



Hemel Hempstead Cycling Club

10-mile time trial

Saturday 15 June 2019

For and on behalf of Cycling Time Trials under its Rules & Regulations

Course: F11/10

Organiser:

Paul Thomson
43 Dinmore
Bovingdon
Hemel Hempstead
Herts
HP3 0QW
07973 675052
paul.thomson@hemelcycling.org.uk or paulthomo@aol.com

Time Keepers:

Mike Bannister & Annette
Lacey

A good day was had by most – many PB's – a Juvenile Competition Record, some age group records and a lot of very quick times. A bit breezy and a bit drizzly at times meant the weather could have been better, but luckily the wind was mostly southerly so sheltered on the whole.

So thank you to all those that helped run the events – I couldn't do it without them. Firstly the timekeepers – Mike Bannister was principle TK and Annette Lacey was there starting you all off. Pushers at the start were Dave Rogers and Murray Thompson. At the first turn there was Mike Dixon, Zoe Adams and Roger Manley. At the 2nd turn there was Andy Murray and Chris Brown. Ben Stowe started off at the HQ at signing on then moved to assist Mike at the finish. In the canteen we had Nigel Goffin. I had the easy job of putting in the results sent to me by Ben.

Thanks also go to London Women's Racing for including the event as the last of their TT series, which certainly helped boost women's numbers of the event. Probably in the top 5 event numbers outside of some National Champs. I have always supported women's events wherever possible and make no excuse for making sure all women get preference over men (and also preference to Junior's too of course). This does mean the event gets no CTT ranking points.

Photos of the event were taken by Brian Jones of Kimroy Photography. <https://www.kimroy-photography.co.uk/>
Please check his web page and Facebook page for more details if you would like to get hold of them. There were also one or two other amateur photographers out there I'm told!

Cheers,

Paul

Full results

Pos	No	Name	Club	Time	W Pos
1	134	Ken Buckley	Nuun-Sigma Sport-London RT	18:19	1st Team
2	132	Daniel Northover	Finsbury Park CC	18:24	
3	140	John Wingfield	Team Signum	18:31	
4	148	Robert Moore	Nuun-Sigma Sport-London RT	18:32	1st team
5	114	Jonathan Gates	Royal Air Force CA	18:36	
6	147	Henry Latimer	Didcot Phoenix CC	18:38	
7	142	John Lucock	Born to Bike - Bridgtown Cycles	18:41	
8	25	Nick Livermore	Bristol South CC	18:42	
9	101	Oliver Knight	HMT Hospitals Giant CT	18:49	1st Junior
10	130	Robert Willcocks	Royal Air Force CA	18:52	
11	136	Christopher McNamara	Nuun-Sigma Sport-London RT	18:53	1st Team
11	144	Jonathan Wears	CES Sport	18:53	
13	102	Joshua Tarling	Team Backstedt Bike Performance	18:55	Juvenile Competition Record
14	150	Mark Jones	DRAG2ZERO	18:56	
15	6	Will Bevan	Ross on Wye & Dist CC	18:58	
16	157	Nick Clarke	Arctic Tacx RT	19:04	
17	28	Josh Coyne	Bpm Coaching	19:07	

Pos	No	Name	Club	Time	W Pos
18	126	John Hale	WORX Factory Racing PB Silverstone	19:08	
19	110	Matt Steel	Shaftesbury CC	19:12	
20	120	Thomas Key	Leicester Forest CC	19:14	
21	29	Fabos Young	VeloElite RC	19:15	
22	117	James Garrett	Rugby Velo	19:18	
23	138	Peter Lawrence	High Wycombe CC	19:20	
23	139	Nick Dwyer	Lewes Wanderers CC	19:20	
25	113	Andrew Bradbury	Paceline RT	19:26	
26	118	Simon Bowler	AS Test Team	19:33	
26	131	Tim Beaven	Bicester Millennium CC	19:33	2nd Team
28	90	Hayley Simmonds	AeroCoach	19:34	1
29	112	Nicholas Candy	North Road CC	19:37	
30	33	Laurence Plant	AS Test Team	19:38	
31	103	Greg Brookes	Race Rapid	19:39	
32	152	Simon Adcook	Team Bottrill	19:42	
33	133	John Cockrill	Abellio - SFA RT	19:44	
34	162	Andrew Overton	Successcycling.co.uk	19:45	
35	18	Kevin Baker	Andover Wheelers	19:46	
35	23	Phil Wilks	Sotonia CC	19:46	
37	125	Leon West	CC Sudbury	19:52	
37	127	Paul Schofield	St Ives CC	19:52	
39	7	Andy Court	Bicester Millennium CC	19:54	2nd Team
40	100	Sam Hucks	High Wycombe CC	19:55	
40	108	Sam Brown	Lea Valley CC	19:55	
40	116	Adam Jarps	Team Bottrill	19:55	
40	149	Mark Ellis	Team Milton Keynes	19:55	
44	24	Tim Phillips	St Ives CC	19:56	
45	5	Colin Parkinson	South Western RC	19:58	
46	146	Ian Greenstreet	AeroCoach	19:59	
46	160	David Holland	Cowley Road Condors CC	19:59	
48	22	Keith Dorling	Team Bottrill	20:00	
49	15	Matt J Smith	CC Hackney	20:02	
50	21	Pierre Scrase	Bicester Millennium CC	20:03	2nd Team
51	2	Cristian Regep	Oxford University CC	20:08	
51	8	Andrew Grant	Cambridge CC	20:08	
53	109	Matt Donovan	Bedfordshire Road RT	20:10	
53	129	Mark Bashford	East Grinstead CC	20:10	
53	137	Nic Stevenson	Westerley CC	20:10	
56	156	Matt Meek	Aspire Velo RT	20:14	
57	98	Fabien Large	NOPINZ	20:15	
58	11	Steven Cottington	Bath CC	20:17	
59	20	David Crisp	3T-RACING	20:19	
60	135	Daniel Burbridge	Bristol South CC	20:20	
61	1	Paul Newman	Southgate CC	20:21	
61	17	Daryl Maffey	CC London	20:21	
61	26	Richard Gifford	trainSharp	20:21	

Pos	No	Name	Club	Time	W Pos
64	3	James Scarth	Bishop's Stortford CC	20:22	
64	27	Simon Church	trainSharp	20:22	
66	19	Glenn Taylor	Shorter Rochford RT	20:25	
67	12	Martin O'Sullivan	Teddington and Turing Velo	20:26	
68	105	Jim Moffatt	CC Luton	20:30	
69	80	Gemma Royles	VeloElite RC	20:33	2
69	107	Michael Bennett	Bicester Millennium CC	20:33	
71	97	Finlay Tarling	Team Backstedt Bike Performance	20:34	
71	99	Harry Kirby	Bicester Millennium CC	20:34	
71	154	Andrew Morris	Team LDN	20:34	
74	14	Michael Parker	TMG Horizon CT	20:35	
74	32	Andrew Knowles	North Norfolk Whs	20:35	
76	141	Simon Cannings	JCA Equipe Velo	20:36	
77	155	Ed Watson	Ratae RC	20:42	
78	104	Alastair Semple	Stafford RC	20:43	
78	115	Alex Leek	Velo Club St Raphael	20:43	
78	161	Daniel Homer	London Phoenix CC	20:43	
81	84	Jennifer Millmore	Islington CC	20:46	3
82	153	Steve Kaye	Fenland Clarion CC	20:49	
83	93	Isaac Russell	Team PB Performance	20:50	
83	151	Tim Cox	Hemel Hempstead CC	20:50	
85	31	Thomas Pfeiffer	Dulwich Paragon CC	20:51	
86	159	Geoff Reynolds	Hemel Hempstead CC	20:54	
87	96	Adam Charleston	High Wycombe CC	20:55	
88	158	Dave Stocker	Abellio - SFA RT	21:00	
89	13	Leigh Schvartz	Team Swindon Cycles	21:09	
90	82	Anastasia Bowler	AS Test Team	21:18	4
91	165	Chris Spray	Ratae RC	21:29	
92	66	Pip Jenkins	Southborough & Dist. Whs	21:43	5
93	164	Chris Dyason	Cambridge CC	21:44	
94	70	Caitlin Peters	Storey Racing	21:48	6
95	68	Kirsty McSeveney	...a3crg	21:53	7
96	60	Lauren Davies	G.S. Henley	21:54	8
97	78	Helen Reynolds	Hemel Hempstead CC	22:06	9
98	92	Bruno Cabrelli	Hemel Hempstead CC	22:08	
99	64	Mandy Bunn	Datalynx-Parenesis Cycling	22:19	10
100	163	Geoff Perry	Born to Bike - Bridgtown Cycles	22:22	
101	62	Sue Rust	Kettering CC	22:25	11
102	58	Michelle Sellars	London Women's Racing CC	22:27	12
103	50	Sophie Whitworth	G.S. Henley	22:36	13
104	44	Kristen Lovelock	Cowley Road Condors CC	22:38	14
105	76	Danuta Tinn	Maidenhead & District CC	22:45	15
106	72	Susan Semple	Born to Bike - Bridgtown Cycles	22:49	16
107	34	Nicole Oh	Les Filles RT	23:26	17
108	69	Debbie Honour	VC 10	23:31	18
109	87	Bethany Spencer	Kettering CC	23:36	19

Pos	No	Name	Club	Time	W Pos
110	46	Isabella Johnson	Datalynx-Parenesis Cycling	23:38	20
111	81	Laura Vipond	Islington CC	23:40	21
112	48	Gemma Hayes	1904RT	23:43	22
113	77	Lydia Brookes	Les Filles RT	24:01	23
114	53	Louise Moriarty	Les Filles RT	24:06	24
115	36	Vivienne Tomlin	1904RT	24:08	25
116	54	MJ (Gosia) Cyganowska	Rapha CC	24:12	26
117	83	Judy Reid	Icknield RC	24:37	27
118	42	Karen Dennett	Bishop's Stortford CC	24:58	28
119	51	Vicki Standen	Born to Bike - Bridgtown Cycles	25:00	29
120	61	Allison Kaye	Verulam CC	25:16	30
120	89	Gillian Reynolds	Willesden CC	25:16	30
122	55	Nicola Whittock	BellaVelo cc	25:20	32
123	39	Eliza Cottington	Bath CC	25:34	33
124	57	Lorna Rowland	Twickenham CC	25:37	34
125	75	Su-anne Bullock	Icknield RC	25:51	35
126	79	Gillian Morgan	Westerley CC	25:56	36
127	65	Lisa Price	Njinga Cycling	26:03	37
128	43	Debbie Richards	Njinga Cycling	26:11	38
129	9	Graeme Church	Team Milton Keynes	26:27	
130	71	Joanna Wells	Hounslow & District Whs	28:21	39
131	67	Emily Robinson	Windrush Triathlon Club	28:34	40
132	59	Anna Goldsmith	Twickenham CC	29:12	41
132	63	Denese Hallahan	Wisbech Whs	29:12	41
134	35	Karen Baitup	Njinga Cycling	40:30	43 13 min Late Start
	91	Will Deely	Rockingham Forest Whs	DNF	
	4	Chris Parsons	Team Jewson - MI Racing	DNS Apol	
	10	Ian Knight	Milton Keynes RC	DNS Apol	
	16	William Smith	CC Ashwell	DNS Apol	
	37	Imogen Gifford	trainSharp	DNS Apol	
	38	Abi Vyner	Rapha CC	DNS Apol	
	40	Fiona Inskip	Njinga Cycling	DNS Apol	
	41	Christine Tovey	Icknield RC	DNS Apol	
	45	Jan Farmer	Serpentine Running Club	DNS Apol	
	47	Rosslyn Young	Serpentine Running Club	DNS Apol	
	49	Deb Johnson	Icknield RC	DNS Apol	
	52	Joy Payne	Amersham Road CC	DNS Apol	
	56	Jo Billings	Njinga Cycling	DNS Apol	
	73	Heather Mayer	CC London	DNS Apol	
	85	Stephanie Cousins	Team Milton Keynes	DNS Apol	
	86	Megan Dickerson	Bristol South CC	DNS Apol	
	94	Evan Richards	Giant CC Halo Films	DNS Apol	
	95	Nathan Woodhouse	Leighton Buzzard Road CC	DNS Apol	
	106	James Churchard	Reading CC	DNS Apol	
	111	Leigh Smith	JCA Equipe Velo	DNS Apol	
	119	Tom Rowing	Abellio - SFA RT	DNS Apol	

Pos	No	Name	Club	Time	W Pos
	123	Neil Mackley	...a3crg	DNS	Apol
	128	Liam Beaty	Hawick CC	DNS	Apol
	145	Neil Grunshaw	Kingston Wheelers CC	DNS	Apol
	30	Dan Sadler	AeroCoach	DNS	
	74	Helen McKay	Les Filles RT	DNS	
	88	Molly Patch	Brother.UK Fusion RT	DNS	
	121	Robert Watson	Cambridge CC	DNS	
	122	Ben Elliott	C and N Cycles RT	DNS	
	124	Thomas Cornwell	Zappi RT	DNS	
	143	William Wallace	CC London	DNS	

Team awards.

1 Nuun-Sigma Sport-London RT 0:55:44

134	Ken Buckley	18:19
148	Robert Moore	18:32
136	Christopher McNamara	18:53

2 Bicester Millennium CC 0:59:30

131	Tim Beaven	19:33
7	Andy Court	19:54
21	Pierre Scrase	20:03

All team times (fastest 3 riders)

1	Nuun-Sigma Sport-London RT	0:55:44
2	Bicester Millennium CC	0:59:30
3	Team Bottrill	0:59:37
4	High Wycombe CC	1:00:10
5	AS Test Team	1:00:29
6	Hemel Hempstead CC	1:03:50
7	Born to Bike - Bridgtown Cycles	1:03:52
8	Les Filles RT	1:11:33
9	Njinga Cycling	1:32:44
	Abellio - SFA RT	No Team finished
	AeroCoach	No Team finished
	Bristol South CC	No Team finished
	Cambridge CC	No Team finished
	CC London	No Team finished
	Icknield RC	No Team finished
	Team Milton Keynes	No Team finished
	trainSharp	No Team finished