

## WEST PENNINE ROAD CLUB – VTTA NORTH LANC'S & LAKES OPEN 25



To be held on **Wednesday 12th June 2019**

**1900 Hours**

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

**Promoter:** Richard Taylor, 23 Heywood Rd, Castleton, Rochdale OL11 3AU 07533 679101

**Timekeeper:** Richard Taylor.

**Course: L256.** START on the A59 Clitheroe to Gisburn road at top of Sawley Brow at a point in line with a metal gateway at the west end of a large layby on the south side of the road. Proceed in a south west direction on the A59 and continue to Clitheroe RAB (5.73m) where straight on to the McDonalds RAB (6.21m) and straight on to the RAB at the junction with the A671 CARE (6.82m).

continue on the A59 to Langho RAB (9.31m) at which encircle and retrace along A59 via the A671 RAB (12.02m), the McDonalds RAB (12.64m) to the Clitheroe RAB (13.13m).

Encircle this island with care and retrace the original route via McDs and A671 RABs to the Langho RAB (16.74m) Encircle this RAB and retrace along the A59 via A671, McDs and Clitheroe RABs (20.56m) to continue to finish approx. 200 yards north of the northerly service road to Chatburn, at the large sign 'A59 Skipton 15 miles' at the bottom of Sawley brow. (25 miles)

The following local regulations have been approved by the national committee in accordance with regulation 38. Any breaches may lead to disciplinary action being taken.

### **CTT Regulation 17: Signing on sheet and signing out sheet:**

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their number and (ii) sign the official signing out sheet.

**Local regulation 5.** in ALL events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event. **Local regulation No. 6.** Any competitor making a U turn in the vicinity of the start or finish will be disqualified from the event. **Local Reg No. 15.** Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification. Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT STAND in the road at the start or finish.

Riders must NOT ride with their heads down.

Helmets: Cycling Time Trials strongly recommends ALL competitors should wear a helmet. Compulsory U18. CTT recommends that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

**THERE ARE NO HEADQUARTERS FOR THIS EVENT.** Numbers will be available at the start layby. Riders must sign on here for them, and there will be a copy of the risk assessment available for viewing. Results will be shown in the layby adjacent to the finish.

### **PRIZES:**

**Fastest:** £35 + The Frank Hudson Trophy to hold for 1 year. **2<sup>nd</sup>:** £20. **3<sup>rd</sup>:** £15.

**Woman:** £20 + The Eva Benson Trophy to hold for 1 year. **2<sup>nd</sup>:** £10

**Team of Three:** £10 each **Fastest non VTTA vet** £10

**Veteran on Std** 1<sup>st</sup> £30 2<sup>nd</sup> £20 3<sup>rd</sup> £15 4<sup>th</sup> £10. Woman £15 VTTA members only