



Thanet Road Club

Presents

A 10 MILE TIME TRIAL

on

Sunday 1st September 2019 AT 07:06 Hrs on the Q10/30

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

The following prizes will be awarded

Men Fastest on Scratch

1 st	£20
2 nd	£15
3 rd	£10

Women Fastest on Scratch

1 st	£20
2 nd	£15
3 rd	£10

Fastest on Age Std.

1 st	£20
2 nd	£15
3 rd	£10

Fastest Team of 3 (Total Time

1st £30 (£10 each)

Additional prize of £20 for new
course record

One prize per entrant (excluding team, course record).

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the Event Promoters, strongly advise you to wear a HARD SHELL HELMET which meets an internationally accepted standard. This is compulsory for Junior riders.

It is also recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use

Timekeepers

Start David Mastin, Thanet Road Club.

Finish Andy McCall, Thanet Road Club

Event Secretary

Michael Friend,
11 Quex View Road,
Birchington,
Kent,
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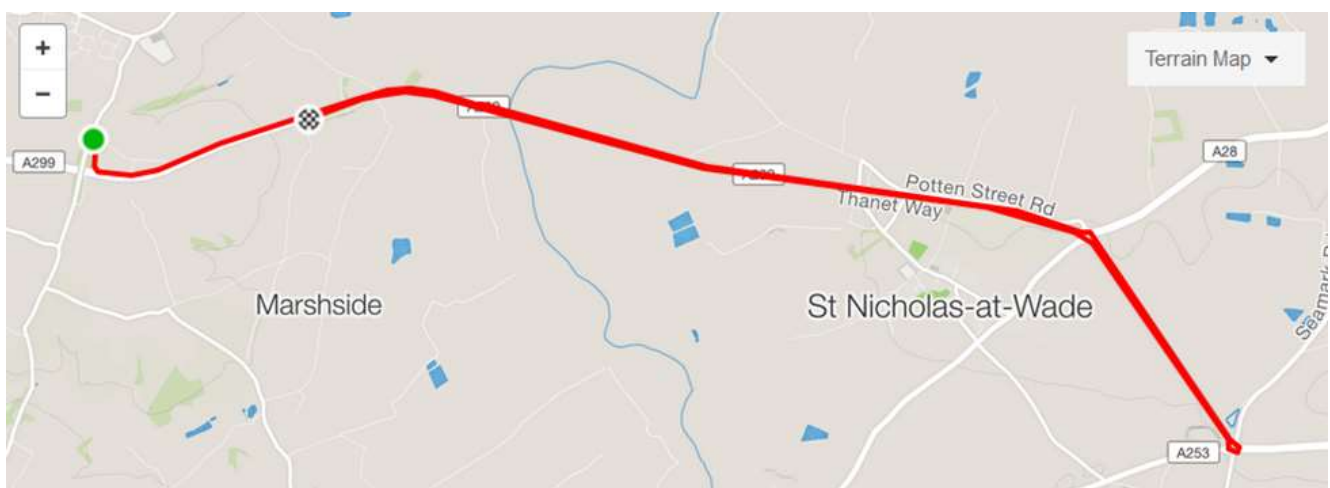
Q10/30 Course Details:-

Start at eastern end of 1st drain in May Street, just before entrance to Southern Water Services Depot. (TR208673). Proceed via service road to join A299, continue on A299 to St Nicholas at Wade RAB, take 3rd exit to Monkton RAB (5.472 miles). Turn and retrace A299 to finish west of the Roman Galley PH on slip road to Chislet, 4 yards before last LP FUV010 before turning left on slip road. (TR225676).

Course Records:- Men:- Chris Fennell 18.04, Women:- Emma Lewis 19:51

The below is the Strava map of the course - <https://www.strava.com/segments/1707344>

Please ensure you are familiar with the course before riding



EVENT HEADQUARTERS:-

We will be using the Spires Academy in Bredlands Lane, Sturry. For satnav users the postcode is CT2 0HD. You cannot miss the new buildings. There are ample toilet and shower facilities.

Directions to Race HQ:-

From the **Thanet Way A229** leave at junction SP **Hillborough, Reculver, Hoath and Chislet..**

Turn left into **Sweechbridge Road**, left at T junction into **Heart in Hand Lane**. Follow this road for 4 miles then turn left into **Bredlands Lane** (Signed). The **Spires Academy** is 0.5 miles on the left.

Coming from **Canterbury** take the A28 towards Thanet. Pass through **Sturry** and take the first left after **Perry`s Vauxhall Dealership** into **Bredlands Lane**. The new school is on the right.

Please allow at least 20 minutes to get to the start from the HQ. It is 4½ miles away.

To get to the start turn right out of the car park, down the hill to the T junction, turn right and continue for four miles to reach the start

After finishing proceed up the hill on the A299 for approx. 1 mile, turn off at sign for Reculver, then left at T junction to return to HQ.

No warming up on the course please once the event has started.

No U turns will be permitted on roads adjacent to the start and finish areas whilst the race is in progress.

PLEASE NOTE

For events starting in the morning no rider to use a turbo trainer or rollers in the HQ parking area or adjacent roads that are within 50 metres of a domestic property. Anyone failing to comply with this restriction risks disqualification.

A drink will be provided after the event in exchange for your race number. Numbers can be collected in the hall before the event. **All riders must sign the sheet provided when collecting and returning numbers.** Please ensure that you pin your number on your lower back as per CTT regulation 16 so that it is easily visible to the Timekeeper. A missed number could result in a DNF.

All riders should note that Event Safety Concern forms are available for those riders with comments and suggestions, which could significantly improve safety and to bring these to the attention of promoters. These forms can also be used to notify CTT of equipment failures.

Num	Start Time	Firstname	Lastname	Club	Cat	Std
6	7:06	Mark	Vowells	CC Bexley	MV	31:59
7	7:07	Terry	Fearn	Thanet RC	MV	29:09
8	7:08	Malcolm	Adams	De Laune CC	MV	31:22
9	7:09	Simon	Charles	Thanet RC	MV	26:45
10	7:10	Chris	Jones	Bynea Cycling Club	MV	26:27
11	7:11	Michael	Coulter	Gravesend CC	MV	29:09
12	7:12	Paul Simon	Griffiths	Thanet RC	MV	26:27
13	7:13	John	Longbottom	San Fairy Ann CC	MV	28:30
14	7:14	Jennifer	Fearn	Thanet RC	FV	31:18
15	7:15	Bill	Hawkes	Thanet RC	MV	26:58
16	7:16	Paul	Fairman	Abellio - SFA Racing Team	MV	28:06
17	7:17	Jon	Williamson	Canterbury Bicycle Club	MV	26:58
18	7:18	Peter	Huckstep	Thanet RC	MV	28:48
19	7:19	Charmaine	Pullen	Folkestone Velo Club	FV	29:01
20	7:20	Mark	Baker	Abellio - SFA Racing Team	MV	26:27
21	7:21	David	Mackey	Medway Velo Club	MV	26:40
22	7:22	Abigail	Langley	Thanet RC	F	
23	7:23	Christopher	Bax	PMR	MV	28:30
24	7:24	Paul	Kirkness	Thanet RC	MV	28:13
25	7:25	Edward	Mellor	Mapperley CC	MV	26:12
26	7:26	Jeremy	Saynor	PMR	MV	27:17
27	7:27	Andy	Robinson	Ashford Whs	MV	27:39
28	7:28	Paul	Turner	PMR	MV	27:03
29	7:29	Shawn	Manning	Thanet RC	MV	26:36
30	7:30	Tim	Kingston	GS Invicta	MV	26:22
31	7:31	Mark	Doxey	Abellio - SFA Racing Team	MV	26:54
32	7:32	Colin	Inett	Thanet RC	MV	30:45
33	7:33	Matt	Clark	Ashford Whs	MV	26:17
34	7:34	Lee	Kingston	Medway Velo Club	MV	26:27
35	7:35	Pete	Elms	Colour Tech RT	MV	26:58
36	7:36	Oliver	Dickson	Univeristy of Leeds CC	M	
37	7:37	Rob	Milnes	Thanet RC	M	
38	7:38	Sam	Fuller	7Oaks Tri Club	M	
39	7:39	Barry	Packman	Dorking Cycling Club	MV	29:32
40	7:40	Tom	Portsmouth	Charlotteville Cycling Club	J	
41	7:41	Darrell	Locke	Southborough & Dist. Whs	MV	27:17
42	7:42	Natasha	Jarman	Southborough & Dist. Whs	F	
43	7:43	Ray	Whibley	San Fairy Ann CC	MV	28:13
44	7:44	Jim	O'leary	GS Avanti	MV	27:52
45	7:45	Martin	Jones	Colour Tech RT	MV	26:45
46	7:46	Ian	Turner	Southborough & Dist. Whs	MV	28:58
47	7:47	Andrew	Grant	Chelmer CC	MV	27:39
48	7:48	Graham	Strugnell	Kassei CC TeknoFuel	MV	29:09
49	7:49	Colin	Jarman	Southborough & Dist. Whs	MV	28:58
50	7:50	Nicholas	Fennell	Thanet RC	M	
51	7:51	Danny	Frost	Folkestone Velo Club	MV	27:12
52	7:52	Matt	Nunn	Medway Velo Club	M	
53	7:53	Colin	Robinson	Thanet RC	MV	26:58
54	7:54	Mark	Amon	Rye & District Wheelers CC	MV	27:07
55	7:55	Simon	Henderson	Thanet RC	MV	27:17
56	7:56	Shay	Giles	VC Elan - Harry Perry Cycles	MV	29:45

57	7:57	Mark	Palmer	Thanet RC	MV	26:49
58	7:58	Hugh	Williams	Pro Vision Cycle Clothing	MV	26:54
59	7:59	David	Moffat	Thanet RC	M	
60	8:00	Dan	Martin	University of Bath CC	M	
61	8:01	Keith	Brown	Southborough & Dist. Whs	MV	26:40
62	8:02	Rob	Sparks	Ashford Whs	M	
63	8:03	Andrew	Quye	Southborough & Dist. Whs	MV	27:22
64	8:04	Stewart	King	Ashford Whs	MV	27:28
65	8:05	Antony	Bee	Wigmore CC	MV	27:12
66	8:06	Martin	Foord	Abellio - SFA Racing Team	MV	27:22
67	8:07	Eva	Nyirenda	...a3crg	F	
68	8:08	Jimmy	George	VO2 Maximum RT	M	
69	8:09	Gary	Grayland	CC Bexley	MV	27:07
70	8:10	Kevin	Tye	VeloRefined.com Aerosmiths	MV	27:22
71	8:11	Robert	Giles	PMR	MV	29:20
72	8:12	Brian	Hood	Thanet RC	MV	28:39
73	8:13	Paul	Smith	VeloRefined.com Aerosmiths	MV	26:36
74	8:14	Paul	Kelk	Thanet RC	MV	26:58
75	8:15	Rich	Jones	Abellio - SFA Racing Team	MV	26:12
76	8:16	Scott	Meeks	Thanet RC	MV	26:40
77	8:17	Roger	Hutchings	Lewes Wanderers CC	MV	26:45
78	8:18	Mark	Hill	VeloRefined.com Aerosmiths	MV	26:58
79	8:19	Mark	Gidney	Southborough & Dist. Whs	MV	27:22
80	8:20	Christopher	Fennell	The Independent Pedaler	M	