

## COURSE V225

### Boroughbridge - Walshford - Boroughbridge

**START** approx. 3.5 miles south of Boroughbridge, in entrance to A168 from old A1 (now a long layby) at a point approx. 1 yard before "Clearway" sign. **TURN LEFT** on to A168, and proceed south to Walshford Traffic Island (4.72 mls). **ENCIRCLE ISLAND** and retrace north along A168, past start, to Boroughbridge South Traffic Island (12.27 mls) **ENCIRCLE ISLAND** and retrace south on A168 to: **FINISH** at triangular road sign warning junction to left just north of start point (15.0 mls).

**Remember:** The whole of the course is on the A168.

**PLEASE NOTE:** Marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway

**There is no parking, other than for Officials, at the start and finish.**

There may be some over-lapping of riders on the section of the course. There will be Observers out on the course. Any reports of accompanied riding may result in disqualification of the riders involved, and possible further action by Yorkshire D.C. The onus lies with the overtaken rider to drop back in order to avoid accompanied riding.

In the interest of your own safety, CYCLING TIMETRIALS, and the Event Promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users, and is active whilst the machine is in use.

**NB. Junior & Juvenile riders MUST wear an approved Hard Shell Helmet (reg.15).**

### HEADQUARTERS and PARKING from 08:00

The Courtyard Cafe, Rabbit Hill Business Park, Great North Road, Arkendale, Knaresborough, HG5 0FF  
<https://thecourtyardcafe.net/>



**Numbers and signing on and signing out at HQ.**

**The HQ entrance is adjacent to the Start**, please be considerate when arriving and departing the HQ as riders could be about to start. There is plenty of parking at Rabbit Hill.

Please support the cafe as they are opening 3 hours early to accommodate us.



**On returning you bib number you will receive a voucher to receive a free tea, coffee or drink in the cafe.** Anything else must be purchased at your cost.

**Note A168 is a CLEARWAY – NO PARKING.**

Promoted for, and on behalf of, Cycling Time Trials, under its Rules & Regulations



## YORKSHIRE ROAD CLUB

**Open 15 mile Time Trial**  
Sunday 16 June 2019 – Course V225  
First rider to start at 09:01hrs.

**Timekeepers:** Phil Hurt & Steven Smith

**Event Secretary:** Steven Smith, 15, Stanks Cross,  
LEEDS LS14 5PS Tel. 07787 550047  
steven\_smith@sky.com

**Awards (presented after event at HQ):**

**1st Fastest: £10-00.**

**1st Lady: £10.-00.**

**1st Vet 60 + (Cat B) £10.00** in age categories

( Fastest riders not eligible for Vets Awards).

### **YRC Annual Luncheon**

The MET Hotel Leeds (Hotel Metropole)  
Sunday 1st December 2019– Noon for 1pm.

**YRC WEBSITE – [www.yorkshirerc.org.uk/](http://www.yorkshirerc.org.uk/)**

No	Rider	Club	Cat	Off
1	Colin Knapp	VTTA (North) - Tricycle		9:01
2	John Hatfield	Ravensthorpe CC	B	9:02
3	Chris Hanson-jones	Frodsham Wheelers		9:03
4	Mickie Hornby	Team Swift	B	9:04
<b>5</b>	<b>Peter Macklam</b>	<b>Yorkshire Road Club</b>	<b>B</b>	<b>9:05</b>
6	Gareth Metcalfe	Otley CC	B	9:06
7	Sandra Burrows	Vive Le Velo		9:07
8	Paul Dawson	VTTA (North)		9:08
9	Geoff Hornby	Southport CC	B	9:09
<b>10</b>	<b>Steve Gibson</b>	<b>Peak Road Club</b>		<b>9:10</b>
<b>11</b>	<b>Stu Wood</b>	<b>Yorkshire Road Club</b>		<b>9:11</b>
<b>12</b>	<b>Ian Guilor</b>	<b>Mapperley CC</b>		<b>9:12</b>