Selby Cycling Club Open 10m Timetrial. Sunday 19th May 2019.

V511. First rider off 09:01. Affiliated to ctt. Held for and on behalf of cyclingtimetrials

Event Organiser. Cliff Beldon. 45 Hillfields. Selby. YO8 3ND.

Mobile 07508 180258

Timekeepers. Mike Penrise. Richard Foster.

The Headquarters is located at Bubwith Sports Centre Main st. Bubwith.YO8.6XL Where the numbers and sign on is located.

Remember to sign out. When returning your number.

Parking is at the sports centre. No parking on main street Bubwith **This is a clearway** If the car park is Full Please use the Car park near the water bridge west of the village.

Getting to the start. From the sports centre. Turn left up the main st. In the direction of Selby (A163) To the traffic lights at the water bridge at the end of the village. Straight forward over the bridge and 800m you will find the start.

No warming up on the course. Once the event has started.

When you finish. Don't stop! Go straight forward back to the village

No Parking at the start. Its a Farm access road. So please keep clear at all times.

Rules for road bikes.

Aero wheels no deeper than 60m. No tri bars.clip ext or tt helmets.

You must state this when signing on. To be included.

Checks will be made.

Course Discription.

<u>Start</u> on the south side of (A163) approx half mile west of derwent bridge. (Bubwith) At western side of driveway to **Derwent Cottage Farm.** (paint mark) Proceed west via **North Duffield.**

South Duffield crossroads. (2.04mls) to Traffic island (Junction with A19. (Barlby North) 4.24mls **Turn Left.** (1st Exit) and proceed south to Barlby south traffic island. 5.15mls **Encircle island**. (Care) and retrace north TI 6.16mls. **Turn Right.** (2nd exit) on to A163. And proceed via south duffield crossroads (8.40mls) and North Duffield to **finish** at mile stone Selby 6. Weighton 12 on northside of A163 580yds before entrance to duffield carrs car park-10mls.

Prize Presentation will be held 30mins after the event.

1st fastest Male. £40. 1st fastest Lady. £40. 1st £40 fastest Road bike 2nd fastest Male £30. 2nd fastest Lady £30. 2nd £30 fastest Road bike 3rd fastest Male. £20. 3rd fastest lady £20 fastest road bike.

Fastest age 40+ 50+60+70+juv jun. £10 each fastest Tandem £10.

In the interests of safety. Cyclingtimetrials and the event promoters strongley advise all riders to wear a hard shell helmet that meets accepted safety standards recommends that a rear working light either in flashing or constant is fitted to the machine.