2019 Kent Valley RC Shap HC

(A counting event for the Lakes and Lancs Spoco Series and is promoted for and on behalf of Cycling Time Trials Ltd. under its rules and regulations)

Award-winners....

Fastest, £50, Jude Taylor 25:37; 2nd, £40, Richard Bideau 25:52; 3rd, £30, David Powell, 27:11.

Fastest V40, £15, Richard Bideau; 2nd V40, £10, David Powell.

Fastest V50, £15, Jose Pinon-Shaw, 30:01; 2nd V50, £10, Phil Shaw, 30:17.

Fastest V60, £15, Roy Flanagan 32:56.

Fastest V70+, £15, David Hargreaves 32:53.

Fastest Junior/Juvenile, £15, Aidan Lawrence 27:49.

Fastest woman, £15, Charlotte Boothman 32:38; 2nd fastest woman, £10, Sarah Lewthwaite 33:15.

Fastest team (two men and a lady): £12 each rider - Border City Wheelers (Richard Bickley 27:20,

Bryan Pool 30:47, Carol Westmorland 36:19)

ALSO a big, big thank-you to our numbers and result board maestro Richard Bryan, pusher-off Graeme McKee and our timekeepers, Bruce Barnes (start) and Margaret Belk (summit) – I was her spotter once I got to the top. Apologies for the cool, damp day. We will try to arrange something warmer with a stronger tailwind next year. Award-winners' cheques will be in the post ASAP.

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