



Shropshire Cycling Clubs Association



Coaching Revolutions Shropshire Championship 4-Up

Open 50km 4-Up TTT Sunday, 4th August 2019 at 10am

Promoted for and on behalf of Cycling Time Trials under their rules & regulations

HQ: The Lamb Inn, Edgmond Nr. Newport, TF10 8HU (on B5062)

Park: At The Lamb Inn; and in Shrewsbury Road (adjacent to Lamb Inn) opposite Village Hall 200 yards away.

Timekeeper: Dave Goring, Wrekinsport CC
Asst Timekeeper: David Drew, North Shropshire Wheelers
Recorder: Dave Fletcher, Wrekinsport CC
Event Secretary: Dave Fletcher, 373 Holyhead Road, Telford TF1 2HB

Course:	Edgmond-Crudgington-Shawburch-Hodnet-Crudgington- Edgmond B5062 A442
Course Ref:	K52/50k
Distance:	50 Kilometres
OS map:	Landranger 127
Start point:	SJ723201
Finish point:	SJ720201
0.00	Start at "Give Way" sign at B5062 end of Shrewsbury Road adj "The Lamb at Edgmond" Inn
10.17	Proceed west along B5062 to Crudgington crossroads
15.18	Turn left to A442 and proceed south to Shawburch roundabout
30.38	Encircle roundabout, taking 4th exit and proceed north via A442 to Hodnet (Espley) roundabout
40.57	Encircle roundabout, taking 4th exit and proceed south via A442 to Crudgington crossroads
50.43	Turn left to B5062, proceed east to FINISH level with drain cover at centre of bus shelter 1/4 mile before start

PRIZES: 1st team: £20 each, 2nd team: £15 each, 3rd team £12 each
1st team containing two or more Women £12 each
1st SCCA team to hold the John Farr 4-Up Trophy
1st SCCA all women team to hold the Women's 4-Up Trophy

- **IN THE INTERESTS OF YOUR OWN SAFETY** Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. Juniors **MUST** wear a hard shell helmet
- Please make every effort to adhere to wearing clothing of a similar colour and design. This helps the timekeeper to identify riders from the same team - especially hard when two teams finish close together. Please note that Triathlon style tops are not currently permitted in 'Open' events. 'Trade team' tops are also not allowed.
- Teams start at three minute intervals. **All teams will take a standing start.**
- Every rider shall be responsible for their own safety and compliance with the rules of the road – please remember when turning left at Crudgington onto the A442 you have to give way to traffic from your right. **Any team reported as behaving inappropriately at this turn risks disqualification.**
- Point out any potholes or obstacles to other riders in your team, verbally if necessary.
- Ride in single file except when rotating within your team, with the minimum amount of echelon to allow for a clear view ahead. Don't give other road users cause to complain.
- The time for the team is taken on the **3rd rider** over the line. Teams of three may start.
- Cycling Time Trials recommends that you affix – and use – a fixed or flashing rear light whilst racing.

Visit the SCCA website for result and race report - <https://shropshirecca.uk/>

Visit SCCA Twitter for pictures and rider comments - www.twitter.com/shropshirecca

PLEASE NOTE THE PARKING LIMITATIONS

Start No.	Forename	Surname	Club	Squad	Cat	Sex	Time off
1	Oliver	Atkin	Newport Shropshire CC	Newport Team Blue	S	M	10.03
2	Tom	Colley	Newport Shropshire CC	Newport Team Blue	S	M	
3	Martin	Roberts	Newport Shropshire CC	Newport Team Blue	S	M	
4	Allen	Field	Newport Shropshire CC	Newport Team Blue	V	M	
5	Clare	Cotterill	Wrekinsport CC	Wrekinsport Ladies	WV	F	10.06
6	Helena	Amos	Wrekinsport CC	Wrekinsport Ladies	WV	F	
7	Helen	Blake	Wrekinsport CC	Wrekinsport Ladies	W	F	
8	Fionola	Corley	Wrekinsport CC	Wrekinsport Ladies	W	F	
9	Michael	Smitherman	Nova Raiders	Nova E	V	M	10.09
10	Gary	Wheeler	Nova Raiders	Nova E	V	M	
11	Simon	Range	Nova Raiders	Nova E	V	M	
12	Colin	Barnes	Nova Raiders	Nova E	V	M	
13	Ian	Smith	Paramount CRT	Paramount CRT 3	V	M	10.12
14	Rowan	McKittrick	Paramount CRT	Paramount CRT 3	V	M	
15	Robert	Osbourne	Paramount CRT	Paramount CRT 3	V	M	
16	Andrew	Jowett	Paramount CRT	Paramount CRT 3	V	M	
17	Haydn	Jones	Wrexham RC	Wrexham RC 2	V	M	10.15
18	Peter	Everett	Wrexham RC	Wrexham RC 2	S	M	
19	Richard	Elmitt	Wrexham RC	Wrexham RC 2	V	M	
20	Jan	Kardasz	Wrexham RC	Wrexham RC 2	V	M	
21	Rosemary	Homer	Newport Shropshire CC	Newport Team Pink	W	F	10.18
22	Sarah	Roberts	Newport Shropshire CC	Newport Team Pink	W	F	
23	Dawn	Cook	Newport Shropshire CC	Newport Team Pink	WV	F	
24	Tina	Tomkinson	Newport Shropshire CC	Newport Team Pink	WV	F	
25	Andrew	Craddock	Nova Raiders	Nova D	V	M	10.21
26	Darren	Muffitt	Nova Raiders	Nova D	V	M	
27	Kieran	Hackett	Nova Raiders	Nova D	V	M	
28	Richard	Guy	Nova Raiders	Nova D	V	M	
29	Martin	Diss	Wrekinsport CC	Wrekinsport D	V	M	10.24
30	Alison	Salthouse	Wrekinsport CC	Wrekinsport D	WV	F	
31	Derek	Fleming	Wrekinsport CC	Wrekinsport D	V	M	
32	Henry	Fleming	Wrekinsport CC	Wrekinsport D	J	M	

Start No.	Forename	Surname	Club	Squad	Cat	Sex	Time off
33	Edward	Chilton	Liverpool Phoenix CC	Liverpool Phoenix CC	S	M	10.27
34	Arthur	Winstanley	Liverpool Phoenix CC	Liverpool Phoenix CC	V	M	
35	Christophe	Moeri	Liverpool Phoenix CC	Liverpool Phoenix CC	S	M	
36	Kevin	Larmer	Liverpool Phoenix CC	Liverpool Phoenix CC	V	M	
37	Mark	Davies	Paramount CRT	Paramount CRT 2	V	M	10.30
38	Steve	Joyce	Paramount CRT	Paramount CRT 2	V	M	
39	Bill	McLean	Paramount CRT	Paramount CRT 2	V	M	
40	Dave	Northern	Paramount CRT	Paramount CRT 2	V	M	
41	Dan	Braddock	Newport Shropshire CC	Newport Team Black	V	M	10.33
42	Stephen	Grice	Newport Shropshire CC	Newport Team Black	V	M	
43	Alex	Capstick	Newport Shropshire CC	Newport Team Black	V	M	
44	Alan	McKeown	Newport Shropshire CC	Newport Team Black	V	M	
45	Steve	Smith	Wrekinsport CC	Wrekinsport C	V	M	10.36
46	Mark	Callaghan	Wrekinsport CC	Wrekinsport C	S	M	
47	Pete	Mulloy	Wrekinsport CC	Wrekinsport C	V	M	
48	Steve	Mold	Wrekinsport CC	Wrekinsport C	V	M	
49	Andy	Hazell	Nova Raiders	Nova C	V	M	10.39
50	Steve	Chapman	Nova Raiders	Nova C	V	M	
51	Andrew	Lacon	Nova Raiders	Nova C	S	M	
52	Graeme	Donnell	Nova Raiders	Nova C	V	M	
53	Mark	Stocks	Newport Shropshire CC	Newport Team Red	V	M	10.42
54	Mick	Tomkinson	Newport Shropshire CC	Newport Team Red	V	M	
55	Andy	Hulland	Newport Shropshire CC	Newport Team Red	V	M	
56	Tim	Evans	Newport Shropshire CC	Newport Team Red	V	M	
57	Dave	Moore	Wrekinsport CC	Wrekinsport B	V	M	10.45
58	Richard	Howes	Wrekinsport CC	Wrekinsport B	V	M	
59	Rob	Jackson	Wrekinsport CC	Wrekinsport B	V	M	
60	Alistair	Hatton	Wrekinsport CC	Wrekinsport B	V	M	
61	Luke	Vallance	Wrexham RC	Wrexham RC 1	V	M	10.48
62	Steve	Aston	Wrexham RC	Wrexham RC 1	V	M	
63	Dyfan	Evans	Wrexham RC	Wrexham RC 1	S	M	
64	Ben	Goodfellow	Wrexham RC	Wrexham RC 1	S	M	

Start No.	Forename	Surname	Club	Squad	Cat	Sex	Time off
65	Bruce	Gregory	Wrekinsport CC	Wrekinsport E	V	M	10.51
66	Steve	Lloyd	Wrekinsport CC	Wrekinsport E	V	M	
67	John	Pearce	Wrekinsport CC	Wrekinsport E	S	M	
68	Abi	Pearce	Wrekinsport CC	Wrekinsport E	W	F	
69	Richard	Goddard	Newport Shropshire CC	Newport Team White	V	M	10.54
70	Alan	Sims	Newport Shropshire CC	Newport Team White	V	M	
71	Matthew	McCann	Newport Shropshire CC	Newport Team White	S	M	
72	John	Grigg	Newport Shropshire CC	Newport Team White	S	M	
73	Timothy	O'Donnell	Paramount CRT	Paramount CRT 1	V	M	10.57
74	Steve	Griffiths	Paramount CRT	Paramount CRT 1	V	M	
75	Ged	Kennedy	Paramount CRT	Paramount CRT 1	V	M	
76	Neil	Wilson	Paramount CRT	Paramount CRT 1	V	M	
77	Dave	Poulter	Wrekinsport CC	Wrekinsport Rebels	V	M	11.00
78	Robin	Shedden	Wrekinsport CC	Wrekinsport Rebels	V	M	
79	Bob	Elliott	Wrekinsport CC	Wrekinsport Rebels	V	M	
80	Finbarr	O'Keeffe	Wrekinsport CC	Wrekinsport Rebels	V	M	
81	Bernard	Hutson-Lumb	Nova Raiders	Nova B	V	M	11.03
82	Deb	Hutson-Lumb	Nova Raiders	Nova B	WV	F	
83	Steven	Ford	Nova Raiders	Nova B	V	M	
84	Charlotte	Chapman	Nova Raiders	Nova B	W	F	
85	Andrew	Overton	Success Cycling	Success Cycling	V	M	11.06
86	Jamie	Jenkins	Success Cycling	Success Cycling	S	M	
87	Steven	Vanes	Success Cycling	Success Cycling	V	M	
88	Gary	Jones	Success Cycling	Success Cycling	V	M	
89	Richard	Smith	Wrekinsport CC	Wrekinsport A	V	M	11.09
90	Chris	Halford	Wrekinsport CC	Wrekinsport A	V	M	
91	Tomos	Hales	Wrekinsport CC	Wrekinsport A	S	M	
92	Allan	Henderson	Wrekinsport CC	Wrekinsport A	V	M	
93	Mark	Webb	Preston CC	Preston CC	V	M	11.12
94	Colin	Carefoot	Preston CC	Preston CC	V	M	
95	Daniel	Chesters	Preston CC	Preston CC	V	M	
96	Matthew	Moorhouse	Preston CC	Preston CC	V	M	

Start No.	Forename	Surname	Club	Squad	Cat	Sex	Time off
97	Dean	Callister	Nova Raiders	Nova A	S	M	11.15
98	Ed	Middleton	Nova Raiders	Nova A	V	M	
99	Nick	Long	Nova Raiders	Nova A	S	M	
100	Dean	Dovey	Nova Raiders	Nova A	V	M	
101	David	Williams	Velotik Racing Team	Velotik Racing Team	V	M	11.18
102	Toby	Williams	Velotik Racing Team	Velotik Racing Team	S	M	
103	Gareth	Sanger	Velotik Racing Team	Velotik Racing Team	V	M	
104	Chris	Mann	Velotik Racing Team	Velotik Racing Team	J	M	
Reserve riders take the number of the rider they are replacing							
Reserve	Paul	Johnstone	Preston CC	Preston CC	V	M	11.12
Reserve	David	Galbraith	Paramount CRT	Any Paramount CRT	?	M	
Reserve	James	Kenningham	Wrexham RC	Any Wrexham RC	?	M	

Thanks to SCCA member clubs helping out with marshalling and supporting this race. A choice of Fish, Chips and Mushy Peas, or Jacket Potato and Baked Beans has been arranged at HQ, The Lamb at Edgmond starting from around 11:30am and continuing as teams return. Please support new landlords Lance and Debbie who re-opened the pub just two days before race day and have enthusiastically welcomed this event.

Parking is not available at Harper Adams University. Please be aware of potential for pedestrians at the pedestrian crossing near Harper Adams. Marshals will be in position here.

MapMyRide of the course available here: <https://www.mapmyride.com/gb/newport-eng/k52-50k-scca-50km-4-up-open-tt-course-route-75217560>

ENSURE THAT YOU READ 'PLAN B' NOTE IN COVERING E-MAIL