |
|  | |  | ***Prizes*** | | |

MEN: FIRST £30 + Champagne (value £25) BOTH SEXES: 1st Veteran (40-44)

2nd £20+ Wine (value £5) Wine (value £5)

3rd£15 + Wine (value £5)

4th£10 + Wine (value £5) and each 5 years’ band

5th£5 + Wine (value £5)

1st  Woman £15 + Wine (value £5)

2nd  Woman £10 + Wine (value £5)

3rd  Woman Wine (value £5)

BOTH SEXES:

1st Team £15 + Wine (value £5) each

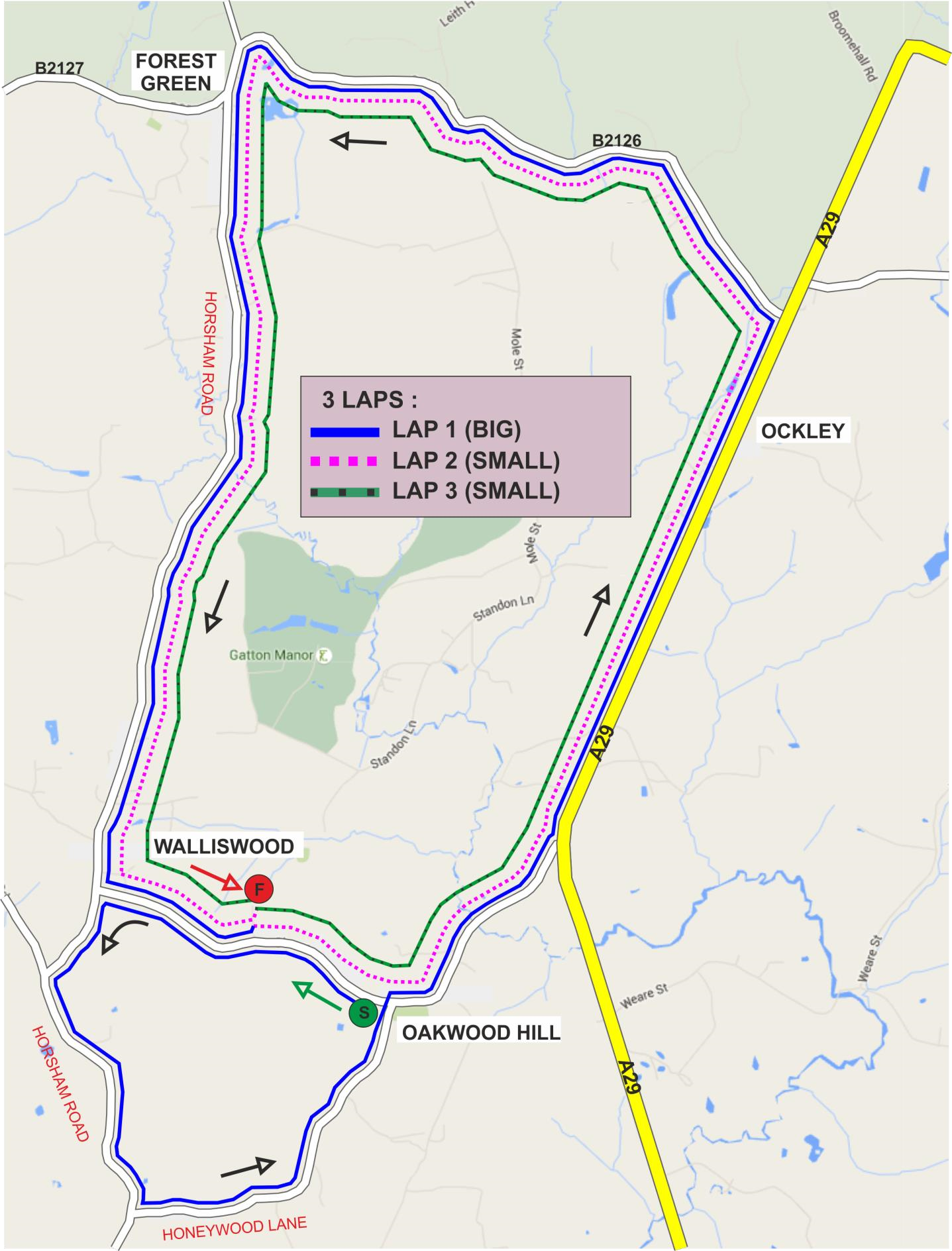
2nd Team Wine (value £5) each

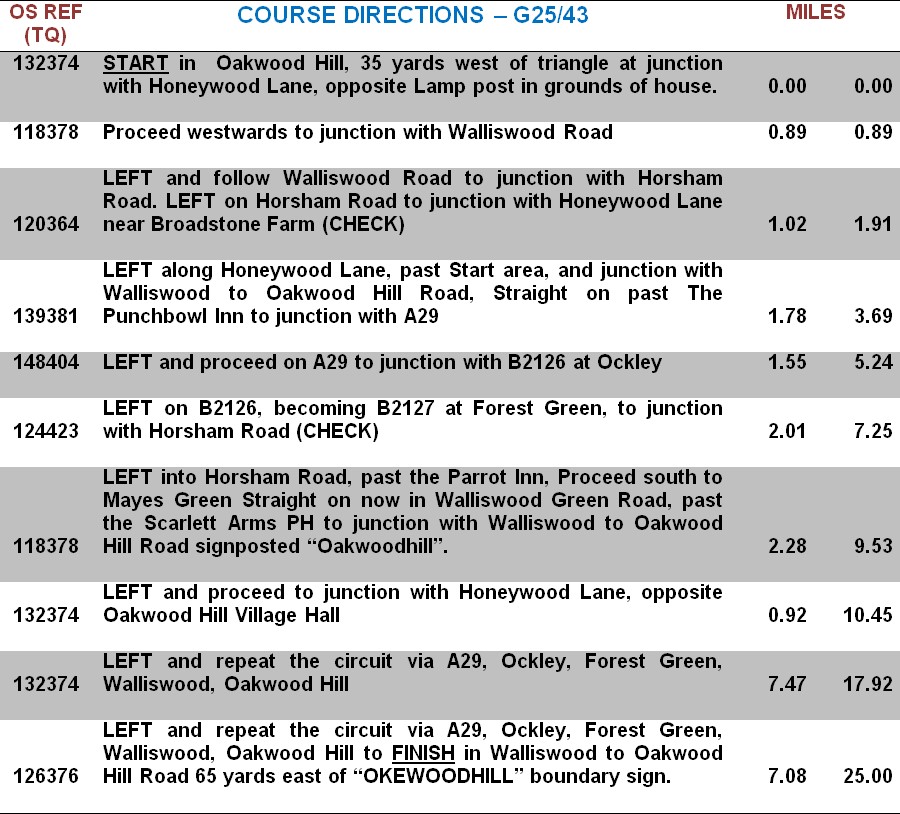
***Prize Presentation*** To be held as soon as possible after the event.

Please stay to receive your awards and/or applaud the recipients.

***Lottery Prizes*** A bottle of wine, value £5, to each of the first three names drawn.

To be eligible, be present at the prize presentation and be a finisher





NOTICE TO ALL COMPETITORS:

***Mileage Signs*** relate to distances from the finish on the third lap.

### PAST WINNERS

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **“10”** |  | **“25”** |  | **OVERALL** |
| 1993 | Gary Dodd | 24:00 | Nick McCormick | 1:02:27 | Chris Weekly |
| 1994 | Peter Main | 23:31 | Peter Main | 1:00:59 | Peter Main |
| 1995 | Peter Main (2 wins) | 22:37 | Steve Dennis | 59:41 | Steve Dennis |
| 1996 | Tim Stevens | 22:19 | Tim Stevens | 56:40 | Tim Stevens |
| 1997 | Tim Stevens | 22:33 | Tim Stevens | 56:21 | Tim Stevens |
| 1998 | Keith Reed | 22:58 | Keith Reed | 58:39 | Keith Reed |
| 1999 | David Akam | 22:23 | Tim Stevens | 56:54 | Tim Stevens |
| 2000 | Bryan Taylor | 24:07 | Mark Jones | 1:00:32 | Bryan Taylor |
| 2001 | Paul Smith | 24:06 | Tim Stevens (4 wins) | 59:00 | Tim Stevens |
| 2002 | Steve Dennis | 23:32 | Steve Dennis | 58:47 | Steve Dennis |
| 2003 | Tim Stevens | 23:12 | Paul Pickup | 57:54 | Tim Stevens |
| 2004 | Jason White | 22:40 | Mark Jones (2 wins) | 59:47 | Tim Stevens (6 wins) |
| 2005 | Tim Stevens (4 wins) | 23:00 | Paul Mill | 55:56 | Colin McDermott |
| 2006 | Steve Dennis (2 wins) | 23:22 | Steve Dennis | 58:29 | Steve Dennis (3 wins) |
| 2007 | Peter Tadros | 22:40 | Peter Tadros | 57:21 | Peter Tadros |
| 2008 | Matthew Miles & Jerome Walters | Both 23:28 | Not held; snowed | ---- | ---- |
| 2009 | Ben Instone | 22:07 | Ben Instone | 53:18 | Ben Instone |
| 2010 | Peter Tadros | 22:10 | Ben Instone (2 wins) & Steve Dennis | 53:40 | Peter Tadros (2 wins) |
| 2011 | Nic Hutchings | 22:27 | Steve Dennis (5 wins) | 55:01 | George Brent |
| 2012 | Rupert Burbridge | 22:32 | Jerome Walters | 54:13 | Rupert Burbridge |
| 2013 | Wouter Sybrandy | 22:08 | Sebastian Ader | 54:14 | Steve Kane |
| 2014 | Elliott Porter | 21:28 | Elliott Porter | 53:50 | Elliott Porter |
| 2015 | Chris McNamara | 22:24 | John Dewey | 57:05 | Jack Donaldson |
| 2016 | Pat Wright | 21:33 | Steve Kane | 59:09 | Steve Kane |
| 2017 | Rob Sharland | 21:55 | Pat Wright | 55:04 | Mark Newton |
| 2018 | Mark Smith | 23:21 | Not held; snow. |  | - |
| 2019 | Pat Wright | 21:55 | Pat Wright | 55:36 | Pat Wright |
| 2020 |  |  |  |  |  |