

Promoted for and on behalf of Cycling Time Trials
under their Rules & Regulations

Start Sheet

Maldon & District CC
18 Mile Hilly Time Trial
Sunday 12 March 2017
at 9.00am

A qualifying event for SPOCO South-East 2017

Course: E20/9

Event headquarters: Woodham Walter village hall (GPS: CM9 6RE)

Event secretary: Chris Tutin, 5 Suffolk Close, Ely CB6 3EW
Tel: 01353 666419 Mob: 07873 622355

Timekeepers: John Cottee, Laura Carter

Prizes:

Each Group:	1st-£20	2nd-£15	3rd-£10
Fastest Lady:	£20		
Fastest Vet:	£20		
Fastest Junior:	£20		
Fastest Team:	Maldon & District CC medals		

(NB: one prize per rider)

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. All competitors under the age of 19 on the 31st December next must wear a properly affixed protective helmet of a hard/soft shell construction. The use of a flashing **REAR LIGHT** whilst competing is also recommended.

Litter. Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. *Failure to do will result in the competitor being recorded as DNF.* □

Course description:

START approx 200 yards north of Woodham Walter village hall. Proceed north via Ulting lock and Nounsley to merge LEFT (CARE) at Hatfield Peverel onto B1019 Maldon Road (3m). Take next LEFT, just beyond Wheatsheaf PH into Church Road (3.1m). Follow Church Road past Scout HQ to turn sharp LEFT into Crabb's Hill Lane (3.8m). Continue to 'T' junction at end where RIGHT (CARE) (4.65m). Follow lane to junction with Little Baddow Road where turn LEFT (5.13m). Follow Little Baddow Road via Papermill Lock (CARE) to climb North Hill, Little Baddow. At top, just beyond village hall, turn LEFT at pink house into Spring Elms Lane (7m). Follow Spring Elms Lane to Woodham Walter where LEFT (CARE) at Bell PH (8.9m). Continue through Woodham Walter (9.2m) to repeat for second lap. FINISH 200yds PAST the starting point (18.4m).

NB. The map of the course on the CTT website is INCORRECT.

E20/9 Course Risk Assessment

Additional Notes for Riders

The following notes are provided for the safety of riders and are included to meet the requirements of the Generic Risk Assessment for course E20/9.

1. Safe route to START

Turn right out of HQ and proceed for 200m to the start, which is on your left.

2. Safe route to HQ from the FINISH

Continue past the finish and do a SAFE U-turn. The HQ is then 300m on your left.

3. Car parking

Car parking is prohibited at the start and finish areas, with the exception of the timekeepers' cars. Car parking is also prohibited between the HQ and the start area. Please note that parking at the HQ is very limited. Riders starting early may park in the Victoria PH car park, about 300m south of the village hall, but note that the car park MUST be clear of riders' vehicles before 12 noon, unless of course you wish to have lunch or drinks in the pub; you are encouraged to do this in order that we might retain the goodwill of the proprietor for future events.

Later starters should use the Woodham Walter Primary School car park, almost opposite the Victoria PH, but parking here is limited to 14 cars. There is also limited parking opposite the start/finish area.

4. Warming-Up

Warming-up is prohibited on the course after the event has started, and in the vicinity of the start area at any time.

5. 'U'-turns

U-turns are prohibited in the vicinity of the start area.

6. Conduct of riders at the START

Riders are reminded that the start area is on a narrow road. Therefore traffic may approach the start area from behind at any time with little warning. It is essential therefore that riders are aware of this danger when congregating at the start; in particular riders must ensure that they stay close to the left side of the road, and that they respect the above warning concerning U-turns near the start.

7. Conduct of riders at the FINISH

Riders are reminded that later riders may be approaching from behind and continuing past the start for their second lap. It is essential therefore that riders are aware of this danger and must avoid any delay in clearing the course. It is also essential that riders and observers do not distract the timekeepers. This rule will be enforced by the organiser in future.

8. Conduct of riders at Roundabouts

At **ALL** roundabouts riders must:

- Give way to traffic from their right
- Give a clear signal as to their intended route

There are however no roundabouts on course E20/9.

Any rider found to be in breach of the above Regulations is liable to disqualification

from the event and to reported to the District Committee.

Additional Warnings

Junction Church Road/Crabb's Hill Lane, Hatfield Peverel

This is a sharp left turn (greater than 90 deg); take extra care and be aware of possible oncoming traffic.

Top of Crabb's Hill Lane

The road surface is frequently muddy and gravelly here; take extra care. The same applies to the next junction into Baddow Road; this junction has been surveyed, and will be swept on the day.

Paper Mill Lock

There are likely to be parked cars here, especially if the weather is good, and pedestrians, runners and horses in the road. Please negotiate with care and respect.

North Hill

Please note the above remarks with regard to the top of North Hill, and the subsequent fast, narrow and winding descent to Woodham Walter village. There was a complaint received two years ago from a resident, and additional signage will be in place to warn residents of the event.

Road surfaces

Road surfaces are generally good, but you must be aware of some potholes and loose surfaces. There are none which represent any particular hazard, so long as you are attentive. Please be particularly cautious on bends and corners. It is recommended that you use sturdy tyres.

No	Name	Club	Cat	Grp	Start Time
1	M Beattie	Maldon & District CC	S	D	9.01
2	M Haigh	Essex Roads CC	V	B	9.02
3	S Summers	Imperial College CC	S	C	9.03
4	C Hollis	Maillot Noir CC	V	D	9.04
5	R Parrotte	Shaftesbury CC	V	A	9.05
6	G Hurrell	Basildon CC	V	B	9.06
7	R Ekeberg	Maldon & District CC	V	C	9.07
8	J Bromley	Becontree Wheelers CC	V	D	9.08
9	D Hutchinson	Maillot Noir CC	V	D	9.09
10	P Murrell	Finsbury Park CC	V	A	9.10
11	D McKenny	Basildon CC	S	B	9.11
12	L Hurrell	Maldon & District CC	L	B	9.12
13	J McDougall	Maillot Noir CC	S	C	9.13
14	B Locke	Maldon & District CC	S	D	9.14
15	J Watts	East London Velo	V	A	9.15
16	T Walsh	Maldon & District CC	S	B	9.16
17	G Davies	London Phoenix CC	V	C	9.17
18	B Holderness	Essex Roads CC	V	C	9.18
19	C Hall	Maillot Noir CC	V	D	9.19
20	R Price	London Phoenix CC	S	A	9.20
21	A Tovey	Maldon & District CC	V	A	9.21
22	J Keatt	Chelmer CC	E	B	9.22
23	A Holden	Maldon & District CC	V	C	9.23
24	J Evans	Rapha CC	L	D	9.24
25	C Thomas	East London Velo	V	A	9.25
26	D Collins	VeloWrittle	S	B	9.26
27	M Tyas	Maldon & District CC	S	C	9.27
28	W Runnalls	VeloWrittle	V	C	9.28
29	S Gwynn-Williams	Maldon & District CC	V	D	9.29
30	N Hughes	Velo Schils Interbike RT	S	A	9.30
31	J Maidment	Southend Wheelers	S	A	9.31
32	D Carey	Maldon & District CC	V	B	9.32
33	G Carter	Essex Roads CC	LV	C	9.33
34	R Pimlott	Finsbury Park CC	V	D	9.34
35	J Farren	Maldon & District CC	V	A	9.35
36	H Wood	Maldon & District CC	J	B	9.36
37	R Piskolar	Shaftesbury CC	V	C	9.37
38	C Edmond	Maldon & District CC	V	C	9.38
39	P Smith	Maillot Noir CC	V	D	9.39
40	C Lewin	Velo Schils Interbike RT	V	A	9.40
41	G Devlin	Essex Roads CC	LV	A	9.41
42	B Farrow	Maldon & District CC	V	B	9.42
43	C Doe	Ford CC	V	C	9.43
44	S Gurden	Braintree Velo CRC	LV	D	9.44
45	S Cousins	Maldon & District CC	S	A	9.45
46	C Stephens	Basildon CC	V	B	9.46
47	I Dougal	Braintree Velo CRC	V	C	9.47
48	K Devlin	Essex Roads CC	J	C	9.48
49	K Marsh	Maldon & District CC	L	D	9.49
50	I Bibby	Finsbury Park CC	V	A	9.50
51	J Lonergan	Essex Roads CC	S	B	9.51
52	K Dalton	Ford CC	V	B	9.52
53	S Beard	Shaftesbury CC	V	C	9.53
54	N Fuller	Maldon & District CC	V	D	9.54
55	A Turnock	Finsbury Park CC	V	A	9.55
56	P Stiff	Southend Wheelers	V	B	9.56
57	I Braybrook	Basildon CC	V	C	9.57
58	J Gillard	Maldon & District CC	V	D	9.58
59	K Fleuty	Maldon & District CC	S	D	9.59
60	M Saunders	Team Vision Racing	S	A	10.00
61	A Marsh	Maldon & District CC	S	B	10.01
62	D Morrell	VeloWrittle	V	B	10.02
63	R Clarke	VC Oyster	S	C	10.03
64	J Green	Shaftesbury CC	V	D	10.04
65	C Smith	Southend Wheelers	S	A	10:05
66	H Hore	Maldon & District CC	S	B	10:06
67	G Turnock	Finsbury Park CC	V	A	10:07