

The Wessex Road Club
on behalf of South DC present:



Wessex Road Club 50 mile Time Trial incorporating the South DC 50 mile Championships



Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

Headquarters

Lytchett Matravers Village Hall, High St, Lytchett Matravers, Poole BH16 6DF. Open from 5.30am for registration.

Printed copies of the start sheet will be available for collection, along with race numbers. There are toilet facilities and tea, coffee and cakes will be available.

Event Secretary

Paul Dytham

26 Queens Road, Blandford Forum, Dorset DT11 7JY

07775637568

pauldytham@hotmail.com



Time Keepers, Marshalls and Volunteers

Time Keeper: Ros Spencer

Recorder: Joan Price

Signing On & Off: Willie Kirkland and Anne Kirkland

Pushing Off: Keith Johns

Marshalls: Members and friends of the Wessex Road Club

A full list of everyone who helped out will be with the results sheet. Without all of these fantastic volunteers we would have no race.

Prizes

	1st	2nd	3rd
Men	£25	£15	£10
Women	£25	£15	£10
Veteran (Target)	£25	£15	£10
Best improver	£15		
Fastest no last 3 years time	£15		
Fastest Team	£10	£10	£10

In the interests of your own safety

Fire Station at Holes Bay roundabout: Please note that the Poole fire station is situated with access on to the Holes Bay roundabout controlled by emergency traffic lights. In the unlikely event of these lights being activated riders **MUST** comply. Should any rider fail to do so he/she will be disqualified and South DC will be advised.

Riders are advised to take particular care at the Tower Park roundabout, where there is a right turn and potentially fast traffic approaching from the right.

Cycling Time Trials and the event promoters strongly advise you to wear a hard shell helmet that meets an internationally accepted safety standard.

It is recommended that a working rear light, either flashing or constant, is fitted in a position visible to following road users and is active whilst cycling.



Instructions to riders

- Observers may be in attendance along the course;
- Riders must not make U-turns in the vicinity of the Start and Finish;
- This is a residential area please give consideration to local residents;
- No warming up on the A35;
- Your attention is drawn to reg 20 - observance of the law;
- Your attention is drawn to reg 21 - paced and company riding.

Parking

Please use the large car park at the headquarters. There is no parking at the start or finish.

Prize Presentation

If you can, please stay for the prize presentation, which takes place as soon after the finish as possible.



Course details – P417

START at drain cover in acceleration lane to A35, 85 yards east of Pikes Farm junction.

Proceed east on A35 to straight over (2nd exit) at Bakers Arms roundabout (1.02m).

Straight over (2nd exit) at Holes Bay roundabout (4.56 miles). B3049

Bear left (filter lane) at roundabout. B3049

Circle and retrace (4th exit) at Canford Way / Dorset Way roundabout (7.26 miles). B3049

Straight over (2nd exit) at Holes Bay roundabout (10.05 miles). B3049

Straight over (2nd exit) following A35 at Bakers Arms roundabout (13.60 miles).

At Bere Regis, right (2nd exit) at first roundabout, straight over following A35 (2nd exit) at second roundabout (20.83 miles).

Follow A35 to Troytown, where fork left down slip road to right (3rd exit) at small roundabout (27.85 miles).

Follow underpass to rejoin A35 eastbound.

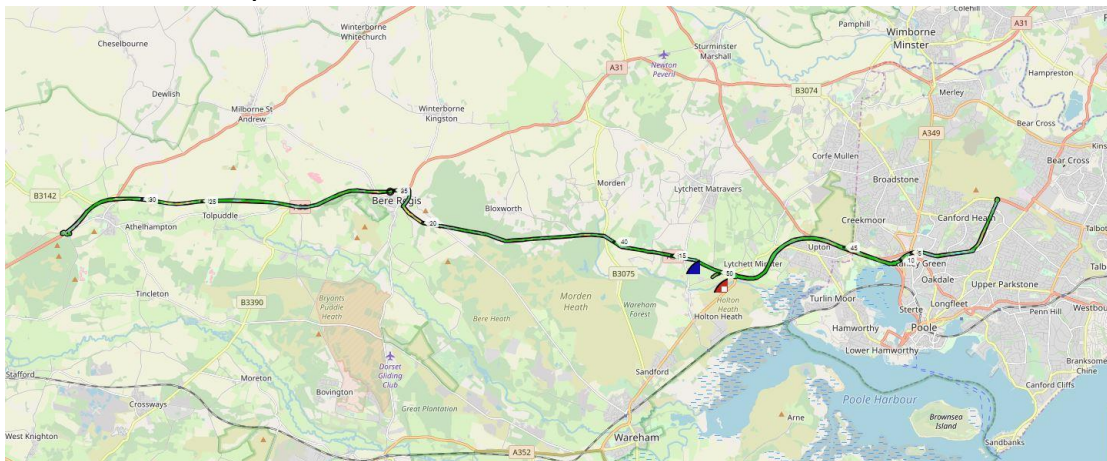
At Bere Regis, straight over (2nd exit) at first roundabout (35.17 miles) then left (1st exit) at second roundabout, following A35.

Straight over (2nd exit) at Bakers Arms roundabout (42.36 miles).

Circle and retrace (4th exit) at Holes Bay roundabout (45.93 miles).

Straight over (2nd exit) at Bakers Arms roundabout then shortly fork left (sp Organford) on minor road to

FINISH at electricity sub-station.

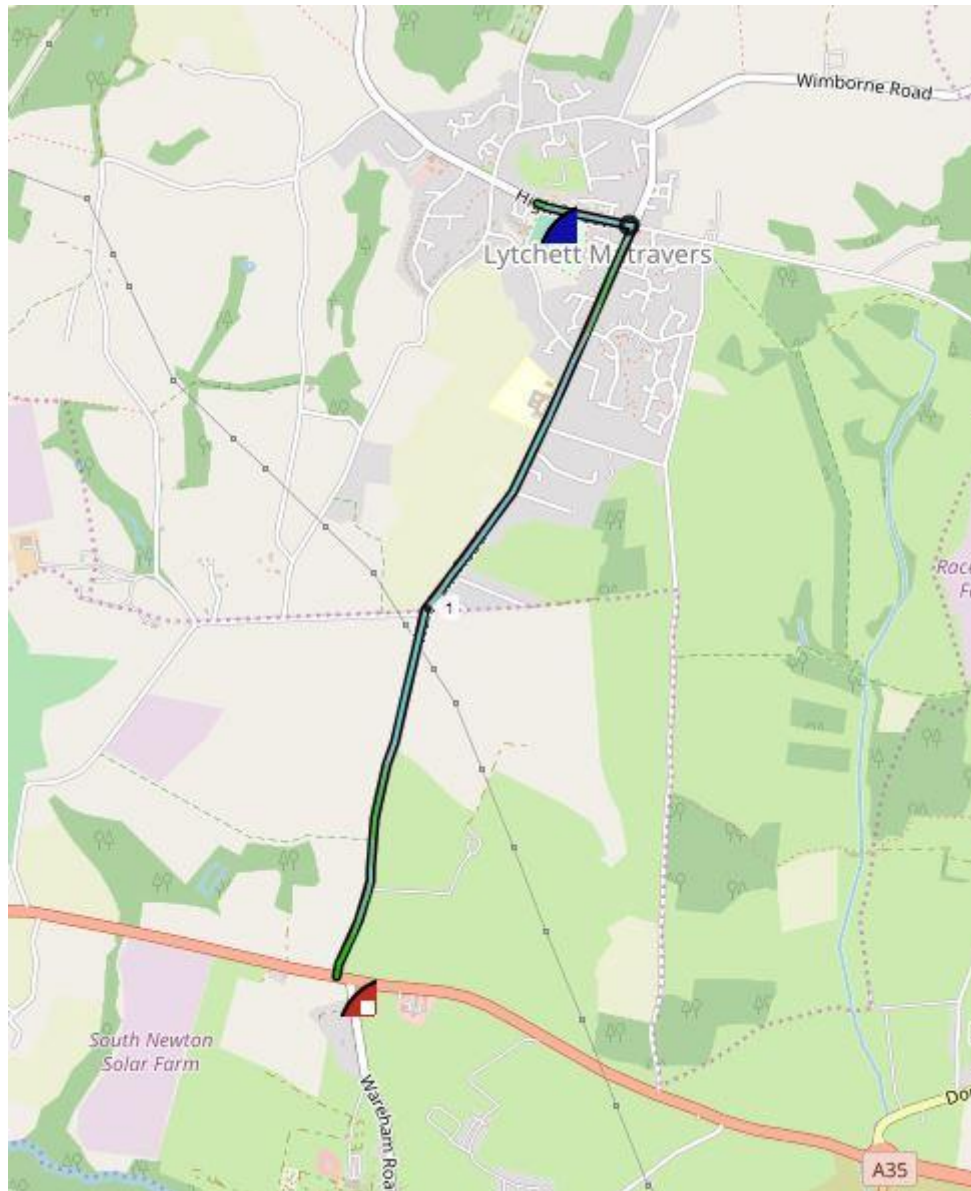


<https://www.strava.com/routes/18511996>



Safe route to start (Allow approx. 10 mins)

Turn right out of HQ into High Street, right again at Rose & Crown public house to junction of A35 (1.7 miles)

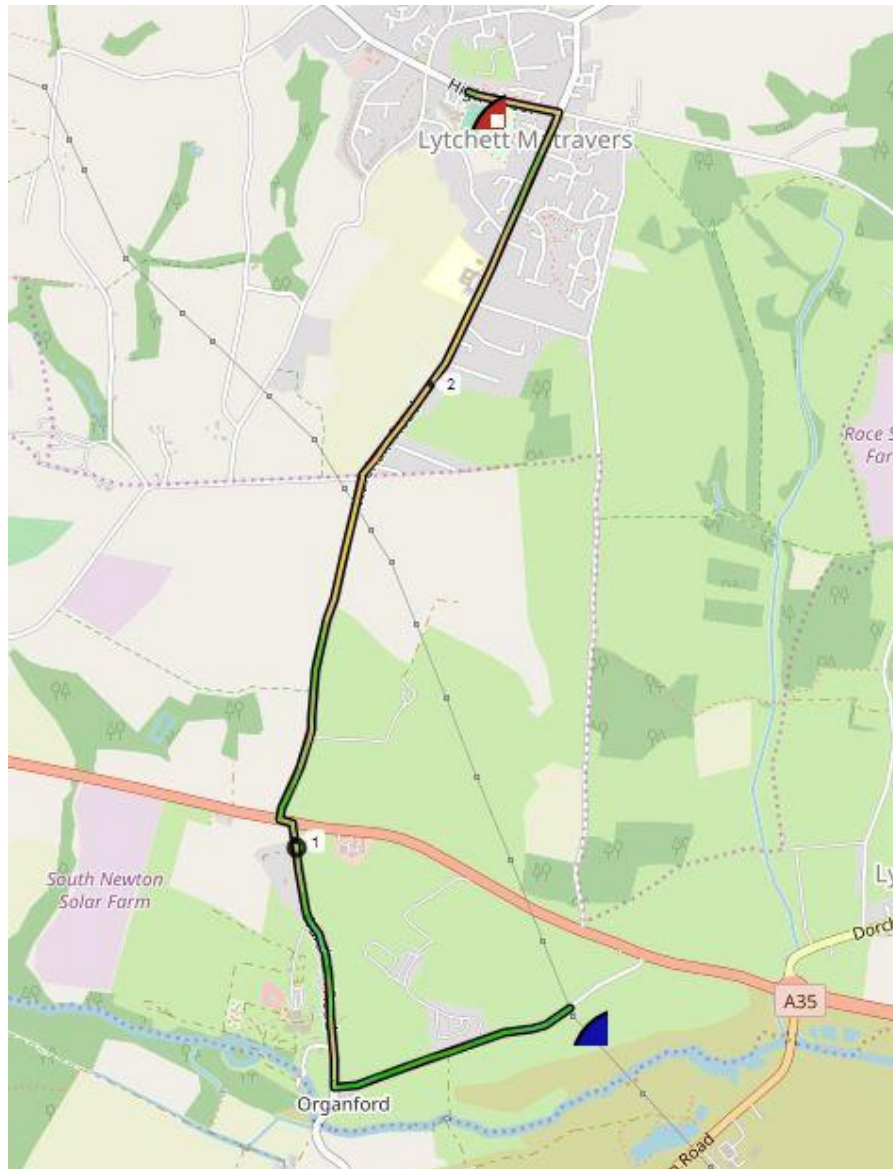


<https://www.strava.com/routes/19032996>



Safe route to HQ from finish

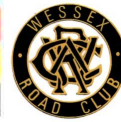
After the finish, continue to end of lane, turn right to A35 cross roads, straight across with care and retrace outward route (2.8 miles).



<https://www.strava.com/routes/19033023>



No.	Start	Firstname	Lastname	Club	Gender	Category	Age
1	06:31:00	Mike	Gaskell	Andover Wheelers	Male	Veteran	54
2	06:32:00	Craig	Weston	Poole Whs	Male	Veteran	54
3	06:33:00	Andrew	Thomas	Poole Whs	Male	Veteran	51
4	06:34:00	David	Tilsed	Poole Whs	Male	Veteran	55
5	06:35:00	Sarah	Bascombe	Poole Whs	Female	Senior	35
6	06:36:00	Nicolas	Ireland	CC Weymouth	Male	Veteran	53
7	06:37:00	Claire	Forbes	Andover Wheelers	Female	Senior	32
8	06:38:00	Lauren	Bishop	Poole Whs	Female	Senior	29
9	06:39:00	Gail	Brown	Poole Whs	Female	Senior	28
10	06:40:00	Pete	Carter	Poole Whs	Male	Veteran	48
11	06:41:00	Jenny	Astall	Southampton Tri Club	Female	Veteran	45
12	06:42:00	Nigel	Rendell	Poole Whs	Male	Veteran	55
13	06:43:00	Maria	Núñez	Zoom Tri Club	Female	Veteran	47
14	06:44:00	Gary	Trudgett	Poole Whs	Male	Veteran	48
15	06:45:00	Webber	Forbes	Andover Wheelers	Male	Senior	31
16	06:46:00	Rupert	Silman	Bournemouth Jubilee Whs	Male	Veteran	42
17	06:47:00	Dan	Mason	Andover Wheelers	Male	Veteran	44
18	06:48:00	Martin	Beale	Velo Club St Raphael	Male	Veteran	46
19	06:49:00	David	Butt	CC Weymouth	Male	Veteran	64
20	06:50:00	Neil	Dyble	Bournemouth Arrow CC	Male	Veteran	55
21	06:51:00	Terry	Belbin	Poole Whs	Male	Veteran	55
22	06:52:00	Steve	Skinner	Bognor Regis CC	Male	Veteran	64
23	06:53:00	Andrew	Mayfield	Bournemouth Arrow CC	Male	Veteran	54
24	06:54:00	Mike	Garner	...a3crg	Male	Veteran	65
25	06:55:00	Stephen	Skinner	Velo Club St Raphael	Male	Veteran	63
26	06:56:00	Jon	Brumfield	CC Weymouth	Male	Veteran	46
27	06:57:00	Darren	Orchard	Mud Sweat N Gears CC	Male	Veteran	40
28	06:58:00	Vincent	Hounsome	Wheels of Dorset Aero Testing Bike Fitting	Male	Veteran	56
29	06:59:00	Louisa	Cooper	Bournemouth Jubilee Whs	Female	Senior	36
30	07:00:00	Steven	Pink	Poole Whs	Male	Veteran	41
31	07:01:00	Patrick	Dunn	CC Weymouth	Male	Veteran	44
32	07:02:00	Nick	Young	Yeovil Cycling Club	Male	Veteran	54
33	07:03:00	Pete	Harris	Andover Wheelers	Male	Veteran	51
34	07:04:00	Simone	Mitchell	...a3crg	Female	Senior	30
35	07:05:00	Angela	Carpenter	...a3crg	Female	Veteran	50
36	07:06:00	Ollie	Mitchell	...a3crg	Male	Senior	37
37	07:07:00	Kevin	Baker	Andover Wheelers	Male	Senior	37
38	07:08:00	Stuart	Peckham	New Forest CC	Male	Veteran	48
39	07:09:00	Tim	Flynn	Poole Whs	Male	Senior	30
40	07:10:00	Drew	Hosie	...a3crg	Male	Veteran	55
41	07:11:00	Nigel	Sign	Fareham Wheelers CC	Male	Veteran	62
42	07:12:00	Ray	Claridge	New Forest CC	Male	Veteran	49
43	07:13:00	Neil	Mackley	...a3crg	Male	Veteran	55
44	07:14:00	Dave	Dent	GS Stella	Male	Veteran	55



No.	Start	Firstname	Lastname	Club	Gender	Category	Age
45	07:15:00	Luke	Rendell	Poole Whs	Male	Senior	30
46	07:16:00	Matthew	Buckley	Andover Wheelers	Male	Senior	27
47	07:17:00	Nick	Jones	Bournemouth Jubilee Whs	Male	Veteran	43
48	07:18:00	Tristan	Davenne	Newbury RC	Male	Veteran	44
49	07:19:00	David	Shepherd	...a3crg	Male	Veteran	58
50	07:20:00	Greg	Parker	Estrella Bikes	Male	Veteran	54
51	07:21:00	Samuel	Wadsley	Primera-Teamjobs	Male	Espoir	21
52	07:22:00	Charles	Mitchell	...a3crg	Male	Veteran	40