

**Promoted for & on behalf of Cycling Time Trials under their rules & regulations:**

**17.6 Mile Hilly Time Trial**

**Course: O17C "Circuit of Longstone Edge"**

**Wednesday May 22nd 2019 at 7pm**

**Event Secretary**

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Many thanks to all the marshals and volunteers who helped to make the event possible.

This was the forth running of the Rutland CC event on the legendary Circuit of Longstone Edge course. For those who haven't ridden it before, I hope you enjoyed the brutal first half as much as the high speed descent back down the A6. Despite a small field, there were a number of class rides. Not only that, there wasn't a single non-starter or finisher.

The weather was again kind - fast and dry. Three course records were broken: Lizzie Banks lowered her own women's record by 55 seconds to 46:30. Hannah Larbalestier also lowered her own women's athlete record to 50:21. Yasmin Marks went faster than the previous standard of 51:15 with 50:22. There were 6 female riders out of the 28 starters - over 21% of the field.

In the men's event, no new record, but a super-fast 41:48 by Ben Hardy is the fastest time in the four events I have organised on here. It was Ben's 3rd ever time trial, so I am sure there is potential for more (not that time trialling is particularly complicated). Joseph Clark smashed the men's athlete record by 1 min and 22 seconds with 43:56.

The veteran's event was a close-run affair. Pete Laud came out on top with 45:28 (2 seconds ahead of Michael Dodson and 9 seconds ahead of Steve Gibson). No female vets' prize (sorry!), but fastest was Emilie Verokken with 54:20. Jo Jebb was second with 56:32.

Most importantly, everybody seemed to enjoy themselves. I'd like to thank everyone for turning up, taking part and contributing to a friendly atmosphere.

Finally, don't forget to enter the other events in the North Midlands SpoCo series:

* 12th June: Common Lane Occasionals (O12c)
* 19th June: Peak RC (O17c)
* 10th July: Sheffrec CC (O19/1)



**Table of Champions**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Women | Men | Veteran |
| 1st | Lizzie Banks (46:30) | Ben Hardy (41:48) | Pete Laud (45:28) |
| 2nd | Hannah Larbalestier (50:21) | Liam Bromily (42:02) | Michael Dodson (45:30) |
| 3rd | Yasmin Marks (50:22) | Andy Nichols (42:40) | Steve Gibson (45:37) |
| Athlete | Hannah Larbalestier (50:21) | Joseph Clark (43:56) |  |

Don't forget to check the standings in the JE James North Mids TT series [HERE](http://northmidlandstimetrialseries.org/)



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| --- | --- | --- | --- |
| Pos | Name | Club | Time |
| 1 | Ben | Hardy | Zappi Racing Team | 0:41:48 |
| 2 | Liam | Bromiley | Sheffrec CC | 0:42:02 |
| 3 | Andy | Nichols | B38/Cycles In Motion | 0:42:40 |
| 4 | Andrew | Whiteley | Sheffrec CC | 0:43:33 |
| 5 | Joseph | Clark | CYCLING SHEFFIELD Giant | 0:43:56 |
| 6 | Nicholas | Latimer | B38/Cycles In Motion | 0:44:16 |
| 7 | Pete | Laud | Common Lane Occasionals | 0:45:28 |
| 8 | Sam | Clark | Buxton CC/Sett Valley Cycles | 0:45:30 |
| 9 | Michael | Dodson | uk-featherflags/TRI Race Team | 0:45:30 |
| 10= | Steve | Gibson | Peak Road Club | 0:45:37 |
| 10= | Elizabeth | Banks | Bigla Pro Cycling Team | 0:46:32 |
| 12 | James | Mellor | 7 Hills Cycling Club | 0:46:55 |
| 13 | Joschka | Roffe | 7 Hills Cycling Club | 0:46:55 |
| 14 | Paul | Armstrong | B38/Cycles In Motion | 0:46:56 |
| 15 | Kevin | White | Matlock CC | 0:47:06 |
| 16= | Rick | Bailey | B38/Cycles In Motion | 0:48:55 |
| 16= | Allan | Wailoo | 7 Hills Cycling Club | 0:48:58 |
| 18 | Robert | Fowler | Rutland Cycling Club | 0:48:59 |
| 19 | Chris | Ashworth | Sheffrec CC | 0:49:50 |
| 20 | Hannah | Larbalestier | Team Boompods | 0:50:21 |
| 21 | Yasmin  | Marks | Beeston Cycling Club | 0:50:22 |
| 22 | Mark | Brearton | Wigan Whs CC | 0:51:13 |
| 23 | Christian | Fox | B38/Cycles In Motion | 0:53:42 |
| 24 | Trevor | Mayne | Birdwell Wheelers | 0:53:51 |
| 25 | Emilie | Verroken | Maxx R. T. | 0:54:20 |
| 26 | Jo | Jebb | Common Lane Occasionals | 0:56:32 |
| 27 | Sonia | Insley | Bolsover and District CC | 0:58:59 |
| 28 | Gary | Clarke | Rutland Cycling Club | 1:01:33 |



